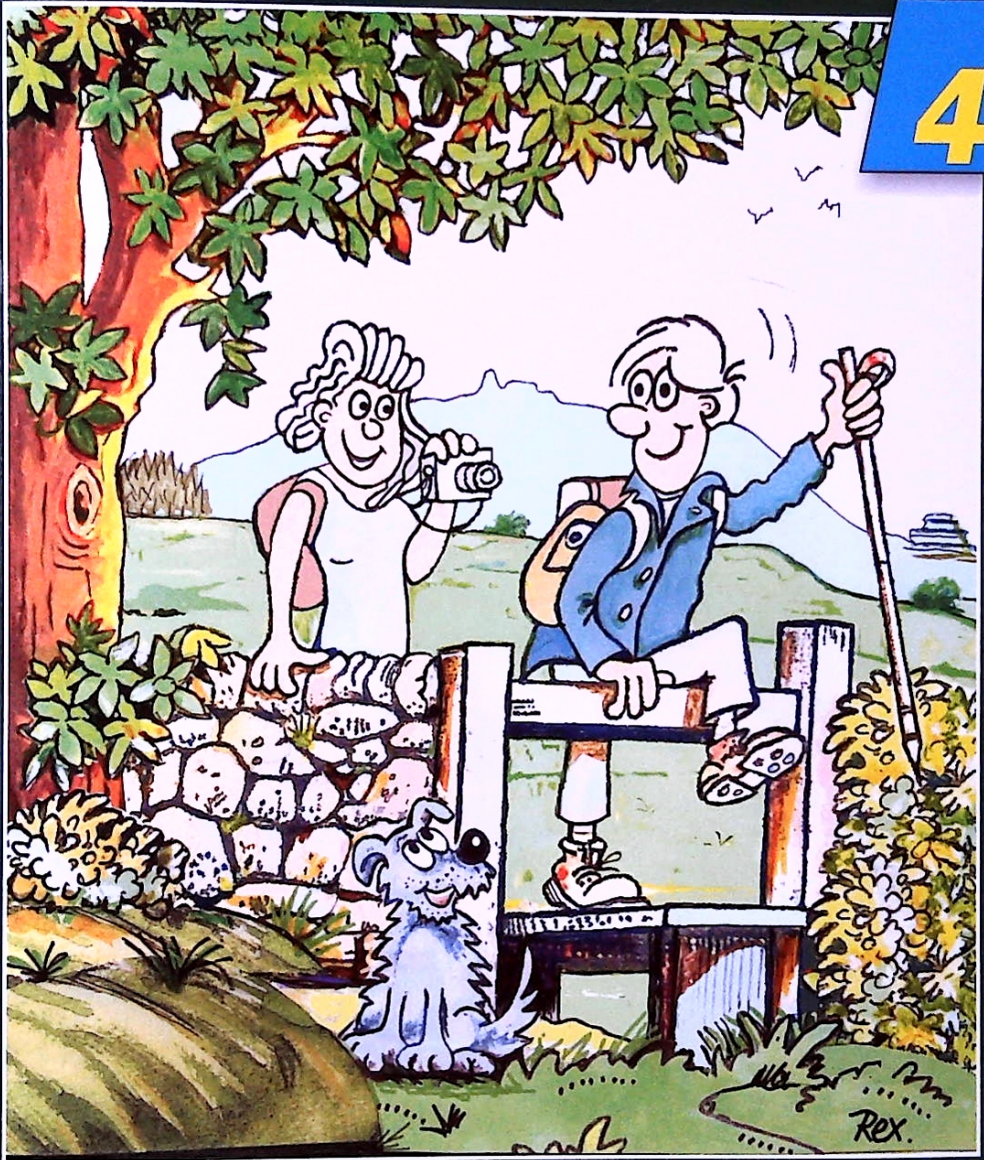


On the BEATEN TRACK

4



A Plym Ramblers publication: compiled by BRIAN D R STEELE.

A selection of 25 walks within 25 miles of Plymouth.

The entire net proceeds from this book are given to local charities (see back cover)

ACKNOWLEDGEMENTS

The Plym Ramblers would like to thank the following organisations and individuals for making this publication possible.

Route checking

The Editor would like to thank a wide variety of friends as well as members of the Plym Ramblers who helped in the checking and re-checking of the walks. In particular:-

Dave Tomalin and team, Chris & Dave Bishop, Cheryl & Arthur Norfolk, Mary Bannister, Sandie Brown, Dave Dane, Richard Francis-Lang, Avril & Joe Wheatley, Pam Kingsland, Tom & Sara Greenland, Mike Webb, John Reffel, Sara Grier, Sue & Bob Hale, Norman Bealing, Dave & Linda Foster, Izzy Crow, Bob Moss, Carol Honour, Val Smith, Theresa & David Brenton. Graham Phillips, Paul Worsfold.

This support has been essential to the successful publication of this book.

<u>Walks Compilation, Cover, Maps & Illustrations</u>	Brian Steele
<u>Points of Interest Information</u>	Dave Bishop
<u>Proof Reading</u>	Chris Bishop, Sally Steele, Muriel Allen, Izzy Crow
<u>Design & Technical Advice</u>	James Elliott

We wish to record our appreciation to the late David Croton who contributed to all the 'On the Beaten Track' series of books, including this one.

Whilst every effort has been made to ensure the accuracy of this publication, the publishers cannot accept responsibility for errors or omissions. The countryside and moorland are constantly changing and fences, hedges, boundaries and even paths, can be altered or removed.

This publication has been supported by Tesco "Bags of help" grants programme. This has been to promote walking as a healthy activity for all ages. Walking has been identified as one of the best methods of keeping healthy and agile and most of the walks in this book are suitable for individuals and group activities.

The sketch maps in this book contains OS data © Crown copyright and database right 2017

The length of each walk in this book is given in miles and shorter distances in yards.

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Published by the Plym Ramblers, Plymstock, PLYMOUTH, DEVON c/o 33 Reddicliff Road Plymstock, Plymouth PL9 9NF - Tel: 01752 405132.



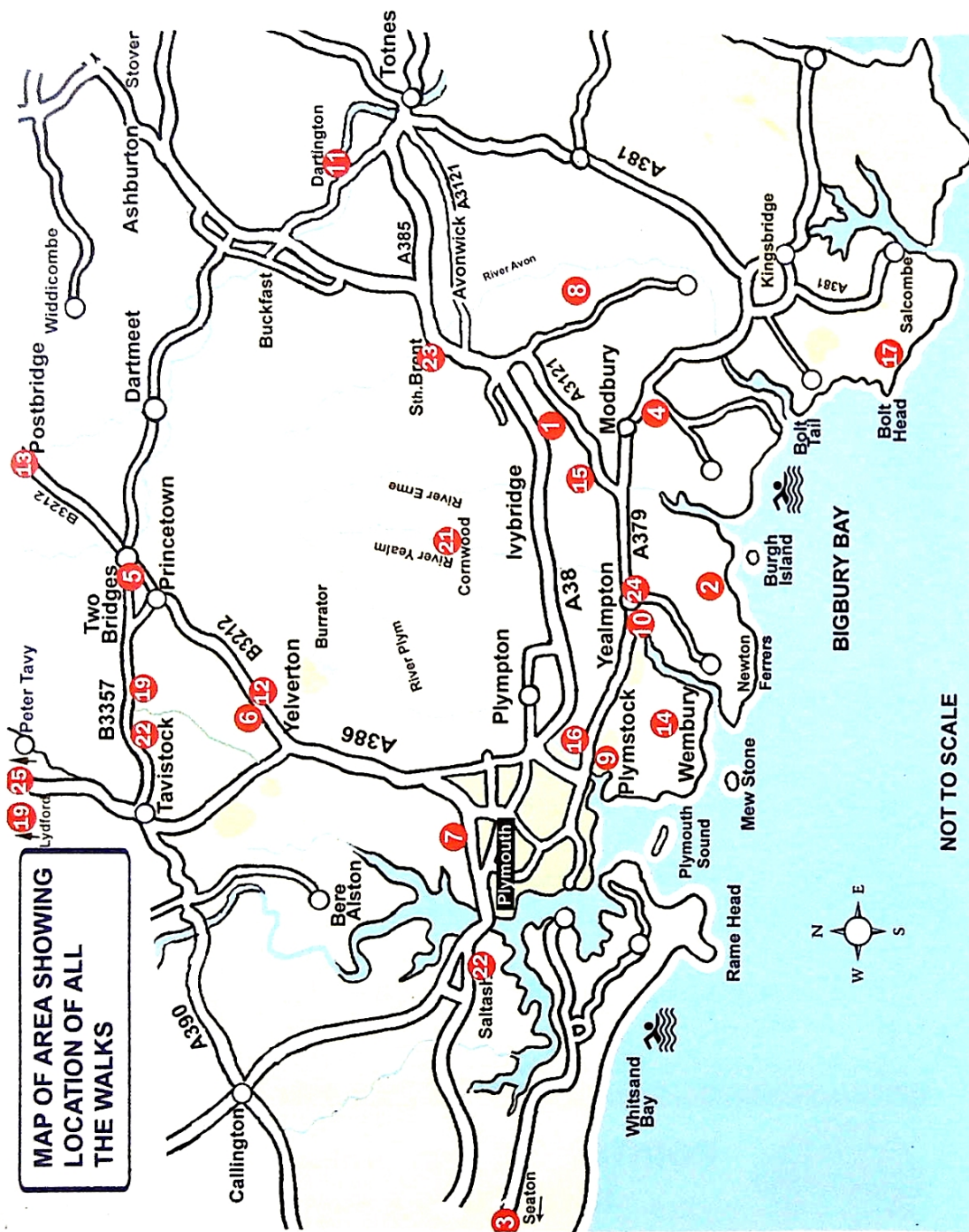
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POINTS
OF
INTEREST



MAP OF AREA SHOWING LOCATION OF ALL THE WALKS

NOT TO SCALE

Introduction

The walks chosen for this book are a great selection of circular walks, all within 25 miles of Plymouth. They cover moorland, countryside and coastal areas and range between 3½ and 8½ miles. The description for each walk is accompanied by a sketch map with waypoints. At the start of each walk, we have given an idea of the conditions you are likely to encounter (e.g. muddy, steep etc), the distance involved, the time you are likely to take to complete the walk without stops.

The grade of the walk, which will be easy or medium. Easy describes a walk that is usually shorter and fairly level walking. Medium is usually a longer walk with variable gradients. However, none of the walks will present difficulty to reasonably fit walkers. In addition to this information are the location of toilets and refreshment places (if any) instructions on how to reach the start and the starting point grid reference. Please note that you should not rely on toilets or refreshment provision, always bring your own food and drink and be prepared. The general guide for all those going out walking is to use common sense and dress according to the conditions.

Useful Information

CLOTHING: Wear clothes which are suitable for the time of year. In winter we recommend waterproofs, jumper, boots, hat, scarf and gloves. In summer wear lighter clothes but you should still carry waterproofs and wear stout footwear. Also remember, those wearing shorts in the summer can encounter tracks surrounded by stinging nettles.

FOOD: Carry some food and drink (hot drink in winter) and a bar of chocolate for energy. Add a small first aid kit and put these items in a day rucksack.

MAPS: The sketch maps in this book together with the descriptions are sufficient to find your way. However we recommend that an Ordnance Survey map of the area you are walking in be carried. This should be 1: 25,000 scale. e.g. Explorer OL20 South Devon, Explorer OL 28 Dartmoor, Explorer 108 Lower Tamar Valley. Also the OS Dartmoor A-Z Adventure book is good for Dartmoor. OS Landranger maps 201, 202 AND 191 can be used but they show less detail.

COMPASS: As some of the walk descriptions give a direction of travel (e.g. north, west etc.) it is valuable to have a compass with you and essential if you are walking on the moor. It also helps if you know how to use it.

PUBLIC TRANSPORT: Some walks can be accessed by local bus services but due to seasonal changes we do not publish specific details. Contact: Traveline 0871 200 22 33

WAYMARKS: Footpaths are sometimes marked with yellow arrows. Blue arrows indicate bridleways. National trails are waymarked with an acorn motif or are marked with the trail logo.

WHISTLE/TORCH: We don't anticipate people getting lost, but if you are stranded in a remote spot, then six blasts on a whistle followed by a minutes silence, then repeated, is the way to draw attention. You can also flash a torch at night using the same sequence (a mobile phone is a modern alternative).

ROADS/LANES: Some of the walks cover narrow lanes with hidden bends. The general rule is walk on the right, facing on-coming traffic.

COUNTRY CODE: It is important to remember this code: 1) Don't light fires, 2) Fasten gates (animals will wander if they can), 3) Keep dogs under control (on a lead near livestock), 4) Take litter home, 5) Approach bulls and stallions with care and also cows with calves, 6) Protect wildlife, plants and trees and avoid damage to fences, hedges and walls, 7) Where possible report any livestock found injured or in distress.

Finally, let someone know that you have gone walking and where and your expected return time.

POINTS OF INTEREST

On each map in this book you may find a few "POINTS OF INTEREST" or a marker with a page number. Don't forget to check this fascinating information. It adds to the walk!



Have the right gear, the dog is optional



ST PETERS CHURCH, UGBOROUGH

Ugborough, Torpeek and Shilstone

GRID REF:	SX677558	GRADE:	Medium
DISTANCE:	6 miles	MAP:	OS Explorer OL20
TOILETS:	Ugborough Square	DURATION:	3-4 hours
REFRESHMENTS:	Local pubs		

START FROM:

The free public car park in the centre of Ugborough Square. If the car park is full, use parking places in nearby streets.

Brief description: This is a pleasant walk full of great views, following lanes, footpaths and tracks. Initially, to the west of Ugborough, the walk progresses in a wide sweep with views of Western Beacon. At the halfway point you reach high ground near Shilstone and then the route drops back into Ugborough. (20 stiles!)

START: With your back to the church, leave the parking area, passing the enclosed bus shelter and proceed to the junction at Ugborough Square. Cross over and follow the road signed Bittaford. After passing the school on the right,

the road bears left uphill, past Churchill Cottages. Continue uphill and after 400 yards you reach Toby Cross. Go **STRAIGHT OVER**, signposted Ivybridge. After 300 yards, turn **RIGHT** at PF sign (A) and pass through a metal gate (the hill ahead of you is Western Beacon, and the factory beneath it, formally Watts, Blake and Bearne).

Head diagonally left down the field following an indistinct track to reach a wooden stile. Cross the stile and go down some stone steps on to a track. Turn **RIGHT** and then immediately **LEFT**, over a double stile. Turn **RIGHT** to reach a wooden gate. Pass through the gate and head diagonally left down to a stream. Cross a stile and a wooden bridge and bear **LEFT**, through a small field and over another stile. Continue through a stable yard. Carry on for 25 yards to a road junction and turn **LEFT** following a Public Footpath sign past Torpeek Farm.

Continue along a broad enclosed track passing Minton Water Bottling Unit and after 200 yards turn **LEFT** at the road junction (Peek Mill Cottage) the road bears left over the Lud Brook by a stone bridge. Turn acute **RIGHT** (B) following the footpath sign through a metal gate into a field and continue **AHEAD** to pass through another way marked metal gate and bear **RIGHT** along a woodland path uphill.

Pass over a stile, following the way marked arrow, and proceed across the next field to cross over another stile. Now head slightly **LEFT**, (11 o'clock) aiming for a prominent fir tree. After 250 yards pass through a large way marked gateway beside a concrete horse trough and continue into an enclosed track. This leads to some barn stalls and a farm yard. Turn **LEFT** up a tarmac track. After 30 yards turn **RIGHT** through a metal gate (C).

Within 30 yards pass through another metal gate, and follow the wide track with a hedge on the left. After 400 yards pass through a metal gate and bear slightly **LEFT** following the way marked arrow. Go past the barn on the right (Far Away Barn), and through two more gates. Follow the way marked track past houses on the left (Magnolia Barn) and after 200 yards turn **RIGHT** at a T junction by the Quarry Farm sign. After another 300 yards turn **LEFT** at the T junction passing Elm Barn at Ludbrook Gate (Main Road A3121) (D).

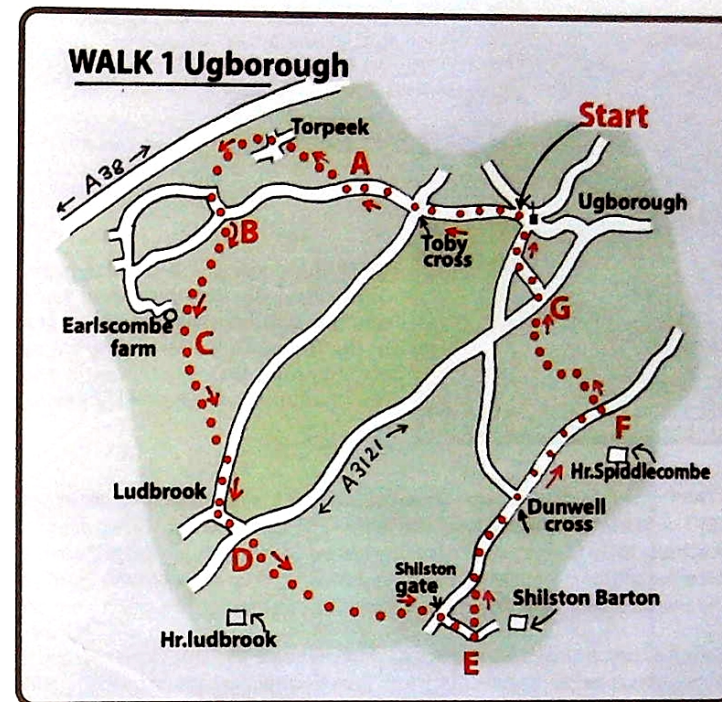
Cross over the main road and proceed uphill along an enclosed, heavily eroded stream bed. After 300 yards uphill the track becomes wide and hedge-lined for a further 300 yards before bending left the right. After ½ mile you reach a T junction. Cross over and take the road to Shilstone (through two large gate posts). At the next junction, with a sign for Devon Rural Archives, turn acute **LEFT** (E) through a way marked gate and cross a field diagonally left, passing to the right of a small circular plantation of trees.

On reaching a way marked stile, cross over, and go down steps to a road and turn **RIGHT**. Walk along the road for ¼ mile passing Higher Spriddlecombe Farm on your right. After 50 yards turn **LEFT** (F) over a way marked stile making your way diagonally **LEFT** to a stile in the corner of the field. Cross the stile into an enclosed track with a stream running alongside, then cross the next stile, finally going through a large metal gate on the left. Cross the field towards a stile on the horizon, cross this and proceed as the way mark suggests.

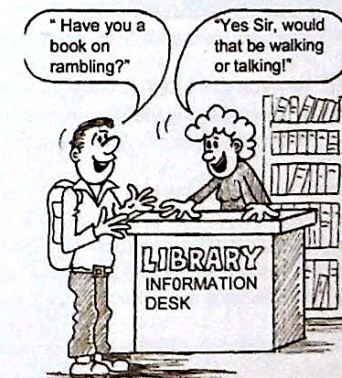
Descend through 3 fields following the way markers, finally emerging from a stile onto a concrete road. Turn **LEFT**, then cross a main road (with caution) (G) turning **LEFT** at Parsonage Lodge onto a tarmac road.

See Page No. 54 for 'Points of Interest' relating to this walk

After 200 yards take the public footpath on the right between stone walls, towards the church, finally reaching the Square from which you started.



UGBOROUGH



Mothecombe & St. Anchorites Rock

GRID REF:	SX613477	GRADE:	Medium
DISTANCE:	7½ miles (shorter 6 miles)	MAP:	OS Explorer OL20
TOILETS:	Mothecombe Cafe (in season)	DURATION:	3-4 hours
REFRESHMENTS:	Mothecombe Cafe (in season)		

START FROM:

The Mothecombe private car park near Mothecombe House. The car park is located in a field and is signed as you approach the area. Charges apply April to September (£4.00 at the time of printing).

Brief description: This is a great walk commencing along the undulating coastal path then heading inland along lanes, tracks and through hamlets. The route is steep in parts and can be muddy in the lanes. However, there are splendid views over the sea and countryside. This is a fantastic area and understandably a location for several epic films and T/V productions.



MOTHECOMBE BEACH

START: From the car park, walk down the field to the bottom right hand corner and pass through a gap in the wall. Turn **LEFT** on to a lane and after a few yards turn **RIGHT** taking the path leading down to Mothecombe Beach. On arrival at the beach turn **RIGHT** (west) and join the South West Coastal Path alongside the beach house (A). Climb the steep track and follow the coastal contours and directional arrows/signs for approximately 2½ miles. The route undulates along the coast and after about 2 miles it passes the distinctive St. Anchorites Rock, which is on your right.

Half a mile beyond the rock you reach a stile alongside a gate (B). Cross over and leave the coastal path by turning **RIGHT** along an enclosed track. After 200 yards, pass through a kissing gate and turn **RIGHT** along a tarmac lane. After another 200 yards turn **LEFT** following a sign to Lambside Cottages. On reaching the cottages turn **RIGHT** along the way marked path signed Lambside Lane, Pool Mill Farm ½ mile passing Shepherds Cottage.

Continue **AHEAD** for ½ a mile, descending steadily along a broad enclosed track. At the T junction turn **RIGHT** and after 300 yards, just before the lane bears left, turn **RIGHT** up a broad track signed, "restricted byway", which is invariably muddy. Continue on this track for ¾ mile. At the 4-way road junction go straight across (which is 2nd lane on right) after 100 yards pass Hennamill on the left (for the shorter version of this walk please see directions in **RED** at the end of the text).

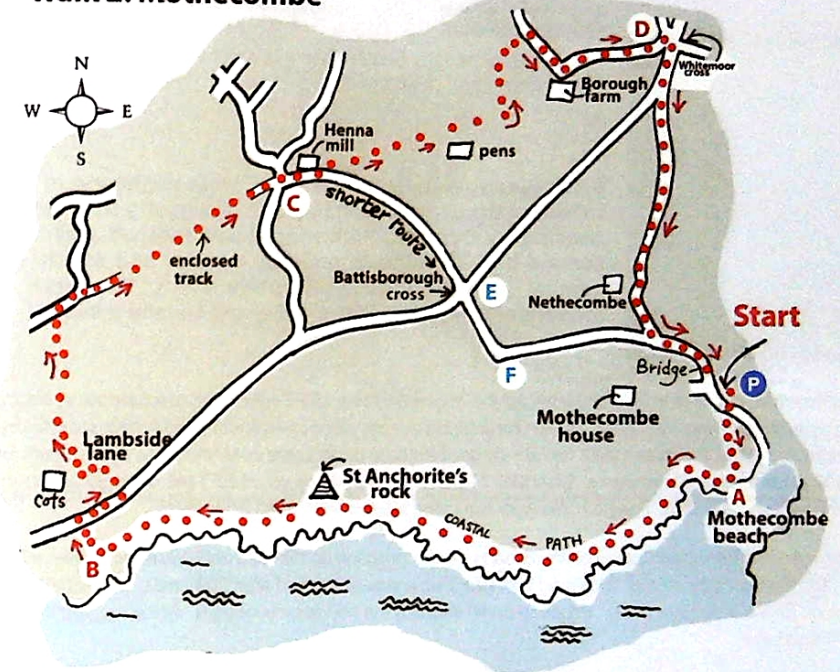
After 10 yards turn **LEFT** (C) along a signed bridleway, through two gates into a field. Walk straight **AHEAD** along the shallow valley keeping the stream on the left. After about 300 yards pass through a gate and, beyond that, a pheasant enclosure on the right. Continue through a gate and follow the track along the next field keeping to the hedge on the left.

After 200 yards, at the end of the field, pass through another gate and over a stream. Head diagonally **LEFT**, uphill, keeping to the fence and hedge on the left. Follow the way marked signs and pass through a metal gate, then turn **LEFT** to pass through another metal gate. Continue **AHEAD**, keeping to the hedge on the left. Follow the field edge as it turns right. After 400 yards exit the field by a metal gate and turn **RIGHT** along a narrow lane. After 200 yards turn **LEFT** at Borough Farm and continue along the lane passing Whitemoor Farm and then turn **RIGHT** at Whitemoor Cross (D).

After 200 yards turn **LEFT** at Hembury cross and follow the single track road descending to pass Poach Meadow Cottage at Nethercombe. Climb the steep hill out of Nethercombe to reach a T junction and turn **LEFT**. Pass under a bridge and after 150 yards turn **LEFT** in to the car park to finish your walk and get a welcome cup of tea!

Shorter alternative route: Continue past Hennamill up the lane for ½ mile, until you reach **Battisborough Cross (E)**. Cross over and take the road signposted Mothecombe ¾ mile. Continue for 400 yards turn **LEFT** down a lane (F). After ½ mile you pass the entrance lodge to Mothecombe House. Continue **AHEAD** to pass under a bridge. After 150 yards turn **LEFT** into the car park to finish your walk.

Walk 2. Mothecombe



See Page No. 54 for 'Points of Interest' relating to this walk



Seaton, Dowderry & Keval circular

GRID REF:	SX305545	GRADE:	Medium with some steep sections
DISTANCE:	6½ miles	MAP:	OS Explorer OL108
TOILETS:	Seaton Car Park	DURATION:	3-4 hours
REFRESHMENTS:	Seaton, Dowderry		

START FROM:

The public car park by Seaton Beach. Charges apply during summer months. (Mid March to end of October)

Brief description: This is a great walk beginning at Seaton and following the coastal path through Dowderry then heading inland passing by Deviok. Following lanes, footpaths and tracks. The second half of the walk goes by Keval and returns to join the coastal path back to Seaton. No stiles, but there are some moderately steep bits in the valley and coastal areas.

START: From the main car park in Seaton, head for the beach and turn **LEFT** (due east) to locate the coastal path, which runs along a raised area above the beach. If the tide is high you may need to walk along the road to Dowderry. Keep the sea on your right and follow the raised path for 500 yards, then drop down some concrete steps to the beach and continue **AHEAD** for 400 yards towards Dowderry. Bear **LEFT** up a railed slipway on your **LEFT (A)**. After 20 yards turn **LEFT** into the Dowderry memorial gardens. The path takes you up to the main road through Dowderry.

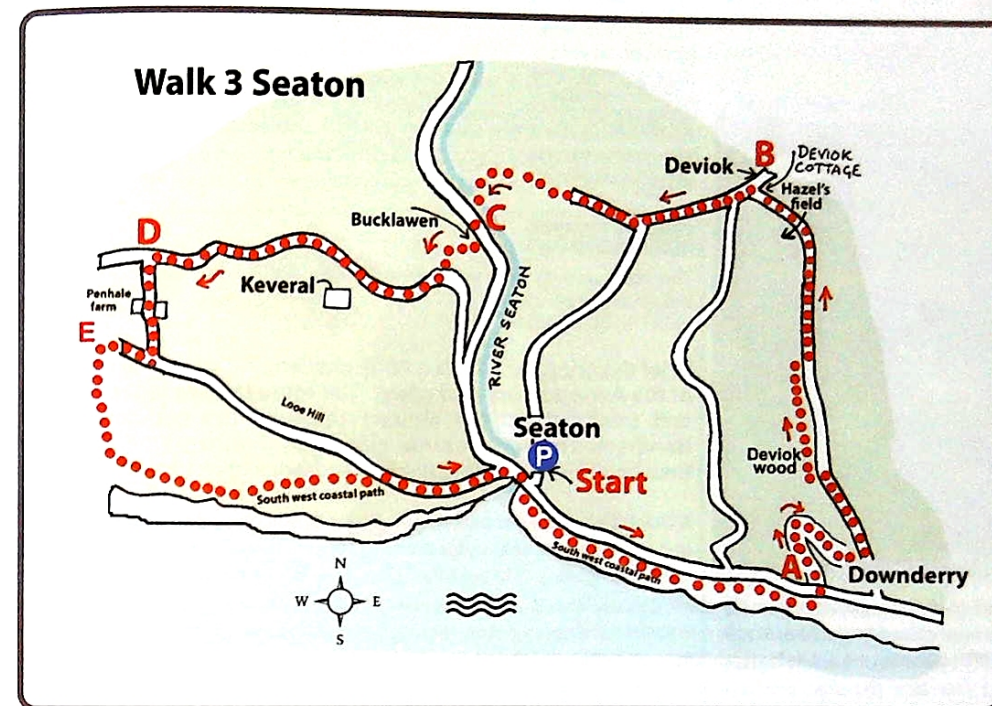
Cross over the road and take the road opposite (Broads Yard), proceed up the road until you reach Treveve Road and turn **RIGHT** along Top Road. At the end of Top Road turn **LEFT** up a steep lane and after 200 yards. Turn **LEFT** through a gate into Deviok wood (this is actually a field). Proceed uphill keeping the hedge on your right. At the top, exit the field by a gate and turn **LEFT** up a lane.

Continue along the lane and after 400 yards pass by Deviok Cottage (**B**). Turn **LEFT** at the road T junction. Follow the road round to the right and where the road bends to the left continue **AHEAD** past old farm buildings on the left then follow the Public Footpath sign downhill and pass through a double gate and onwards downhill until you reach a path T junction, turn **RIGHT** and then **LEFT** to cross over a wooden bridge.

Continue ahead to pass through a gate on to the main road (**C**). Turn **LEFT** and cross the road to take the path on the right signed alternative route to Seaton. You now enter Bucklawren. Proceed uphill along a zig zag path bearing **LEFT** at a blank way marked post. After 400 yards, at a 3 way sign post, take a track on the **RIGHT** and proceed uphill towards a collection of houses and barns. On reaching these follow the stony track ahead. After 400 yards having turned sharp **LEFT**, you pass by a large metal entrance gate on your left.

Continue on the track and at a T junction turn **LEFT (D)** along a lane shortly passing Penhale Farm. At the T junction turn **RIGHT** following the road sign to Murry and Windsworth. The lane ascends for 200 yards and bears to the **LEFT**. After a further 100 yards turn **LEFT (E)** following the National Trust finger post, signed 'coastal path Seaton 1½ miles'. Cross the field ahead and go through a gate and turn **LEFT** following the path down to the coastal path.

At a path junction turn **LEFT**, following the coastal path back to Seaton (1 mile) the route climbs initially, then it heads steadily downhill. As you near Seaton, the track drops down some steps to a road. Turn **RIGHT** and follow the road back to the car park.



Aveton Gifford, Avon Estuary and Bantham

GRID REF:	SX693472	GRADE:	Medium
DISTANCE:	7 miles or 8½ miles	MAP:	OS Explorer OL20
TOILETS:	Aveton Gifford and Bantham	DURATION:	4 hours (extension 5 hours)
REFRESHMENTS:	Local pubs		

START FROM:

The free public car park adjacent to the main traffic island on the A379 at the bottom of the village.

Brief description: This is a fairly challenging walk with great views of the Avon estuary and coast. The route follows lanes, footpaths and tracks down the estuary to reach the popular beach at Bantham. The walk returns alongside Bantham golf course and then meanders through hamlets and lanes back to Aveton Gifford.

START: Leave the car park in a southerly direction and proceed along the A379 and cross over the estuary via the bridge (this road is narrow so use the pedestrian tracks alongside). On the other side of the bridge cross over the road and turn

RIGHT (A) following the direction sign Avon Estuary Walk Bantham 3½ miles. Follow this lane past South Efford Barns and on up an enclosed track. After ¾ mile turn **RIGHT** at a road junction. Shortly you reach Higher Stadbury where you bear off **LEFT (B)** following the public footpath, signed 'Stadbury' on the signpost.

After 100 yards enter a field and follow the track to a wooden gate. Pass through and continue ahead to another gate where you turn **LEFT**. Follow this enclosed track downhill and after 150 yards pass through another gate and turn **RIGHT**. Continue for another 250 yards keeping to the hedge on your right. At a way marked sign turn **LEFT** and follow an indistinct track **(C)** steeply downhill to the far right hand corner of the lower field.

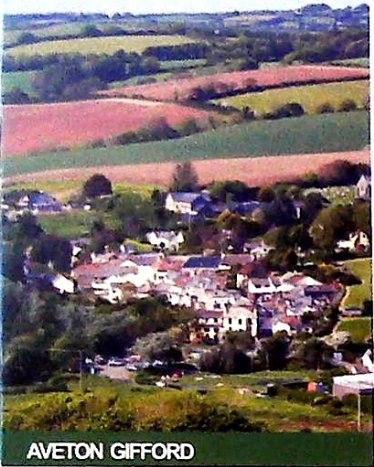
On reaching another way marked post continue through two gates and then pass over a plank bridge at the end of the estuary. Go through a metal gate and turn **RIGHT** and uphill towards a wood. Cross over a stile and enter the wood following the way marked route. Exit the wood by a gate and turn **LEFT** following the track uphill, with a hedge on the left and the estuary on the right. Pass over a stile and continue ahead. Now the estuary view opens up.

Continue following the wide track. Soon the track bears left through a metal gate and then a way marked wooden gate to cross a small plank bridge and up a marked track to a wooden stile. Pass over and turn **RIGHT** following the broad track for 400 yards to reach the main road through Bantham Village **(D)**. Turn **RIGHT** by Gables End and follow the road to the "Sloop Inn". At this point you can take the shorter version of the walk **(D to Da)**.

Immediately before the Sloop Inn, follow the road that goes sharp left. After 30 yards pass Bantham House on your left. After 400 yards, where the lane descends on the right, continue straight **AHEAD** towards Burnt House. This is where you rejoin the main route **(Da)**.

Continue ahead through to the Bantham Car Park (toilets on left) and follow the road that bears left towards the lifeguard centre. At the end of the car park, follow the coastal footpath signed to Hope Cove 3½ miles **(E)**. Pass through a kissing gate and proceed uphill. On reaching a Thurstone Golf Course information board turn **LEFT** heading inland. The track follows the edge of the golf course. Exit via a metal gate and continue ahead aiming for the large house on the hill ahead. After 500 yards exit the field by a wooden gate and turn **LEFT** on to a lane.

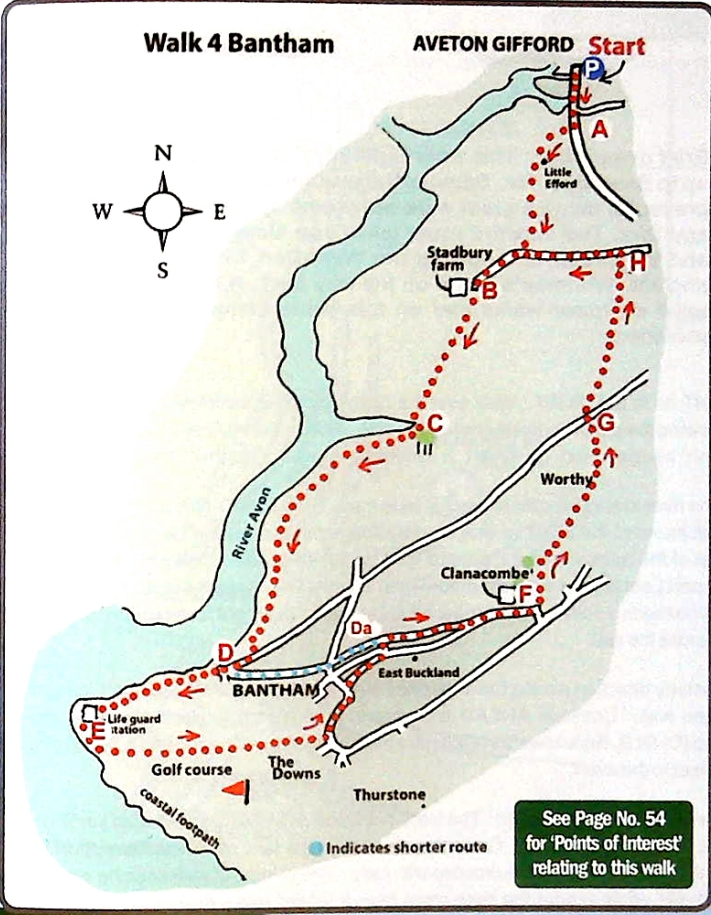
Follow the lane steeply downhill and, where it bears sharp left (Grove Corner), continue **AHEAD** passing Grove Cottages. Continue **AHEAD** passing Buckland Mill then cross a small bridge and head uphill. At the T junction turn **RIGHT** and follow the lane passing Burnt House and Greenbank, and shortly passing Clanacombe Lodge and Coach House.



AVETON GIFFORD

Proceed up the steep hill and, where the road turns sharp right, turn **LEFT (F)** along the signed public footpath. Enter a field, keeping the hedge on the left. The track continues across the top of the valley and eventually becomes a narrow track across the top of a field. Head diagonally **LEFT** for the bottom of the field and pass over a stile by a metal gate.

Continue along the bottom of the next field and, after 100 yards, turn **LEFT** over a small stream and then climb uphill following the way marker direction. Exit the field on to a farm track (Worthy Farm) and turn **RIGHT**. Follow the public brideway sign along the lane and after 200 yards you reach a road junction **(G)** by Widcombe House. Cross over an old stone stile into a field and follow the direction sign to a wooden way marked gate and turn **RIGHT**.



After 100 yards go through another gate and bear half **LEFT**, following the way marked arrow down to the bottom of the field, to pass through a way marked metal gate and a wooden gate. Turn **LEFT** uphill. Pass through a wooden gate to a farm track and turn **RIGHT**. Just past the cow sheds turn **LEFT** and then immediately **RIGHT** through a metal gate, and turn **LEFT** following way markers.

Cross the field diagonally right, to the top right hand corner of the field and over a stone stile. Go straight across the next field keeping the middle hedge on the left. After 200 yards exit on to a lane **(H)** and turn **LEFT**. Continue on this lane for 400 yards. At a corrugated metal barn turn **RIGHT** to follow the public footpath back to Aveton Gifford. This is the route you came by, so now just retrace your steps back to the car park.

See Page No. 54 for 'Points of Interest' relating to this walk



BANTHAM ESTUARY

Two Bridges, Beardown Tor, Wistman's wood

GRID REF: SX609751

GRADE: Medium

DISTANCE: 5 miles

MAP: OS Explorer OL28

TOILETS: Two Bridges

DURATION: 2-3 hours

REFRESHMENTS: Two Bridges

START FROM:

The small quarry car park opposite the Two Bridges Hotel on the B3357.

Brief description: This walk is mostly flat except for a short climb up to Beardown Tor. Some of the ground is uneven but this doesn't prevent it being a great walk with some splendid views of valleys and tors. The outward route takes you along the Devonport Leat and then returns following the West Dart River, passing by the ancient Wistman's Wood on the way back. A compass should be used on moor walks and on this route compass directions are provided.

START: Leave the quarry and turn **RIGHT** on to the B3357. Walk over the bridge crossing the West Dart River (Prince Edward Bridge) and turn **RIGHT (A)**, following the public footpath sign over a stile. Follow the enclosed track over another stile and continue to cross a wooden bridge, then go down a ladder stile and a further stile into a wood.

Continue following the track just above the river to another stile to reach a wide track. Turn **RIGHT** and cross over a bridge and continue up the hill. Follow the track round to the **LEFT** as indicated by a footpath sign passing by Beardown Farm entrance. After a **RIGHT** and **LEFT** turn of the track you reach a metal gate alongside a stile. Cross the stile and turn **RIGHT** along the track beside the Devonport Leat (a Leat is a man-made water course) (**B**). Keep the leat on your left and follow it for approximately 1 mile. When you reach a point where the leat bends to the right look out for a second bend and a granite slab bridge which enables you to cross the leat.

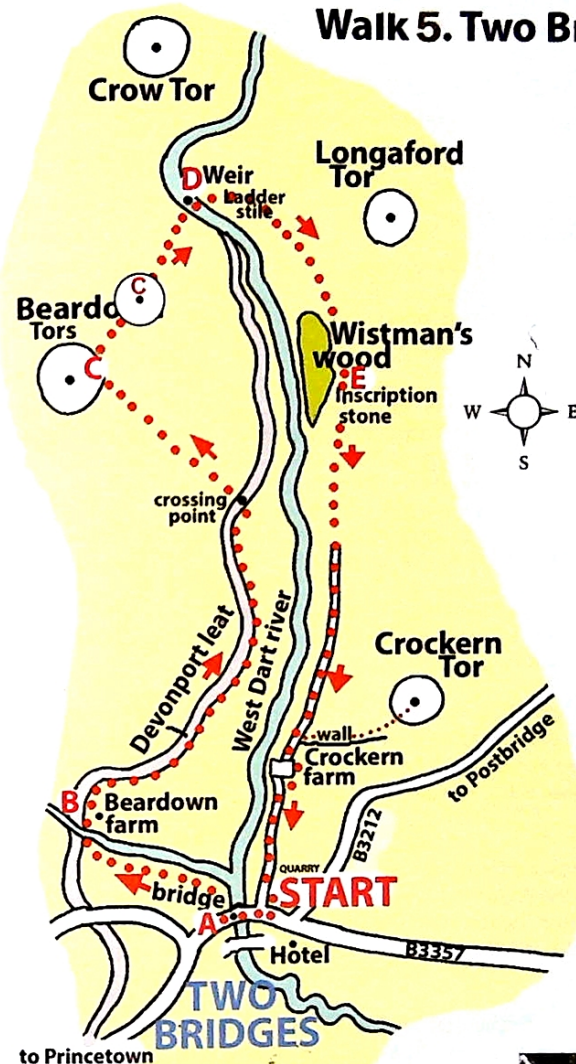
Cross over and head uphill in a north westerly direction aiming towards a fence on the horizon. Proceed uphill to reach a gate where the wire fence meets a stone wall. Continue **AHEAD** and after ½ mile this track takes you to the top of Beardown Tor, which has a flagpole on top (**C**) (N.B. Beardown Tor is used for military training. If the red flag is flying retrace your steps back to the leat and follow the leat to the weir).

From the Top, the flagpole rock, head in a north easterly direction. The track becomes visible within a hundred yards or so. After ½ mile you reach a weir beside the West Dart River (**D**). Cross the weir, this is the take off for the Devonport Leat, which you followed earlier (after heavy rain the weir needs to be crossed with care. The volume of water can be a problem and the concrete becomes greasy). On the other side of the river cross over a ladder stile. Continue in an easterly direction following the track towards Longaford Tor (the ground can be boggy in this area).

After 300 yards the track bears off to the right (south) now head towards a small wooded area, pass the wood and after a further 300 yards you reach another wooded area called Wistman's Wood (**E**) (see the points of interest page). After inspecting the inscription on the large upright stone (Druids Stone) in Wistman's Wood return to the track and continue south along the wide track, indistinct in places. Cross a stile by a notice board containing information about the ancient woodland and ½ mile later you reach a wall. If you turn **LEFT** before the wall and follow it for 600 yards you will reach Crockern Tor (meeting place of the Stannery Parliament). See points of interest for this walk.

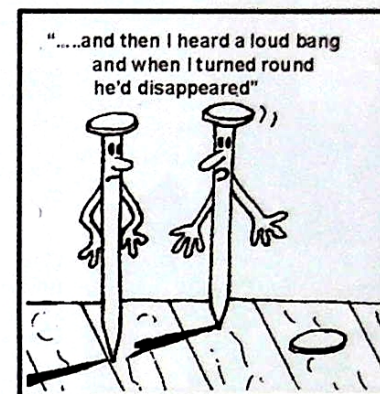
If you don't visit the Crockern Tor then continue **AHEAD** and after 200 yards you reach a walled farm (Crockern Farm). Continue south along a wide gravel track and after 500 yards you arrive back at the quarry car park.

Walk 5. Two Bridges



to Princetown

See Page No. 55
for 'Points of Interest'
relating to this walk



Buller stone

Walkhampton, Burrator, Yennadon Down

GRID REF: SX547694

GRADE: Easy / Medium

DISTANCE: 6 miles

MAP: OS Explorer OL28

TOILETS: None

DURATION: 3 hours

REFRESHMENTS: Local pub in Walkhampton

START FROM:

The public car park by Lowery Cross, Yennadon Down, Dousland. To get there from Yelverton roundabout take the Princetown Road (B3212) for two miles and turn right at a crossroads where the sign to Welltown is indicated on the left. The car park is 200 yards on the right.

Brief description: This is a pleasant walk full of great views, following lanes, footpaths and tracks. It starts by visiting the village of Walkhampton. After passing St. Mary the Virgin Parish Church the route heads over some ancient granite stiles, towards the dismantled Plymouth & Dartmoor Rail track. We then follow this flat route for several miles passing Burrator Reservoir and finally heading back to the car park over Yennadon Down.

START: Leave the car park by the entrance and turn **LEFT** heading North West down the lane towards the B3212. At the T junction (**A**) cross over and follow the lane opposite, signed Welltown. After ½ mile where the lane bends sharp right, turn **LEFT** down a path, over a stream and **LEFT** through a kissing gate.

Cross the field keeping the hedge and stream on the left. Pass through another kissing gate then head diagonally **RIGHT** across the next field. Exit by another kissing gate and turn **LEFT** down a lane passing Chestnut Cottage. Continue downhill into Walkhampton Village (**B**). At the T junction turn **RIGHT**, signed Huckworthy Bridge. After 50 yards turn **RIGHT**, passing between two granite gateposts, signed public footpath. Pass through a metal gate and continue **AHEAD** through two more metal gates.

Continue through the next field heading uphill towards a bank of tall trees. On reaching a metal gate in a wall continue along an enclosed track to reach the rear of St. Mary the Virgin Church. Turn **RIGHT** through a kissing gate into the church yard then **LEFT** around the church to exit by the Church House. Turn **LEFT** and, opposite the far end of Church House, take the footpath between granite pillars on the right, passing over a stone stile, and proceed along a field keeping to the hedge on the left.

After 75 yards cross another stone stile, on the left, by a metal gate and turn **RIGHT** keeping to the hedge on the right. Continue to cross another stone stile and then cross the field half **LEFT** towards a gate in the hedge. Climb over the wall stile into a field and head diagonally **LEFT** towards a gap in the hedge by some white walling. Pass through the gap in the wall and continue in the same direction to reach another stone stile by a fenced area. Cross over into an enclosed walled area and turn **RIGHT**. Follow this wide track for 500 yards (ignoring the stone stile on the left). When you reach a division in the track take the **LEFT** track through a wooden gate.

Make your way through a very wet/soft area and continue uphill, bearing **RIGHT**, passing another gate on your left and crossing a small stream with granite slabs over it. Go through the next gate and you are on to the open moor. Turn immediately **RIGHT (C)** and follow the wall on the right for 400 yards uphill (On a clear day you can see North Hessay Tor mast on your left). Continue until you reach a tarmac track. Cross over, heading up a grassy track in the same direction. After a further 200 yards you reach a broad grassy track (this is the old branch line between Yelverton and Princetown).

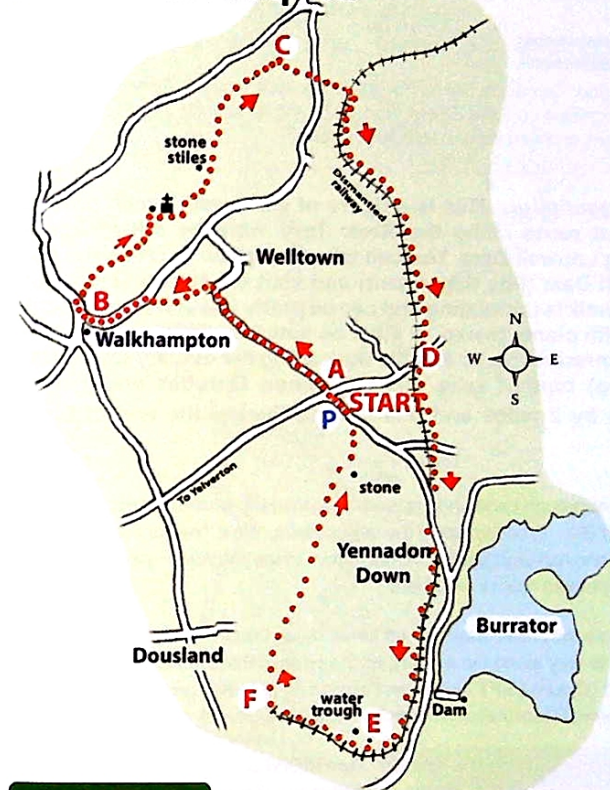
Turn right (south) and keep on this clear track for 1.5 miles. Go over two more bridges and past gates and stiles, until you pass over a new bridge over the main B3212 road (**D**). Continue ahead still keeping on the rail track, passing over a narrow

lane and over a road bridge. After ¼ mile you reach a point overlooking Burrator Reservoir. Continue ahead until you are parallel with Burrator Dam. After a further 400 yards the track bears off **RIGHT** by a sign saying "No cycling beyond this point" (**E**). Take the **RIGHT** fork and continue to follow the rail track for ½ mile until you reach an abandoned bridge (there is a large dip in the track which you need to walk around). Rejoin the track and continue ahead for another 300 yards. When

you see a house on the right amongst some trees, turn **RIGHT**, (the house could be hidden by the trees in the summer so look for a Water Dept. concrete post on the left of track) (**F**). Head north, passing by a water trough, and then to the right of the house. After a few yards, cross a low level granite bridge over a disused leat. After a few yards turn off **RIGHT** along a wide grassy track, heading in a north / north-easterly direction over Yennadon Down. The track is indistinct in places but head for the highest point on the Down.

After 500 yards when you reach the top, look for a Water Board granite boundary stone. Continue **AHEAD** and make for the left of a stand of conifer trees on the track ahead. After 400 yards you arrive back at the car park.

Walk 6.Walkhampton



See Page No. 55
for 'Points of Interest'
relating to this walk



Stone stile near Walkhampton



Tamerton Foliot, Lopwell and the Tavy Estuary

GRID REF:	SX474615	GRADE:	Medium
DISTANCE:	6 or 7.5 miles	MAP:	OS Explorer OL108
TOILETS:	Tamerton Foliot	DURATION:	3-4 hours
REFRESHMENTS:	Local pubs and Lopwell		

START FROM:

Linton Road, Tamerton Foliot. To reach the start location from Tamerton Foliot Village proceed up Fore Street then along Whitsoncross Lane to reach Linton Road. Park on this road or in local side streets.

Brief description: This is a figure of eight walk which provides a pleasant route along the River Tavy with the added bonus of visiting Lopwell Dam. You can take the option to cross the river at Lopwell Dam (tide dependant) and visit the Nature Reserve. The whole walk is undulating and can be pretty wet in winter. It is a great walk with plenty to see. It must be noted that parts of the walk are on permissive tracks and the walk along the estuary (at the time of printing) cannot take place between October and February.

There is an option to extend the walk by 2 miles and this is described at the end of the walk information.

START: Leave Linton Road at its junction with Roborough Lane and proceed down the lane located between them, which is Allern Lane (this lane has no name indicated) (A). Proceed along the lane passing West Trehills Farm on the right. Continue downhill for a mile passing Allern Farm and Ashleigh Barton. At the bottom of the hill cross Peter Hoppers Bridge and 100 yards beyond the bridge turn **LEFT** and proceed down a wide track.

After 200 yards take the track on the right just before the brook, way marked Tamar Valley Discovery Trail ("Apple" sign) (B). Follow this track for just over a mile, as it wends its way along the estuary, on the edge of Blaxton Wood, passing Blaxton Quay. When you exit through a gate on to a road (C) turn **LEFT** and follow the road for 2/3 miles passing Maristow House on the right. At a T junction turn **LEFT** to reach Lopwell Dam (refreshments and toilets - seasonal).

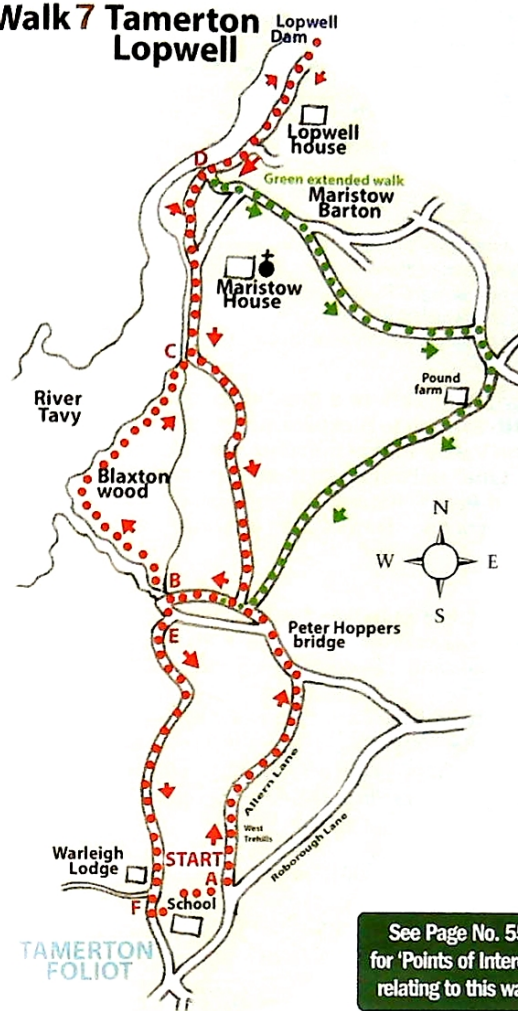
Now retrace your steps for 300 yards to the road coming in from the right (D). Turn **RIGHT** and return along this road for 1.5 miles. You will pass by the estuary gate where you came in at (C). The route now proceeds steeply uphill along the road. At the top of the hill you can see the whole Tavy Estuary ahead of you with the Tavy Rail Bridge spanning the confluence of the Tavy and Tamar.

The route now goes downhill and turns right to rejoin point (B) on the map, which you passed through on the outward journey. Continue **AHEAD** to reach the brook that crosses the road. Cross the brook and proceed **AHEAD** (note the brook can be over your boots if you are not careful so try to aim straight across the middle of the stream which is shallower!).

After 50 yards, turn sharp **LEFT**, ignoring the Public Footpath sign and gate ahead. The lane proceeds uphill for 200 yards and then turns sharp right at the junction (E). Follow the "Apple" sign along the lane and over the hill and down past Horsham Farm. Continue **AHEAD** to reach an enclosed lane which climbs steadily for 3/4 mile. At the top of the hill you emerge by Warleigh Lodge (once the gatehouse to Warleigh Manor). Turn **LEFT** on to a lane (Horsham Lane).

After 200 yards, by a recessed lay by, turn **LEFT** (F) up a passage-way to the estate houses passing a children's play area on the right. Turn **RIGHT** along a paved pathway, passing houses heading gently uphill in an easterly direction. Continue until you cross Fraser Road and proceed ahead until you reach Linton Road, where you started from. See the next page for the extended walk (green text).

Walk 7 Tamerton Lopwell



See Page No. 55
for 'Points of Interest'
relating to this walk

Extended walk: At point (D) on the map instead of turning right the way you came, follow the road left, heading uphill. Maristow House can be seen on your right. The road climbs fairly steeply for just under a mile passing Maristow Barton on the left. Continue **AHEAD**, passing Maristow Cross junction and on reaching a T junction turn **RIGHT** to follow the sign "Roborough 1 1/4 mile". After 200 yards, turn **RIGHT** down a lane with a no exit sign. Pass by Pound Farm and continue **AHEAD** (please note this is a permissive path with no visible signs, so please ensure all gates are left as you find them).

The route goes slightly uphill for 1/2 mile along a wide enclosed track. At the brow of the hill the track descends, giving fine views of the estuary and railway bridge and opens up alongside open fields.

On reaching the bottom of the field the track bears off right to reach an antique metal gate. Pass through to rejoin the route at point (B).

Maristow house

Gara Bridge and the Upper Avon Valley

GRID REF: SX729534

GRADE: Medium

DISTANCE: 6 miles

MAP: OS Explorer OL20

TOILETS: None on route

DURATION: 3-4 hours

REFRESHMENTS: None on walk

START FROM:

Roadside in the vicinity of Gara Bridge. This isn't the best area for parking but there are a few spaces close to Hothole Cottages and the hill up to Blackdown Camp has a few spaces. Failing this, if you are in a group it is best to park at Blackdown Camp which is an Iron Age fort with a car park (grid ref. 720521). This however, will extend the walk by another 2 miles.

Brief description: This is a great walk that takes you upstream, along the River Avon to Bickham, passing through woodland in the scenic Avon Valley. Part of the route runs alongside the dismantled "Primrose Line" rail track and then branches off to visit some local hamlets and farms, before returning along the riverside to Gara Bridge. There is one steep section as you head for Wheeldon Farm. 6 stiles.

START: From Gara Bridge head west and follow the main road to the right, following the road signed to California Cross, heading upstream (north) after 200 yards turn off **RIGHT (A)** and pass to the right, signed public footpath, in front of three cottages (Hothole Cottages) and follow the track along the edge of the woods keeping the river on the right.

Continue on the track alongside the river for 1½ miles. The track eventually bears off half left, and ascends to reach a road. Turn **RIGHT** along the road passing Hepburn House. After 300 yards you reach a sign post called Butterford Mill Gate. Cross over the bridge signed North Huish, Diptford. After 200 yards, at a Y junction, turn **RIGHT**, signed Diptford, Cott Diptford & Moreleigh (**B**). Go over a bridge (old railway line) and continue **AHEAD** to pass over Bickham Bridge taking you over the River Avon.

Continue along the road and, after a road comes in from the left, turn **RIGHT** in front of Willowbrook, signed to "unmetalled road" and also one to Broadley (**C**). Follow this road uphill and after 400 yards descend to pass through Broadley Farm and continue **AHEAD** along a wide track. After 400 yards, at a path junction turn **LEFT**, signed Wheeldon Lane, Wheeldon Farm 1 mile (**D**).

The wide, tree lined, track ascends steadily for a mile. On reaching Wheeldon Farm, pass by some sheds on the right and turn right along the farm lane. The lane bears left and then, after 300 yards, where it bends right, turn **RIGHT (E)** into a field passing to the side of a stile. Follow the direction of the public footpath sign and head diagonally **HALF-LEFT** across the field to the top left hand corner.

Exit over a wooden stile and then a stone stile to a road. Turn **RIGHT** and after 10 yards turn **LEFT** down a lane alongside a farm building with a stone pillar left of the gate (Chapplelands).

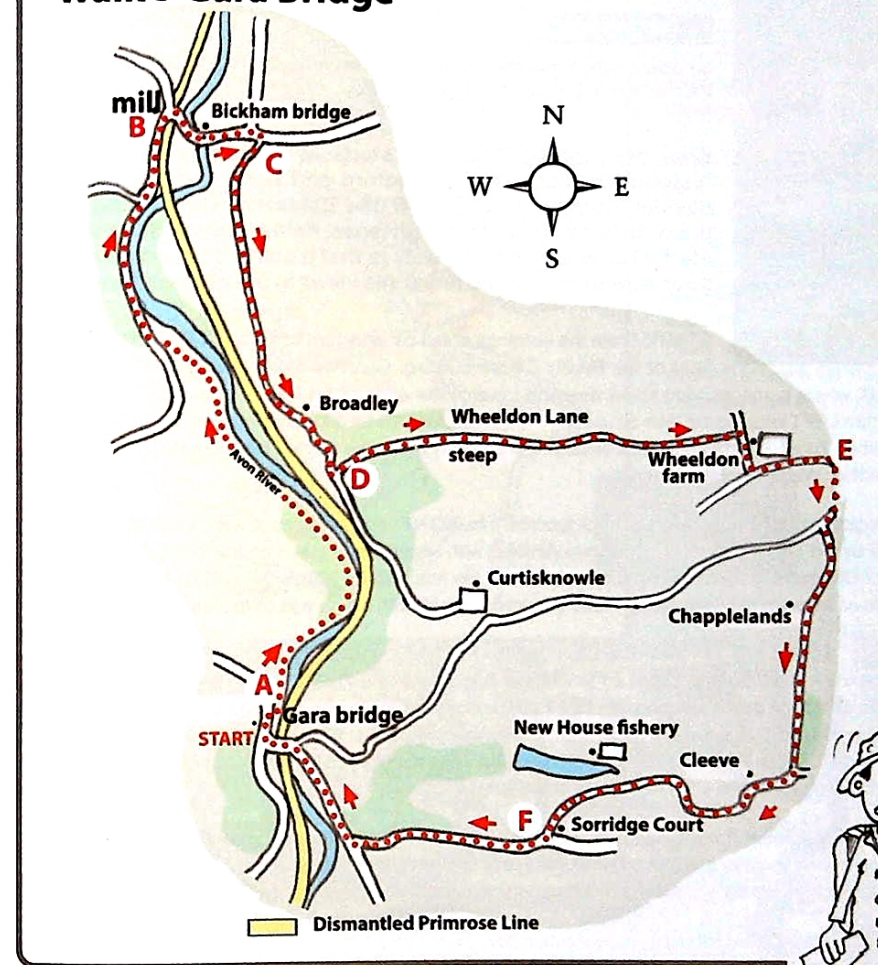
After 250 yards the lane turns right towards a farm. Continue straight **AHEAD** following the unmetalled road sign, downhill for ½ mile.



The track bears right over an unbridged minor stream, then after 200 yards the track heads uphill. The track becomes a metalled lane and soon passes through houses and barns (Cleave) with a duck pond on the right.

Continue down the lane to pass by New House Fishery with fishing lakes on your right. At the T junction with the main road by Storridge Court Farm turn **RIGHT (F)** and follow the road downhill for ½ mile to reach Gara Bridge.

Walk 8 Gara Bridge



See Page No. 56
for 'Points of Interest'
relating to this walk

"Map, compass, drink, packed lunch,
rucksack, waterproofs.
Yep! I reckon I've got everything"

Radford, Jennicliff and Bovisand coastal

GRID REF: SX506525

GRADE: Medium

DISTANCE: 7 miles

MAP: OS Explorer OL20

TOILETS: Jennicliff Café

DURATION: 3-4 hours

REFRESHMENTS: Local pubs en route

START FROM:

Small car park at junction of Hooe Road and Mayers Way (Radford Dip) Car Park is beside the Beckly Centre PL99DF.

Brief description: This walk starts as a journey alongside the historic lakeside areas of Radford and Hooe and then joins the coastal footpath via Jennicliff and Bovisand. The second part of the walk heads inland through lanes, fields and woods back to the start. This is a surprising walk in that it starts in an urban area but soon offers some of the finest sea views in the whole of Devon.

START: From the entrance of the car park turn **LEFT** and **LEFT** again to pass in front of the Beckly Centre building. Continue along this concrete road for 200

yards and turn **RIGHT** where some wooden steps descend towards the edge of the lake. Follow this track over two wooden bridges and turn **LEFT** keeping the lake on your left. Continue **AHEAD** for 400 yards keeping the lake on your left to reach Radford Castle. Turn **LEFT (A)** and pass through the gateway under the castle. Now turn **RIGHT** to follow the path alongside the Radford Water Treatment Works.

After 200 yards the track turns **LEFT** uphill and at a track junction turn **RIGHT**. Follow this track with Hooe Lake on the right for 400 yards to pass by the Royal Oak Pub. Continue **AHEAD** with Hooe village green on the left and the end of the estuary on your right. On reaching Barton Road turn **RIGHT**. Follow this road for 300 yards and turn **LEFT (B)** (coastal footpath sign, which is an arrow in the wall) along a lane (Undercliff Road) with a high wall on the left and cottages on the right

Follow this lane as it bends to the **RIGHT** to exit at a T junction at Turnchapel. Turn **LEFT** into Borrington Road. Pass the "Borrington Arms" pub and at the next T junction turn **LEFT** up Borrington Hill. On reaching the top of the hill (before you reach the T junction) turn **RIGHT** by a small car park to follow the Waymarked sign Clovelly Bay, down a series of steps to reach the edge of the Mount Batten Marina. Follow the S/W coastal path signs beside the boat yard and continue **AHEAD** passing Hotel Mount Batten to reach the entry to Mount Batten Pier.

Turn **LEFT** following the S/W coastal path signed Gun Tower and Jennicliff **(C)** and proceed up steps to pass by the Mount Batten Tower. Continue along the way marked coastal path keeping the sea on the right and proceed uphill following the well marked coastal path across a grassy bank. Pass through some bushes and continue **AHEAD** to reach Jennicliff Cafe.

From the cafe continue on the coastal footpath across the next two fields. At the end of the field pass the stone sign "Poole 175 miles" **(D)**. Proceed **AHEAD**, descending some steep steps and then ascending some equally steep steps. Continue along the coastal footpath (low branches so mind your head!).

Pass through a kissing gate and bear **RIGHT** over a footbridge. Now keep on this track for ½ mile and descend 70 concrete steps. The track continues downhill to run behind Bovisand Fort and soon arrives on a lane beside some coastguard cottages. Turn **LEFT** to pass the Cliff Edge Cafe and at the end of the car park take the W/M path on the right.

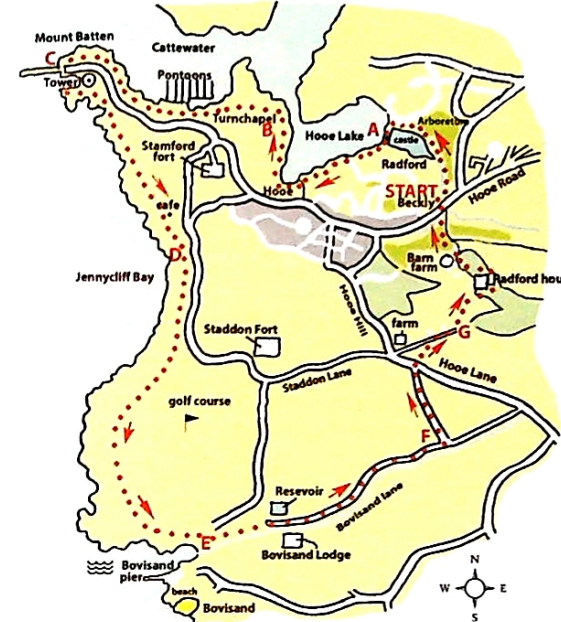
Follow the track down steps towards the beach. 25 yards before a wooden bridge turn **LEFT (E)** along the way marked track, passing to the left of a caravan park. After 300 yards you join a road which passes Bovisand Lodge. Continue **AHEAD** to follow a track signed Staddiscombe 1 mile.

Follow this track (Bovisand Lane) alongside a minor stream, for ¾ mile, to reach a tarmac lane. Turn **LEFT (F)**. After ¼ mile at a T junction, turn **LEFT** and cross the road and turn immediately **RIGHT** to pass through a metal kissing gate signed PF. Cross the field to another kissing gate and turn **RIGHT** on to a broad track. Where the track turns left, continue **AHEAD** (signed PF red and blue route) **(G)** through a gate and into some woods. Take the path that bears to the left and follow this as it meanders for 300 yards through the trees. At a fork in the path take the left path. After 150 yards the path

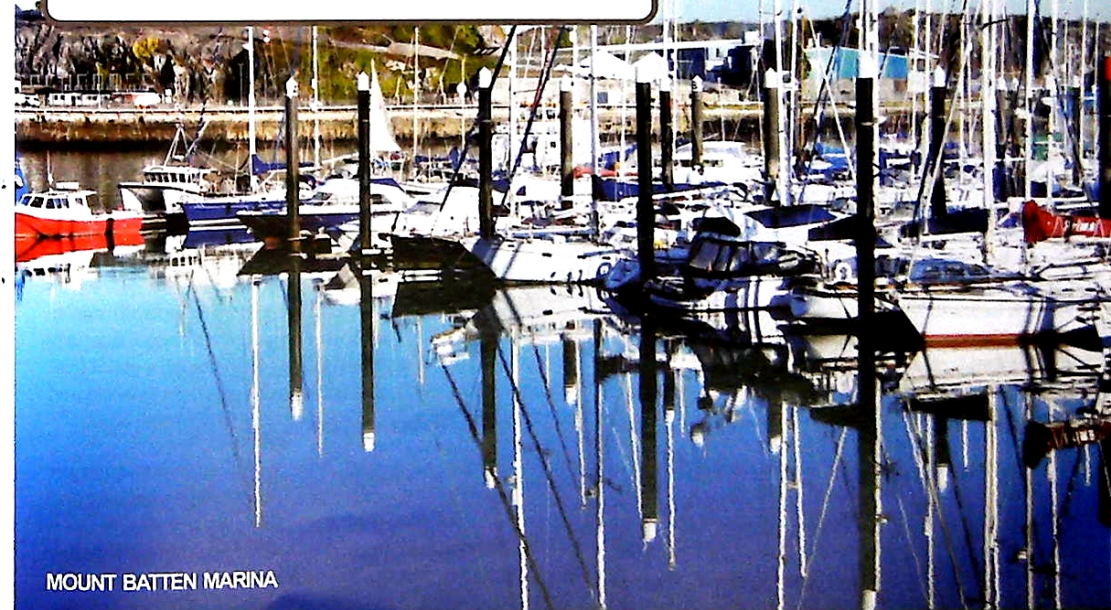
bears left to exit on to a tarmac drive beside Radford House and Barn Farm. Turn **RIGHT** and where the drive bends sharp right, continue **AHEAD** down a broad track behind the rear gardens of some houses. After 300 yards turn **RIGHT** by a display board and down some stone steps to reach a road (Reddicliff Close).

Cross over this road and then continue down a path to the next road (also Reddicliff Close). Cross over to follow a way marked zig-zag path to reach a path T junction in the bottom of the valley. Turn **LEFT**, behind some houses, and follow the way marked path for a few yards and where it divides, take the right fork which bears off right and over a boardwalk. Continue **AHEAD** to reach the main road at Radford Dip. Cross the road to arrive back at the car park.

WALK 9 Radford



See Page No. 56
for 'Points of Interest'
relating to this walk



MOUNT BATTEN MARINA

Yealmpton, Puslinch, Silverbridge and Gorlofen

GRID REF:	SX578517	GRADE:	Medium
DISTANCE:	5 miles	MAP:	OS Explorer OL20
TOILETS:	Yealmpton cafe / pubs	DURATION:	3 hours
REFRESHMENTS:	Local pubs		

START FROM:

The public car park in Fore Street or roadside on Torr Hill.

Brief description: This walk is full of variety. It starts alongside the River Yealm, passing through Waltacre and moves downstream, towards Puslinch and the Yealm estuary. The route then heads towards Brixton passing along the fairly new route of Silverbridge. On the return leg the walk goes through the hamlet of Gorlofen and eventually crosses fields back to Yealmpton.

START: At the junction of Fore Street and Torr Hill proceed down Torr Hill and cross the bridge over the River Yealm. Just beyond the bridge turn **RIGHT (A)** into Boldventure, signed "Waltacre". Follow the road past several houses. The road becomes a broad track with the River Yealm on the right. At a track junction, turn **LEFT** through old railway bridge supports, following the sign to Waltacre. Continue along this lane to pass through the hamlet of Waltacre.

At the end of the houses go along a way marked enclosed track to pass through a metal gate into a field. Proceed up the field for 100 yards and turn **RIGHT** through a gate into woods. Go straight **AHEAD**, ignoring the track on the right. Pass by two bike ramps and follow the track as it meanders through the wood, bearing left to run parallel with the River Yealm. Pass through a wooden gate into a field. Keep to the fenced hedge on the left. After 200 yards exit the field through a gate and turn **RIGHT** along a lane. At a T junction turn **RIGHT** to cross over Puslinch Bridge. Now turn **RIGHT (B)** and proceed through a wide gateway to join a track that runs to the left of the River Yealm.

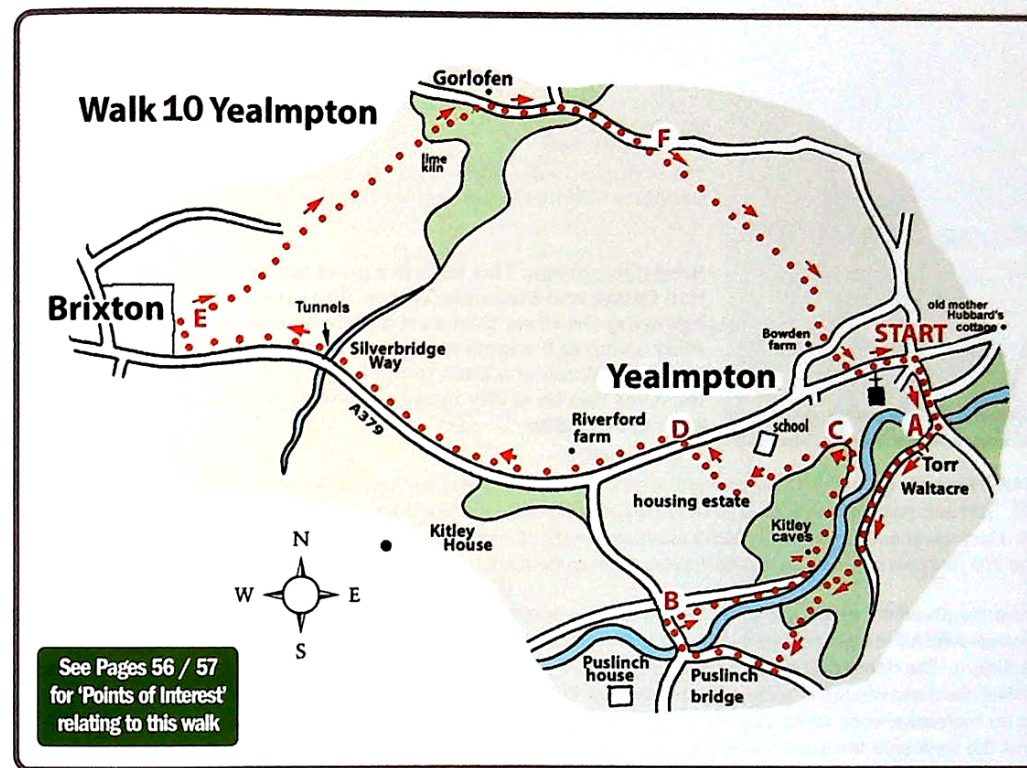
Continue on this track, passing under an old rail bridge (viaduct) and past some lime kilns. The track bends to the left uphill and when you reach a public footpath sign to the right (towards Yealmpton Church) turn **LEFT (C)** along a track between the back of some houses and woods. After 300 yards, just before an old cottage on the left, turn **RIGHT** into a housing estate, then **LEFT** into Marjory Walk.

The road bears around to the right and after 200 yards comes out on to the main road (A379). Cross over the road (can be very busy) and turn **LEFT (D)**. After 100 yards pass Ben's Cafe Farm Shop (good place for coffee) and continue along a tarmac pavement for 400 yards. On reaching a finger board on the right signed "Silverbridge Way to Brixton village", pass through the gate and follow this route for ½ mile, passing by a dual road bridge at Silverbridge and then heading uphill to the outskirts of Brixton.

The track bears to the right and on reaching a gate into a housing estate turn **RIGHT (E)** following the footpath sign to Gorlofen (this is part of the Erme/Plym trail). Follow the path across the field, pass over a stile and continue diagonally **LEFT** towards a stand of trees. Follow the way markers down the valley to cross a stream, passing through a metal gate and a wooden stile. Continue uphill towards some trees. On reaching the trees bear **LEFT**, passing an old lime kiln and continue around the left hand side of the trees. Now bear diagonally **LEFT** across a field aiming for another finger board.

The track descends into a shallow valley and passes over a 3 step stile into some woods. After 100 yards the path emerges down steps on to a lane. Turn **RIGHT**, passing Silverbridge Barn and Gorlofen Farmhouse, proceed along the lane and 250 yards past Gorlofen Lodge turn **RIGHT** through a metal gate (or over a stile) (F). Turn **LEFT** heading steeply uphill following the way marked route. At the top of the grassy incline, cross over a high stile and turn **LEFT** keeping to the hedge on the left. After 200 yards turn **LEFT** into an adjacent field and turn immediately **RIGHT** keeping to the hedge on the

Right. Continue **AHEAD** passing through a gate / stile and three fields. On reaching a metal gate, pass through and turn **RIGHT**, and then **LEFT** through another gate / stile. This track is on the outskirts of Yealmpton. At the road junction turn **RIGHT** and then **LEFT** opposite Bowden Farm. Follow the narrow tarmac path down to the Main Road (Fore Street) and turn **LEFT**. After 200 yards you reach the starting place at Torr Hill.

**Know your limitations**

Dartington Boundary Walk

GRID REF:	SX787623	GRADE:	Medium
DISTANCE:	6.5 miles	MAP:	OS Explorer OL20
TOILETS:	Dartington craft centre Staverton rail station (in season)	DURATION:	3 hours
REFRESHMENTS:	Dartington & local pubs		

START FROM:

The Dartington Craft Centre car park by Shinner's Bridge off the A385. Dartington. Parking charges apply at this car park.

Brief description: This walk is a great scenic tour of the Dartington Hall Estate and Staverton Village. The route is mainly flat and easy, following the River Dart as it wends its way through to Staverton. After a visit to the local rail station the walk heads over fields to the hamlet of Week and back to the Dartington Craft area. The walk by the river can be pretty muddy in winter but the area has splendid views at all times.

START: From the car parking area proceed down to the shopping area and turn **LEFT** to walk along the Totnes-Dartington Trail. This path passes beside the craft centre and runs parallel with the A385 towards Totnes. Shortly you pass by a water mill. Continue ahead for ½ mile to reach a road junction (A). Cross over the road and turn **LEFT** to walk along a pavement. After 300 yards the road runs alongside the River Dart on the right.

Leave the pavement at this point and pass through a kissing gate to join a clear track that runs alongside the river. Continue **AHEAD** to pass through another gate and, after ½ mile, go through another gate into woodland (Staverton Ford Plantation). The clearly defined track continues alongside the river. After 600 yards pass through a kissing gate and gate into woodland and where the track splits take the right fork, to continue along a track, beside the river. The track ascends into an impressive wood containing some giant red fir trees (note that this track still runs parallel to the river). After 500 yards the track exits the wood via a metal gate and on to a road. Turn **RIGHT (B)** and follow the road down and over Staverton Bridge.

From here you have a choice of visiting Staverton Village or popping in to the old Staverton Rail Station on your left (or doing both). To reach Staverton Village, turn **RIGHT** just before the level crossing and follow the track between the river and the railtrack. After 400 yards, turn **LEFT** over the rail tracks. On reaching a lane turn **RIGHT** to go on a path to pass the church of St. Paul de Leon. Turn **LEFT** to pass the Sea Trout Pub and return along the road to Staverton Rail Station.

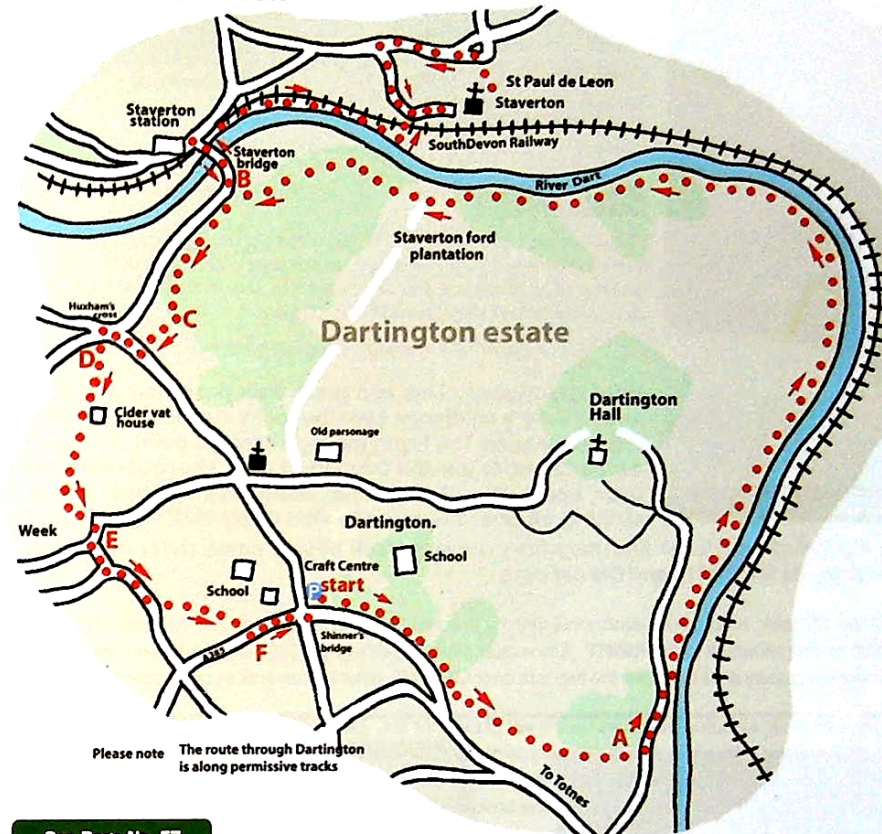
Now retrace your steps over Staverton Bridge and back to the metal gate you came through earlier (B). Go through the gate and turn immediately **RIGHT** to follow a track uphill through the woods. At a path crossroads turn **RIGHT (C)** to go through a wooden gate on to a tarmac lane. Pass some houses and after 200 yards you reach a T junction (A384).

Cross over the road and turn **RIGHT (D)** and walk along the pavement / verge. After 150 yards, at Huxham's Cross, turn **LEFT** along a public footpath signed "Dartington ¼ mile" (National Cycle Network 2). After 200 yards turn **RIGHT** through a kissing gate and bear **LEFT** to go through another gate into a field. Turn **LEFT** to follow the track along the edge of the field, passing by the impressive Cider Vat House on the left.

Continue along the edge of the field and pass along a track into another field and continue straight **AHEAD**. At the end of the field follow the footpath sign on to a tarmac lane into the hamlet of Week. Pass Week Meadow and at a T junction turn **RIGHT**. After 100 yards the road bears to the left by a road junction. Continue for 50 yards and pass over a small bridge and bear **LEFT** by another road junction. Continue along the lane and after 150 yards turn **LEFT (E)** by Lounard Cottages.

STAVERTON ORIENTEERING POINT

WALK 11 DARTINGTON



See Page No. 57
for 'Points of Interest'
relating to this walk

After passing along a cobbled area continue **AHEAD** along a clear track through trees to emerge alongside a playing field. After 200 yards you reach the main road (A385).

Turn **LEFT (F)** and continue down to the roundabout. Cross over and turn **RIGHT** to follow the pavement for 50 yards and then turn **LEFT** by traffic lights, over a small bridge, and into the Dartington craft shops.

Pass through this area back to the car park.



Love cottage

Sharpitor, Leather Tor and Crazywell Pool

GRID REF: SX557706

GRADE: Medium

DISTANCE: 5 miles

MAP: OS Explorer OL28

TOILETS: None

DURATION: 3-4 hours

REFRESHMENTS: None

START FROM:

The small car park on the B3212 two miles out from Yelverton on the Yelverton to Princetown Road. The car park is on the right at the brow of the hill, alongside a shallow pond which is a watering hole for local ponies. There is an alternative car park a little further along the B3212 on the left.

Brief description: This is a great walk providing wild moor views and initially a challenge over the rocks surrounding Sharp Tor and around Leather Tor. From the high vantage point descend through a pine forest, to join the Devonport Leat. The route then heads east over Leathertor Bridge and along well defined tracks before striking off over the moor to visit Crazy Well Pool. From the pool

you rejoin the Devonport Leat and negotiate down a track beside some water cascades, before returning alongside the B3212 and the car park.

START: From the car park, head south-east uphill directly towards Sharpitor. As you reach the base of the Tor, either go over the summit or skirt around it to the **RIGHT**. Once over the other side of the Tor, head south east towards Leather Tor. As you cross over the grassy area between the two tors bear **LEFT (A)**, downhill towards a conifer forest **AHEAD** of you.

Keep to the grassed area, avoiding the rocks on the left of Leather Tor. Descend to reach a stone wall on the edge of the forest. Turn **LEFT** and keep the wall on your right as you make your way over stony ground (no discernable path). Look for an open gateway in the wall with two stone pillars. Pass through the gateway **(B)** and turn **LEFT** to pass over a way marked stile. From the stile bear half **LEFT** downhill, over a low broken wall and through the conifer trees.

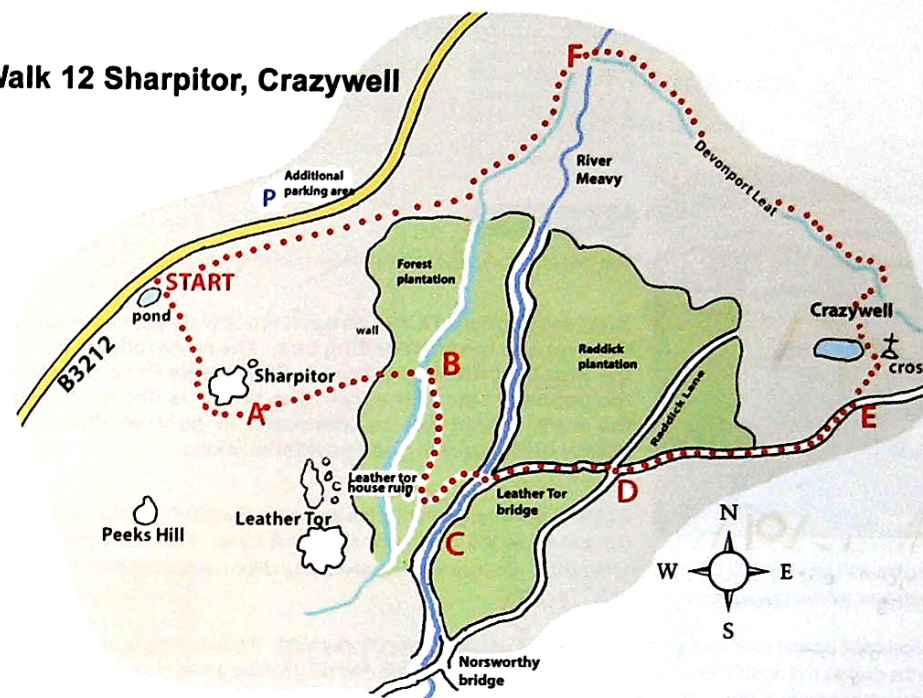
After 100 yards you reach the Devonport Leat. Cross over the granite bridge to reach a signpost and carry on **AHEAD** following the direction to Leather Tor Farm. The wide track bears around to the right and after 300 yards you reach the ruin of Leather Tor Farm (see notice board about the ruin). Continue **AHEAD**, over a stile by a gate, and turn **LEFT (C)** on to a wide track.

Follow the Public Bridleway sign to Older Bridge. Proceed down this track as it descends passing a potato cave on the left before reaching Leathertor Bridge (built 1870). Cross over the bridge and turn **LEFT** following public bridleway signed "Open moor". After 50 yards, where the track divides, take the right fork and continue along this track for 500 yards, ignoring tracks on the left. On reaching another finger post signed "Older bridge", continue for another 20 yards and, at a T junction, turn **LEFT (D)**.

Continue slightly uphill, along this broad track for 500 yards to pass through a broken gateway and out on to the open moor. Continue **AHEAD** for another 500 yards. Cross over a stream across the track, and turn immediately **LEFT (E)** up a rough track through some gorse bushes. Make towards a cross on the horizon. On reaching the cross (Crazy Well Cross or Clazy Well Cross!) look back to get some great views over the moor to Burrator and beyond.

Turn **LEFT** away from the cross and follow the track for 100 yards to reach Crazy Well Pool (grid ref.582705). From the Pool head uphill, North West, and after 150 yards you reach Devonport Leat. Turn **LEFT** and walk alongside the Leat on its right bank as it contours around Raddick Hill. After a mile of following the Leat, descend by some rocky cascades (care needed) to cross an aqueduct over the River Meavy. Turn **LEFT (F)** to walk alongside the Devonport Leat in a westerly

Walk 12 Sharpitor, Crazywell



See Page No. 57
for 'Points of Interest'
relating to this walk

direction. After 150 yards, opposite a tree on your right, you should spot a small ceramic Indian head mounted in the bank of the Leat (see points of interest). Continue along the leat for 400 yards and where it bends right and then left, strike off towards a row of pine trees to the south west.

Make for the extreme right-hand side of the trees. On reaching the corner, pass through a gap in the wall and head uphill along a track towards the main road (B3212). Turn **LEFT (G)** before the road and follow tracks that run parallel to the road, heading uphill for ½ mile to arrive back at the car park.



Crazywell cross

Postbridge, East Dart and Sandy Hole Pass

GRID REF: SX647788

GRADE: Medium

DISTANCE: 7 miles

MAP: OS Explorer OL28

TOILETS: Postbridge Car Park

DURATION: 4 hours

REFRESHMENTS: Post office and pub at Postbridge

START FROM:

The free public car park at Postbridge on the B3212

Brief description: This is an open moor walk with splendid views of the river and the surrounding tors. The route follows the course of the East Dart River upstream to Sandy Hole Pass, then returns on the opposite side of the river. The terrain is uneven in places and the walk should not be attempted in poor weather conditions except by those with good navigation skills.

START: Leave the car park at the top end, to the left of the toilet block. Turn **RIGHT** (A) and follow the clear track along Drift Lane. Follow the gently rising track,

keeping the wall on your right in a westerly direction. On reaching a stream by Braddon Lake, cross over and head uphill to the north-east following a narrow track (B).

As you proceed up and over the moorland, keep the East Dart River on your right. It is better to keep to the higher ground above the river as this avoids negotiating the rocky ground nearer the river banks. After a mile of steadily moving uphill you reach a high point which shows the East Dart River changing direction from north to west (C). Follow it round and drop down towards the river to join a wide track which takes you to a waterfall (D).

You can cross the river here with care but it should not be attempted after heavy rain (if you can't proceed, return the way you came). Assuming you have crossed the river, you can continue upstream from here for ½ mile to Sandy Hole Pass (E). The track is easy to follow by keeping the river on your left.

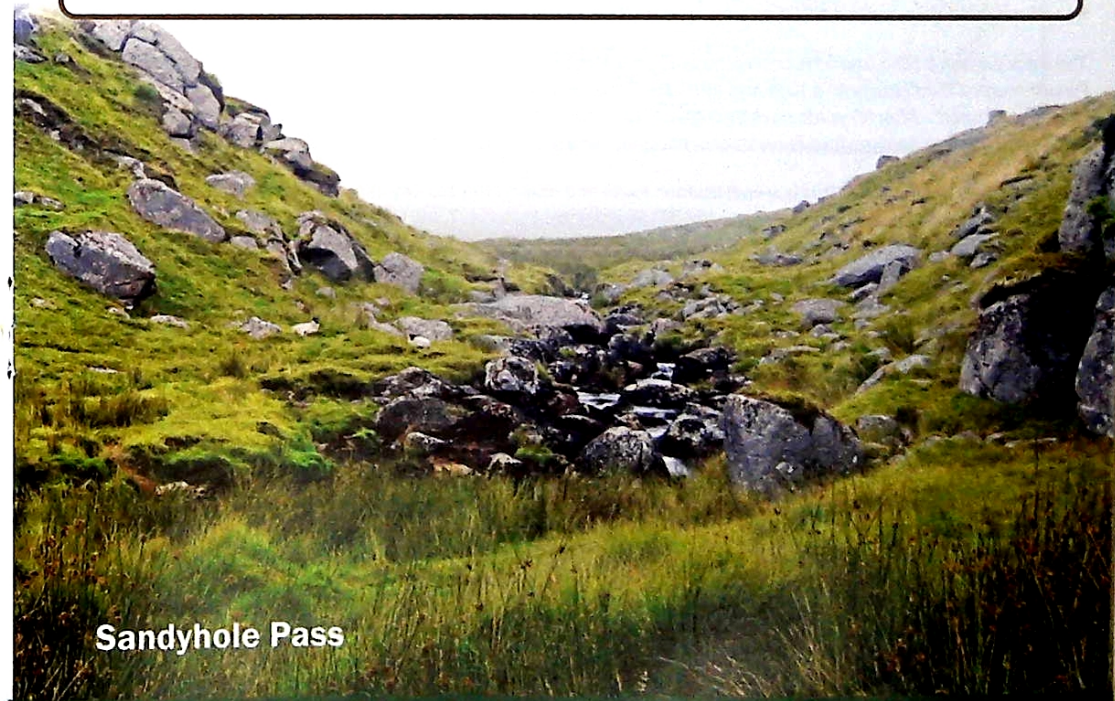
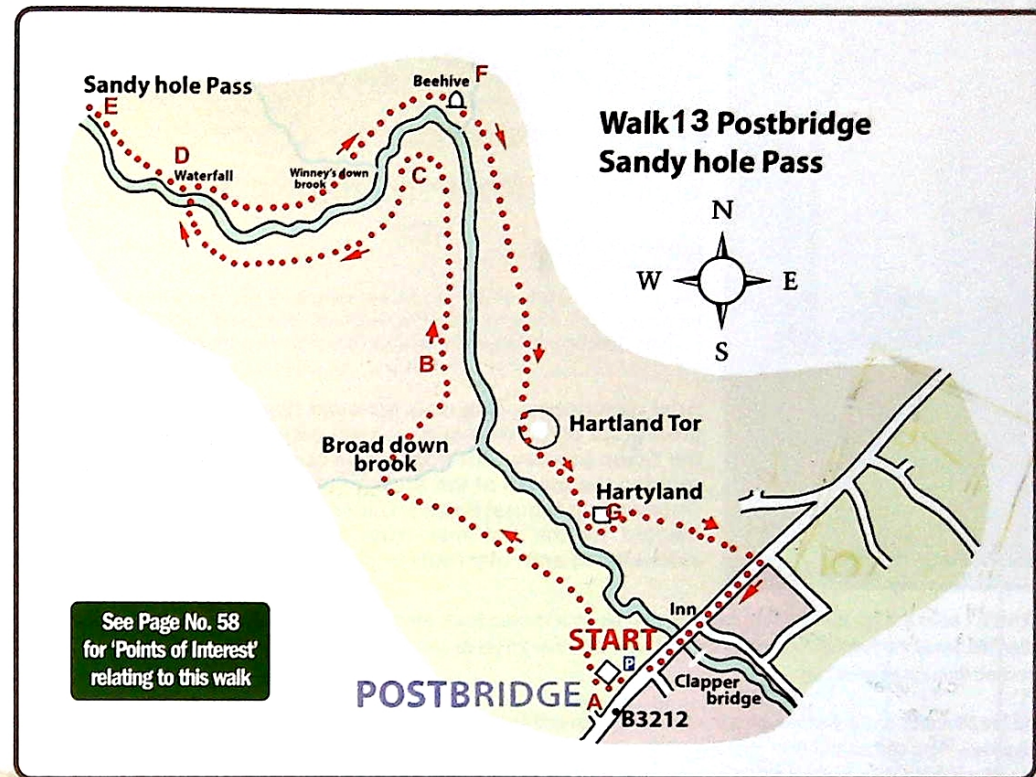
Sandy Hole Pass is a narrow valley through which the river flows from the marsh area beyond. This is the point where you turn around and retrace your steps back to the waterfall. Now follow a clear track, keeping the river on your right. After 300 yards head diagonally **LEFT** away from the river, steadily moving uphill. Head for the right hand edge of the forest on the distant hill.

At the ridge, look down to a stream (Winney's Down Brook) which runs down the valley into the East Dart River. On reaching the stream find a route across it and continue along the track to a gate in the wall (F). Continue on the track which runs parallel with the East Dart River. Cross over a stream (Ladehill Brook) passing near a structure called the Beehive Hut.

The route now undulates with the contours. Head for Hartland Tor, which runs gently uphill to the left of the main track. At the Tor look for a telegraph pole by a wide belt of conifers running to the edge of the river. Head for this pole which brings you back to the track which runs beside the river and Hartyland House. Just past the house, on the left, (G) a signed track runs off to the left, passing in front of the house. Continue **AHEAD** to reach a wall and follow the way-marked track **RIGHT** to reach the road by Postbridge. Turn **RIGHT** to cross the bridge and return to the car park.



Bean walking



Sandyhole Pass

Wembury, Clitters Wood, Coastal

GRID REF: SX528496	GRADE: Medium
DISTANCE: 5 miles	MAP: OS Explorer OL20
TOILETS: Wembury Beach	DURATION: 3 hours
REFRESHMENTS: Wembury Beach & Odd Wheel Pub, Wembury	

START FROM:

The public car park off Barton Close, Wembury. To reach the car park enter Wembury from Plymstock on the Knighton Road and turn left (just past the Primary School) into Mewstone Avenue. Then turn left into Barton Close.

Brief description: This walk includes fields, lanes, woods and the great vista of the Wembury coastal path from Wembury Church to the Yealm Estuary. The impressive views of the Mew Stone and the route to the mouth of the River Yealm, confirms this as an Area of Outstanding Natural Beauty. Clitters Wood is a relatively new route created by the National Trust, which provides an interesting extension to a circular route back to Wembury.



WEMBURY CHURCH

START: Leave the car park (A) by heading east along a tarmac track which runs to the left of the children's playground. After 100 yards the track bends to the left and after a further 25 yards turn **RIGHT** up some stone steps to cross a field and proceed through an allotment.

Exit the allotment and pass through a metal kissing gate and enter a field. Walk alongside a wall for 50 yards before heading diagonally right across the field passing under some telephone wires and continue ahead to reach a wooden gate (B). Pass through the gate and turn **LEFT** and immediately **RIGHT** following the signed footpath 29 Church and Beach.

The track passes a farm and runs behind houses on the right. Pass through two gates following the way marked route. Pass through a third gate onto a lane and turn **LEFT**, then immediately **RIGHT** following the signed PF to "Coast Path & Wembury Church". After 50 yards pass through a kissing gate and continue down the field towards the church. To visit the Church turn right, or carry on for a few yards to reach a kissing gate which leads onto the coastal path (C).

Turn **LEFT** and head uphill. This is a well trodden route and doesn't require detailed instructions. Continue in the same direction (east) with the sea on your right. You soon enter the National Trust, New Barton Farm Area and pass through several gates. After 1½ miles you pass through another gate to reach a house on the left, this is "Rocket House" (D).

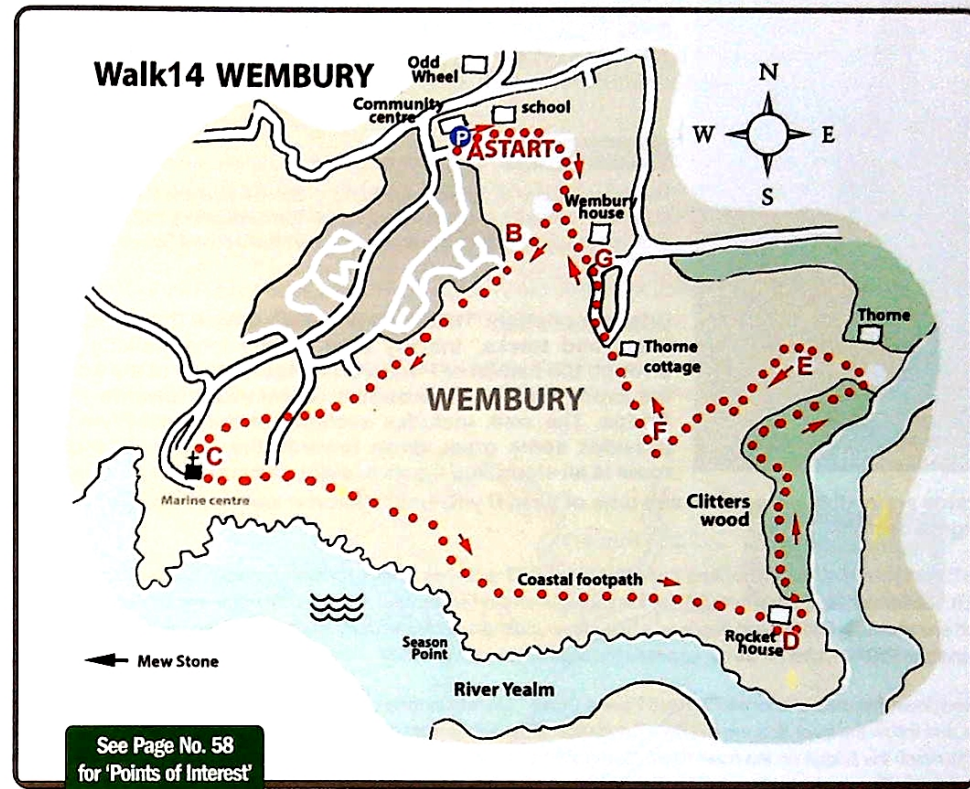
Pass the house and take the track on the **LEFT** signed "Clitters Wood Circular Path". After 200 yards, at a path junction, turn **LEFT** following the direction "Alternative Wembury Village Path via Clitters Wood 3½ miles". The track descends steeply through the woods passing through a kissing gate and a metal gateway, overlooking the Yealm Estuary. Where the track splits take the left fork, signed "Wembury Village 3 miles".

As you approach a stand of pine trees, with an arched gateway turn **LEFT** up a signed path "Wembury Village 2½ miles". Pass through two gates to enter a field and proceed uphill following the direction board. At the top of the hill turn **LEFT** at a wall (E) and follow the finger board sign to the end of the field.

Pass through two gates and turn **RIGHT** into a field. Follow the signed route as it swings left, around the edge of the field. At the end of the field pass through a gate and on to a broad track (F). Turn **RIGHT** following the sign "Wembury Village".

After 300 yards pass through a gate onto a lane and continue straight **AHEAD**. Pass "Thorn Cottage". When you reach a bend in the lane to the right, bear **LEFT** (G) up some stone steps and through a metal gate.

Follow the sign "PF 25 Knighton ½ mile". Keep to the wall on the right and at the end of the field you rejoin your outward route. Pass through a metal kissing gate and proceed **AHEAD** through the allotment and a field. Drop down some steps and turn **LEFT**. Follow this track back past the tennis courts and children's play area to get back to the car park.



MEWSTONE WEMBURY



Ermington, Penquit and the River Erme

GRID REF: SX637531

GRADE: Medium

DISTANCE: 6 miles

MAP: OS Explorer OL20

TOILETS: Local pubs

DURATION: 2-3 hours

REFRESHMENTS: Local pubs

START FROM:

The main square in Ermington. Parking can be restricted in this area so an alternative could be in Erme Park, just off Town Hill or in other side streets. The walk however, starts from the Square outside the Crooked Spire Public House.

Brief description: This is an interesting walk that includes lanes, fields and tracks; initially after a little lane walking you pass through the hamlet of Penquit. The second half of the walk follows the Erme River as it meanders downstream towards Secquer's Bridge. The walk includes sections of the Erme-Plym Trail and provides some great views towards the moors. Essentially the route is an elongated figure of eight and visits countryside and

riverside areas that are good at any time of year. If you want a shorter walk just cover either ends of the figure of eight.

START: With your back to the Crooked Spire Pub turn **LEFT** and pass along a footpath between houses towards the Parish Church. Cross the field, pass through the kissing gate and enter the church yard of St Peter and St Paul Church. At the church entrance turn **RIGHT** and descend some steps under an elaborate entry colonnade to the main road (A). Cross the road and turn **RIGHT**. After 50 yards, opposite the war memorial, turn **LEFT**.

Proceed down this road and turn **LEFT** into Fawns Close. On reaching the edge of the recreation field turn **RIGHT** through a gate and follow the track around the right hand side of the field passing the playgrounds. After 200 yards pass up some steps to reach the bridge on the main road. Turn **LEFT** over the bridge and then **LEFT** again following the road directions Penquit 1 mile Strode House ½ mile (B). Follow this lane slightly uphill for ¼ mile to pass West Strode junction.

Continue for 50 yards and turn **LEFT (C)** through a metal latched gate into a field. Proceed down the field keeping to the hedge on the right. After 250 yards pass through a metal latched gate (beside a metal gate) and bear off diagonally left across the next field, heading for a corrugated metal roofed barn.

Follow the track to the right of the barn and turn **LEFT** to pass through an old gateway. Cross into a small, walled enclosure (ignoring the gate on the right) and exit through gateway opposite. Turn immediately **RIGHT** through a metal latched gate into a field. Head diagonally right, down the field towards a way marked post in a gap in the hedge. On reaching the way marked post cross over a wide track (the track leads towards the privately owned "Thornham" with its splendid bridge over the River Erme).

Continue **AHEAD** into the next field. Keep to the hedge on the right. After 200 yards pass through a gateway and continue **AHEAD** for 250 yards to reach a metal gate with a pedestrian gate. Turn **RIGHT** on to a lane (good views to Western Beacon to the North). The lane bends to the right by road signs warning of cows and tractors, and climbs steadily to pass "Penquit House Farm". Proceed **AHEAD** passing Valley View and descend the lane passing Bowers Cottage.

The lane climbs out of the village to pass Barn Park. After 25 yards opposite Penquit Manor, turn **RIGHT** through a gate signed Public Footpath. Go straight across the field heading towards the far left-hand corner (you should be able to see the spire of Ermington Church straight ahead). After 300 yards cross two wooden stiles and turn **LEFT** heading diagonally left to the top left-hand corner of the field (passing under some power lines). Exit the field over a squeeze belly stile by a metal

gate. Turn **RIGHT** on to a road. You are now back on the road you came in by. Retrace your steps for ¼ mile. On reaching the main road (A3121), turn **LEFT**, and cross the road and take the way-marked track, turning **RIGHT** over a stone stile and down some wooden steps signed Erme-Plym Trail (D). The route initially follows alongside the River Erme downstream, through several gates.

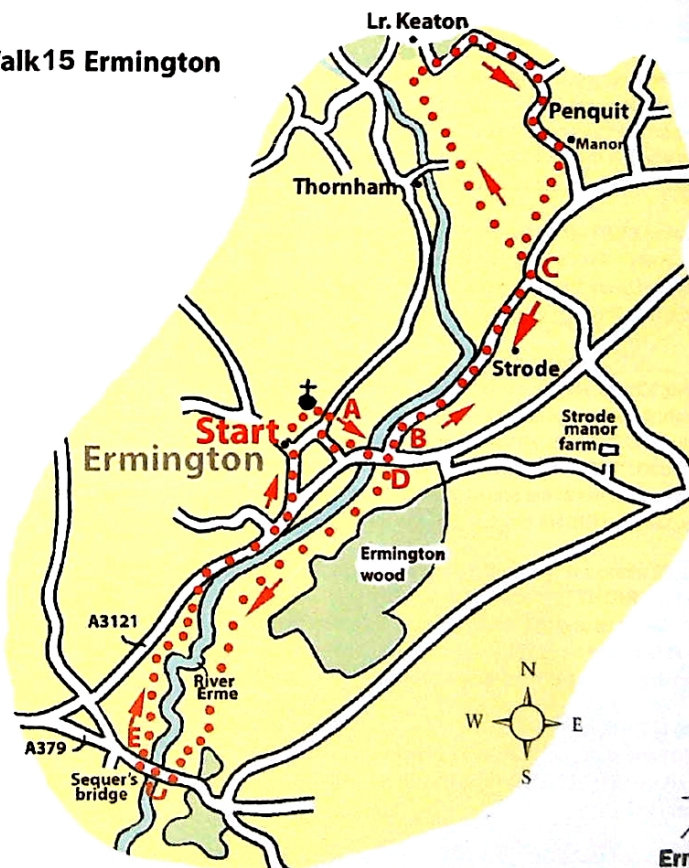
After 400 yards the track bears off slightly left away from the river. Continue along the track for ½ mile then bear off uphill towards a stand of fir trees. On reaching the trees cross a stile and pass through a metal gate and cross the next field following the PF sign and on through another kissing gate. From here bear half right aiming for the middle of a group of fir trees.

On reaching the trees pass through a kissing gate and follow the track through the trees, emerging via a kissing gate into a field. Follow the track as it contours the river. Cross over a concrete post bridge and follow the track to a metal kissing gate and exit by a stile, then on to Secquer's Bridge over a wooden stile (busy road!). Turn **RIGHT** to cross over the bridge and river and then **RIGHT** again, down some wooden steps and through a metal gate (E).

The route now follows the Public Footpath sign to Ermington ¼ mile. Follow the track upstream, alongside the river. Pass by some trees and two metal gates to pass a water treatment works.

Eventually, just before you run out of track it bears off to the left to reach the main road (A3121). Cross over a stile opposite Plantation House (F). Turn **RIGHT** and after 100 yards turn **LEFT** up Town Hill and back to the start.

Walk 15 Ermington



See Page No. 58
for 'Points of Interest'
relating to this walk



Saltram boundary walk

GRID REF: SX505544

GRADE: Easy

DISTANCE: 5 miles

MAP: OS Explorer OL20

TOILETS: Saltram

DURATION: 2-3 hours

REFRESHMENTS: Saltram

START FROM:

The free public car park at the start of The Ride opposite the Chelston Recycling Centre, Plymstock. To reach the Ride from Plymouth, leave Plymouth by the A379 towards Kingsbridge. After crossing the Laira bridge turn left following the sign to Chelston Meadow. Car park is 250 yards on the left.

Brief description: This walk is fairly easy and basically follows the boundary of the Saltram Estate. Despite being on the edge of a city the route is impressive and provides great views along the Plym Estuary and on higher ground views of Plymouth and Plymouth Sound. The walk initially runs beside the Plym Estuary and then follows tracks through woodland, lanes and fields to emerge close to Billacombe, before returning to the Ride

START: From the car park opposite the recycling centre follow the straight, tree lined track that runs alongside the Plym Estuary. After ½ mile at the end of the track bear **LEFT** past the beach area and continue ahead following the signed path "Riverside Walk". Continue along the broad track passing by the Saltram Amphitheatre with a folly on the right comprising of a triple arcade with masked heads against the rock face. Continue for another 200 yards then bear **LEFT (A)** down a short, steep track to cross over a causeway, which provides a barrier between the estuary and wetlands.

At the end of the causeway keep bearing **LEFT** along the track which exits onto a tarmac lane by a dog waste bin. Cross the lane following the sign "Boundary Walk". Proceed up the enclosed path on the edge of the woodland. After 300 yards ascend a long flight of wooden steps and pass through a gate and continue **AHEAD**, crossing an entry road to Saltram (Saltram House can be seen on the right, in the valley below). Continue **AHEAD** and after 250 yards the track becomes a tarmac lane.

50 yards before a gate across the lane, turn **RIGHT** to follow a track that bears **LEFT** running parallel with another tarmac lane (you can follow the lane if you wish, it comes out at the same place). After 400 yards, the track emerges at Stag Lodge gates. Pass through the gates and turn **RIGHT (B)**. Proceed along Colesdown Hill. Follow this lane for ¾ mile, passing through a vehicle barrier across the road. After 150 yards as you pass by some houses, look for a set of homemade, wooden steps on the right **(C)** (*please see notes at the end of these instructions). Climb these steps and enter a field and after 50 yards where the track divides, take the **RIGHT** fork towards the trees on the other side of the field.

Just before reaching the trees turn **LEFT** along a broad track and, after 150 yards, just before the track reaches the edge of the quarry, turn **LEFT** into a field and then **RIGHT** to follow the edge of the field on the right hand side. After 100 yards, turn **RIGHT** along a narrow track between the trees and into another field. Continue down the field keeping to the trees on the left. After 200 yards pass into the next field and head diagonally **RIGHT** to pick up the track in the right hand corner of the field. Pass into the next field and head diagonally **LEFT** to reach a track into another field.

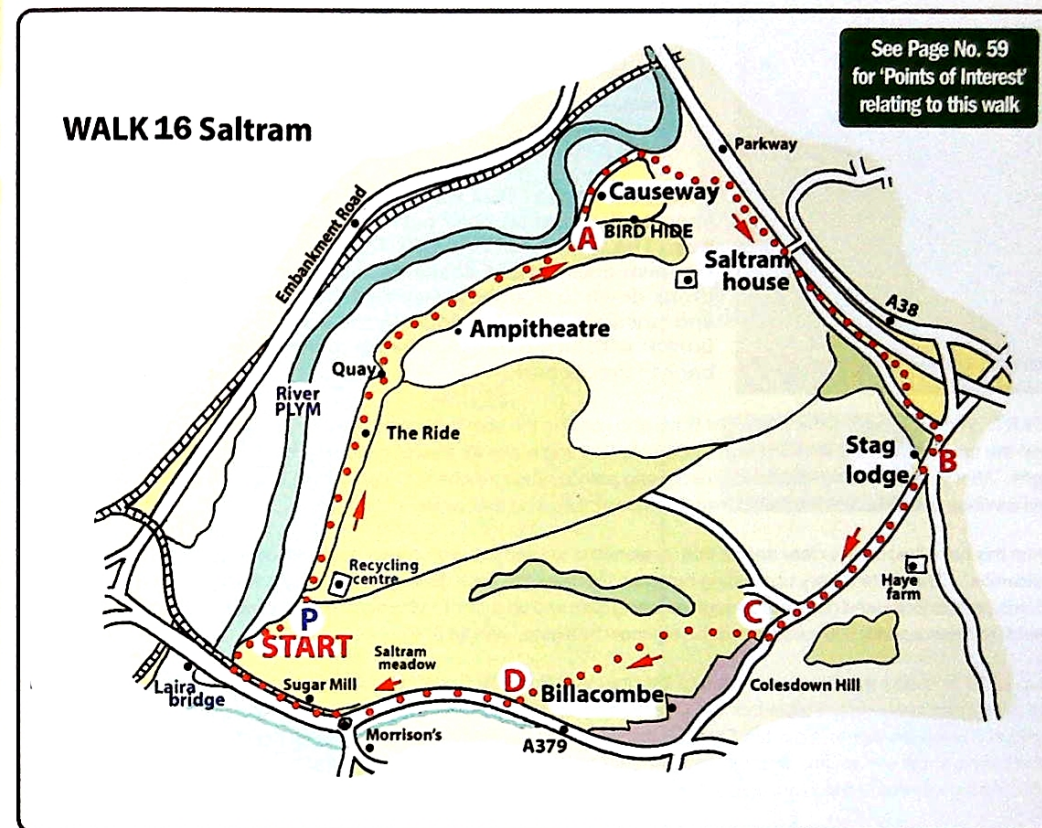
Turn **LEFT** to follow the route, keeping to the trees on your left hand side. This track descends and exits on to the main road at Billacombe (A379). Turn **RIGHT (D)** and proceed along the pavement and verge for 400 yards to reach the Billacombe traffic island (unfortunately at the time of writing, 2016, there is no way of avoiding this road). Continue ahead for a further 400 yards passing Sugar Mill Business Park.

Just before the Liara bridge turn **RIGHT** onto the road leading to the Ride. After 250 yards you are back at the start.

AMPITHEATRE, SALTRAM

***(C)** This part of the walk will, in time, change due to developers building houses on the fields ahead. It is hoped that the existing public paths will be protected but they may be diverted. At this point if there are no obvious route markers, it is best to follow the alternative route marked on the map (blue spots).

Continue **AHEAD** passing 3rd, 2nd and 1st avenue's off Colesdown Hill and join the main Road at Billacombe Island. Then turn **RIGHT** to join at the point where the two routes merge.



AMPITHEATRE, SALTRAM



"For goodness sake Terry, let go of the pasty!"

Bolberry Down, Bolt Head & East Soar

GRID REF:	SX689384	GRADE:	Medium
DISTANCE:	7 miles	MAP:	OS Explorer OL20
TOILETS:	Seasonal cafe and pubs	DURATION:	4 hours
REFRESHMENTS:	Local pubs / cafe		

START FROM:

The National Trust car park at Bolberry Down, close to the Port Light Hotel. The car park can be reached by following the signs from the A381 at Marlborough.

Brief description: This walk is an undulating journey along the spectacular coastal path between Bolberry Down and Starehole Bay. The route follows cliff tops and grassland with several steepish ascents and descents. After visiting Bolt Head the track drops down to Starehole Bay and then heads inland along tracks and lanes. On the return journey the walk passes by an old wartime bunker with an airfield, then heads along fields and an ancient lane back to the car park.

START: With your back to the Port Light Hotel and keeping the sea on your right, leave the car park and head south east onto the coastal footpath. Pass a sign at Cathole Cliff and make for the rocky outcrop ahead following the way marked signs. After ½ mile the track drops down a zig-zag path to reach a wooden bridge at Soar Mill Cove (A). Cross the bridge and continue upwards onto the area called the Warren, following the coastal footpath signs.

From this point the route is clear and all that is needed is to keep the sea on your right and follow the signs to "Bolt Head & Salcombe". The route is very undulating but after 1¼ miles the track descends to the right through a valley to reach the access point to Bolt Head (which is through a kissing gate and up a path on the right) (B). Follow the coastal path around to the left and descend for 500 yards to reach a signpost by a gate, marked Starehole.

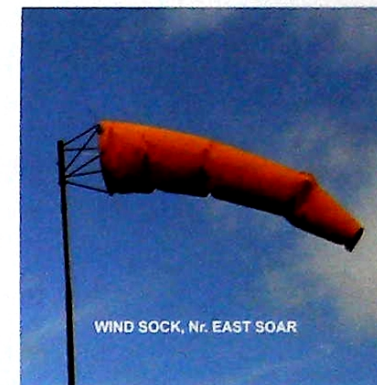
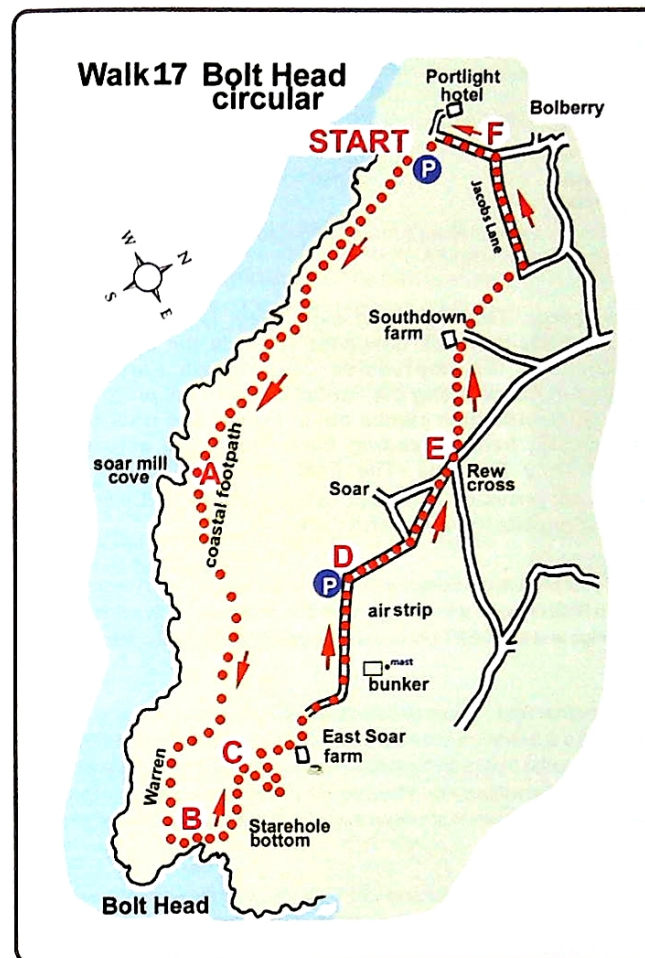
Turn **LEFT** following the direction to "Sharp Tor (top) and Soar Mill Cove" (the sign also shows East Soar & a cup of tea which sounds promising!). Follow this track (called Starehole Bottom) uphill to the top of the valley. Pass through a gate by a stile and follow the sign to "Soar Mill Cove 2½ miles". Cross the field to the right hand corner and go through another gate, pass over a small stream and through another gate passing by an old barn. Head uphill for 30 yards and turn **RIGHT** following the way marked sign and through a gate (C).

Turn immediately **LEFT** to follow a narrow track uphill keeping to the hedge on your left. Go through a W/M gate into a field and after 100 yards exit the field by another gate into a farm yard at "East Soar Farm". On the left is the Walkers Hut (a large barn) and where a cup of tea, etc. can be obtained (seasonal). Continue past the farm buildings on a gravel track and after 250 yards the track bears left to run alongside an airfield and a nuclear concrete bunker with a distinctive mast. The wind sock is also a dead giveaway. Continue on this track to reach East Soar car park (National Trust). Turn **RIGHT** (D) onto a tarmac lane signed Marlborough 3 miles.

Continue along this lane (ignoring the lane on the left) and after ½ mile and at a T junction turn **RIGHT**. Continue along this road for 100 yards and at Rew Cross turn **LEFT** (E) up some wooden steps, following the public footpath sign. Cross the field diagonally **RIGHT** and continue straight across the next field. Head west, towards the distant radio mast. The track soon reaches some farm buildings (Southdown Farm). At this point where the track bends right, following the edge of the field, continue straight **AHEAD** through a narrow track and over a stone stile.

Cross a tarmac lane and pass into the next field still following the Public Footpath sign. The track bears left past a barn and through a W/M gate. Turn **LEFT** and then **RIGHT** still following the PF signs into a field. Keep to the hedge on your left. At the end of the field turn **LEFT** into the signed Jacobs Lane.

Continue on this enclosed hedge-lined, track for ½ mile. The track exits onto a lane. Turn **LEFT** (F) along the lane and head for the radio mast by the Port Light Hotel. After 300 yards you pass over a cattle grid and turn **LEFT** to reach the Bolberry Down car park.



WIND SOCK, Nr. EAST SOAR

See Page No. 59
for 'Points of Interest'
relating to this walk



SOAR MILL COVE

Saltash, Churchtown NR, Trematon and Antony Passage

GRID REF: SX421581

GRADE: Medium

DISTANCE: 7 miles

MAP: OS Explorer OL108

TOILETS: None on route

DURATION: 3 hours

REFRESHMENTS: Local pubs

START FROM:

Roadside parking in Wearde Road and adjoining road leading towards Saltash.net Comprehensive School PL12 4BA.

Brief description: This figure of eight walk is full of pleasant surprises. Initially the walk descends towards the Lynher River passing through the impressive Churchtown Farm Nature Reserve. It then heads along the Forder Creek to the pretty hamlet of Forder. The route then climbs out of Forder and runs close to Trematon Castle before heading back along the estuary and through Antony Passage. The final stage is a climb up St

Stephens Hill and back to the start. The walk provides excellent estuary views and interesting snippets of history. Although there are a few steep bits it's well worth the effort.

START: From the entrance road to the school. With your back to the school walk down to the junction with Wearde Road. Turn **LEFT** down Wearde Road. After 400 yards turn **RIGHT** down a track signed (Public Bridleway) "Churchtown Farm Nature Reserve". After 200 yards cross over a rail bridge and turn **LEFT (A)** down some steps to follow the sweeping track that runs alongside the Lynher River.

At the bottom of the field duck under a fallen tree into another field. Ignore all paths that lead to the foreshore and continue following the track along the edge of the estuary. Pass a bench on your left and continue **AHEAD** towards Trematon Castle. Pass through a narrow gap in the hedge with concrete blocks on the path (these blocks were made as anchors for barrage balloons in the last war). Continue straight **AHEAD** (middle path). Head downhill towards a signpost. At the sign, descend into the trees and pass over a stream, then ascend on a path that follows the edge of the estuary. The rail line is on the right.

Pass over some steps under the viaduct. Pass through a kissing gate and bear **LEFT** still following the edge of the estuary. Pass through another kissing gate on the edge of the woods, down a set of steps with hand rail, then another set and bear **RIGHT**. Continue along the estuary, passing by Lowhill Quarry. After 50 yards exit onto the edge of the estuary and walk along the shore edge to reach the village of Forder. At the road junction turn **RIGHT** and after 75 yards turn **LEFT (B)** along a signed Public Bridleway (Scannell Close).

After 50 yards, take the signed footpath on the **LEFT**. This track climbs steeply alongside a wall on the left. The track levels out by a farm (Tor House). Continue **AHEAD** for 50 yards and then fork **LEFT** following the W/M arrows. After 200 yards exit the track by Honeysuckle Farm. Continue **AHEAD** along a gravel track to reach a T junction. Turn **RIGHT** down a lane. After 150 yards turn **LEFT** along a signed Public bridleway. After 400 yards, look out for a W/M stile on the right but turn **LEFT (C)** through a metal gate into a field.

Head for the top right hand corner of the field and pass by some trees and go over a wooden stile. Follow the track over two more fields and over stiles, keeping to the hedge on the left. Cross over a concrete stile into the 4th field and head across the middle of the field to a metal gate. Pass through the gate and turn **LEFT** along a lane. Pass by Burrell Cottages and follow the road sign to Trehan and Trematon Castle. Along this road you pass two lanes on the right, Trehan Cross is at the junction of the second lane.

After ¼ mile the lane passes the entrance to Trematon Castle. Just where the lane bends to the left, take the Public Footpath track on the **RIGHT** by the Old Butlers Cottage (D). Cross two concrete stiles and head directly towards a W/M post in the middle of the field. From this position a great view is captured of Forder Viaduct and the River Lynher. On reaching the post turn **RIGHT** and head uphill towards another W/M post. At the brow of the hill pass through a metal kissing gate and continue **AHEAD** past a granite post and head downhill to another W/M post and over a stile into an enclosed track. Cross over a railway bridge and at a lane T junction turn **RIGHT**. Walk up the lane and after 50 yards turn **LEFT** over a W/M stile by a metal gate. Follow this enclosed, fenced track across the field. At the bottom of the field pass through a kissing gate and over a stile. Proceed down some steps and through a tunnel (underneath the old Brunel rail line). Now follow the track through the edge of the woods alongside the Lynher River. After 250 yards descend some steps, to reach the harbour at Antony Passage (E).

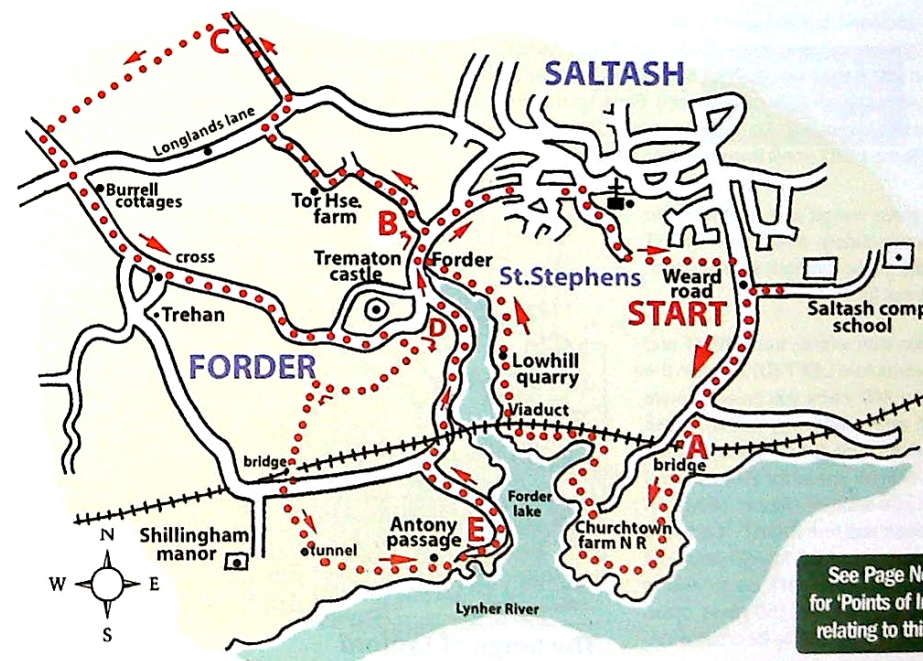
Follow the road around the village past the Old Mill. At a T junction turn **RIGHT** and pass under the Forder Viaduct. Continue **AHEAD** into Forder Village. Pass the end of the estuary (where you came in earlier) and just past St Hillary take the **RIGHT** fork in the road signed St. Stephens Hill. Climb up this steep hill for 250 yards and just beyond the Cecil Arms pub turn **RIGHT** along Farm Lane, passing Hobbs Cross.

At the end of the lane pass through a kissing gate into Churchtown Nature Reserve and turn **LEFT** to follow the track across the next two fields to exit through a wooden kissing gate into Wearde Road. Turn **RIGHT** and after 50 yards turn **LEFT**, back to the start.



Forder viaduct

Walk18 Saltash



See Page No. 59
for 'Points of Interest'
relating to this walk

Lydford, West Devon Way and Granite Way

GRID REF:	SX510847	GRADE:	Medium
DISTANCE:	7½ miles	MAP:	OS Explorer OL113
TOILETS:	Lydford car park (seasonal)	DURATION:	3-4 hours
REFRESHMENTS:	Local pubs		

START FROM:

The free public car park in the centre of Lydford (opp. Castle Inn pub.) To reach Lydford follow A 386 towards Okehampton. Turn left for Lydford at Dartmoor Inn.

Brief description: This walk is easy going and fairly flat throughout but it can be muddy in the winter. Initially the route follows the West Devon Way as far as the Lake Viaduct and then returns along part of the Granite Way. There are some splendid views of Sourton Tor, Great Nodden and Wiggy Cross on Brat Tor. One stile.

START: From the car park entrance turn **LEFT** and cross the road. (passing in front of the Castle Inn) and turn immediately **RIGHT**, along the track between the pub and the castle (A). Follow this track passing a rill and an information notice board marking Lydford's ancient spring.

Continue for 100 yards to reach a T junction and turn left passing Sidleys Farm and continue along an enclosed track. On reaching a T junction bear **RIGHT** up to a road and turn **LEFT**. After 200 yards, turn **RIGHT** by Public Byway sign. After 500 yards, you reach a lane (B). Go straight across, following the Public Byway, signed West Devon Way and passing Bolt's house on the right.

Follow the enclosed, sunken lane for 400 yards. At a T junction turn **RIGHT** signed Public Way (WDW). Continue **AHEAD**, through a gate, to cross a stone footbridge over a stream. Bear **LEFT**, up a broad track. Keep **AHEAD** as the track ascends on to the open moor. After 500 yards pass through a metal gate and turn **LEFT** (C), away from the public byway. After 400 yards, pass Higher Fernworthy Farm on the right and turn **RIGHT** (the house on the left is Fernworthy House, believed to be Saxon 800AD). Continue for 400 yards, to reach some farm buildings and turn **RIGHT**. Where the track splits bear to the **LEFT** uphill towards some trees.

After 200 yards merge with a lane on the left and immediately after, turn **RIGHT** following the public footpath sign along an enclosed track for 400 yards.

At a junction with a lane, turn **RIGHT** and after 200 yards turn **LEFT** (D) to rejoin the WDW. After 400 yards you pass a house on the left and a little way further, cross over the Cranford Brook via a clapper bridge. Continue ahead for 20 yards and when you see another clapper bridge on the left cross it and turn **RIGHT**. Continue along this enclosed track for 400 yards. At the T junction turn **RIGHT** on to a lane (cycle route 27) and after 150 yards cross the main road (A386) (E) by Bearslake Inn. Proceed ahead.



The siege of Lydford

LYDFORD CHURCH



Cross a wooden bridge and continue to pass under Lake Viaduct and turn **RIGHT** through a wooden gate. Proceed uphill to reach the top of the viaduct.

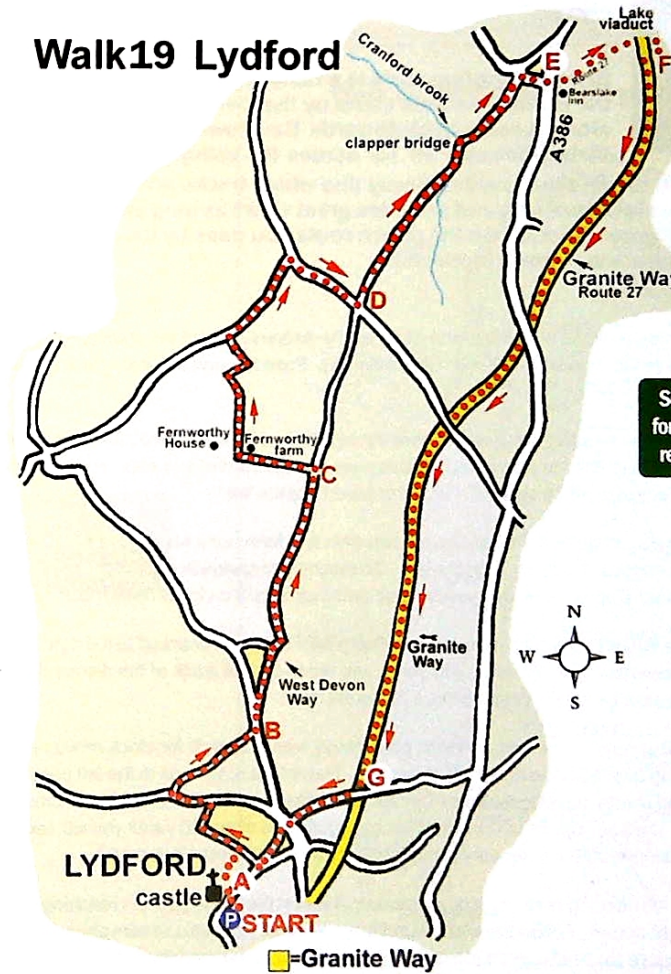
Do not cross over the viaduct but turn **LEFT** signed "Lydford & Plymouth" (you are now on the track bed of the Dartmoor Railway, Granite Way - route 27 on the National cycle route) (F).

After 3 miles along this track follow the slip road up to the main road and turn **RIGHT** (G) into Lydford, passing Lydford Primary School and the memorial cross to arrive back at the car park.



Lake viaduct

Walk 19 Lydford



See Pages 59 & 60 for 'Points of Interest' relating to this walk

Walkham Valley, Kings Tor and Merrivale Stone Rows

GRID REF: SX550751

GRADE: Medium

DISTANCE: 6 miles

MAP: OS Explorer OL28

TOILETS: Local pubs

DURATION: 3-4 hours

REFRESHMENTS: Local pubs

START FROM:

Parking area just beyond the Dartmoor Inn, Merrivale, on the B3357 from Tavistock. To reach the parking area leave Tavistock on the B3357 towards Princetown. After 4 miles look for the Dartmoor Inn on the left. If there is no room in this parking area, there is another parking space 200 yards beyond the bridge on the right.

Brief description: This is a fairly easy walk and is level for most of the route. The walk starts by the River Walkham and heads south, along a wide track towards Davytown, providing great views of Vixen Tor and Pew Tor across the valley. After a couple of miles

you head up on to moorland to join the disused railway line which tracks around Swell Tor Quarry and Kings Tor. All of this area is flat walking and provides great views as long as the weather is kind. Care should be taken in misty conditions. On the return route you pass by the ancient bronze age stone rows at Merrivale which are well worth inspection.

START: From the parking area cross over the old bridge and climb up the embankment to the main road. Cross the road and take the track alongside Hillside Cottage signed Public Bridleway (A). Pass through a metal gate and follow the wide track heading south.

As you proceed **AHEAD**, Vixen Tor can be seen to the west. Pass through two gates at a farmstead and then pass another gate along a grassy track. The route is easy to follow and passes over a small stream and soon enters a wooded area. This is by Hucken Tor and has a touch of mystery about it. Habitat of pixies and the like!

You soon pass through three compound gates to reach Daveytown (this is a farm not a hamlet). Beyond here the track becomes a tarmac lane and soon passes Withill Farm on the left. On reaching crossroads at Criptor Cross (B), turn **LEFT** (east) uphill following the directions to Criptor. After 400 yards cross over a cattle grid on to the open moor.

At this point take the track off to the **RIGHT** (C) which goes towards Ingra Tor. The track bears off to the right and just before reaching a gate strike off **LEFT** towards Ingra Tor. After 200 yards you reach the rail track of the dismantled Princetown branch line. Turn **LEFT** along this track (east) (D) passing Ingra Tor on the right.

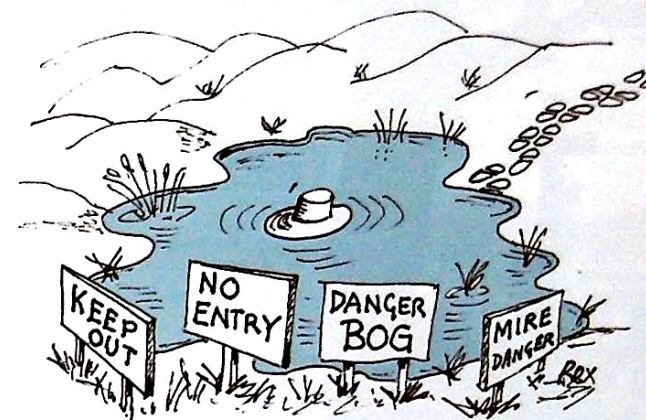
After ¼ mile you pass under a substantial stone bridge which surprisingly was only built for stock movement. Continue **AHEAD** along the rail track passing over a bridge and through a gully. The rail track sweeps to the left (west) passing the ruin of Yes Tor Farm on the left and shortly passing by Swell Tor Quarry on the right. Continue **AHEAD**, crossing a bridge alongside Kings Tor on the right. The track bends to the right through a gully and after 200 yards you will see Yellowmead Farm come into view on the lower slopes of North Hessary Tor (the hill with the communications mast).

At this point look for a track on the left heading north-east down towards a wall in the valley (E). On reaching the wall, follow it to the **RIGHT** until you reach a wall corner. Follow the wall around to the left until you see a stream ahead. Find a suitable spot to cross the stream and then look for a tall upright stone (Menhir) to the west. On reaching the Menhir head east (F) towards another standing stone 250 yards (this stone has markings T and A either side of it, standing for Tavistock

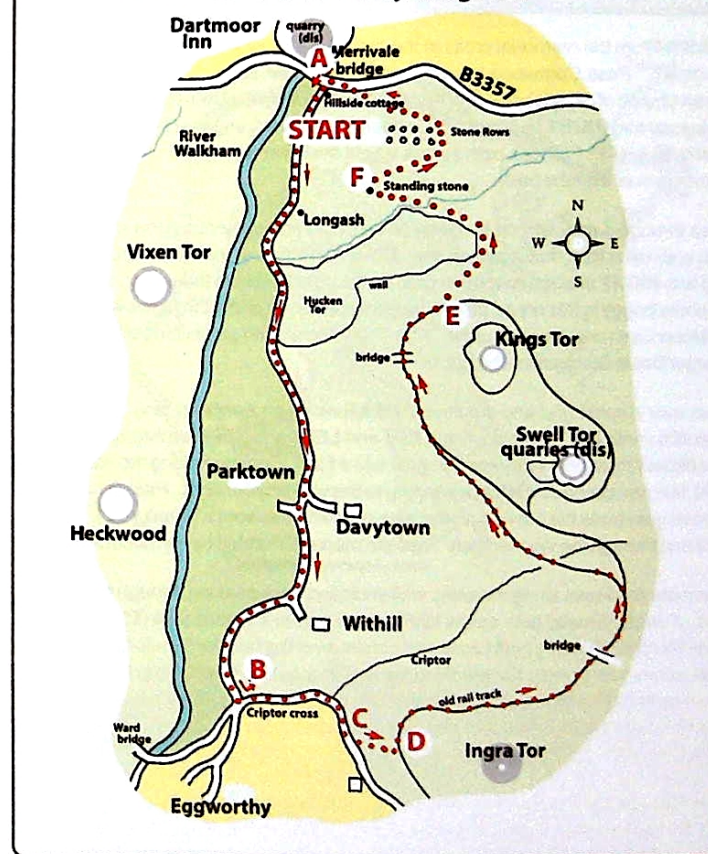
and Ashburton, being an ancient route marker). From this stone turn **LEFT** (north-west) and head for the quarry face of the Merrivale Quarry below Staple Tor.

As you head downhill towards the main road (B3357) you will pass the double Merrivale Stone Row. Continue in the same direction until you reach the road and turn **LEFT**.

Follow the road downhill to reach the Walkham Bridge where you started.



Walk 20 Walkham valley, kings Tor



See Page No. 60
for 'Points of Interest'
relating to this walk

Cornwood, Harford, Tristis Rock

GRID REF: SX606597

GRADE: Medium

DISTANCE: 5½ or 7½ miles

MAP: OS Explorer OL28

TOILETS: Fore Street Cornwood

DURATION: 3-4 hours

REFRESHMENTS: Local pubs

START FROM:

Local side street parking in the vicinity of Fore Street, Cornwood Village.

Brief description: This is a pleasant walk full of great views. The route initially follows lanes and tracks skirting the West and North of Hanger Down and then heads towards the village of Harford. For the extended walk there is a 2 mile diversion to visit the little known Tor of Tristis Rock from where there are great views of Hangershell Rock and Ugborough Moor. The route then heads back over Hanger Down, passing through the hamlets of Whingreen and Uppaton and returning to Cornwood.

START: From the memorial cross in the centre of Cornwood, cross the main road following the sign to Luton, Sparkwell, Comtown. Pass Cornwood Inn on your left and after 100 yards turn **LEFT** along the road signed to Venton. Pass the parish church of St. Michaels and All Angels on your right. After 100 yards turn **LEFT** down a lane. At a T junction with the main road turn **RIGHT** by Langham Cottage Cross over Langham Bridge and take the Public Footpath on the left through a kissing gate (A). Follow a path across a field and over a stile and on to a tarmac driveway. Cross the drive and follow the path sign over the next field.

Pass through a gate and on to a lane (wide track) and up some stone steps into a field. Head **HALF-RIGHT** past a large tree and make for a metal gate at the top-left hand side of the field. Keep the hedge on the right and proceed up the field and turn **RIGHT** through a wooden gate on the right. Keep to the wall on the left to cross the field to a stile. Cross over (can be pretty boggy in this area), pass through a spinney and exit through a wooden gate to a tarmac lane. Turn **LEFT** passing by Moon Farm and proceed uphill. At a T junction signed public footpath to Hall Cross 1½ miles, turn **LEFT** (B) to pass by Hanger Down Cottages on the right.

Pass over a cattle grid and continue **AHEAD** along an enclosed lane. The lane becomes a rough concrete surface and after 400 yards at a T junction, turn **LEFT** and **LEFT** again to pass through a metal gate signed footpath. After a few yards turn **RIGHT** through a W/M wooden gate into a field. Continue along the right hand side of the field. At the end cross over a W/M stile and continue **AHEAD**, keeping to the wall on your right. Pass through a W/M gate and cross a lane to go through a metal gate (note the carving on the gate post with the words 'Thank you'). Cross over the field to a W/M stile and cross a lane and through the wooden gate opposite marked "Funded by Plymouth Ramblers 2014".

The route continues along the wide, wall enclosed track passing through two gates before exiting through a third gate into a field. Pass by a metal gate on the **LEFT** and out on to a tarmac lane (C). Turn **RIGHT** along the lane heading for Harford. After 100 yards pass by Hall Cross and continue on the lane for ½ mile (an extension to the route can be followed here, see instructions over in red). On reaching the entrance to Hall Farm on the left, turn **RIGHT** (D) and proceed through a gate and down an enclosed farm track. At a gate pass through and cross over a stream via a stone bridge, alongside a wall (this can flood in winter but is passable). Follow the wall as it bears to the left then follow the route marker direction sign across the field.

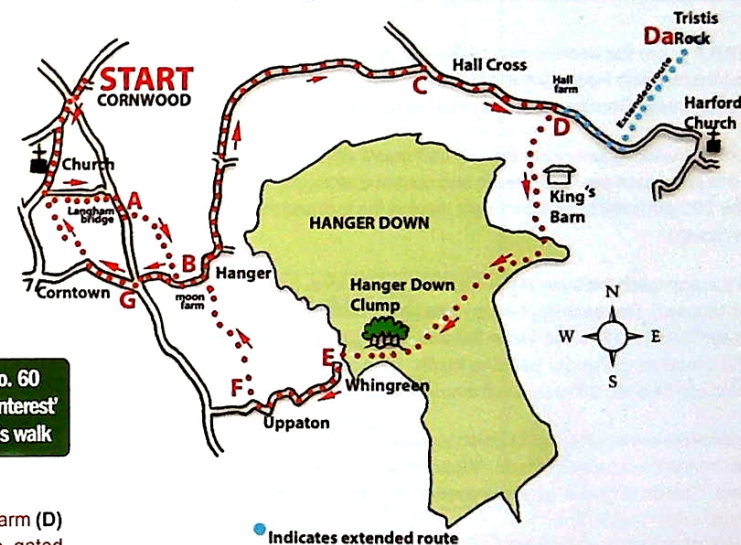
Pass through a signposted gateway into another field and continue along the left hand side of the field. After 250 yards turn **LEFT** through a gate signed by a finger board path sign and follow the track down through woods. After 150 yards at a path junction turn **RIGHT** through a signed gate and continue **AHEAD**. After 15 yards at a Y junction in the track take the right fork. Cross over two small streams and proceed ahead. Just before reaching a signed gate turn **RIGHT** uphill along

an indistinct track, keeping parallel with the wall on the left. After 300 yards, cross a W/M stile and on to Hanger Down (this track can be closed at certain autumn and winter periods during the shooting season - phone Dartmoor National Parks to check on 01626 832093). Head west, towards the large clump of trees on the horizon (Hanger Clump). After ½ mile pass to the left side of the "Clump". Descend the hill and head West aiming for the left side of a stand of pine trees and after 200 yards you reach a metal gate at a wall corner. Turn **LEFT** alongside the wall to reach another metal gate. Turn **RIGHT** (E) through the gate following the way marked bridle path down a wide track and lane passing Coach House and then Whingreen Hall on the right.

After a further 200 yards upon passing Uppaton Farm turn **RIGHT** following the finger board sign to Moor Cross ½ mile (F) (this sign can easily be missed). Pass through a gate into a field and take the wide track on the left of the field (in winter this track floods, so take the field on the right of the lane which runs parallel to the track). After 200 yards cross a small stream and continue **AHEAD** following the W/M sign. Keep the fence on your left and after 200 yards pass through a W/M gate and then immediately **LEFT** through another gate. Turn **RIGHT** following the path sign and keeping the hedge on your right, head for the bottom left hand corner of the field and pass through a gap in the wall. Bear **RIGHT** keeping the fence on your left to pass through a gate on to a lane. Turn **LEFT** down this lane (access lane to Hanger House). At the next road junction, turn **LEFT** and continue along this lane to reach the main road (by Coriander Cottage). Turn **LEFT**, cross the road and turn **RIGHT** at Moor Cross (G) following the sign to Comtown ¼ mile. Follow this lane past Slade Mill Cottage and turn **RIGHT** down a wide enclosed track (can be muddy).

After 150 yards at a fork in the track take the left fork and proceed uphill to reach a road. Turn **LEFT** and on reaching a T junction turn **RIGHT**. After 150 yards pass by the Parish Church (which you passed on the way out) on the left and, at the next junction, turn **RIGHT** to arrive back at Cornwood Village Centre.

WALK 21 CORNWOOD



See Page No. 60 for 'Points of Interest' relating to this walk

Extension: Continue past Hall Farm (D) and after 400 yards look for a gated entrance on the **LEFT**, (identified by a single granite step by the gate). Pass through the gate and proceed up a grassy track heading north-east. Pass through a gateway and join a wall on your left. Continue uphill and through another gateway and then on to the open moor. 250 yards ahead is the distinctive Tristis Rock (good views) (Da). From this point retrace your steps back to Hall Farm and follow the main route.



Pew Tor, Vixen Tor Circular

GRID REF:	SX530751	GRADE:	Easy
DISTANCE:	4½ miles	MAP:	OS Explorer OL28
TOILETS:	None on route	DURATION:	2-3 hours
REFRESHMENTS:	Local pubs		

START FROM:

Pork Hill Car Park opposite Cox Tor, Whitchurch Common. To reach the car park take the B3357 from Tavistock and after 4 miles the car park can be found on the right, at the top of the hill. A viewing plaque can be found at the west end of the car park.

Brief description: Although this walk is short, it packs in some impressive moorland scenery. The route is fairly level throughout except for a short climb to Pew Tor. Views across the Walkham Valley and Whitchurch Common make this one of the best for seeing a wide range of Tors on the southern moor. The walk initially heads east to join a leat and then heads south to Pew Tor, returning via Vixen Tor.

START: From the eastern end of the car park (A), follow a grassy track out of the car park, heading east, towards the prominent, North Hessary mast at Princetown. The track runs parallel with the B3357 and after 300 yards it merges with a broader track. Continue in the same direction for a further 400 yards to reach a leat (water course) on your left.

Continue walking alongside the leat as it bears off to the right (south). After 500 yards you reach a cross (Windy Post) (B). At this point pass over the stream and continue along the track running alongside the leat, still keeping the leat on your left. After 200 yards the track bears right leaving the leat and the prominent Pew Tor appears ahead. Head directly towards the Tor (south).

As you approach the base of the Tor, the track divides, now take the LEFT fork. There are several paths up to the top so any can be used. On reaching the top, take time from this elevated position to view the array of Tors all around. Cox Tor, Great Staple Tor, Great Mis Tor, Vixen Tor and Kings Tor and many others can be seen on a clear day (C). Leave Pew Tor by a path descending steeply, heading south. The best way to find your direction is to head directly towards Pew Tor Cottage which can be seen 300 yards to the south-east.

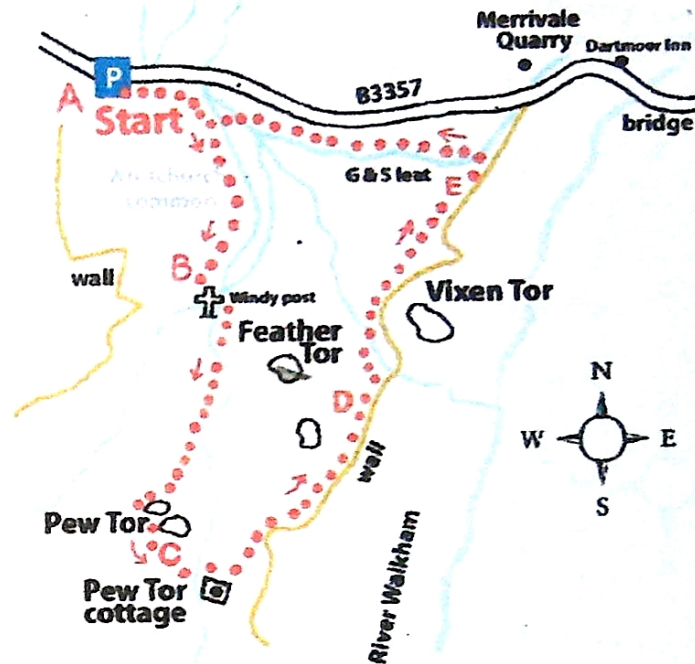
Again there are several tracks down towards Pew Tor Cottage and any can be used. On reaching the cottage continue past it along the broad access track. Where the track bends sharply to the right, turn LEFT along a wide grassy track heading north. This track becomes a rocky vehicular track (D). The track bears half-right to converge with a wall on the right.

Continue in the same direction following the track and the wall for the ½ mile. On the way you will pass Heckwood Tor on the left with the remains of dressed granite lying alongside the track. Shortly you will see Vixen Tor ahead. This Tor is the highest outcrop of granite on Dartmoor and also the dwelling of Vixana the witch. Proceed down into the valley following the track and wall. On reaching a stream, find a suitable crossing point. It can be quite boggy at this point so cross over the stream well away from the wall.

After crossing the stream rejoin the track by stepping over a leat and follow the track running parallel with the wall. Pass by Vixen Tor on the right. On reaching a wall corner continue AHEAD as the track bears half-right still following the wall. After ½ mile you reach a leat on the left of the track (Grimstone and Sortridge Leat).

Turn LEFT (E) and follow the leat heading east. The leat runs for ½ mile parallel to the B3357. Where the leat turns sharply to the left, continue AHEAD to join a track that takes you back to the car park.

Walk 22 Pew Tor and Vixen Tor



CORRECTIONS TO INSTRUCTIONS FOR WALK 22.
Please note that errors occurred on the map directions which have been amended on the map above. Also, in the text at direction E it should read....follow the leat heading west.

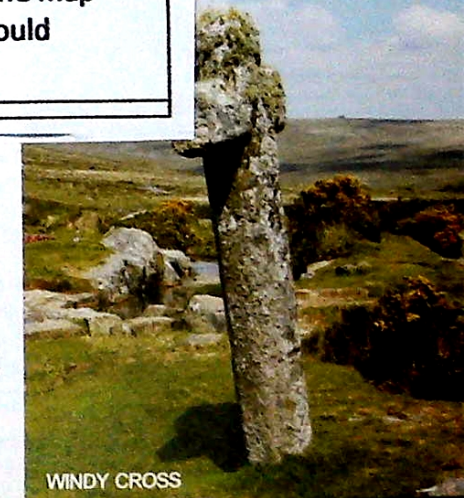
Pages 60 & 61
Points of Interest
ing to this walk



PEW TOR LOOKING AT PEW TOR COTTAGE



Dressed stone Heckwood tor



WINDY CROSS

South Brent, Ball Gate, Shipley Bridge and the Avon Valley

GRID REF:	SX698604	GRADE:	Medium
DISTANCE:	6 miles	MAP:	OS Explorer OL28
TOILETS:	S. Brent & Shipley Bridge	DURATION:	3-4 hours
REFRESHMENTS:	Local pubs		

START FROM:

The free public car park at the South Brent Railway Station. To reach the car park from the A38 take the Plymouth Road into South Brent. Turn left, signed village centre. Turn right into Station Road and then left into the Station Car Park.

Brief description: This walk has a combination of moorland walking and pleasant riverside tracks. Initially, the route runs upstream, along the edge of the River Avon then proceeds steadily uphill onto the open moor. At the distinctive Ball Gate the walk heads North-east to Shipley Bridge. At this point you head back towards South Brent along a ridge overlooking the Avon Valley with great views throughout. (12 stiles).

START: With your back to the road bridge where you came in (A), go to the car park exit / entrance and turn **RIGHT**. Proceed along the road and at the T junction turn **LEFT** and cross over the road. Within a few yards turn **RIGHT** down a track passing Riverside House and passing under a rail bridge and on through a metal kissing gate. Here you join a track running alongside the River Avon, heading upstream.

After 200 yards, go up some stone steps and over a stone stile to reach a road. Turn **LEFT** over Lydia Bridge and continue **AHEAD** passing Rock Cottage and on up the hill following the sign to Didworthy, Zeal and Shipley. On reaching a collection of houses at Aish and where the road turns sharply right, turn **LEFT (B)** into a lane with a wall post-box.

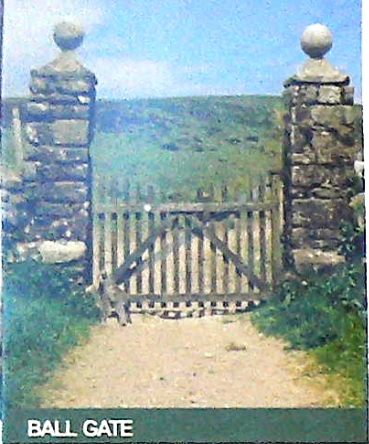
Proceed along this lane climbing steadily for 1/2 mile. At the entrance to a farm on the left with an old sign indicating "To the Moor", continue **AHEAD** up a wide track. Pass through a gate and turn **LEFT (C)** following the Public Bridleway signed "Moor at Ball Gate". Follow this broad grassy track over the open moor. The track descends through gorse bushes and then becomes an enclosed track. Pass through a metal gate and follow the PF sign bearing **RIGHT**.

Continue **AHEAD** through another metal gate and uphill, along a rock strewn, enclosed track. After 500 yards you reach Ball Gate (these gateway pillars look a bit incongruous on the open moor - see photo above). At this point, go through the gate and turn **RIGHT (D)** following the Bridlepath signed to Shipley Bridge via diamond lane (1 1/4 miles).

Follow a grassy track heading north-east and make for a walled corner with enclosed trees behind. On reaching the wall corner continue **AHEAD** as the walls on the left and the right converge into a wide green track between the walls. At the end of this track continue **AHEAD** bearing slightly **RIGHT**, to reach a signpost 'Public Bridleway to Road at Zeal Cottage'. Pass through a gate and proceed steeply down a rocky track. This can be fairly slippery in the winter. It is thought the name Diamond Lane derives from the criss-cross cuts in some of the rocks as you descend.

At the end of the track go through a gate and turn **LEFT (E)** on to a tarmac lane. Pass by Zeal House and over a cattle grid to arrive at Shipley Bridge. Cross the bridge and follow the road as it bears right to cross over another cattle grid. Turn **RIGHT** through a gate signed PF (F). Pass over a stile and proceed through woods going through several gates. Exit the woods to reach a lane. Cross over the lane following the signpost to Lutton.

Pass Hill House on the left and continue **AHEAD** through a wood. The track is straight forward along this elevated ridge and as you descend, Avon Valley is on the right and South Brent can be seen ahead. Continue **AHEAD** and pass through a gate and over a stream. Carry on along an enclosed track to reach a tarmac lane by Lower Lutton Farm.



BALL GATE

Turn **RIGHT** down the lane (G) and bear off **LEFT** where the lane divides.

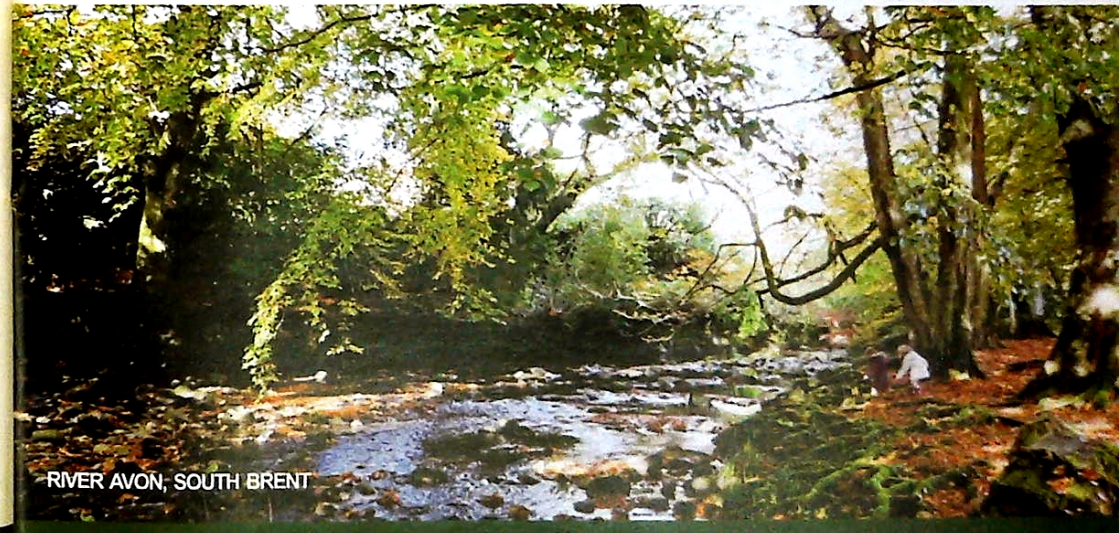
At a way marked gate pass through into a field and keep to the hedge on the **LEFT**. Cross over a stile into the next field. Exit the field via another stile and on to a tarmac lane.

Turn **RIGHT** and proceed down the lane. At a T junction at Oak Hill Cross turn **RIGHT** on to the main road and continue down the hill to reach Lydia Bridge.

Turn **LEFT** over a stone stile and down some steps to retrace the outward route back to the car park.



See Page No. 61 for 'Points of Interest' relating to this walk



RIVER AVON, SOUTH BRENT

Yealmpton Riverside Walk

GRID REF:	SX579516	GRADE:	Easy
DISTANCE:	3½ miles	MAP:	OS Explorer OL20
TOILETS:	Yealmpton cafe / pubs	DURATION:	2 hours
REFRESHMENTS:	Local pubs		

START FROM:

The public car park in Fore Street or roadside on Torr Hill.

Brief description: This is a flat easy walk which meanders along both sides of the river Yealm. The route describes a figure of eight starting from Yealmpton and visiting Puslinch and Yealmbridge before returning to Yealmpton. The walk is well worth a visit at anytime in the year but a visit in the spring provides plenty of colour when snowdrops and daffodils festoon the edges of the river.

START: At the junction of Fore Street and Torr Hill proceed down Torr Hill and cross the bridge over the River Yealm. Just beyond the bridge turn **LEFT** and cross over the road and take the public footpath on the left (**A**). Pass through a gate, signed "Erme Plym Trail" and proceed alongside the river heading upstream. Continue along the track for 400 yards.

The track starts to bear off to the **RIGHT**, passes through a way marked gate and exits into the edge of a small housing estate. Turn immediately **LEFT** following a Public Footpath sign. Follow a high wooden fence round to the left and continue **AHEAD** for 200 yards to reach a stile. Cross over into a field. Cross this field, keeping to the hedge on the left and cross into the next field via a W/M stile. Follow the finger board sign **HALF-RIGHT** across the field to another finger board signed "Erme Plym Trail" and continue into the next field.

Keep to the hedge on your right and cross over a stone stile and proceed **AHEAD** along an enclosed tree lined track (this track can be muddy in winter so you can use the field alongside as an alternative). After 400 yards exit the enclosed track over a wooden bridge and a stile into a field. Continue straight **AHEAD** across the field to a W/M stile. Cross the stile and continue along an enclosed track passing a fenced off storage depot on the right. Exit on to a road and turn **LEFT**. After 20 yards just before reaching a gate into woods turn **LEFT (B)** alongside a wooden gate and follow the track that runs close to the river passing by Yealm Bridge on your right and some old lime kilns on your left.

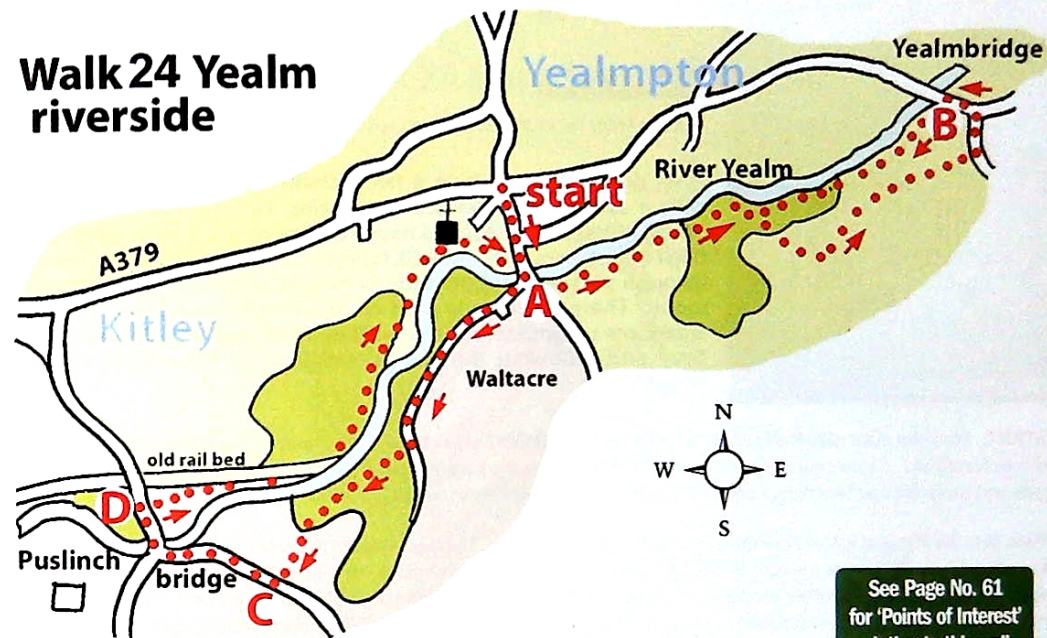
From here follow the track through woodland for 600 yards, following the River downstream. This area is part of the NSHC Nature Trail. You now pass by two paddock fields and after 150 yards exit on to the track you came along earlier. Now retrace your steps back to the bridge. Exit through the gate and cross over the road and proceed to the lane opposite following the sign Boldventure leading to Waltacre. Follow the road past several houses.

The road becomes a broad track with the River Yealm on the right. At a track junction, turn **LEFT** through old railway bridge supports, following the sign to Waltacre. Continue along this lane to pass through the hamlet of Waltacre. At the end of the houses go along a way marked, enclosed track to pass through a metal gate into a field. Proceed up the field for 100 yards and turn **RIGHT** through a gate into woods. Go straight **AHEAD**, ignoring the track on the right. Pass by two bike ramps and follow the track as it meanders through the wood bearing left to run parallel with the River Yealm.

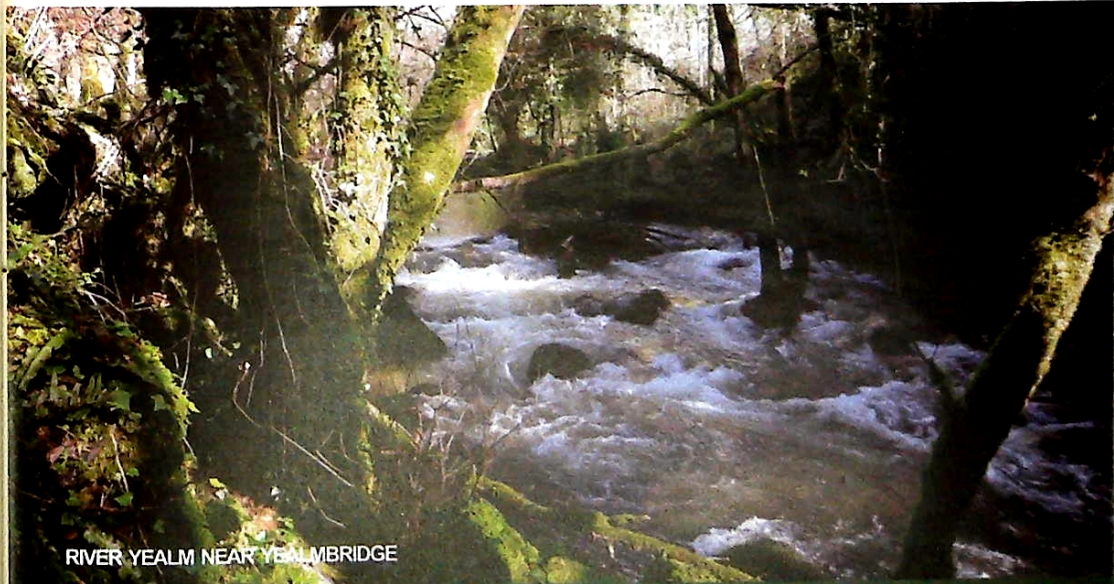
Pass through a wooden gate into a field. Keep to the fenced hedge on the **LEFT**. After 200 yards exit the field through a gate and turn **RIGHT** along a lane (**C**). At a T junction turn **RIGHT** to cross over Puslinch Bridge. Now turn **RIGHT (D)** and proceed through a wide gateway to join a track that runs to the left of the River Yealm.

Continue on this track passing under an old rail bridge and past some lime kilns (this is the location of Kitley Caves, currently closed). The track bends to the left uphill and when you reach a public footpath sign to the **RIGHT** (towards Yealmpton Church) continue **AHEAD** passing by a children's play park on the left. After 300 yards the track passes by Yealmpton Church and some cottages to come out on to Torr Hill and the start of the walk.

Walk 24 Yealm riverside



See Page No. 61 for 'Points of Interest' relating to this walk



RIVER YEALM NEAR YEALMBRIDGE

Mary Tavy, Horndon, White Tor and Peter Tavy

GRID REF:	SX508787	GRADE:	Medium
DISTANCE:	7½ miles	MAP:	OS Explorer OL28
TOILETS:	None	DURATION:	3-4 hours
REFRESHMENTS:	Local pubs		

START FROM:

Outside Mary Tavy Church. Limited spaces on the roadside.

Brief description: This is a fairly challenging walk commencing with a series of ladder stiles crossing fields towards Horndon. These stiles are not easy to negotiate especially if you have a large dog! Apart from this, the walk follows an attractive leat and passes through pleasant countryside before heading out onto the open moor. There is a steady plod up to White Tor but once there, the views are magnificent. The walk ends by passing through Peter Tavy and following the scenic valley route back to Mary Tavy Church.

START: From the main gate to the Church and pass to the **RIGHT** of the building and head to the **TOP-LEFT** hand corner of the churchyard. Cross over a high stile into a field and follow the track keeping the hedge on the left. Go through a metal gate and cross the next field diagonally **LEFT**, to reach the top-left hand corner of the field.

Pass over the stile and follow the Public Footpath sign to Horndon. The track passes by an old engine house chimney and then through a gate. Cross the next field diagonally **LEFT**, to climb a ladder stile. Cross the next field keeping the hedge on your right and go over another ladder stile. Pass over the next field diagonally **LEFT** and pass through two metal way marked gates and down an enclosed track. Exit by waymarked gate and turn **LEFT** through another gate. After 35 yards turn **RIGHT** over a ladder stile, cross the field diagonally **RIGHT** to go over another stile and turn **LEFT** along an enclosed sunken lane.

After 400 yards you reach a road (**A**). Turn **RIGHT**. After 50 yards turn **RIGHT**, by a red telephone box. Keep on the road passing by Horndon House and Furzeman's Farm. After 200 yards the road goes into a wall enclosed track. After a further 300 yards, turn **LEFT** over a public footpath signed stile, crossing a leat. Now keep on the **RIGHT** hand side of the leat for 1 mile until you reach the weir at the River Tavy.

Follow a track on the left up to a road and turn **RIGHT** to cross over Hill Bridge (**B**). Turn **RIGHT** over the bridge and after 50 yards; turn **LEFT** over a ladder stile and into a field. Proceed up the middle of the field and go through a gap in the hedge, by a single granite gate post. Cross into another field and cross over another ladder stile in the top-right hand corner, to reach a road.

Turn **LEFT** and after 300 yards turn **RIGHT** following public bridleway by 'Higher Wapsworth' sign. Keep to the direction given on the path finger board, bearing slightly left through a walled enclosure. After 300 yards, go through a gate on to the open moor (**C**). Now head South over Cudlipptown Down towards the tor on the horizon (White Tor).

It is a steady climb to the top. On reaching the Tor, descend south-west for ½ mile to reach a well defined track. Turn **RIGHT** along the track (West) and after a few yards pass an upright stone (3 ft high) on the left, which is Steven's Grave memorial stone (**D**). Continue West along the wide, gravel track, keeping the wall on your right. After 500 yards the track bears off downhill half-left.

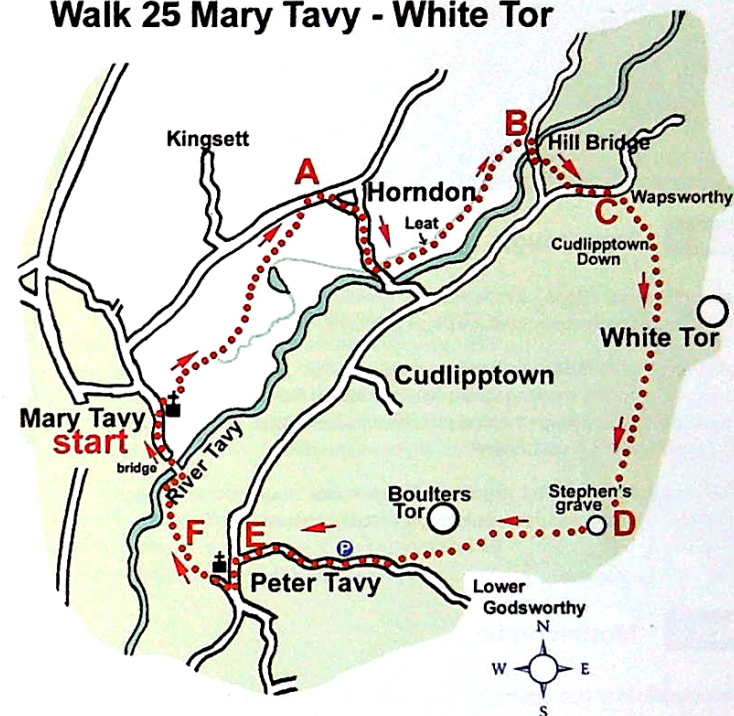
* Please note that this walk passes through a military training area and you must not go to White Tor if a red flag is flying. Pass the Tor on the right flank to avoid the top (see map)

MARY TAVY CHURCH

Keep on this wide track to reach a tarmac lane. Turn **RIGHT** along the lane passing a white cottage on the left (Boulters Tor). Continue for 500 yards to cross over a cattle grid (**E**). Continue down the lane for 300 yards and turn **LEFT** at a T junction. After 75 yards turn **RIGHT**, to enter the Peter Tavy churchyard and pass by the church.

Exit the churchyard and turn **RIGHT**. Pass Harewood House and Peter Tavy Inn and follow the enclosed track. After 25 yards bear off **RIGHT** (**F**) at the finger post signed "Bridlepath Mary Tavy ½ mile". After 500 yards you cross a bridge over the River Tavy and turn **RIGHT** through a gate. Continue following the track back to Mary Tavy Church.

Walk 25 Mary Tavy - White Tor



See Page No. 61 for 'Points of Interest' relating to this walk

WHITE TOR

POINTS OF INTEREST

WALK 1 Ugborough

Ugborough means "Ugga's fortified place", named after a Saxon tribal leader who set up camp here, many centuries ago, probably in the 9th century.

Parish church of St Peter was first documented in 1121. During the *Civil War* some villages avoided showing loyalty to either side in the conflict. However, it was recorded in Ugborough that the parishioners celebrated the victory over the King's army with a great bonfire!

In 2007 the *Lordship of the manor of Torpeak* was auctioned in London. Unfortunately, the title was devoid of any property! (Lord without a Manor)



WALK 2 Mothecombe

The *tea shop* at Mothecombe car park was a school for the village until 1923.

The origin of the name *St Anchorite's Rock* is unknown but there has been reference to a link with a local hermitage. The word anchorite means hermit so it may simply be referring to the rock being isolated.

Mothecombe Beach has been featured in several films including *Rebecca* (1996), *Sense and Sensibility* and *Hornblower*.



WALK 4 Aveton Gifford / Bantham

Aveton Gifford is named after the river Avon and the Giffard family who held the manor after the Norman Conquest. The Parish church of *St Andrew* (which can be seen from a distance on the walk) contains both old and new aspects. The church was rebuilt in 1957 following extensive damage during World War 2 when it was bombed by German fighter bombers.

Bantham is an attractive coastal village which during Roman times traded in tin and other minerals. For many generations the inhabitants relied heavily on pilchard fishing but when this diminished in the last century the village declined. In recent times the area has become popular as a holiday destination.

WALK 5 Two bridges

Crockern Tor was the meeting place of the Stannery Parliament. This was the governing body of the tanners' districts and tanners met at various times when needed. This is a fairly inhospitable location to hold a meeting except during the summer months. The name Crockern is thought to derive from the ancient pagan God of Dartmoor "Old Crockern".

The small forest of *Wistman's wood* has a lot of mystery and legend surrounding it. On the edge of the wood stands an engraved stone referred to as the Buller Stone. The inscription on the stone reads "By permission of HRH the PRINCE of WALES. Wentworth Buller on Sept 16th 1868 cut down a tree near this spot. It measured 9 inches in diameter and appeared to be about 163 years old". This is remarkably uninteresting until you find out that Wentworth Buller died in 1865 (however this could be explained if we could identify which Buller wielded the axe).



Wistman's wood

WALK 6 Walkhampton

George Grey: In the graveyard of the church of *St Mary the Virgin* stands a gravestone dedicated to George Grey. The inscription is "George Grey, 8 years old died 20th July 1843. Son of John and Ann Grey, who by placed in charge of a horse, lost his way in a fog on Dartmoor. After wandering for 2 days was found in a state of exhaustion and died soon after. The above is recorded in the hope of conveying a caution to others lest they unhappily become the cause of a like timely and melancholy loss of life". These simple words convey the anguish of the parents.

Burrator Gorge / Meavy Valley was flooded in the 1890's to create the Burrator reservoir. Under the water are the remains of *Essworthy farm*, once part of the 15th century estate of *Longstone Manor*. Also submerged was the old road to *Sheepstor Village*.



George Gray

WALK 7 Tamerton / Lopwell

Lopwell Dam area is a popular location for visitors. In 2004 it was designated a local nature reserve. It also has a history dating back to the 13th century as a thriving community, mining lead and silver and using the quayside to ship the ore and other goods from market gardening. Lopwell gets its name from the Lopes family who lived at *Maristow House* from 1560. There is a "fish pass" for migrating salmon built into the dam which can be crossed at low tide. The old Lopwell pump house now incorporates a cafe which is open during the main visitor seasons.

Tamerton Treacle Mine is located close to Tamerton Foliot. Three million years ago a type of sugar cane plant existed in this area as well as other sites in Cornwall. Throughout the ages, similar to oil and coal deposits the plants became compressed to form seams of treacle beds. These deposits were discovered by a local farmer in the mid 1800's. It appears that seepage occurred from a seam that was close to the surface. Since then the treacle has been extracted in small quantities by local people. Due to its rarity and distinctive taste the location of this mine is a secret known only to a few and it is understood that the treacle is exported to the USA.



Tamerton Treacle mine

WALK 8 Gara Bridge

Gara Bridge once had its own railway station. It was part of the Primrose Line which opened in 1893 running from South Brent to Kingsbridge. The last train ran in 1963 and this was despite an attempt to retain it as a leisure route. Part of the station still exists as a private dwelling. There is no doubt that if the line existed today it would be as successful as the Dart Valley Railway which managed to survive the cuts.

Ghostly car: In the 1920's a story is told of a Daimler Laundette car which allegedly ran off the road in strange circumstances. Since that time there have been reports of this car being seen as a ghostly apparition in the area (probably not on the walking route!).



Phantom Daimler

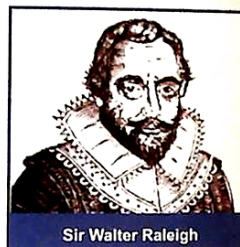
WALK 9 Radford

Radford Park contains beautiful lake views and a fine arboretum and is an important recreation area. It is also exceptional, in that it is not only a protected parkland but also has a history going back over 1000 years. Many of the old buildings beside the lake including the castle on the causeway bear witness to the importance of the area in the past.



Lawrence of Arabia

Famous Elizabethans such as *Sir Francis Drake* and *Sir Walter Raleigh* walked these paths. Civil war skirmishes took place here in the 1640's and Radford House, demolished in 1937, was home to one of the most influential families in the area for several centuries. There is even the Radford White Lady ghost to look out for!



Sir Walter Raleigh

Further on the walk you reach Mount Batten. This is where *Lawrence of Arabia* (T.E. Lawrence) spent time when the peninsula was used as an RAF base. The walk covers great views of Plymouth Sound and the Breakwater including Drakes Island.

WALK 10 Yealmpton

Hidden Tunnels: On the route by the Silverbridge Stream are two tunnels under the A379 road (see map). These tunnels were constructed c1825 and one carries the stream under the road and the other was a carriage way linking Kitley House and Lynham House. The road above the tunnels subsided in 2015/16 and a substantial support wall had to be built.

Kitley caves: Are a group of caves located behind a pair of 19th century lime kilns beside the river Yealm, south of the village (see map). The caves were discovered in the 18th century as a result of local quarrying. A substantial number of archaeological finds have been uncovered in the caves. The fossil remains of wolf, hyena, horse, rhinoceros, deer, bison sheep and mammoth have been uncovered and are now located in the Plymouth City Museum. The main cave was opened in the 1970's and visitors could take self-guided trips around the show cave which contained a series of illuminated grottos. The cave was closed to the public in 2000. In the British Museum there is an arch made from green marble which was quarried at Kitley.



Kitley cave artist

Walk 10 points of interest continued overleaf...

WALK 10 cont... Yealmpton

Old Mother Hubbard's Cottage is located at the eastern end of the village (see map). It is a quaint thatched cottage and is thought to be 400 years old. There is no certainty that Old Mother Hubbard actually existed but she was thought to have lived in the cottage. The nursery rhyme "Old Mother Hubbard" was written and illustrated by Miss Sarah Catherine Martin in 1804 following her retirement as housekeeper at the nearby Kitley House. Sarah lived out her retirement in the cottage.

Old Roman Obelisk: In the church graveyard an upright stone can be found which is thought to be of Roman origin, called the Toreus Stone.

WALK 11 Dartington

The 14th century Dartington Hall: Bought by the Elmhurst family in 1925 in a neglected and rundown state, the estate was restored and many new ventures started including farming, forestry, a tweed mill, education and glassblowing. Now there is a theatre, restaurant and conference centre. It hosts an international music festival every summer.

Staverton Station was part of the Buckfast, Totnes and South Devon Railway which opened in 1872 and finally closed in 1962. In January 1991 it reopened when the South Devon Railway took control of the 7 mile track and is now a popular heritage steam railway. The station is a fine example of a small countryside halt.

Cider vat home: Close to Huxton's cross is the cider vat home of Lee Love. This interesting home was creatively restored by Lee several years ago having purchased the huge vat from a site in Somerset.



Love cottage

WALK 12 Sharpitor / Crazywell

Leather Tor bridge crosses the River Meavy and was built in 1833 by George Worth and William Mashford. On viewing the bridge and the size of the granite stones it is hard to imagine this task being undertaken by two men. Maybe they had plenty of horses?

Crazywell pool is a flooded mine working, created by medieval tanners. Legend has it that it is bottomless. Church bell ropes from Walkhampton were allegedly used to measure the depth of the pool but failed when they ran out of rope. Modern measurements have suggested only 20ft but who knows. In 1998 a young 16 year old Royal Marine recruit drowned in the pool whilst on an exercise.

Mystery of the Indian Head: Close to where the Devonport leat crosses the aqueduct over the River Meavy is a small ceramic head (about 6 cm high) said to represent either an Indian Princess or an Indian or Turk's head. Various reports mention all three. The head is cemented into the side of the leat. This is not the original head as it was replaced in 1996. The original was allegedly placed there by a French prisoner of war in the early 18th century. To find the head, follow the leat downstream from the aqueduct footbridge and near the first tree on the right bank of the leat, the head is cemented into the left hand wall. (SX57247132)



Indian Head beside leat

WALK 13 Postbridge

The clapper bridge at Postbridge is one of the most photographed scenes on Dartmoor. It is thought to date from the 13th century and crosses the East Dart River. The bridge was used by packhorse teams carrying tin to the Stannary town of Tavistock. The term "clapper" is used on Dartmoor to describe a bridge that comprises of one or more flat granite slabs resting on stone pillars spanning a river or stream. The old name for slabs, is posts. Hence the name "Postbridge".



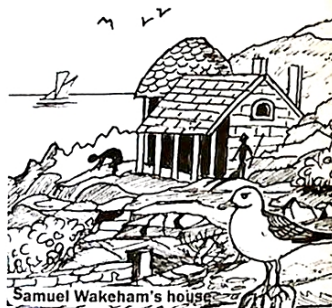
WALK 14 Wembury

Mew stone: Close to the shore off Wembury is the Great Mewstone. This small rocky island stands out off Wembury point. The island is now owned by the National Trust. In 1744 the island was inhabited by a man convicted of a minor crime and his sentence was to be transported to the island for seven years. He stayed there with his family for the whole time and his daughter, called "Black Joan", stayed on the island, married and raised three children. In the early 1800's Samuel Wakeham and his wife Ann set up home on the island. They enlarged the house built previously and created areas to grow food and enlarged the warren. They, like the previous tenants, caught fish and rabbits, kept goats and pigs and grew vegetables. By selling some of their produce they were able to buy other necessary goods. Sam also provided boat trips to the island for visitors to the area. He was caught by an excise man doing a bit of smuggling and had to leave the island. Since that time there have been no permanent residents on the island, other than gulls and other wildlife.

Rocket cottage was so named because it was used to store coastguard equipment from the late 1800's. Rockets were stored to fire flares and lines to ships in distress.

St. Werburgh's Church is a Norman church built in 1088, replacing an earlier Saxon Chapel. The name Wembury comes from a Saxon saint (d.690 AD) who was the daughter of King Wulfere of Mercia.

Wembury House was built in 1803 on the site of earlier buildings in the 17th and 18th centuries.



WALK 15 Ermington

The church of St Peter and St Paul is distinctive for having a crooked spire. A story is told that the spire was so impressed by the beauty of a bride attending her wedding that it bowed down to her and was unable to straighten. However, it is more likely that the support timbers to the spire warped and created the bend. In the mid 18th century the spire was struck by lightning and the then rector decided to carry out repairs including straightening the spire. The parishioners objected as they liked their distinctive spire as it was and so it has remained ever since. It is understood that repairs were undertaken but done in such a way as to retain the shape.

Penquit Manor: This is the site of a medieval manor house. The name in Celtic means 'end of the wood'. Penquit was recorded in 1238 as a Saxon hamlet.

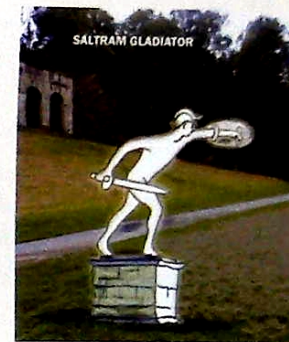


Ermington bride

WALK 16 Saltram Boundary Walk

Saltram House and grounds were developed in the 17th century. It was the home of the Parker family and the Earls of Morley. There was an Elizabethan house on the site prior to this and it is likely that some Saxon occupation preceded this. In 1957 Saltram was taken over by the National Trust.

Amphitheatre: In the mid 18th century the Parker family decided to improve the house and grounds and this included creating an amphitheatre which is located along the riverside and forms a bastion extending into the estuary. A contemporary painting by William Tomkins in 1770 shows the Amphitheatre comprising of a triple arched structure set against the cliff wall with wide steps leading up to it. Moulded heads are fixed on the keystones and the structure is flanked each side by three grottos cut into the rock face. It is not clear if these grottos held any figures but we do know that there was a statue of a *gladiator* located on the bastion. This was thought to have been stolen in the early 19th century.



WALK 17 Bolt Head

RAF Hope Cove was a radar station in World War 2. In the early 1950's it was upgraded and became part of the RAF 'Rotor' defence scheme. The building known locally as "The bunker" is a large, heavily reinforced structure on the edge of the air strip. Due to a more modern radar system, the site became obsolete and it was taken over by the Home Office and became a Regional Seat of Government in case of civil emergency. The airstrip is still used by light aircraft today and the bunker, which was part of the defence scheme, has been used for a range of purposes, including an art gallery.

WALK 18 Saltash

Churchtown Farm Nature Reserve is part of the Tamar Valley AONB. A network of paths provides visitors a unique experience in this unspoilt environment.

Dock Dung? During the 19th century manure and street sweepings from Plymouth Dock were collected and shipped to Forder Creek and Antony Passage for spreading on to farmland. There were plenty of horses working in the docks so there was plenty of dung to deliver. Local people were "frequently" aware of the deliveries.



Murder or suicide? On a triangle of land in Farm Lane (by the Church) lays the grave of Alfred George Redman. This is known locally as "Ghost Corner". In 1915 a jury returned a verdict of *felo-de-se* (self murder) in respect of the death of Alfred Redman (reported in the Cornish Times July 30th 1915). It is thought that this is why he was not buried in the churchyard. The facts of the case are complicated but involved the murder of a young woman and the death of Alfred Redman both of whom had died by having their throats cut. Suicide or a double murder?

Trematon castle was built by the Normans in the 11th century to quell a rebellion. It is similar to castles in Launceston, Restormel, Plympton and Totnes.

WALK 19 Lydford

Lydford originates as an important Saxon town and was defended against invading Danes (Vikings) in the 9th century. It is likely that the Saxon church at that time was burnt down. The current church of St Petrock is thought to be of Norman origin and has had parts added over the centuries. During the reign of 'Ethelred the Unready' coins were minted in Lydford.

Walk 19 points of interest continued overleaf...

WALK 19 cont...

Lydford

Lydford castle has a formidable reputation. It was described in 1512 as "one of the most heinous, contagious and detestable places in the realm". Lydford Law was known for injustice and it was one of the Bloody assizes of Hanging Judge Jeffreys. The castle was also the Stannary prison for the Stannary towns. A poem by William Browne expresses its reputation.

*I've often hear of Lydford Law
How in the morn they hang and draw
And sit in judgement after.*

Despite the grim history the village of Lydford is now a pleasant and attractive place.

Can be misty on the moor.



WALK 20 Walkham Valley / Kings Tor

The Merrivale area provides an abundance of evidence of ancient and modern human activity. The most ancient is the fascinating prehistoric Merrivale Stone Rows. These two extraordinary parallel stone rows have puzzled experts for many years and there are many theories on their purpose. Located close to the rows are two kistvaen (burial chambers) and a large Menhir (standing stone).

In the 17th century this site was referred to as the "Plague Market" due to it being used as a prominent and remote location for local people to leave food and provisions for plague victims. The nearby dominant Kings Tor has the old Princetown railway line winding around its flank and a little further on are the granite quarries of Foggin Tor and Swell Tor. These quarries provided granite during the 18th and 19th centuries for many buildings and structures all over the country. Nelson's Column and London Bridge being well known examples.

WALK 21 Cornwood area

Cornwood, earlier known as Cross, was recorded in the Domesday Book as a collection of cottages and farms. Several feudal houses were located in the area including Fardel, which was a Saxon estate and a Domesday Manor. It is thought to be the seat of the Raleigh family, although there is no proof Sir Walter Raleigh actually lived there.

St Michael's Church, dates from the 15th century.

Hillson's House: There is a tale from Cornwood, which tells of a baby boy who was abandoned on the moor. He was found by local people and taken into care by a childless couple. The boy was given the name Hillson. Possibly relating to where he was found (on a hill). He grew up and became an accomplished clockmaker. However, he was always a solitary fellow and at some stage he revisited the site where he had been abandoned as a baby and built himself a small house. He allegedly made his living by making eight-day clocks. The ruins of this house can still found on Stalldown Hill (SX636623)

WALK 22 Pew Tor / Vixen Tor area

Windy Post Cross (see map) is believed to be very old and maybe 16th century. Its purpose was to mark the way for monks crossing the moor between abbeys.

Vixen Tor is an impressive tor and is thought to be the tallest on the moor however it is not the highest and it is only as you get close to the tor that it looks special. It has a fearful reputation as a dangerous location for travellers. Many years ago it was the home to a witch called Vixana who lured travellers to their deaths. She created a fog as they approached and in their confusion they lost their way and disappeared into the mire. Vixana enjoyed seeing them suffer but one traveller, being aware of her evil

Walk 22 points of interest
continued overleaf...

WALK 22 cont...

Pew Tor / Vixen tor area

plans, sought the help of the local piskies. They provided him with the power to see through the fog and so he passed by without difficulty. Vixana was so enraged by this that she climbed to the summit of the Tor. Whereupon the traveller climbed up behind her and pushed her over the edge to her death.

Pew Tor Piskies: Probably the same piskies that helped in the downfall of Vixana lived in and around Pew Tor. This Tor is thought to be the headquarters of the King of the Piskies! Some people in the past have sworn that they have been followed or led astray by these impish characters that live below the rocks on the top of the Tor. Pew Tor is also a popular site for "Letterboxing" So if you are hunting for boxes in the rocks be careful that you don't shake hands with a pisky!

World War 2: Pew Tor is reputedly to be the only Dartmoor Tor to have been hit by German bombs during the war and it is said that the craters can still be seen? (This undoubtedly upset the piskies)



WALK 23 South Brent / Shipley bridge

Lydia Bridge is a narrow packhorse bridge and its low parapet enabled laden horses to pass over. Probably built in the 17th century. Close to the bridge is Rock House built in the mid 19th century. Over one of its doorways is a carved image of the "Green Man" cut out of Beer stone. It is thought to have come from a local church.

St Petroc's Church was the scene of a murder in 1436. The vicar was dragged from the church during a service and was murdered. The doorway through which he was taken is still visible even though it has been walled up.

Ball Gate is an impressive structure and well named with balls on top of two pillars. They are the old gateposts to the former Brent Manor. As the gateway doesn't appear to go anywhere it seems a little incongruous.

Shipley Bridge has some buildings alongside the car park. These are part of a 19th century naphtha processing works. Peat, from which the naphtha was extracted, was brought down from the Redlake area on a horse drawn tramway. This only lasted 4 years and the site was then used to process clay. This ceased in 1880. The clay was conveyed in liquid form through a pipe from Petre's Pits.

Didworthy, situated between Shipley Bridge and South Brent, was selected for a TB sanatorium early in the 1900's, referred to as Plymouth chest hospital, it provided a healthy environment for people suffering from chest infections. It was closed in 1968 and the premises converted into residential use.



GREEN MAN by LYDIA BRIDGE

WALK 24 Yealmpton riverside walk (see information for walk 10)

WALK 25 Mary Tavy, White Tor

Peter Tavy and Mary Tavy were shown as separate settlements in the Domesday book in 1086.

Steven's Grave: In 1763 a man named George Stevens from Peter Tavy took his own life after losing the prospect of marrying his betrothed Mary Bray. As was custom in those days anyone who committed suicide had to be buried outside the parish boundary. On the route towards Peter Tavy from White Tor can be found the marked grave stone of George Stevens. The small upright stone has the letter "S" engraved on one side. It is not known if his remains are buried here.



ON THE BEATEN TRACK 4

This book is the **FOURTH** in a series of popular circular walks all within 25 miles of Plymouth. The walks cover a choice of moorland, coastal and countryside of varying grades and a range of distances between 3½ and 8½ miles.

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Walk Areas Covered in this book

- 1 Ugborough, Torpeek and Shilstone
- 2 Mothecombe & St. Anchorites Rock
- 3 Seaton, Dowderry & Keveral circular
- 4 Aveton Gifford, Avon Estuary and Bantham
- 5 Two Bridges, Beardown Tor, Wistman's Wood
- 6 Walkhampton, Burrator, Yennadon Down
- 7 Tamerton Foliot, Lopwell and the Tavy Estuary
- 8 Gara Bridge and the Upper Avon Valley
- 9 Radford, Jennicliff and Bovisand Coastal
- 10 Yealmpton, Puslinch, Silverbridge and Gorlofen
- 11 Dartington Boundary Walk
- 12 Sharpitor, Leather Tor and Crazywell Pool
- 13 Postbridge, East Dart and Sandy Hole Pass
- 14 Wembury, Clitters Wood, Coastal
- 15 Ermington, Penquit and the River Erme
- 16 Saltram Boundary Walk
- 17 Bolberry Down, Bolt Head & East Soar
- 18 Saltash, Churchtown NR, Trematon & Antony Passage
- 19 Lydford, West Devon Way and Granite Way
- 20 Walkham Valley, Kings Tor and Merrivale Stone Rows
- 21 Cornwood, Harford, Tristis Rock
- 22 Pew Tor, Vixen Tor circular
- 23 South Brent, Ball Gate, Shipley Bridge & Avon Valley
- 24 Yealmpton Riverside Walk
- 25 Mary Tavy, Horndon, White Tor and Peter Tavy

This book is published by the
PLYM RAMBLERS, Plymstock,
Plymouth, Devon

£6.00