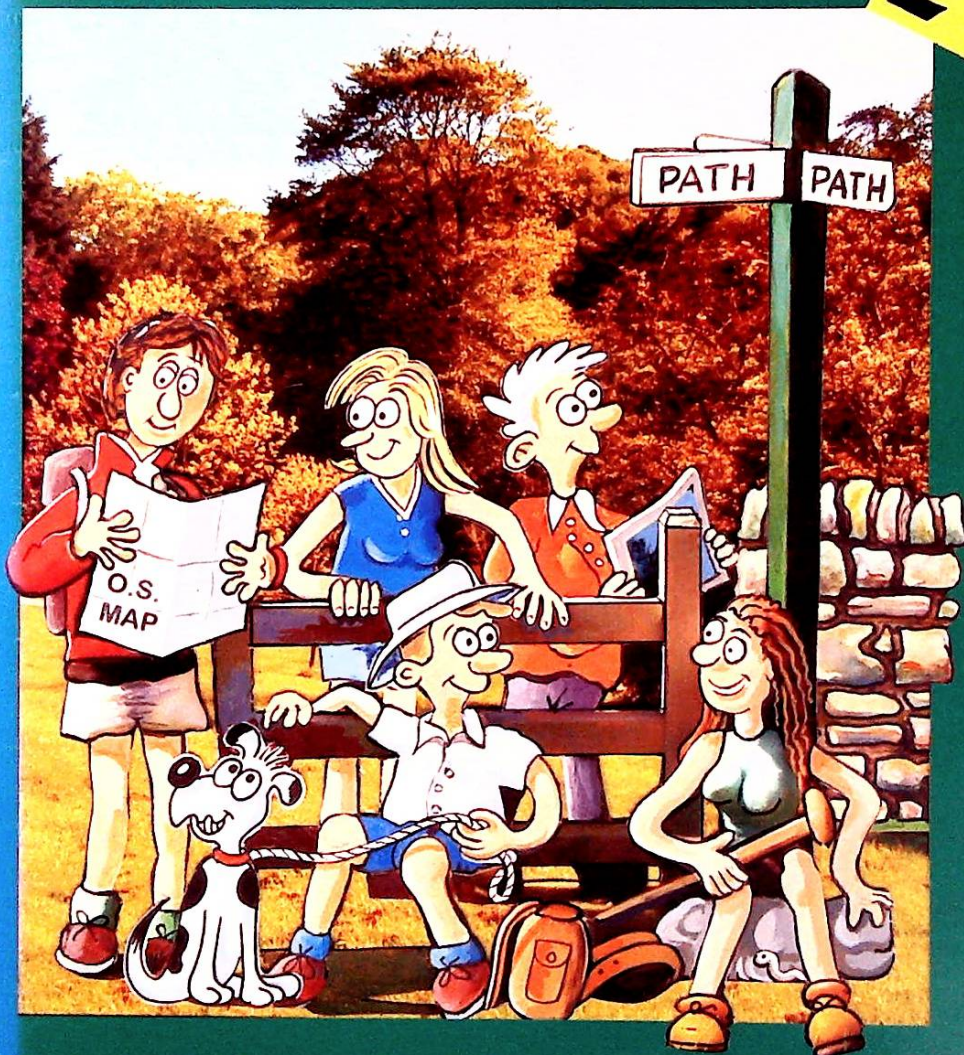


\* All net proceeds from this book go to local charities - see back cover

*On the*

# BEATEN TRACK

2



**A selection of 20 walks within 20 miles of  
Plymouth. Compiled by Plym Ramblers.**



We would like to thank the following organisations and individuals for making this publication possible

Funding	The Radford Centre Committee
Walks	Compiled by Members of the Plym Ramblers Club
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## Route Checks

The Editorial Team would like to thank all the members of the Plym Ramblers who helped in the planning, checking and re-checking of the walks. The participation by members has been essential to the successful production of this book.

Whilst every effort has been made to ensure the accuracy of this publication the publishers cannot accept responsibility for errors or omissions, or for changes in the details given. The countryside and moorland are always changing and fences, hedges, boundaries and even paths can change or be removed.

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The length of each walk in this book is given in miles and shorter distances in yards.

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## POINTS OF INTEREST



Points of interest for all walks

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**MAP OF AREA SHOWING LOCATION OF ALL WALKS (Not to Scale)**

## INTRODUCTION & USEFUL INFORMATION

### The Walks

The walks chosen for this book are some of our most popular ones and are within 20 miles of Plymouth. They are all circular and cover a selection of moorland, coastal and countryside areas ranging between 4 and 8 miles. The walks are arranged in the book in order of length, with the shortest first. The description for each walk is accompanied by a sketch map, a "points of interest" commentary and waypoints.

At the start of each walk we have given an idea of the conditions you are likely to encounter (e.g. muddy, steep, etc.), the distance involved, the time you are likely to take and the grade of the walk, which will be easy or moderate. We could write several pages on safety, clothing and regulations but we have limited this to the essential requirements listed below.

**The general guide for all those going out is to use common sense and dress according to the conditions.**

### Clothing

Wear clothes suitable for the time of year. In winter we recommend waterproofs, jumper, stout shoes, boots or wellies and a hat. In summer wear lighter clothes but you should still carry waterproofs and stout footwear. Also remember those wearing shorts in the summer can encounter tracks surrounded by stinging nettles!

### Food

Carry some food and drink (hot drink in winter) and a bar of chocolate for energy. Add a small first aid kit and put these items in a day rucksack.

### Map

Although we provide a sketch map of each route, you are advised to carry an Ordnance Survey map with a 1:25,000 scale, eg. Outdoor Leisure maps 28 & 20 or Explorer 108 cover all the walk areas

### Compass

As some of the walk descriptions give a direction of travel, it is valuable to have a compass with you and essential if you are walking on the moor. It also helps if you know how to use it.

### Waymarks

Footpaths are sometimes marked with yellow arrows. Blue arrows indicate bridleways and National Trails are waymarked with acorn motifs.

### Whistle

We don't anticipate people getting lost but if you are stranded in a remote spot six blasts on a whistle followed by 1 minutes silence, then repeated, is the way to draw attention. You can also flash a torch at night, using the same sequence.

### Lanes

Some of the walks cover narrow lanes with hidden bends. Walk on the right, facing on-coming traffic.

### Country Code

It is important to remember this code:-

- 1) Don't light fires.
- 2) Fasten gates (animals will wander if they can).
- 3) Keep dogs under control (on a lead near livestock).
- 4) Take litter home.
- 5) Approach bulls and stallions with care!
- 6) Protect wildlife, plants, and trees and avoid damage to fences, hedges and walls.

Finally, let someone know that you have gone walking and some idea of your expected return time.



**Be prepared**





Who'd have thought it inn, Milton Combe

## Buckland Circular

GRID REF:	490683	GRADE:	Easy
DISTANCE:	4 miles	DURATION:	2½ hours
TOILETS:		REFRESHMENTS:	Buckland Monochorum and Milton Combe

**START FROM** Buckland Monachorum Village

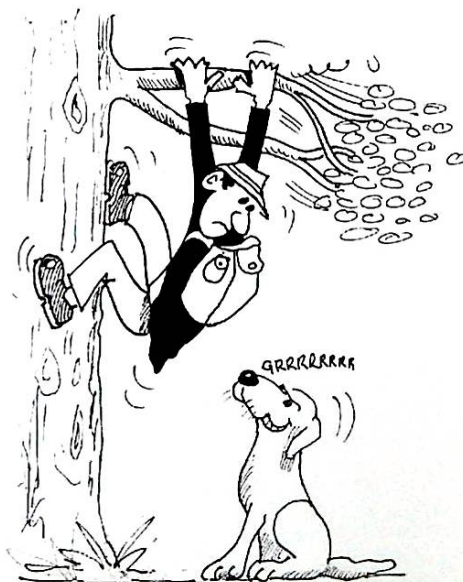
This walk covers the lanes and country tracks in the Buckland Monachorum area. It visits Milton Combe deep in the valley, and skirts Buckland Abbey before returning to the pretty village of Buckland Monachorum.

From the front of St Andrews Church at Buckland Monachorum, take the signposted path by the Lady Modiford Hall, following the boundary wall of the graveyard. Pass through a metal kissing gate, go over a stone stile and turn RIGHT, following the public footpath sign. After 75 yards you reach a stream on the right. Cross a bridge over the stream, into the field beyond. Keeping the hedge on the right, proceed up the field and pass through a gap by a granite post. Continue straight ahead uphill, into the next field. At the top of this field exit through a metal gate onto a lane and turn LEFT. After 100 yards turn RIGHT up steps in the bank, and over a wooden stile. Follow the waymarked path along the right hand side of the field. By a wall on the right the track drops down into a hollow and crosses a small stone bridge over a stream. At the end of the wall, take the direction shown by the waymark (located on a post at the base of the wall) and bear half left across the field ahead, to another stile, and cross over onto a farm lane. Continue ahead and go over a stile by a metal gate. Continue ahead keeping the hedge on your right and go through another metal gate, keeping a wall on the right. At the end of the field go through another metal gate onto a road and cross over, following the road sign to "Venton & Stokehill." Go past a farm entrance on the right and continue ahead. Where the lane bears off sharp left, turn RIGHT, taking the public footpath direction sign on the right, through a gate.

**A** Enter the field and head diagonally right down the field to a gate in the hedge. Continue ahead along the left hand side of the field, following the tree-topped wall. Continue into the next field and turn LEFT, keeping the hedge on the left. After 150 yards you reach a stream. Turn RIGHT, cross over the stream and proceed uphill, keeping the hedge on your left. Go through a wooden gate and at the top of the hill, pass through a kissing gate onto a lane (by Broom House).

**B** Turn RIGHT down the lane. After 300 yards, at Blowiscombe Junction, continue ahead down a narrow lane to the village of Milton Combe.

Walk past the 'Who'd Have Thought It' pub **C** and proceed up the steep hill to a road junction. Turn RIGHT and after 30 yards, cross over the road by a bus turning bay and pick up the track on the LEFT, just beyond a bus shelter, through a metal kissing gate. Proceed along the field keeping to a wire fence on the left. After 200 yards cross a farm track, go through a wooden kissing gate and continue ahead across a field. After 200 yards, exit the field by a waymarked kissing gate and onto a tarmac track. Cross over and continue ahead for 25 yards to reach, and cross, a driveway. Pass through the metal kissing gate just to the right of the road and continue ahead with the wire fence on the left. After 100 yards pass through a wooden kissing gate. Continue through a spinney and out through a metal kissing gate onto a lane. Cross over and through another metal kissing gate and proceed uphill, following the public footpath sign. At the top of the wooded hill, pass through a wooden kissing gate onto the road and turn LEFT, passing North Lodge (part of



Don't upset the locals!



Heath Spotted Orchid on route

### POINTS OF INTEREST

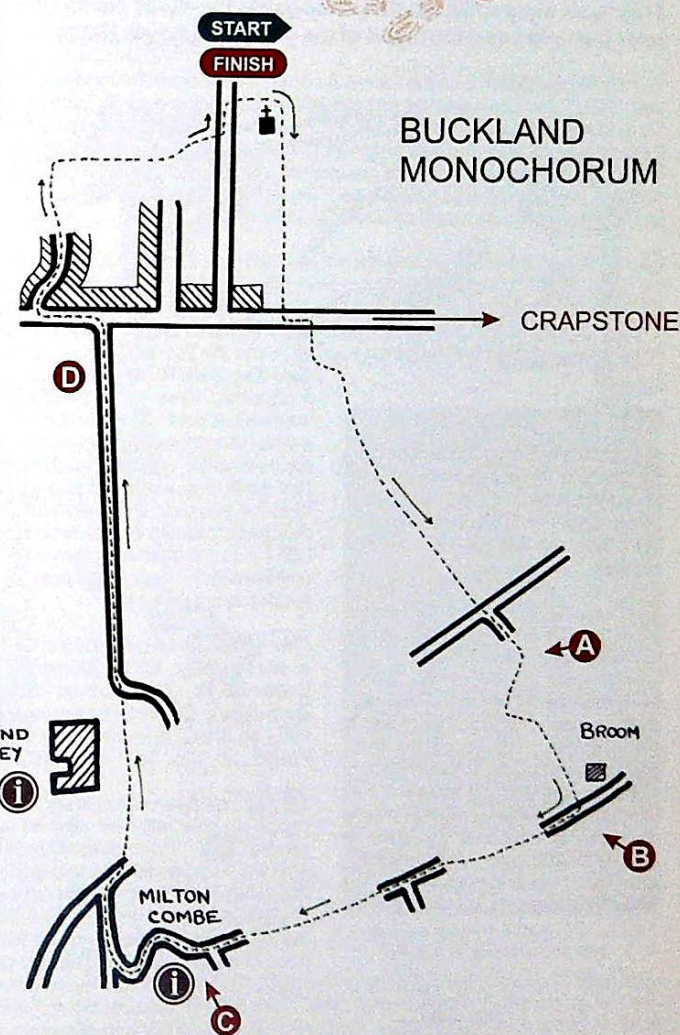
Did you know that in the 19th century there were originally two beer houses in Milton Combe.

Which 'Sir' was one of the original owners of Buckland Abbey?

Find out more on PAGE 44

Buckland Abbey estate) on the left. Continue along this road for ½ mile passing the turn off to Bere Alston on the left and carry on to a T-junction.

**D** Turn LEFT and after 50 yards turn RIGHT into Cuxton Meadows. After just a few yards take the public footpath on the left and after 200 yards, just before reaching a farm, turn RIGHT along an enclosed lane. Proceed through a wooden gate and follow the track to the left where it enters a housing estate. When the road bears sharp right, continue ahead and go through a wooden gate to reach the main street at Buckland Monachorum.







Old Mother Hubbards Cottage, Yealmpton

## Yealmpton, Kitley and Dunstone

GRID REF: 578518

GRADE: Easy

DISTANCE: 5 miles

DURATION: 2½ hours

TOILETS: In the village

REFRESHMENTS: In the village

START FROM Yealmpton Village

This is an easy walk, starting alongside the River Yealm and continuing through lanes and over the fields and farmland of the attractive South Hams

From the Volunteer pub on the main road (Fore Street) cross the road and turn LEFT down Torr Hill. After 50 yards turn RIGHT into Church Lane and follow this road going past St. Bartholomew's Church on the right. Continue ahead through a gate, passing a playground on the right. On reaching a gravel track turn RIGHT to enter the woods. Passing a stone pillar the path bears left to reach the edge of the river Yealm. At the wooden footbridge on the left, cross over the river and take the broad track with the river Yealm on the left. Continue for 500 yards in the same direction until you emerge onto a lane. The lane winds past houses on the right and after 200 yards you reach a T junction (Yealmpton to Newton Ferrers Road B3186).

**A** Cross over the road and take the waymarked path through a gate, following the path alongside the right bank of the river. After 300 yards bear right to pass through a kissing gate and after 50 yards, pass through another kissing gate, which comes out on the edge of a housing estate. Bear left past a house named "Sidings" and follow the footpath signs towards the woods, bearing left along an enclosed path. After 200 yards cross over a wooden stile into a field. Keeping the hedge on your left, cross the field and go over another wooden stile. In the field beyond, bear diagonally RIGHT into the far corner and through a gap in the wall, by a signpost. Keep to the track, with the hedge on your right, to the next waymarked post 100 yards ahead. Pass through a wooden gate and over a stone stile dropping down onto a track. Cross over the track and enter an enclosed path. After 500 yards along the path, cross a wooden footbridge and climb over a wooden stile into a field. Cross the field to a signpost directing you over a stile onto an enclosed path. After 50 yards the path descends, passing a mesh fence around a highways storage depot. Turn LEFT onto a tarmac lane, then immediately RIGHT onto another tree lined enclosed path. Follow this path for 300 yards and turn RIGHT when you reach a tarmac road. **B**

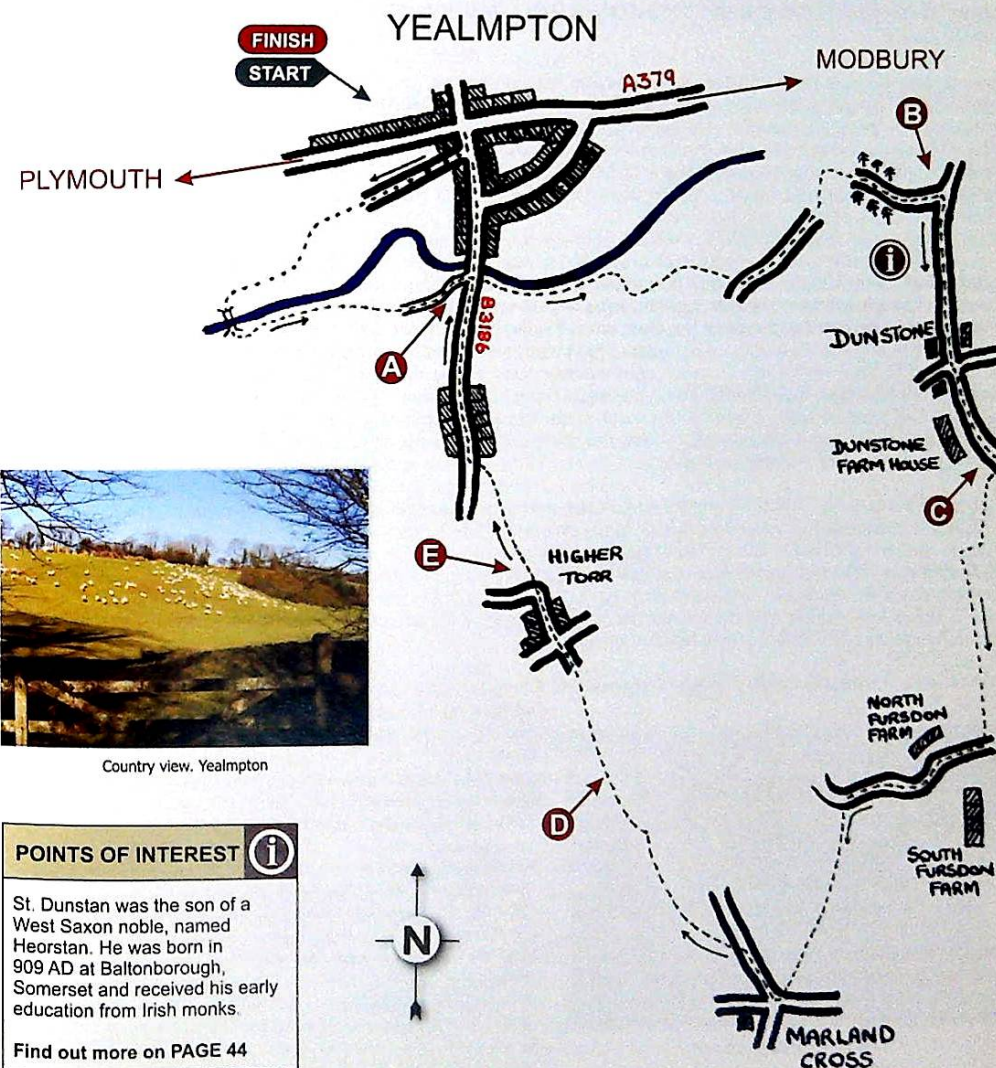
Statue of St. Dunstone (A great Englishman)  
910 - 988. In the wall at Dunstone

After 400 yards you will reach a 12 ft. high wall on the right. Set in the wall is a stone statue of St. Dunstone with the legend '910-988 A great Englishman'. Continue up the road past a collection of cottages (Dunstone). On reaching a road direction board showing Torr to the right, carry on ahead towards Holbeton. After 50 yards pass Dunstone Farm House on the right and after a further 100 yards turn RIGHT,

**C** Go over a wooden stile and enter a field. Proceed ahead, keeping the hedge on your left, and after 80 yards cross a wooden stile and enter another field. Head diagonally RIGHT down the hill, to cross another wooden waymarked stile and stone stile. Continue along the bottom of this valley to the next waymarked wooden stile and electric fence. Having climbed over and entered a field, look for the lone marker post slightly to the left on the hillside. Head for the post and 200 yards beyond the post, pass through a wooden five bar gate into a small enclosure. Exit the enclosure by another five bar gate on the right. Turn RIGHT and keeping the hedge on the right, head for another five bar gate leading onto a tarmac lane. Turn RIGHT, passing South Fursdon Farm and further down the lane, North Fursdon Farm house on the right. After 50 yards cross a small stream and go over a stile. Follow the path for 25 yards, go through a wooden gate into woodland and follow the waymarked route up the hill for 200 yards. Enter a field through a wooden gate and turn RIGHT, following the hedge on the right, for 350 yards until you reach a gap in

the hedge giving access to a gravel track with farm buildings on the right. Turn LEFT up the farm track away from the farm and after 300 yards the track turns sharply to the left. Continue for a further 200 yards and turn RIGHT, to cross over a stile by a public footpath sign and follow the waymarked direction arrow diagonally RIGHT across the field. After 300 yards cross a wooden stile and drop down into a field. Bear half LEFT to the next waymarked stile and cross over to follow the path, keeping the hedge on the left. After 150 yards turn LEFT at a sign post and proceed down the field, keeping the hedge on the RIGHT. After 50 yards take the waymarked stile on the right. (This is a triple stile; wood, stone and then wood again). Cross over and enter the field, following the direction of the waymarked arrow diagonally across the field for 300 yards to the far corner. Cross over a wooden stile and drop down into a sunken lane.

**D** Turn RIGHT and follow this lane for 400 yards to the crossroads. Continue ahead, passing High Torr on the left, and after 200 yards, at a sharp bend to the left, leave the road and follow a public footpath sign to the right through a wooden gate. **E** This path runs alongside a stream (or streambed) on the left. After 200 yards, cross a road and continue to follow the path by the stream. After a further 200 yards the track reaches Ford Road (B3186). Turn RIGHT and after 400 yards return, via Torr Hill, back into Yealmpton Village.



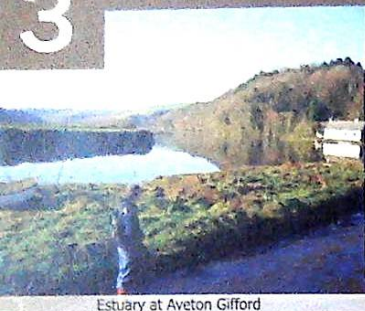
Country view. Yealmpton

### POINTS OF INTEREST

St. Dunstan was the son of a West Saxon noble, named Heorstan. He was born in 909 AD at Baltonborough, Somerset and received his early education from Irish monks.

Find out more on PAGE 44





Estuary at Aveton Gifford

## Aveton Gifford, Loddiswell

GRID REF: 693473

DISTANCE: 5 miles

TOILETS: Aveton Gifford &amp; Loddiswell

GRADE: Medium

DURATION: 3 hours

REFRESHMENTS: Aveton Gifford &amp; Loddiswell

**START FROM** Main Car Park Aveton Gifford

This is a great walk through undulating countryside, which starts in the delightful country town of Aveton Gifford and visits the equally attractive Loddiswell, returning alongside the River Avon

Aveton Gifford is on the A379 between Plymouth & Kingsbridge.

Leave the car park by going past the Tourist Information Board and follow the signs to the village centre. The path goes through the underpass and over a small concrete bridge. Turn RIGHT, then LEFT and proceed up the main street (Fore Street), passing Bakers Hill and Jubilee Street, to the far end of the village. At the "T" junction turn RIGHT into Church Lane. After 100yds turn LEFT at Pulleys Corner and 50yds. on turn LEFT by a sign for Little Court, **A** and follow the public footpath up a gravel track. Go through a metal gate and continue ahead, keeping a wire fence on the RIGHT, through a wooden gate into a field.

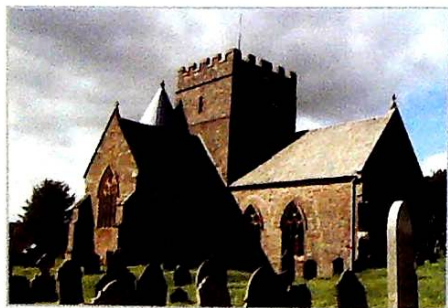
After 50yds. bear diagonally LEFT to a way marked stile (with high poles for an electric fence). Cross over the stile, following the path across the field for 300yds, to another way marked post. Cross over the stile into the field and after 200yds. the path bears RIGHT, following the way marked posts. 100yds. further on, cross an old stone stile with a wooden stile beyond. Follow the way marked post into the next field, bearing half RIGHT up the hill. Go past a way marked post by a fence and into the next field. Keep the fence on the RIGHT and head for the way marked post 500yds. ahead. At the post follow the sign to the RIGHT and go through a five bar gate. Follow the bridleway uphill, with the hedge on your LEFT, to the top of the hill.



Loddiswell poppies

At the top the path turns RIGHT and then LEFT through a gateway **B**. Follow this bridleway for ¼ mile to a tarmac lane and turn RIGHT. After 100yds. a sign for Chantry can be found on the LEFT, also two public footpath signs. Take the second sign and go through a metal gate. The track goes diagonally RIGHT across the field, towards some electric posts. At the end of the field, go through a gap in the hedge to the LEFT of the electric post, turn LEFT, as the way marker indicates, keep the hedge on your LEFT and go down the field. At the metal gate, pass through and turn LEFT downhill on a tarmac lane **C**.

After 50yds. you pass Granery Cottage and Idestone Farm on your right. Keep on and pass over a stone bridge and go uphill. After 400yds. a public footpath sign will be on your RIGHT. Climb the bank, over the metal stile into the field and cross over the field to a metal gate in the top corner. Pass through the gate; go uphill keeping the hedge on the right. Cross into the next field and then cross over a wooden stile, keeping the hedge on your right, to reach a minor road.



Aveton Gifford Parish Church

Cross the road, go over a stone stile and after 40yds, enter a small estate road on the edge of Loddiswell. Walk down the hill until you get to the main road. Turn RIGHT and go through the village, **D** passing the inn, car park and toilets. Where the main road bears left, go straight ahead past the no entry sign, passing the church and the school. Turn RIGHT at the junction into Towns Lane. After 200yds. the road bears right. Cross the way marked stile ahead. In the field keep the hedge to your left and keeping ahead, cross 3 fields and stiles to reach a 4th. field, which you cross to the next waymarker. The

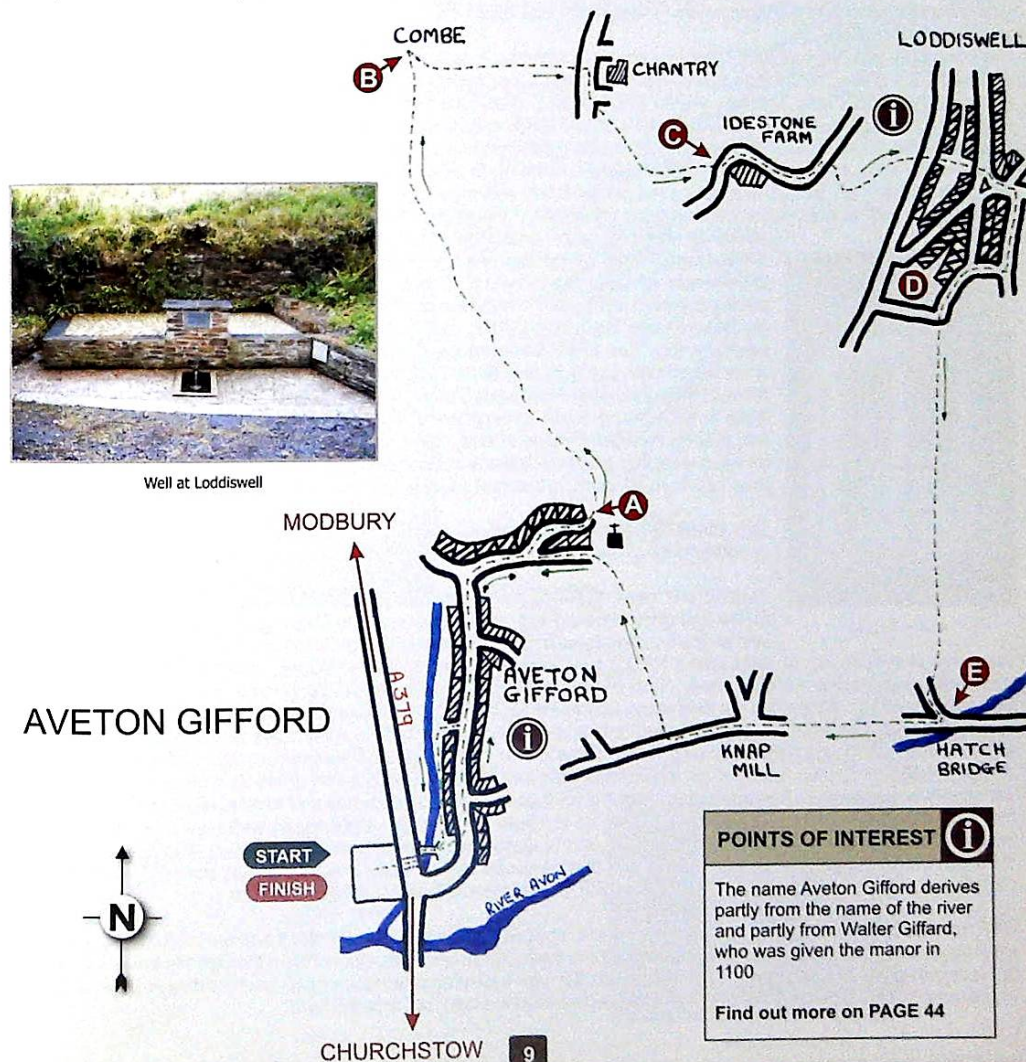


Estuary Road, Aveton Gifford

and follow the track by the stream until you reach the concrete bridge over the stream. This takes you back through the underpass and into the car park.

track drops into the valley. Keep the hedge on the right and look out for Churchstow Church on the hill opposite. After 200yds. go over a way marked stile on the right into a field, turn LEFT and head for the bottom RIGHT hand corner. Go over the stone stile and turn LEFT down an enclosed lane. After 100yds. you come to a minor road at Hatch Bridge **E**.

With the bridge on the left, turn RIGHT along the road to Knap Mill Junction. Carry straight on, following the sign to Aveton Gifford. After 500yds. take the way marked stile on the RIGHT into a field, over another stile and uphill on the path. At the top of the hill, cross a stile and go diagonally across the field heading for Aveton Gifford Parish Church. Go through a kissing gate in the church wall. The track goes to the left of the church, out through the lych gate and past Pound House on the right. After a few yards you reach Pulleys Corner and join the outward path. Retrace your steps through the village and at the telephone box turn RIGHT into Townswell Lane. This brings you out by a stream. Turn LEFT



### POINTS OF INTEREST **i**

The name Aveton Gifford derives partly from the name of the river and partly from Walter Giffard, who was given the manor in 1100

Find out more on PAGE 44





Formal Garden, Mt Edgcombe Country Park.

## Mount Edgcombe, Kingsand

GRID REF: 455535

GRADE: Medium

DISTANCE: 7 miles

DURATION: 4 hours

TOILETS: At start and Kingsand

REFRESHMENTS: At start and Kingsand

START FROM

Cremyll, Mount Edgcombe

This is a nice steady walk with wide ranging views of Plymouth Sound. There are a couple of steep bits through the woods around the Picklecombe Point area and coming out of Kingsand. It would be a good idea to check on the cost and timetable of the Cremyll ferry if you are coming from Plymouth. (Phone 01752 822105)

From the Cremyll Ferry turn LEFT towards Mount Edgcombe house and go through the gateway ahead of you. Turn sharp LEFT and head for the Orangery. Carry on past the restaurant and follow the track round, with the sea wall on your left. Proceed ahead, through a gate with Mount Edgcombe Park on your right. Follow the concrete path. Looking across to the left you will see Drake's Island and further across, in the distance, Jennycliff. Keep along the foreshore with the pond and "Milton's temple" on the right. Continue ahead, still keeping the sea on your left and after a short climb through the woods, you come to a gate which leads out onto the open park. To your right, up the hill, is a folly. Go straight on, past a waymark post on your left, and then turn immediately LEFT down a narrow track, following the yellow waymarkers to a wooden boardwalk. The route now zig-zags up through the trees, climbing a series of wooden steps until finally coming to a stone built seating area called "Picklecombe Seat". From this point, looking out to sea, you have a good view of the Breakwater, which is one mile long. The path goes down some steps and comes to a post with three waymarks. Follow the green waymark heading straight on. When you reach a path coming in from the left, carry on to the RIGHT. After 100 yards you reach a path junction. Turn LEFT following the waymarked arrow. After 300 yards, at another waymarked path junction, turn RIGHT and after 25 yards go through a gate. 50 yards beyond the gate, where the signed path bears to the right, turn sharp LEFT taking a track down a grassy bank, through trees, towards the sea. On the way down you can see a white navigation cone ahead. On reaching the bottom of this grass track you come to a kissing gate which leads out onto the road. Turn RIGHT and walk along the road for about 50 yards, to the next signpost on the left, which reads "Kingsand 1 mile".



Milton's Temple

Turn LEFT **A** and take this path for about a mile, until you reach a gate that enters the outskirts of Kingsand.

Turn RIGHT here, **B** up Devonport Hill. (You can turn left down into Kingsand for toilets and refreshments, but retrace your steps to Devonport Hill). The road is steep and where it comes to an end continue along an enclosed track, still going uphill. When you come to a crossway of paths take a RIGHT turn, signposted to "Grenville Battery". On reaching the top of the track you come onto a metalled road. Turn RIGHT along this road for about 20 yards to a signpost on the left, pointing into a field. Go across the field diagonally to the RIGHT. The path is well signed with posts all the way. On exiting the field, turn RIGHT down the road until you reach a junction. The road bears to the right, but go LEFT signposted "Fort Picklecombe." Go past Maker Farm House on the right. 50 yards down this road is a signpost on the left "To Maker Church ½ a mile" go through the gate onto the track. At the end of this field there is another gate with a yellow waymark. Follow this path across the field, go over a stone slab stile and carry straight on, walking past the back of the Friary Manor Restaurant. Carry on to a gate, go through it and keep on walking with a stone wall on your left, heading towards Maker Church. Go over a waymarked wooden stile into a field. Turn sharp RIGHT, following the hedge on the right of the field, to a metal bar stile into an open area. Continue ahead towards Maker Church. Just before you reach the Church turn LEFT along a tarmac track to reach a junction.

**C** There is a signpost pointing ahead, indicating "Empacombe 1 mile, Cremyll Ferry 1¼ miles." Take this track and go through a gate to a road. Cross the road and take the footpath opposite, descending through the trees, following the footpath signs until you come out of the woods through a kissing gate into an open field overlooking the estuary. Head down the grassy slope to a metal gate at the bottom of the field, out onto the road.



Cremyll Ferry

Go straight across onto the public footpath signed "Cremyll Ferry." Follow this path with the creek on your left. Go through a kissing gate leading to Empacombe harbour and house. Go over a stile into their grounds. Walk round to the LEFT of the house and follow the path through a metal gateway. As the metalled path goes round to the right, continue straight on, passing Empacombe House and a walled garden on your left. Continue ahead for ¼ mile alongside the estuary, passing through 3 kissing gates and finally over a metal barred stile. When you come to a T-junction with a red-bricked house on the right, go LEFT, down to the main road and the Cremyll Ferry.

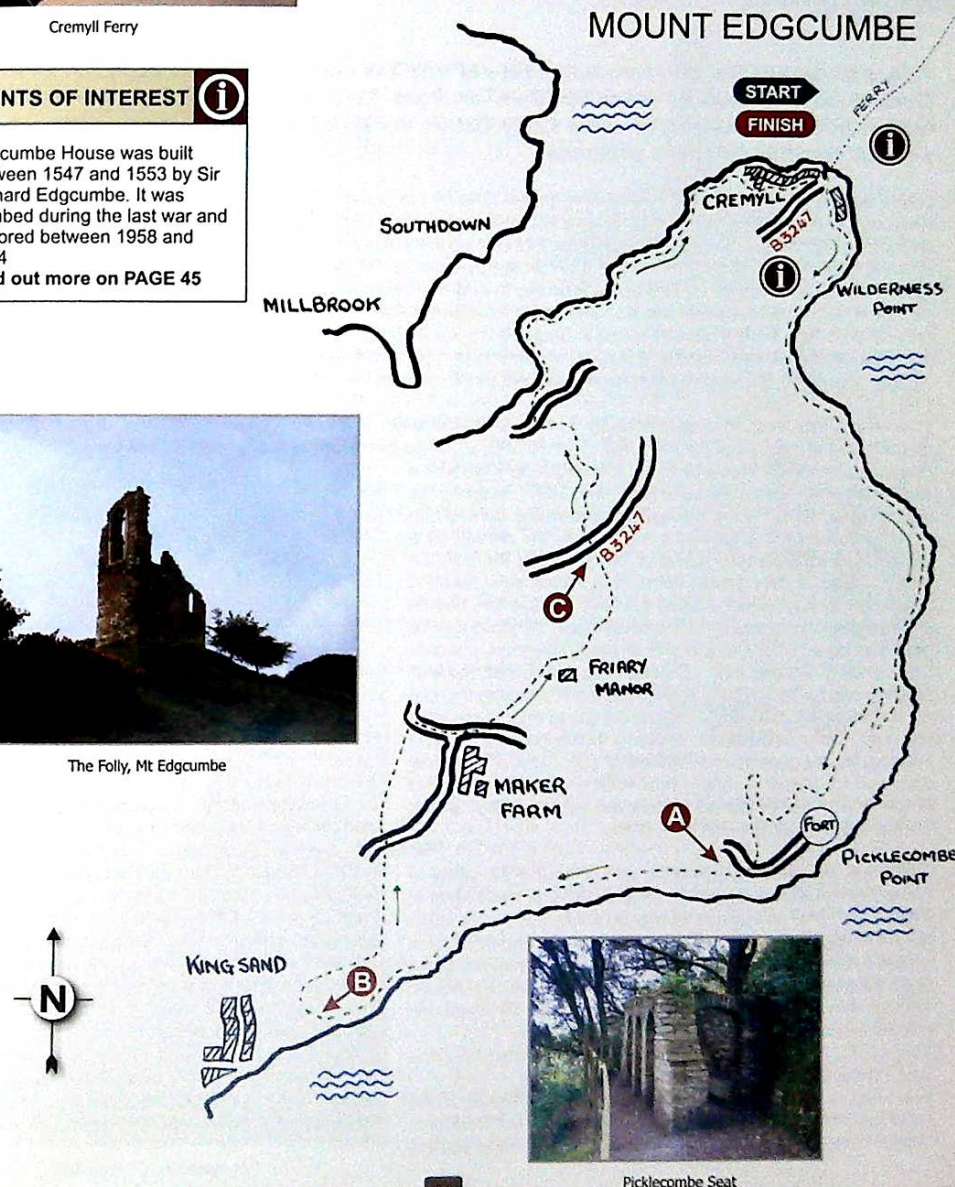
### POINTS OF INTEREST

Edgcombe House was built between 1547 and 1553 by Sir Richard Edgcombe. It was bombed during the last war and restored between 1958 and 1964  
Find out more on PAGE 45



The Folly, Mt Edgcombe

## MOUNT EDGCUMBE



Picklecombe Seat



# Peter Tavy, Boulters Tor, Collybrook

GRID REF	514778	GRADE:	Medium
DISTANCE	5 miles	DURATION:	3 hours
TOILETS		REFRESHMENTS:	In Village

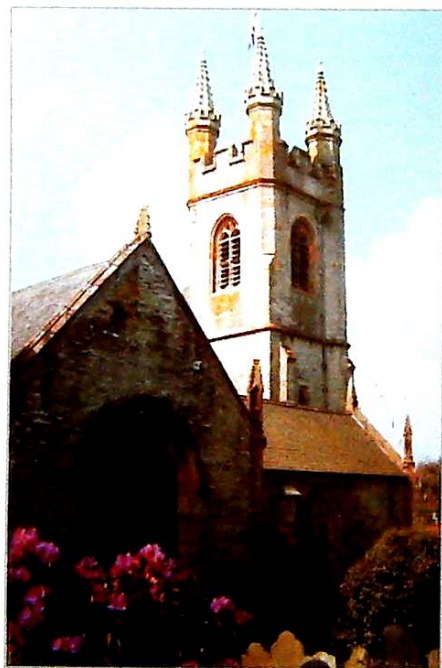
**START FROM** By church in Peter Tavy

This walk leaves the northern outskirts of Peter Tavy and climbs steeply to Boulters Tor. Once there, the views of White Tor, Cox Tor, Roos Tor and the Staple Tors make the climb worthwhile. The return down the Colly Brook Valley is also full of great views. In poor weather conditions, take a compass.

Leave the village by the road that passes to the right of the parish church (which is the road to Cudlipptown.) Keeping the church and graveyard on your left walk up the road, passing a blue sign that says "single track road". Take the first turning on the RIGHT and follow this lane up to the cattle grid. Go over the grid and 10 yards further on, take the grass track going up to the LEFT. After approximately 100 yards you come to a fork in the track. Take the right hand track that goes up and bears round to the right. Continue uphill, keeping the wall to your left. After 400 yards the path converges with the wall and becomes steeper. Continue upwards and as you near the top of the hill, the wall goes left. Follow the wall round to Boulters Tor, keeping the wall and the tor on your left. Go past the tor and continue straight ahead following the path, which runs parallel with the wall. After 200 yards the path converges with a stony farm track. Still keeping the wall on your left, continue on the farm track, which leads out onto the open moor.

Walk along this track for approximately ½ mile until you come to Stephen's Grave (a small upright stone on a mound), just to the right of the track. **A** Turn RIGHT, past Stephen's Grave and follow a trodden path (160 degrees, due south.) towards Wedlake farm. When you reach a stone wall by an entrance to Wedlake farm, turn LEFT, keeping the wall on your right. Follow the wall around to the right, going downhill to reach a gate and a signpost in the corner, by a stream. (which you have to cross before going through the gate). After a few yards there is another sign pointing diagonally to the RIGHT, across the field. Follow this path to another gate that leads onto the open moor. Go through the gate and bear RIGHT in a south westerly direction, towards the corner of a stone wall. On reaching the corner, the wall bears round to the RIGHT. Follow the track, keeping the wall on your right for 200 yards. When the stone wall bears off to the right, carry straight on, keeping to the grass track and heading for the tarmac road ahead of you. Turn LEFT along this road for about ¼ mile. Turn RIGHT at a dirt track that leads to a metal gate and a signpost, which reads "public bridle path to Peter Tavy via the Combe".

**B** Continue ahead, keeping the wall on your right, until you come to a three-way signpost. Take the RIGHT hand path, to Peter Tavy. This path winds its way downhill, first across open land and then through a wooden gate, into an enclosed lane, walled on both sides. When the stone wall bears round to the right, follow it to reach a small gate, on the right. Do not go through the gate but turn LEFT, go downhill for 50 yards and pick up a grass track. Turn LEFT. Ahead, you will see the Church of Peter Tavy and some white cottages. The path is not very clear, but head in the direction of the cottages picking your way through rocks and small boulders. Whilst going down, you may hear the sound of water coming



St. Peter's Church, Peter Tavy

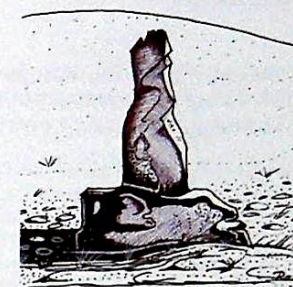


Pony on Moor by Wedlake

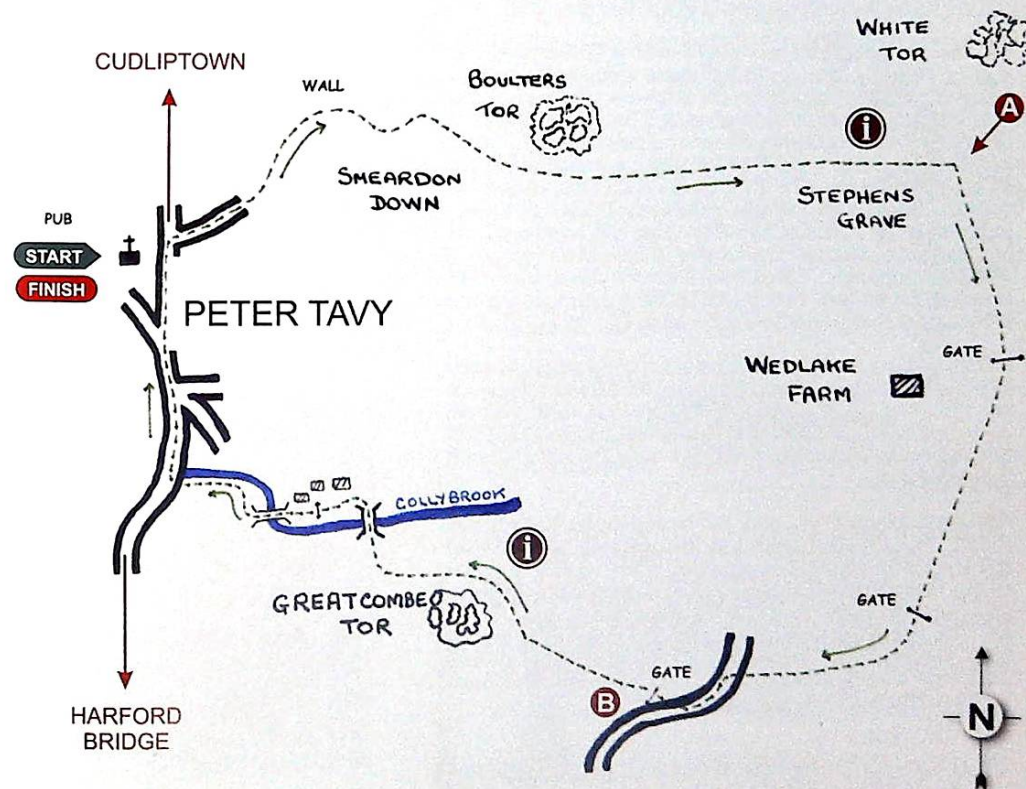
## POINTS OF INTEREST

George Stephens lived and died in Peter Tavy, the date unknown. His name, however, lives on.

Find out more on PAGE 45



Stephens Grave







Cofflete Creek Bridge

## Staddiscombe, Brixton Tor

GRID REF:	519517	GRADE:	Medium
DISTANCE:	5 miles	DURATION:	3 hours
TOILETS:		REFRESHMENTS:	

**START FROM** 'The Staddy' car park

A walk over gently undulating terrain with some good views over the surrounding countryside. The walk passes through fields, meadows and woods before coming down to the river. The return walk takes you through housing and playing fields.

Leave the car park at the main entrance turn LEFT and go towards Staddiscombe village, (following the road sign to Bovisand) crossing over to the pavement side. After 200 yards go past a postbox and cross the road to a track on the LEFT. The track starts to the right of Leyford Lane and shows "number 23 Traine road one mile". Proceed up this track to a stile. Go over the stile, turn right and continue around a field. After 150 yards go over a stile and down the steep track. At the bottom you come to a double stile and a footbridge, which goes over a small brook. Proceed up the hill which is a little steep. On reaching the top of the field you come to another stile. Cross over into a field and turn RIGHT keeping the hedge on the right. Continue up the field (from this spot there are some great views of Dartmoor) and cross over the stile in the corner of the field. Enter another field, keeping the hedge on the right and skirt around the field until you reach a stile on the right. Cross over into a lane and turn LEFT.

**A** After 100 yards at the main road T-junction (Traine Road), turn LEFT and cross over the road. Walk along the road for 50 yards and turn RIGHT down a signposted public footpath (sign shows "Footpath 24 to Brixton"). Descend by a steep path into woods. When the path levels out, cross a stile and keep ahead with a fence on the left. Follow the waymarked posts heading for a barn approximately 400 yards ahead. Bear to the left of the barn and cross over the stile in the top left hand corner of the field. Keeping the barn on the right, continue ahead along a hedge line, enclosed track. After 300 yards go through a wrought iron gate to a lane and turn RIGHT. Just 50 yards on, opposite a cottage, turn LEFT, cross a double stile and bear left, keeping the hedge on the left and open fields to the right. Head for the next stile at the end of the field and keep going straight on with the hedge on your left and slightly down hill. Almost at the bottom of the field, cross over to the other side and cross the stile, keeping the hedge on the left as you reach yet another stile. Cross this stile and go onto an enclosed track with a hedge on the left and a wire fence on the right. Follow this to a wooden stile and down some steps into the woods. This wooded track has a stream on the left hand side. At the bottom it comes out onto a road. Turn RIGHT, this leads to a small bridge at Cofflete creek (a good spot for a coffee stop). **B**

Retrace your steps to where you came out of the wood and carry on straight up the lane. The lane bears to the left with cottages on the right. Keep walking along the lane until you reach the main road. Turn RIGHT and walk past Wopplewell Cottage. Cross over the road and take a sharp left turn up a track (the signpost is set back a little way).

**C** Go to the top of this track and cross over the stile and turn RIGHT. Proceed uphill keeping the hedge on the right and head for the corner of the field to cross a stile. Carry on with the hedge on your right and after 200 yards go over another stile and down a grass bank into a lane. Turn RIGHT passing Halwell Barton on the left. The lane winds downhill and after 200 yards climbs steeply uphill (passing Acadia on the right). At the top of the hill the lane drops down towards a housing estate. At the bottom of the hill turn LEFT into Knapps Close, going uphill.

**D** At the top go through into Blackstone Close and turn LEFT immediately, going up a grass bank leading into the woods with the



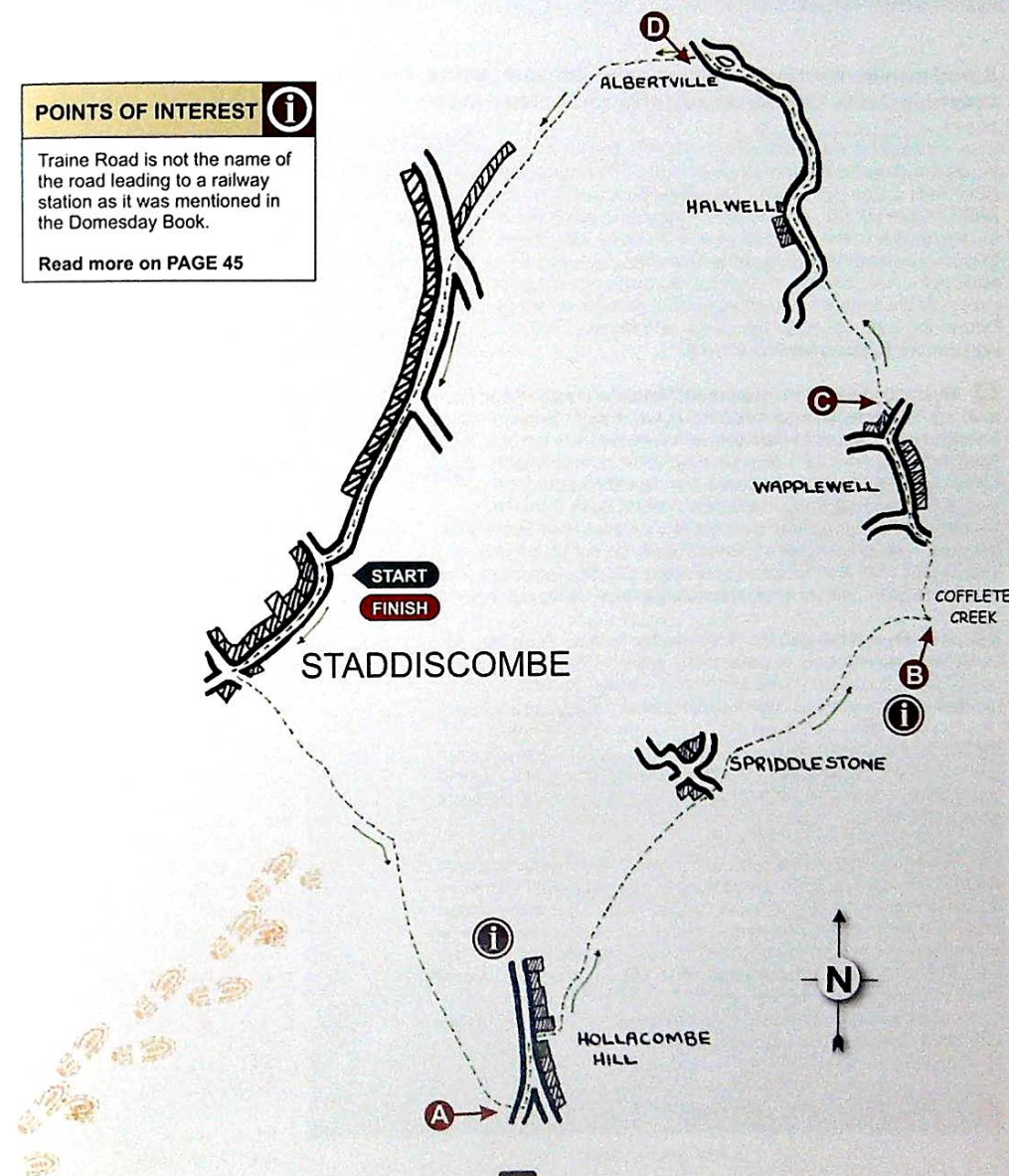
Stinging nettles and shorts can be a challenge for any walker!

houses on your right. After a short climb to the top you come out of the trees. Turn sharp RIGHT and walk along the edge of the field with the houses on the right. Keep going straight ahead and three quarters of the way along this field, go through a small gap in the hedgerow on the left to the other side of the field and turn RIGHT, coming out into Horsham playing fields. Keep ahead, with the hedge on the right, and proceed past some houses on the right and enter Horsham car park. Go through a gap in the hedge in the right hand corner of the car park, cross over the main road and pass to the right of the Crossroads Garage. Continue along Staddiscombe Road until reaching Kitter Drive on the right, 30 yards further on cross over the road and follow the public footpath sign on the left. This leads into Staddiscombe playing fields and 200 yards further on, in the top right hand corner of the field, the path enters the car park where the walk started.

### POINTS OF INTEREST

Traine Road is not the name of the road leading to a railway station as it was mentioned in the Domesday Book.

Read more on PAGE 45





# Bere Alston, Calstock Viaduct

GRID REF:	441674	GRADE:	Medium
DISTANCE:	5 miles	DURATION:	3 hours
TOILETS:	Next to Parish Hall in Bere Alston	REFRESHMENTS:	Bere Alston Village

**START FROM** Bere Alston Railway Station



The viaduct, Calstock

Some excellent long river views, interesting riverbank buildings and views of the historical Cotehele Quay. Can be muddy after rain. Steep in one place.

Leave the station car park and turn RIGHT. Proceed under the dual railway bridge and 40 yards beyond the bridge turn LEFT over a stile into a field. Take the diagonal path to the RIGHT down the hill. At the bottom follow the path towards a waymarked stile. Cross over and enter woodlands, following the path downhill. At a Y junction take the LEFT hand path, first climbing, then dropping down into the river valley. At the bottom the route leaves the wooded area then follows the track round to the LEFT with the river on your right and the Calstock viaduct ahead.



Manually changing the points. Bere Alston

**A** Go through a wooden gate past a farm house on the left and, just before reaching a barn ahead, turn RIGHT through a waymarked gate and follow the path towards the river. At the ferry stage turn LEFT along the top of the embankment, pass under the viaduct and follow the permitted path for a further ½ mile. The track finally bears off left away from the river and, on reaching a stile on the left, crosses over into a field. Turn RIGHT and keep the hedge on your right. Proceed past an ivy covered derelict building on your left to pass through a metal gate into a field. Continue ahead keeping the river and hedge on your right. Exit the field into a wood over a stile by a metal gate and continue by the side of the river. Still continue ahead (a gap by a slipway gives a view of Cotehele Quay on the opposite bank).

**B** Just beyond the gap the track divides in two. Take the LEFT fork and, after 300 yards going uphill, proceed through a wooden gate to pass picnic tables with "Ramblers Rest" on a notice nearby. Passing on through this collection of buildings (Ward Mine) you emerge through a gate on to a track. Turn immediately RIGHT (signed public footpath) to cross over a cattle grid and reach South Ward Farm. Keep the farm on your right following the waymark sign through a gate ahead to enter a field. Continue ahead keeping the fence posts on your right. At the end of the field go through a metal gate by another waymark sign and follow the path through the wood on the edge of the river. Pass through another gate and after 20 yards the path enters an open area and, keeping the river on your right, continue along the edge of the field. Enter a second field and, on reaching the far hedge, turn LEFT uphill until you reach a narrow metal gate on your right.

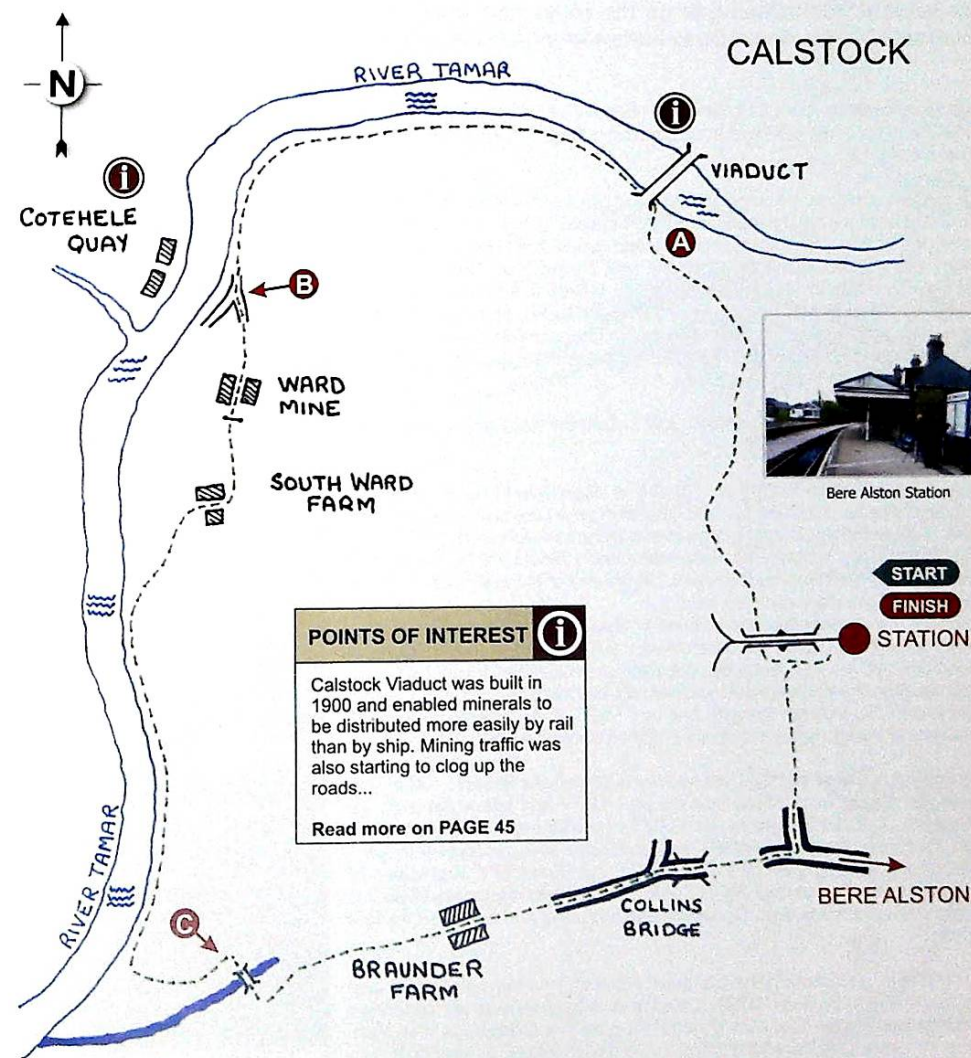


Calstock from the viaduct



View of the River Tamar. Near Calstock

**C** Follow the waymark and go through the gate, cross the stream by the wooden bridge, and on the other side, pass through another narrow metal gate. Turn LEFT and head along a broad track with a post and wire fence on the right. The track ahead then becomes enclosed by trees on either side. After 400 yards you will reach a farm building on your left. This is "Braunder". Pass through the farm. The track then becomes a tarmac lane which will lead you, after 500 yards, to a road junction. Turn RIGHT and cross the railway bridge (Collin's Bridge). On reaching a T-junction turn LEFT, following the road sign indicating the railway station. After 400 yards downhill, turn RIGHT into the station forecourt from whence you started.





## Brixton Circular

GRID REF: 553519

GRADE: Easy

DISTANCE: 5 miles

DURATION: 3 hours

TOILETS:

REFRESHMENTS: Garden Centre

START FROM

Elliot's Hill, off Steer Point Road. Brixton

This walk follows well defined paths and tracks around the countryside of Brixton. There are several quaint hamlets on the route and some great estuary views. The redundant Plymouth/Yealmpton railway adds a touch of recent history.

Leaving Elliot's Hill turn LEFT into Steer Point road and then first LEFT down a narrow road. At the T-junction turn RIGHT and go under a bridge, soon passing cottages at Winston. Continue ahead for about half a mile and then go down a steep hill.

**A** At the T-junction, go straight ahead and go over a stile into a field. Follow the left hand edge of the field (ignoring the first stile on the left, giving access to the creek). To your left you will get glimpses of a backwater of the river Yealm and Kitley Estate. Continue to follow the left hand edge of the field and cross a waymarked stile and a wooden plank bridge into a wood. Continue along the path by the river. After going down some steps you reach the track of the disused Plymouth to Yealmpton railway. Turn RIGHT following the waymarked signpost. Continue ahead under a bridge. At the next sign post on your left, you may like to detour left, for about 100 yards, to get a fine view of the backwater and an open grassed area, which is an excellent picnic spot (well worth the detour). Retrace your steps to the signpost and turn LEFT. Keep left at the next way marked junction, then go through a metal kissing gate to the tarmac road (Steer Point Road).

**B** Turn RIGHT and walk uphill. Just before the road bears sharp right, turn LEFT and cross over a stile by a footpath sign, into a field. **C**

Keep left across this long field. Go over a waymarked stile at the end of the field and head for a gate and stile, 200 yards ahead. Go over the stile and along the lane and over two more stiles. Immediately on your left, go over a stone stile, followed by a wooden stile, onto a path, which runs alongside a field. There will be a hedge on your right and a sunken road below it. At the end of this path go over a stile and descend the steps onto the road.

Turn LEFT and continue ahead under a railway bridge, until you reach the bridge at Cofflete Creek, which is on your left. Follow the road around to your right. When you reach the cottages at Brixton Tor, turn RIGHT and walk between the cottages until you see a public footpath sign and a kissing gate ahead. Go through the gate and turn LEFT. Pass through yet another kissing gate and go along a footpath and then under the railway bridge.

Go through another kissing gate and then turn sharp RIGHT. After 100 yards, go over a waymarked stile on your LEFT and follow the path, up through the field, for 200 yards. Turn LEFT over a stile with a public footpath sign. Continue diagonally RIGHT and go over a stile and then through a gate, to a tarmac lane at the hamlet of Combe. Turn LEFT, and after 100 yards climb the stile on your RIGHT and cross the field diagonally RIGHT to a gate with a footpath sign. Go across the next field and over the stile to a road.

Turn RIGHT, and passing the Garden Centre on your left, head uphill until you reach the main road (A379). Cross over to a minor road ahead (Hilltop Cottages) and after ½ a mile go straight over the crossroads and then, within 20 yards, take the way marked track through a gate, on your right.

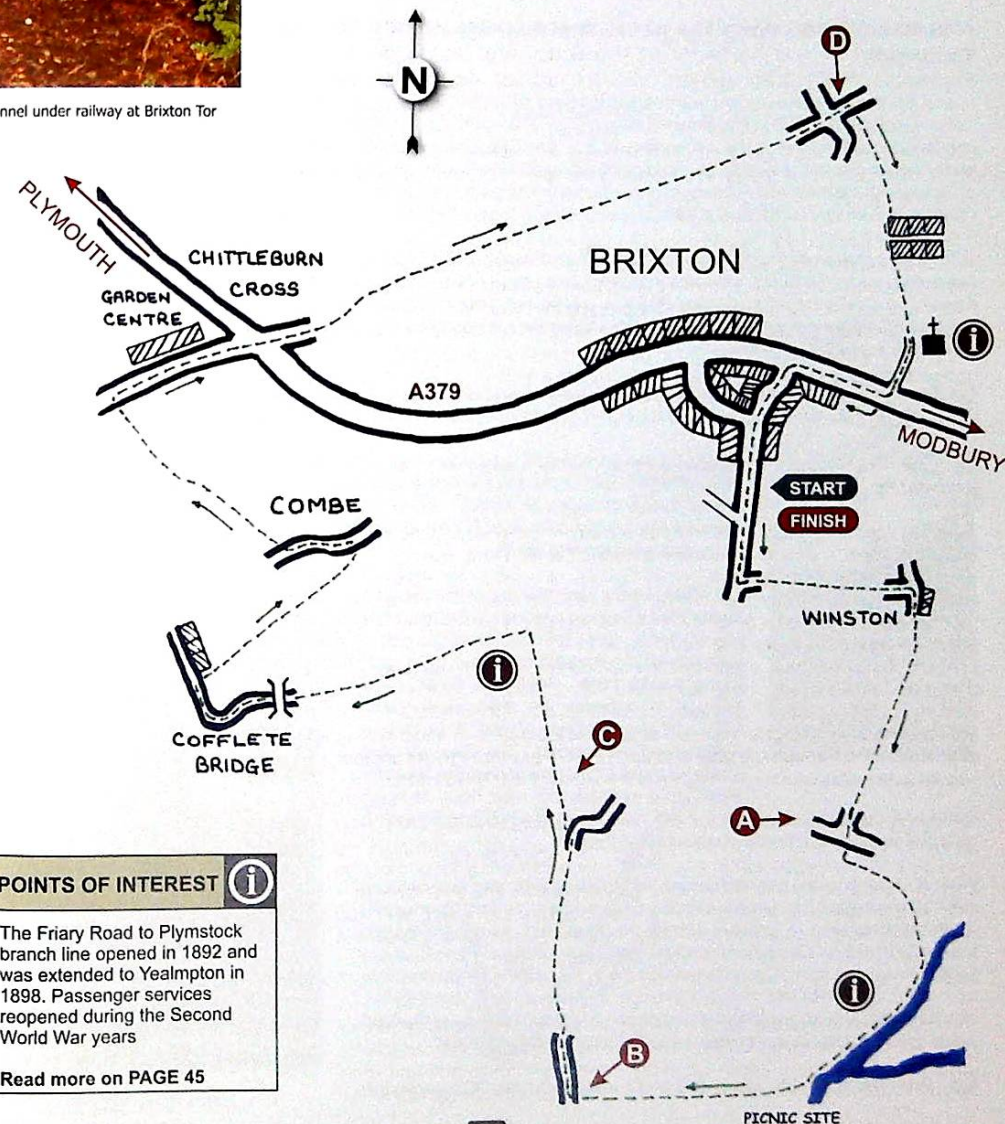


Celtic cross in graveyard. Brixton



Tunnel under railway at Brixton Tor

**D** Strike diagonally left, across the field, to a kissing gate. Walk between the houses, cross the road and go along the signed path and down the steps. At the bottom, cross the car park (Tuscany's) and go down the lane to the main road (A379). Turn RIGHT and cross over the road at the zebra crossing. Go down the road, by the post office, to return to the starting point.



## POINTS OF INTEREST

The Friary Road to Plymouth branch line opened in 1892 and was extended to Yealmpton in 1898. Passenger services reopened during the Second World War years

Read more on PAGE 45



# Tavistock Canal & Millhill

GRID REF: 481741

GRADE: Easy

DISTANCE: 6 miles

DURATION: 3 hours

TOILETS: Tavistock Car Park

REFRESHMENTS: Tavistock

**START FROM** Main Car Park, Canal Road, Tavistock

A pleasant walk along the canal and country lanes to the west of the market town of Tavistock.

Leave the car park and head towards Meadowland swimming pool, joining the path on the left, alongside the River Tavy. Continue for 300 yards downstream past a children's play park on the right. Take the path on the right and continue ahead, following the underpass, under the A386 Plymouth road. Turn RIGHT up a short flight of steps and go through a gap in the hedge, to join a path, alongside the canal. Turn LEFT and follow the canal path past the rear of Tavistock Community College. Continue along this path, through Crowndale woods, passing a bridge over the canal, which shows leakage of green copper sulphate, under the arch.

After a mile, pass under Shillamill Viaduct **A** and continue for a further ½ mile. At a lock gate, by a cottage on the opposite bank of the canal, the track bends left and passes over Lumburn aqueduct. At the end of the aqueduct, you have to cross the canal by turning RIGHT, over a concrete bridge (on metal supports) and pass through a gate. Follow the track alongside a wide ditch that was once a branch of the canal. After ¼ mile you reach a main road (A390) at Lumburn Cottages.

**B** Turn RIGHT and after 100 yards turn LEFT into a lane by Lumburn Mill and proceed uphill. Pass Newton House (ignoring the track on the left). On reaching a T-junction turn RIGHT following the road sign 'Millhill 1 mile'.

**C** (Note the granite mile post engraved "To the Quays 2 ½ miles"). Passing the house named "Toad Hall" on the left follow the lane down the hill and at the crossroads, proceed ahead to the cottages at Millhill. Pass through the village and at the crossroad, by Bridgewater Lodge, turn RIGHT and follow the lane, over a bridge and uphill.

**D** After ¼ mile, near the top of the hill, turn sharp RIGHT, along a narrow lane and after just 50 yards, turn LEFT following the public footpath sign, through a metal gate and along a farm track. After 400 yards, pass through a gateway by Stilesweek Farm buildings and continue ahead, through two waymarked metal gates. Continue straight ahead, across a field and go through another metal gate and into the next field, heading uphill and keeping the wall on the left. At the top of the hill cross over a stile and follow a wire fence and hedge, on the left.

After 200 yards cross over a wooden waymarked stile, into an enclosed path. (Downhouse farm and a monkey tree, are on your left) Shortly you cross another stile. Continue across the next field, keeping a walled hedge, on the left. Cross over a waymarked wall stile and cross the next field (passing an upright granite post on the right) to another waymarked wall stile. Turn RIGHT and go through a gateway and turn LEFT. Proceed up the field, keeping the hedge on your left. At the top of the field cross over the stile, to reach main road (B3362), and turn RIGHT.

**E** Proceed with care along this busy road and after 300 yards turn



Granite rubbing post on route

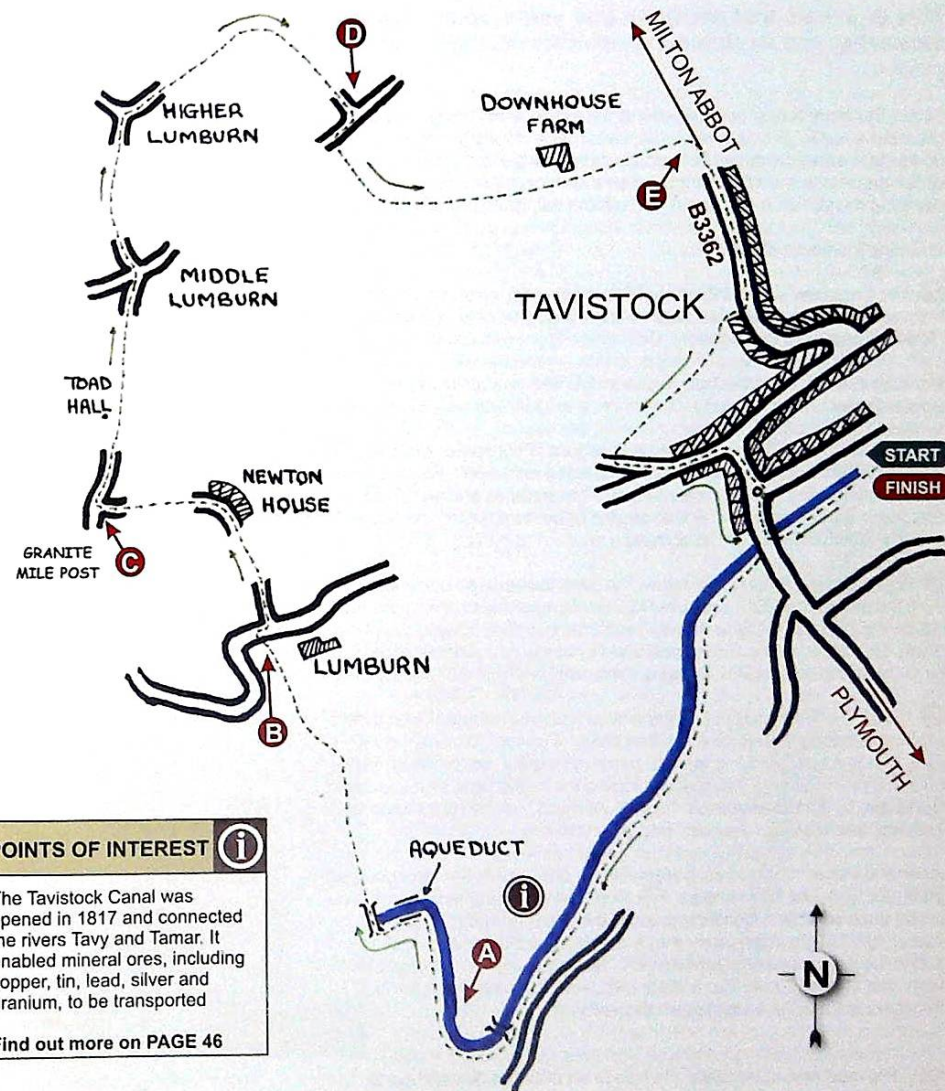


Drake's Statue, Tavistock



Tavistock Canal near Crowndale

RIGHT into Bolt House Close, then immediately RIGHT, up steps, to reach an enclosed track, that leads down to a disused rail track. Turn LEFT and walk along the track. After 300 yards leave the track and join a road and turn LEFT, dropping down the hill, until you reach the main Callington road. After 200 yards turn LEFT and pass by 'Our Lady of the Assumption Church'. Cross over the road following the road sign to Town Centre. Turn RIGHT past the statue of Sir Francis Drake and cross over the canal bridge and back through the underpass, to the car park where you started.



## POINTS OF INTEREST

The Tavistock Canal was opened in 1817 and connected the rivers Tavy and Tamar. It enabled mineral ores, including copper, tin, lead, silver and uranium, to be transported

Find out more on PAGE 46



## Whitchurch, Caseytown, Sortridge

GRID REF:	494726	GRADE:	Medium
DISTANCE:	6 miles	DURATION:	3 hours
TOILETS:		REFRESHMENTS:	Whitchurch

**START FROM** St Andrews Church, Whitchurch, Nr Tavistock

This is a walk that provides fine views of the countryside and moors, with a touch of antiquities and an abundance of stiles of all types. (Not suitable for dogs). Can be muddy in places.

Leave the church and proceed along the main road, passing the graveyard on the left. Continue along the road crossing a cattle grid and after 100 yards, at a 3-lane junction, turn diagonally LEFT and follow the grassy track upwards towards some gorse bushes. After 300 yards, at the top of the hill, bear off RIGHT, keeping to the track and walking towards a conical structure on the right, (which is the building on top of the underground reservoir). On reaching the golf club house car park on the left, head half RIGHT, with the golf course on the right, towards a road. Converge with the road and continue alongside it, in an easterly direction. At the 5-way road junction follow the road to Casey Town straight ahead.

**A** The road bears round to the right and after 200 yards, at a sign "Casey Town Cottage" and a Victorian wall post box; pass through a wooden gate on the LEFT and along an enclosed track. After 100 yards pass a house called "The Cottage" and immediately after, follow the waymarked path up some steps over a stone wall to an enclosed path. After 50 yards the path opens up into a meadow with a fence on the left. Continue along the waymarked track towards a wood. Go through a gap in the wall with granite posts. Proceed down some stone steps and into a wooded area. After 25 yards cross over a wooden stile, by a small stream. Turn LEFT and walk uphill skirting an enclosed paddock on the right. Continue bearing to the right, cross over a stile onto a farm track and then immediately over a stile opposite, into a field. Proceed ahead keeping to a wall on the left. After 50 yards, pass through a gated opening and continue into the next field. Cross the field diagonally LEFT, to the right hand corner. At the top, take the left hand gate of two. Proceed into the next field keeping the tree-topped wall on your right. After 150 yards cross over a stile and through a field and pass in front of and to the left of a corrugated metal barn. Go over a ladder stile and onto open moorland.

**B** Bear off to the RIGHT and follow the track to merge with a wall on the right. After 300 yards the track bears away from the wall to the LEFT and after 400 yards reaches a road. Turn RIGHT and proceed alongside it, passing a sign indicating the road to "Whimington" and after a further 50 yards a sign on the right indicating "Fullamoor." Continue along the road over the Grimstone and Sortridge Leat and after 400 yards cross over a cattle grid. Continue ahead for 100yds and turn RIGHT, passing through a gate with a fingerboard "public footpath to Sortridge."

**C** Cross the field, keeping to the walled hedge on the left and proceed through a gate into another field. Continue through a gate into the next field. After 100 yards go over a waymarked stile, with a metal gate alongside. Follow the finger post sign to Sortridge. The track bears RIGHT downhill, past a derelict building and through a wood, into the Sortridge Consul Mine area. Cross over a waymarked stile, passing a pond on the right (nature reserve). Pass in front of the old mine captain's house on the right: 'The Old Mine House'. **D** Continue ahead, entering a broad enclosed track with a fence on the left and a hedge on the right. After 200 yards cross a stile on the right, following the public footpath signed to Whitchurch. Keep the hedge on your right and proceed over the ladder stile into the next field and through a small spinney and cross the next stile.

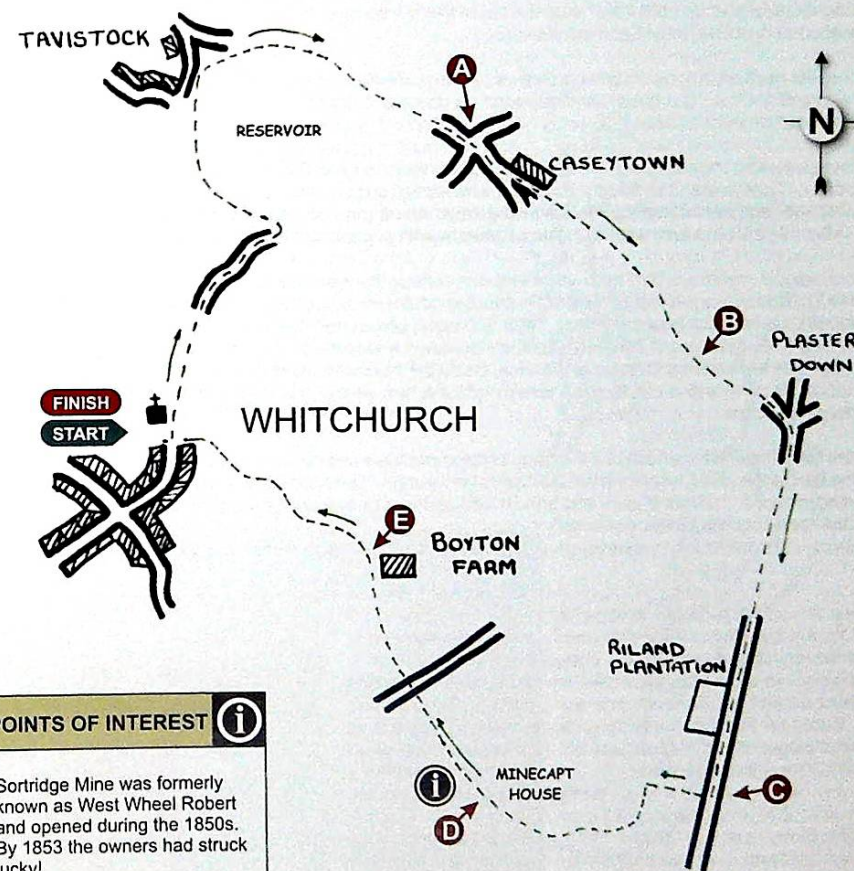
Cross over a farm lane (Sortridge) and enter a field via a metal gate. Proceed ahead, keeping the hedge on the right, to another



Victorian Post Box. Caseytown

metal gate 100 yards ahead. After 300 yards, at the top right hand corner of the field, cross a stile and pass over a lane and the stile beyond, into a field. Continue along the field with the hedge on the right. After 300 yards leave the field via a metal gate in the right hand corner. Turn RIGHT at the farm track (Boyton Farm).

**E** Just before a granite post in front of the farm, turn LEFT. Pass over the stile with a gate alongside. Continue downhill, keeping the hedge on the right. After 100 yards cross over a waymarked stile and continue with the hedge on the right. Cross a stone bridge and after a few yards turn LEFT into a field, following the footpath sign. Cut across the field to reach a metal gate by a telegraph pole and head diagonally LEFT up the next field. Cross a waymarked granite stile and go ahead to another granite stile, following the waymarked signs. Follow the route diagonally RIGHT, across the field. After 200 yards, cross a stile keeping the hedge on the right. After 200 yards cross another metal stile into the field beyond. After another 200 yards go through a metal gate, with a block stone stile on the right. Move diagonally LEFT away from the hedge across the field towards the church at Whitchurch. After 150 yards cross a granite waymarked stile. Continue down the hill and over a stile and wooden bridge. Strike diagonally LEFT, up the hill. After 300 yards, arrive back at St Andrews Church.



## POINTS OF INTEREST

Sortridge Mine was formerly known as West Wheel Robert and opened during the 1850s. By 1853 the owners had struck lucky!

Find out more on PAGE 46



# Bigbury, Ringmore, Challaborough & the Avon Estuary

GRID REF:	652442	GRADE:	Medium
DISTANCE:	6 miles	DURATION:	3 ½ hours
TOILETS:	Local villages & carparks	REFRESHMENTS:	Local villages

**START FROM** Bigbury on Sea Car Park

This is a fine walk with splendid sea views, country villages and an estuary trail. All combined, to provide the best of coastal and countryside walking in the popular South Hams

On leaving the car park turn RIGHT, keeping the sea on the right, and proceed along the coastal road. After 300 yards continue ahead up Folly Hill. Near the top of the hill, go past "Mount Folly Farm" and after 25 yards, take the signposted track on the RIGHT and enter a field.

**A** Keeping the hedge on your right continue straight on for 400 yards. Cross over a waymarked stile and enter the edge of a golf course. Continue with the hedge on your right, finally emerging on the bend of a tarmac road. Turn LEFT along the road and after 250 yards turn RIGHT, to cross over a cattle grid, following the road down towards Hexdown. At "Hexdown Farm" buildings, proceed through a gate by a cattle grid and bear RIGHT, then LEFT, past converted barns on the left. Continue ahead through a waymarked gate, and then bear RIGHT down a path towards the estuary. Continue ahead through the next waymarked gate, finally emerging by a cottage on your left. Follow the public footpath sign to your LEFT up a broad track. Continue upwards passing "Greenwell House" on your right. After 500 yards the track bears RIGHT between two buildings (Lincombe Barn).

Carry on up the made up road and, just before reaching the main road, you will see a permissive path on your RIGHT. This path runs parallel to the road but on the other side of the hedge. Continue STRAIGHT along this track keeping the road and hedge on your left. After 200 yards go through a zig zag gate (signed Avon Estuary Walk) and continue ahead. At the sign, "Milburn Orchard," continue ahead keeping parallel with the road. After a further 100 yards, just before reaching the end of the field, bear LEFT onto the road and turn RIGHT towards Bigbury Village. After 25 yards, where the road bends sharp right into the village, take the third road on the LEFT signposted, "Ringmore 1½ miles."

**B** Go straight on past the front of a thatched cottage and down an enclosed track, over a stile and continue ahead, keeping the hedge on your right. After 200 yards go through the hedge by a waymarked post. Turn LEFT and after 50 yards go over a "squeeze" stile and turn RIGHT, along a wide track. Cross a small stream (the track bears left) and on reaching a metal gate go through and follow the waymarked sign RIGHT, along a broad track.

Go past a waymarked sign post by a small footbridge and continue ahead. At the bottom of the broad track bear RIGHT through a kissing gate over a stream and then LEFT by a waymarked post. Carry on through the wide gate and head diagonally RIGHT, up a steep field, to the top right hand corner.

Cross over a stile on your LEFT and proceed along the top of the field, keeping the hedge on your right, to reach a kissing gate by a white house. Bear RIGHT, following the broad track between the houses. **C** On reaching the main road at Ringmore, turn LEFT



View from Tobys Point near Bigbury

by a post box and a signpost indicating, "Challaborough". Continue ahead passing Cross Manor on the right. Where the road turns sharp left, carry straight on following the footpath sign, to the coast path link.

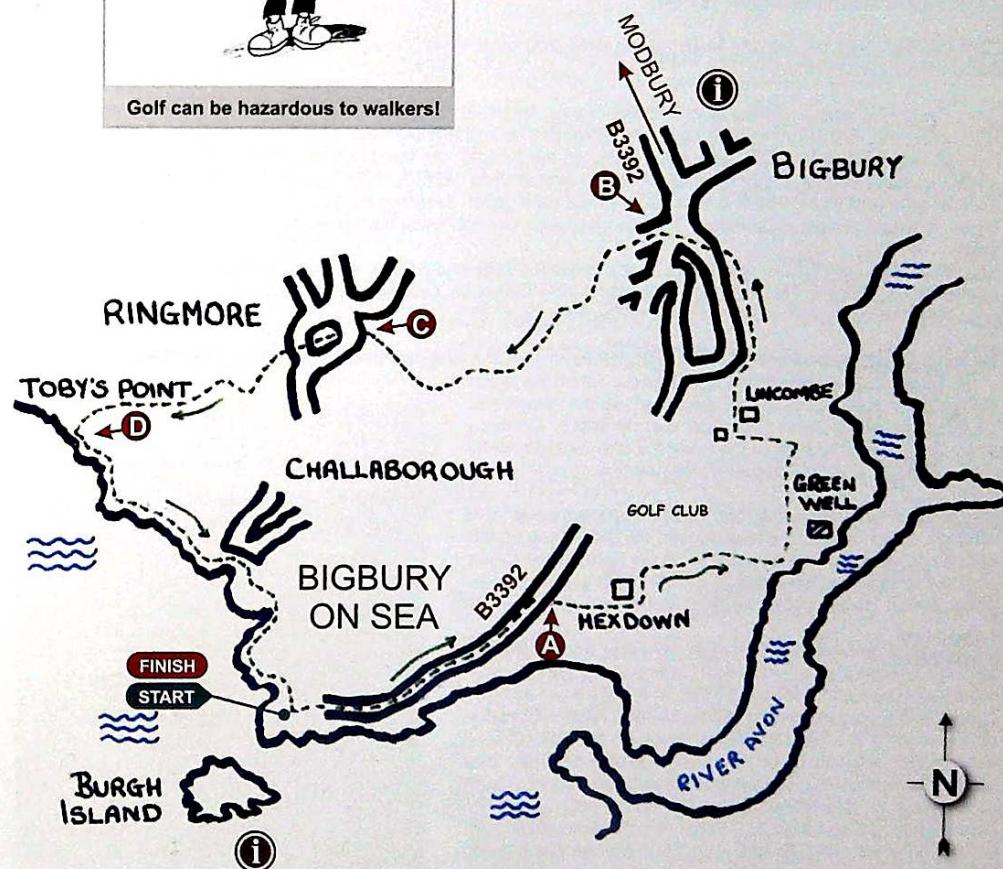
At Toby's Point turn LEFT **D** and follow the coastal path to Challaborough. The path passes in front of the Challaborough Caravan Park and continues over Warren Point to the car park at Bigbury-on-Sea.



## POINTS OF INTEREST

Burgh Island Hotel, built in 1929, just off Bigbury beach has been visited by the rich and famous. Guests have included Noel Coward, the Duke of Windsor and Mrs Simpson

Find out more on PAGE 46







Clapper Bridge at Dean burn

## Abbot's Way to Huntingdon Cross

GRID REF:	700667	GRADE:	Medium
DISTANCE:	6 miles	DURATION:	3½ hours
TOILETS:	Buckfastleigh	REFRESHMENTS:	Buckfastleigh

**START FROM** Lay by 200 yards before Cross Furzes

This is an open moorland walk with mainly well-defined tracks. The route starts by following part of the Abbot's Way and provides some splendid views of the moors and Avon Reservoir. However, this walk should not be attempted in poor visibility unless you are an experienced walker, with a compass and map.

**Start:** To get to Cross Furzes take the Wallaford Road out of Buckfastleigh (past the Town Hall and Fire Station). Cross Furzes is 2½ miles along this road.

Start the walk from the parking layby on the right, 200 yards before reaching Cross Furzes road junction, on the Buckfastleigh/Holne Road.

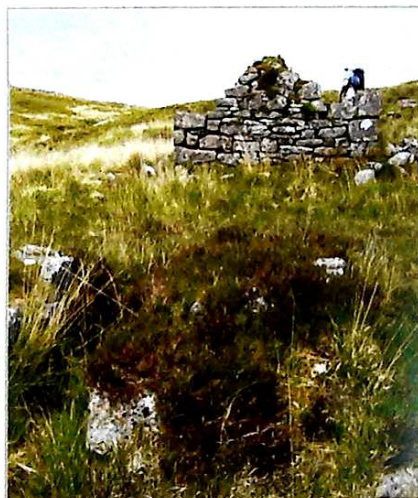
From the lay by, cross over the Buckfastleigh/Holne Road and take the stony track, which is signposted "Abbot's Way bridlepath, Plym Ford and Nun's Cross". Proceed down the steep track, to cross over a clapper bridge at Dean Burn (look for the date 1737, amongst others, on the bridge). On the other side of the stream continue straight ahead, passing through a gate and following the signed route "Abbot's Way, Plym Ford". Continue ahead through another gate and trees, keeping to a well defined path uphill, following the blue topped marker posts, up Lambs Down, in a south westerly direction. After ½ mile, pass through a wooden gate and continue ahead towards some trees.

At a stream in a gully **A** the path bears right to cross the stream. Continue on the rough track, still following the blue marker posts. Keep to the fence on the right and after 300 yards, pass through a wooden gate and turn LEFT uphill, keeping a small group of coniferous trees on the left.

**B** Where the trees end, continue ahead in the same direction (South of West. 260 degrees). As you reach the crest of the hill you can see Eastern White Burrow Tor on the horizon, 1½ miles ahead (it looks like a submarine). In the foreground, the expanse of the Avon Reservoir can be seen. Continue down the track to the right of the reservoir and cross Brockhill stream **C** (Care should be taken in the winter).

Continue ahead, following the clearly defined track in a westerly direction, with the reservoir on the left. Keep on this track alongside the River Avon for ¼ mile to Huntingdon Cross. Just before reaching the cross turn RIGHT **D** at the Western Wella Brook, strike uphill, keeping the brook on your left.

Do not cross over the brook but make your way north, following the track between rocks. After 400 yards pass by the ruin of an old water wheel and just beyond this, in a gully, is an open air chapel with a plaque reading "Kebble Martin, 1904". Continue uphill, keeping the Western Wella Brook on the left, passing some walled enclosures on the other side of the brook. Just beyond the enclosures, the ruins of Huntingdon Warren House can be seen (a little higher up the hill, on the left). Keep the brook on the left and after 300 yards you reach a bridge over the brook, which consists of 5 lengths of granite, laid side by side **E**.



Old water wheel housing near Huntingdon cross



Huntingdon cross

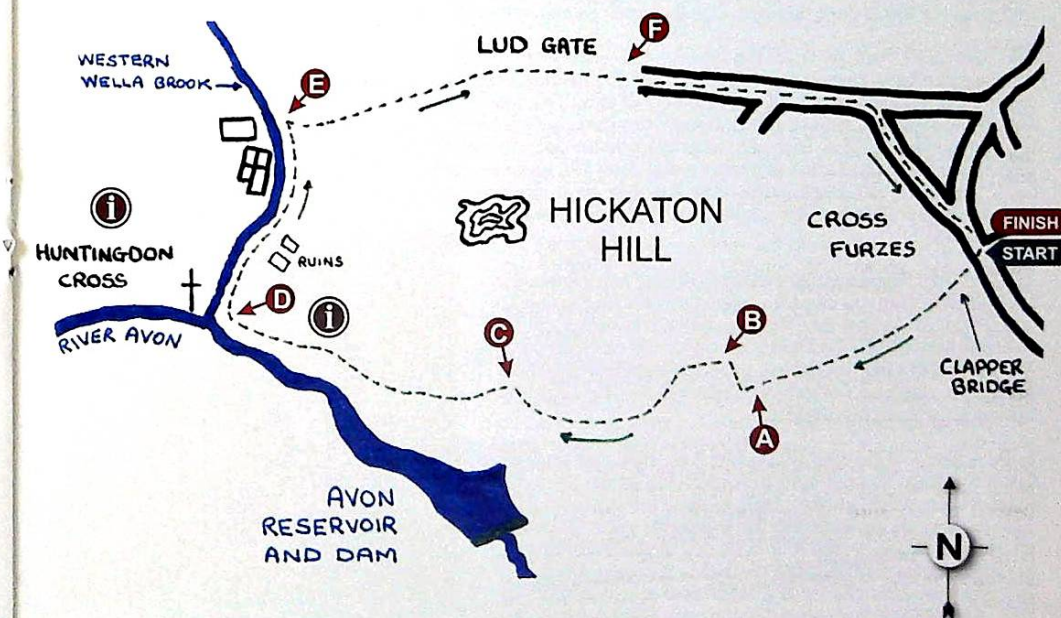
At this point turn sharp RIGHT and follow the broad track in an easterly direction (120 degrees) Follow this miner's track between Pupers Hill and Hickaton Hill for 1 mile to Lud Gate.

At Lud Gate **F** pass through a wooden gate to leave the moor and enter an enclosed track. Pass Furze Acres on the left and after ½ mile, pass the entrance to Hayford Hall on the right. Continue along the tarmac lane for approximately 1 mile to reach the junction at Cross Furzes. Turn RIGHT and after 200 yards you are back at the start of the walk.

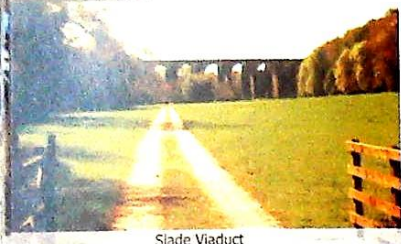
### POINTS OF INTEREST

The Abbot's Way began as a monastical communications route between Buckfast Abbey and Buckland Abbey. The route is sometimes known as the Jobber's Path

Read more on PAGE 47







Slade Viaduct

## Lee Mill, Corntown

GRID REF: 599557

DISTANCE: 7 miles

TOILETS:

GRADE: Medium

DURATION: 3½ hours

REFRESHMENTS: Lee Mill

**START FROM** Harris Way, opposite Westward Inn, Lee Mill

This is a figure of eight walk, over fairly flat farmland and woodland. The walk passes through some delightful hamlets and provides a refreshing taste of the countryside.

The walk starts at a public footpath sign, by a six-barred metal gate/stile in Harris Way. Go over the stile and up the field with the wall on your right. Proceed through the next gate and continue diagonally RIGHT across the field, past a ruined building to a stile and stream. Cross the stream and bear left along the field, keeping the hedge to your left. After 400 yards you come to a wooden stile. Cross over and proceed with the hedge to your left (if wet bear left behind the hedge and rejoin the path at the small stone bridge). Continue for another 300 yards to a stile by a metal gate. Go over the stile and continue in the same direction for 400 yards to another stile, which you go over and proceed ahead for 100 yards. Enter a track past a fir tree on your left and continue ahead past a house called "Bryony", to a wooden gate. Go straight ahead until you come to a farm called "Oaklands".

Proceed for 100 yards and go through a gate with a mailbox attached and past a bungalow called "The Bungalow". After 100 yards you reach a metalled road.

**A** Turn RIGHT and continue along the road for 200 yards. Cross a small bridge called "Marks Bridge" by Watersmeet House and after 100 yards, turn LEFT to cross over a stile (opposite a farm entrance). Follow the path which bears half right, into the woods and 50 yards on, climb over a stile (it has a dog door) into a field. Cross the field, keeping the woodlands on your left, to another stile with a waymarker. Enter the wood and after 100 yards go through a gate onto a lane. Turn LEFT and continue ahead passing "Little Stert Farm" and "Storridge Wood Lodge" on the right. Pass under a railway bridge and continue for another 700 yards until you reach Corntown crossroads.

**B** Turn LEFT here, go down the lane for 450 yards and cross a small stone bridge over a weir. Just past the entrance to a farm, there is a gate on the LEFT (part of the Slade Estate). Go through the gate and head directly towards the viaduct, (about 400 yards in front of you). The river is on your left as you approach the viaduct. Slade House soon appears on your right and you follow the driveway towards the house. 100 yards before the house there is a path on your LEFT. This path leads to a wooden gate, which you go through and continue along an enclosed path, under the viaduct and into a small wood. After 400 yards you come out of the woods onto a tarmac road. Turn LEFT and after 100 yards, cross over the river by a stone bridge. A further 200 yards brings you to a "T" junction (at Little Stert Farm).

**C** Turn RIGHT and after 50 yards turn RIGHT into the woods, following the route you came by. After 300 yards go over a stile into a field. Cross over the next stile, out of the woods, onto a road and turn RIGHT. Go along the lane for 400 yards, ignoring the first footpath sign on the left, passing Frog Cottage. A little further on, opposite Furzedown Cottage turn LEFT **D** and follow the public footpath sign.

Enter a field and go over a stile and bear right, keeping the fence and trees on your right. Proceed 300 yards uphill and enter a second field via the gate. Keep to the right and after 100 yards enter an enclosed track going slightly down hill, passing some pools on the right as you proceed down. At a track junction, continue straight ahead, following the public footpath sign. After 400 yards just before reaching a concrete path, turn RIGHT through a kissing gate **E** and follow the signed route along a concrete track. Continue for 100 yards

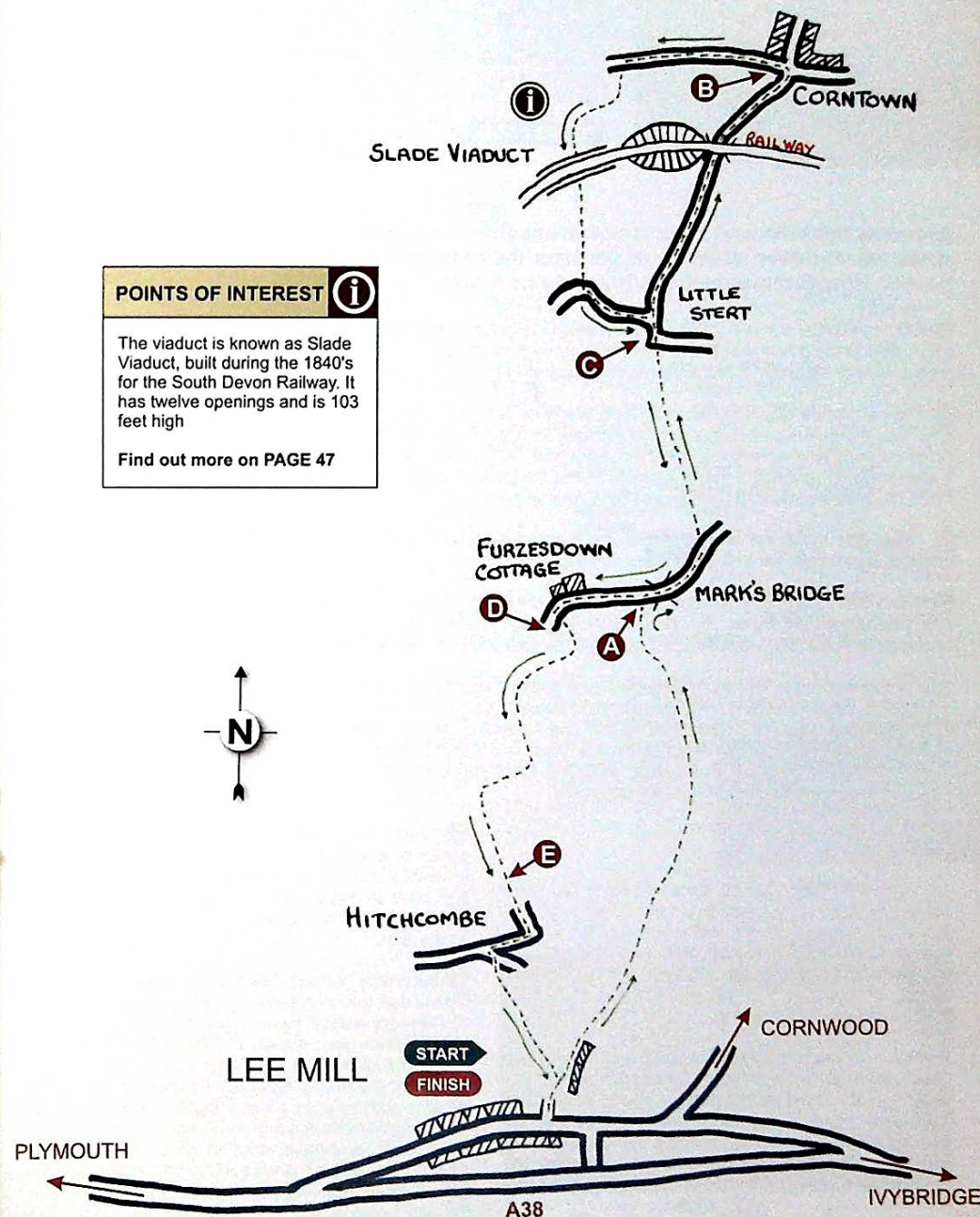


and turn LEFT. After 25 yards go over a wooden stile on your RIGHT and bear diagonally LEFT across a field for 50 yds, behind some farm buildings. Descend the steps to a small stream, go over the stile and uphill diagonally LEFT; to a gap in the hedge (waymarked) continue through the gap and across the field to reach the stile where you first started.

### POINTS OF INTEREST

The viaduct is known as Slade Viaduct, built during the 1840's for the South Devon Railway. It has twelve openings and is 103 feet high

Find out more on PAGE 47







Grimspound prehistoric walled village

## Warren House, Grimspound and Bennett's cross

GRID REF: 676811

GRADE: Medium

DISTANCE: 7 miles

DURATION: 4 1/2 hours

TOILETS:

REFRESHMENTS:

Warren House Inn

### START FROM

Car park just past the Warren House Inn on the B3212 2 miles after Postbridge

A journey back through time. You can imagine the tin miners toiling away, the noise of the water wheel driven stamps, or perhaps the miners enjoying themselves in the Warren House! Now, just undulating ruins and pine forest.

**START:** Leave the car park going between two metal posts marked with a blue arrow and the words "Public bridle path". Follow the broad grassy track downhill, curving round to the right and then to the left. Just before reaching a granite walled enclosure, turn LEFT onto another grassy track.

**A** The path leads slowly uphill, in a North Westerly direction, through the old mine workings of the Vitifer Mine complex. Where the path opens out into a grassy area, continue ahead uphill until you reach the B3212 at Bennett's Cross car park, where there is a 'short' waymark post. With your back to the road, take the route to the LEFT marked "Coast to Coast", parallel to the main road. Follow the grassy track uphill, curving round the northern slopes of Birch Tor. (This route is part of the Two Moors Way.) After about 1 1/4 miles you reach an unfenced road.

**B** Cross over and continue uphill, following a collapsed granite wall, 10 yards to your right. Approximately 500 yards later you reach another granite wall running across in front of you.

**C** Turn RIGHT, pass over the collapsed wall and take the right-hand path, of the two in front of you. Shortly, you reach the rocks of Hookney Tor. Keeping AHEAD and just after the most prominent rock on your right, the track becomes narrower and leads off LEFT downhill, towards a large stone circular enclosure, about 400 yards away. **D**

This is Grimspound. The route becomes well defined shortly after, leading on to a granite pavement. Having reached the pound on your LEFT, cross a small stream. About 50 yards later, there is a small prominent rock away from the wall on your left. Here, turn RIGHT and follow the granite pavement downhill, to reach the road at Firth Bridge. Turn LEFT and after about 300 yards, there is a metalled track on the right. Turn up this track leading to Headland Warren Farm. Just before reaching the buildings, turn LEFT and go through a gate signed to Challacombe Farm. Turn LEFT onto a grassy path.

**E** After 400 yards go through another gate and continue ahead for a further 400 yards. Continue towards the group of trees at Challacombe Cottages and pass through a gate to the left of the cottages. Pass through 4 more gates, keeping the farm buildings on the right.

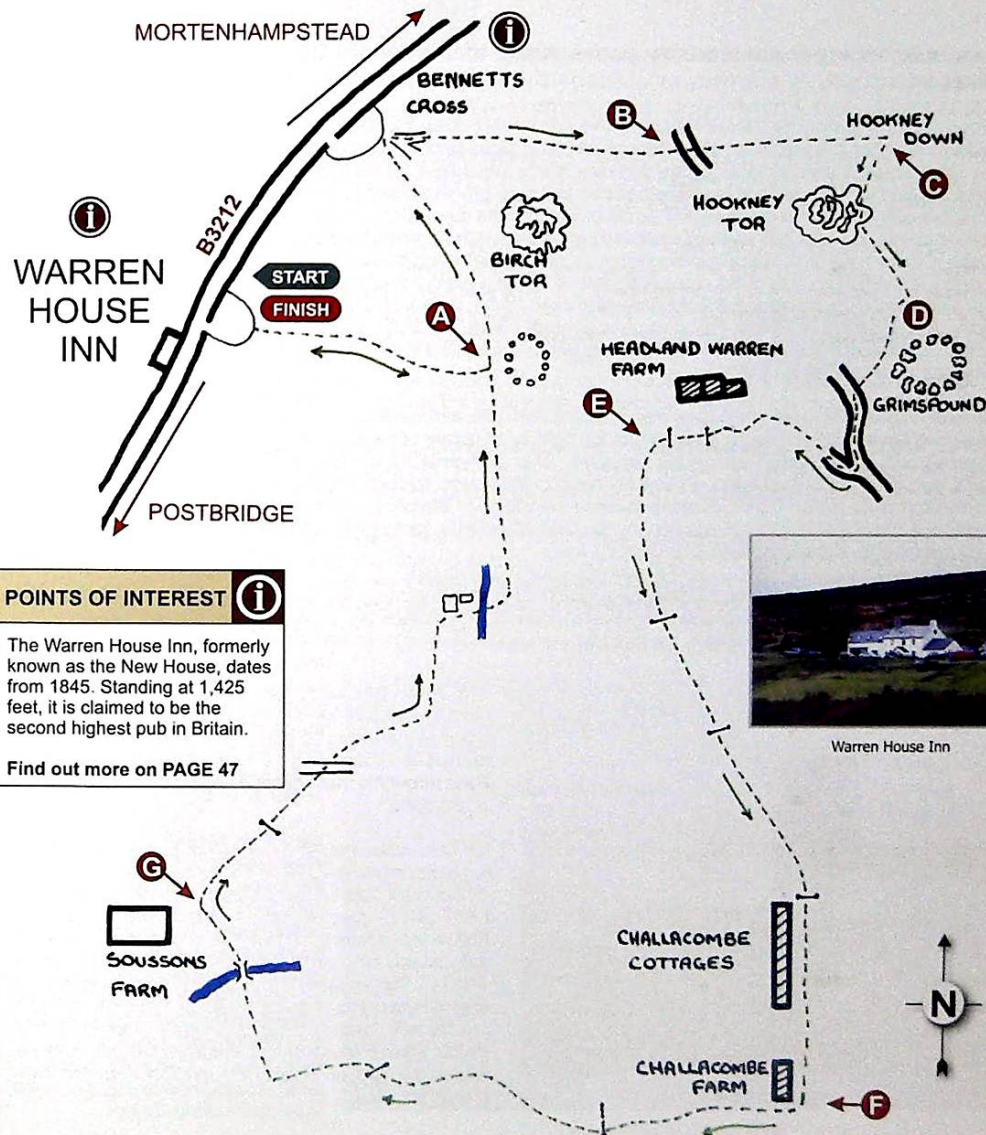
**F** Soon after, the path leads uphill, towards two gates. On the wall between them is a plaque indicating "Duke of Cornwall habitat award scheme 1996". Take the LEFT HAND gate, signed to "Road near Soussons". Follow the grassy track to a gate with a stile. Take the path ahead and slightly downhill, towards the conifer woods. Shortly after, cross a small stone bridge onto another grassy track going uphill, following a wire fence on the left, leading to another gate marked "Bridle Path". Pass through and continue ahead, with a stone wall on the right, giving way to a wire fence coming in on the left. Head for the corner of the fence, with



Hookney down

Soussons Farm ahead. Keep to the wire fence, until you reach a short waymark post, (only 18 inches high.) At this point turn RIGHT. Cross a small stream and head towards the fingerboard by a gateway, to the right of the farm.

**G** Take the route to the RIGHT indicated "Bridle Path to Bennett's Cross". Keeping the conifer woods on your left, head towards a gate. Once through this gate, follow the path through some conifers and cross a gravelled roadway. The path leads uphill through more mature trees and comes out onto a broad gravel track. Turn LEFT, following the fingerboard direction to "Bennett's Cross and Headland Warren." At the next fingerboard and track junction, take the right hand track past the collapsed walls of an old building on your left. (This was part of the Golden Dagger Mine and known as a "miner's dry".) Cross a small stream and reach another fingerboard. Turn LEFT to follow the indicated route to "Bennett's Cross and B3212". Pass through a gate and keep AHEAD. About 600 yards later you reach a grassy Nature Conservation Area and the remains of a building, on the left. Turn LEFT onto the track, which leads uphill, back to the car park where you started.



Warren House Inn





View of Plymouth from point D

## Wembury Coastal Tour

GRID REF: 503501

DISTANCE: 7 ½ miles

TOILETS: Wembury Beach

GRADE: Easy

DURATION: 4 hours

REFRESHMENTS: Wembury Beach

START FROM

Manor Bourne Road, Down Thomas

This walk incorporates country paths, lanes and splendid Devon estuary and coastal views.

Leave Manor Bourne Road, Down Thomas and turn RIGHT down the main road at Down Thomas, passing the Mussel Inn. After 200 yards turn LEFT through a kissing gate signposted to Langdon and Wembury. Continue for a few yards, through another kissing gate and over a stile into a field. At the waymarked post, take the LEFT track down the field for 100 yards. Cross another stile and then proceed down the next field to a wooden plank bridge. Cross the bridge and walk uphill for 300 yards, passing a farm building on the right until you reach a stile. Cross the stile into a field and after 200 yards go over another stile to a lane. Immediately opposite, a stone stile takes you into a field. Go down the field, keeping to the hedge on the right, following the fingerboard direction to Wembury beach 1 ½ miles. At the bottom of the field, cross over a stone stile into another field with the Home Farm building on the right. Proceed downhill on the track following the waymarked posts. (Langdon Court can be seen 300 yards away on the right). At the bottom of the hill, the track goes through a wide gap in the wall and turns sharp RIGHT, following a stream on the right. Continue ahead to a spinney and cross a gated stile. 30 yards further on, at a waymarked post, follow the route uphill to the LEFT.

**A** After a steep 100 yards climb pass over a waymarked stile and continue uphill with a walled hedge on the right. Cross two fields, until you reach a stile in the top right hand corner of the second field. Cross over and follow the diagonal track on the RIGHT across the next field. After 200 yards cross a waymarked stile and turn immediately LEFT, through a gap in the hedge. Follow the track for 200 yards, through another gap in the hedge and follow the waymarked route to the RIGHT, downhill towards the village of Wembury. Cross a wooden stile to a lane (Traine Road) and turn RIGHT. At the T-junction, by the Odd Wheel Pub, turn LEFT. After 75 yards cross the road by the shop and take the signposted path to 'Brownhill Lane'.

**B** The path bends sharply to the left, then turn RIGHT up some stone steps to cross a field. On the other side of the field, go through a kissing gate and follow the path alongside a high wall. 300 yards on, pass through a kissing gate and over a stone stile to reach a lane. (beside Monckswood House) Ignore the farm track on the right and continue ahead along a lane passing Thorne Cottage on the left. At Warren Lane junction, go straight ahead following the sign 'to ferry and coastal path'. After 500 yards, this wide, enclosed bridle path, reaches a wooden gate at Warren Point.

**C** Turn RIGHT on to the South West coastal path. From this point the route follows the well-signed path for 3 ½ miles past Wembury beach (café and toilets) and on, through Heybrook Bay. 400 yards beyond the houses at Heybrook Bay you pass Renny Rocks on the left and the distinctive Shag Rock with a marker pole (looks like a submarine). Carry on across a small wooden bridge until you come to another wooden bridge.

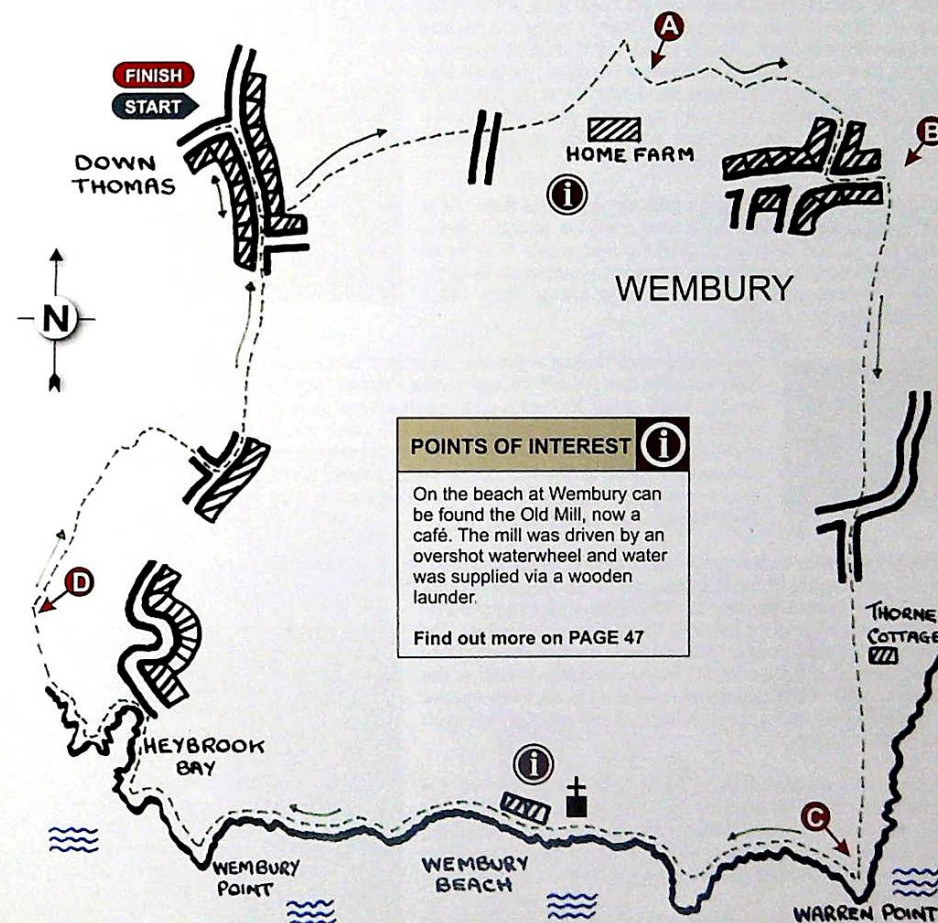


St. Werbergh Church, Wembury



The Marine Centre, Wembury

**D** Turn RIGHT where a signpost directs you uphill, following the enclosed path. After 500 yards the path emerges on to the main Heybrook Road (Renny Road). Turn LEFT and follow this road to Down Thomas and back to the start.





## Ivybridge and Erme Valley

GRID REF: 635566

GRADE: Medium

DISTANCE: 7 ½ miles

DURATION: 4 hours

TOILETS: Ivybridge

REFRESHMENTS: Ivybridge

## START FROM

Parking area at the rear of Stowford Mill, Station Rd., Ivybridge.

A varied walk starting alongside the bubbling River Erme, then over rolling Devon farmland, to finally gain height over Butterdon Hill and Western Beacon, before returning to Ivybridge. Great views and one of the best riverside walks in Devon.

To reach the starting point follow the left-hand side of the River Erme, along Station Road. Go past the Health Centre to a parking area outside Stowford Mill. This is the rear entrance of the paper mill. By the side of the parking area follow the public footpath sign leading into the woods. Keeping the River Erme on your right proceed upstream along this track. After 500 yards you reach a spectacular viaduct. As you pass under it you need to climb steeply LEFT to reach a broad, made up track

Turn RIGHT here **A** following the path alongside the river. After ¾ mile pass over a ladder stile and continue ahead. Keep following the signed path as it weaves and winds over small streams and through broken walls, generally keeping close to the riverside. Shortly after crossing a plank bridge, turn LEFT following a path sign uphill **B**



Butterdon Hill. Triangulation point

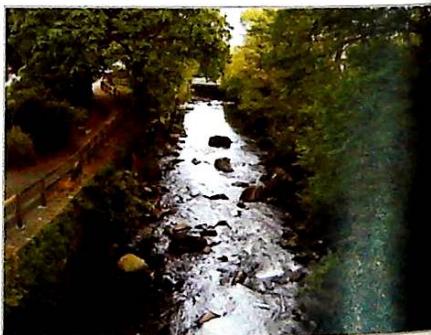


As you approach the top of the hill, cross over two single step stiles and continue ahead. After 50 yards turn RIGHT through a gate marked "path" and continue along a stony track through trees. After 300 yards go through a metal gate, then a wooden gate and continue on the track uphill through woods. After 200 yards you emerge into a field. Turn RIGHT along the field and pass through a gap in the wall into a second field. Cross this field diagonally RIGHT to the end of the wall, passing Kings Barn on the right. Go over a stream and pass through a gate to reach an enclosed track. Follow this track to reach a metalled road (opposite Hall Farm) **C**

Turn RIGHT and after ½ mile cross over Harford Bridge and proceed uphill to Harford Church. Just past the church turn LEFT, passing the School House, and continue uphill to reach Harford Moor Gate **D**. Cross over the small car park and climb up the slope ahead. Head directly for Hangershell Rock, which is the Tor on the horizon ahead of you (due east). The route to the Tor drops down to a valley with a small stream, then climbs up, crossing a wide track (Tramway) which is part of the Two Moors Way. Walk beyond Hangershell Rock following the track for 300 yards until you come to another well defined track crossing north to south.

**E** Turn RIGHT (south) following the track to Butterdon Hill. On reaching Butterdon Hill, pass by the Triangulation Point on the summit and follow the well-defined track, marked by boundary stones, southwards. The track drops down to Black Pool then continues uphill to Western Beacon, which is the southernmost point on Dartmoor.

**F** From Western Beacon drop down HALF RIGHT, to a green path below the summit, and turn RIGHT. This path peters out after 200 yards, so continue in the same direction, (westerly) keeping



River Erme looking towards Ivybridge

Ivybridge on your left as you descend. After a further 300 yards cross the old Tramway route and continue downhill to a wall in the bottom of the valley. Keeping the wall on your left, follow it until you reach a gate at the bottom.

This is the Two Moors Way route. **G** Turn LEFT down the broad enclosed track. After ¼ mile you emerge onto a metalled lane by Stowford Farm Cottage.

**H** Turn LEFT and follow the lane over Stowford bridge (rail line). Cross over Cole Lane and continue downhill (road marked "no entry to vehicles") into Ivybridge, passing Ivybridge Community College on the left and Stowford Mill on the right. 100 yards past Stowford Mill turn RIGHT over a hump back bridge over the River Erme. Turn RIGHT up Station Road past the Health Centre to where you started the walk.

POINTS OF INTEREST **i**

During Elizabethan times a corn mill occupied the site of the present Stowford Mill. The mill was built by William Dunsterville in 1787. In 1914 the mill was rebuilt after serious fire damage.

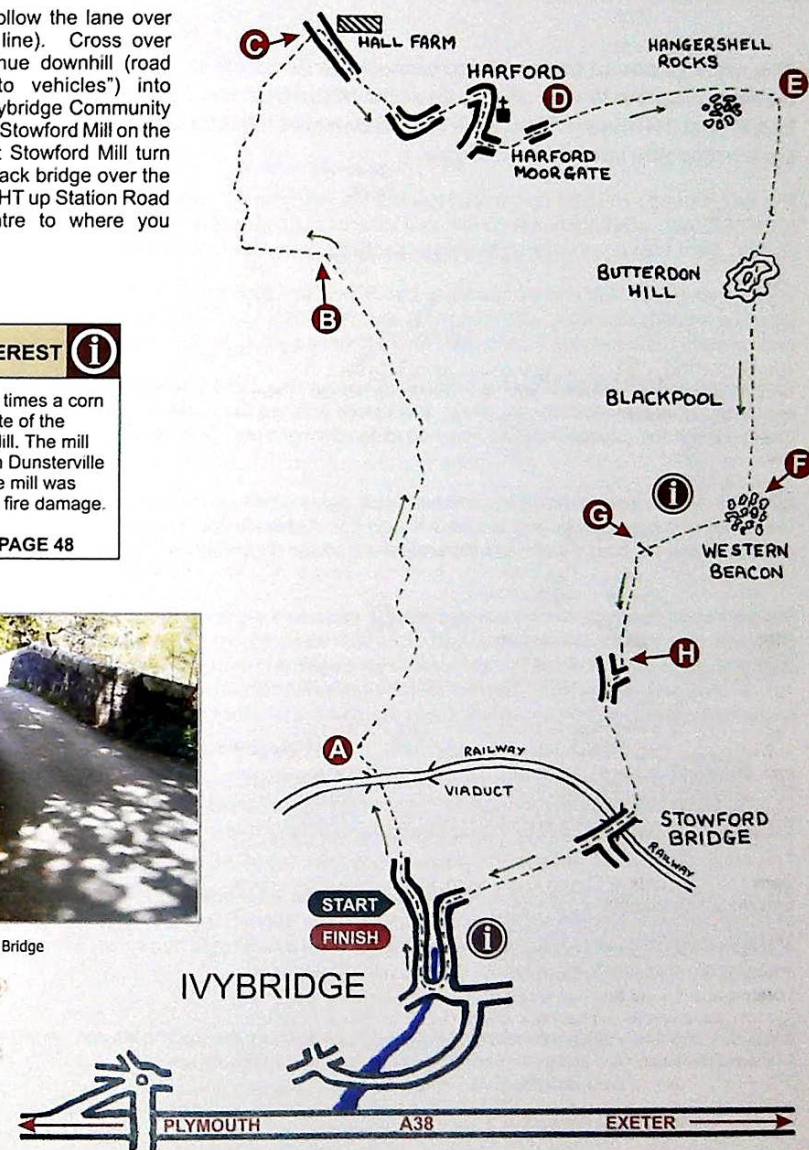
Find out more on PAGE 48



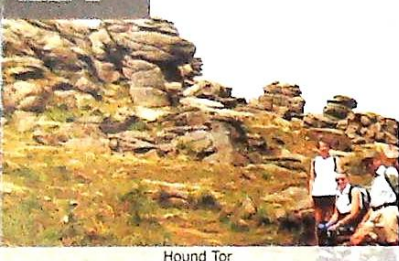
Harford Bridge



A marker for 'The Two Moors Way' a long-distance walking route between Ivybridge on the southern edge of Dartmoor and Lynmouth on the North Coast of Exmoor







Hound Tor

## Haytor, Hound Tor, Top Tor and Saddle Tor

GRID REF	765772	GRADE:	Medium
DISTANCE	7 ½ miles	DURATION:	4 hours
TOWNS	Car Park	REFRESHMENTS:	None

**START FROM** Haytor Car Park

This walk is one of the most spectacular to be found on Dartmoor. It provides unrivalled views across the Moors and visits some of the best tors, as well as good examples of early and industrial history. This walk is also unusual, because for most of the time, you can see the whole route laid out before you.

Exit car park and turn **LEFT** up the road towards the Haytor rocks. After 300 yards cross over the road and turn **RIGHT** to take a wide track heading north east towards a large pile of rocks approximately 400 yards ahead (Haytor Quarry). Skirt around to the right of the quarry and join a granite tramway. Follow this tramway for 400 yards.

Where a spur goes over a small causeway turn **RIGHT** and then immediately **LEFT**, still keeping on the tramway track in a westerly direction. After 400 yards along this track turn **RIGHT** and head for Smallacombe Rocks, 500 yards ahead. Cross over the Tor and find a clearly defined path on the north side, (the extreme right) of the Tor.

As the track drops down to the valley it bends left and continues into a wooded area (Greater Rocks and Hound Tor are clearly visible on the hills opposite). Just before entering the wooded area there is a fingerboard, "Leighon" (right), "Hound Tor" (straight ahead). Proceed ahead through the trees to a brook.

**A** Cross over via a stone bridge and proceed uphill, passing through two wooden five bar gates, to the top of the hill. On the left is Greater Rocks and ahead is Hound Tor. Continue downhill and then, where the track starts to rise towards Hound Tor, pass the remains of the medieval village of Hundatona.

Carry on uphill, passing to the left of Hound Tor **B** and take the grassy path on the **LEFT**, heading south west. After 500 yards the track converges with a road. Continue along this road passing a notice on the left, "Holwell Lawn". After 400 yards, as the road bends right, cross over a cattle grid and bear off half **RIGHT** along a track aiming for the Tor 500 yards ahead (Bell Tor). The track steadily moves left of the Tor and comes out at a road junction, with Bell Tor on the right and Bonehill Tor on the left. Cross the road and take the track to the **LEFT** of Bonehill Tor.

**C** The clearly defined track continues uphill running parallel with the road. After 500 yards the track drops down to cross a small stream and then emerges into a small enclosed car park. Continue across the road ahead and follow the track to Top Tor. Turn half **LEFT** and proceed downhill for ¼ mile to the road junction at Hemsworthy Gate.

**D** At this point Rippon Tor is on the right and ahead, on the left of this road, is Saddle Tor. Cross over the cattle grid and proceed towards Saddle Tor (the road sign indicates "Haytor" and "Bovey Tracey"). Take the track alongside and to the left of the road. After ¼ mile uphill the road bears to the right by a small car park. Continue ahead up the well-defined track over Saddle Tor.

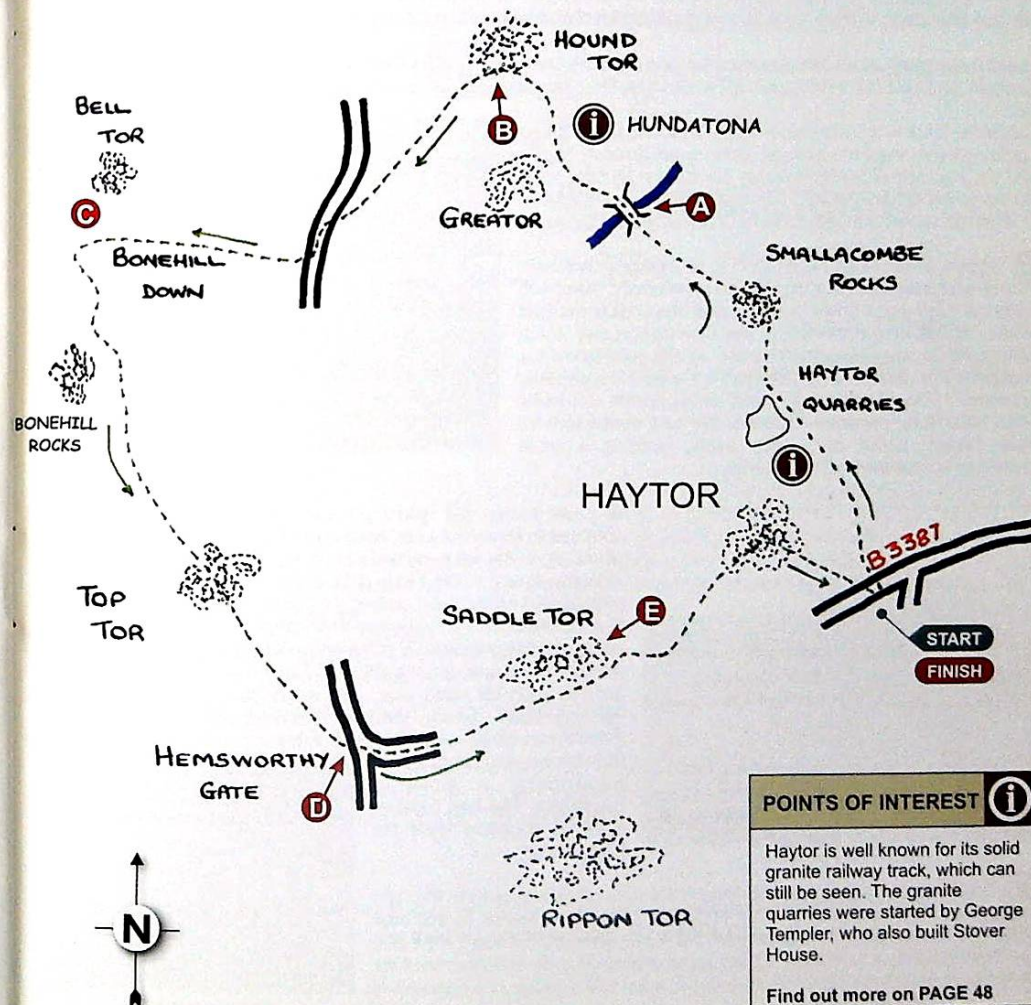
**E** Continue ahead, down the valley for ¼ mile and proceed up the track to Haytor. At the top of Haytor bear half **LEFT**, to reach the track that leads back to the start point at Haytor car park.



Hound Tor



Don't get stuck in the mire!



### POINTS OF INTEREST

Haytor is well known for its solid granite railway track, which can still be seen. The granite quarries were started by George Templer, who also built Stover House.

Find out more on PAGE 48



### Princetown, Nun's Cross, Black Tor

GRID REF:	589736	GRADE:	Medium
DISTANCE:	7 miles	DURATION:	4½ hours
TOILETS:	At Princetown	REFRESHMENTS:	At Princetown

**START FROM** Princetown Car Park

This is a great moorland walk taking in a variety of ancient crosses and following Devonport Leat for some distance. Some of the oldest tracks on Dartmoor are covered on this walk and although it is a fairly easy route to follow, it's best to go on a clear day to obtain the best views and avoid getting lost in the mist. A compass is necessary.

Leave the car park in an easterly direction and pass the Dartmoor Visitors Centre. Continue ahead and cross over the main road, (B3212, Princetown to Two Bridges Rd.) passing between the Plume of Feathers Inn and the Railway Inn.

Follow the track in a southeasterly direction, passing through a gate and entering a broad track. After approximately ¾ mile the twin outcrops of South Hessary Tor appear and the track passes to the right of the Tor. The route continues straight on for a further 1¼ miles to reach Nun's Cross (Siward's Cross).

**A** At this point head off RIGHT, in a westerly direction, following an indistinct track through tin mine spoils. After 400 yards the track drops down to an isolated tree beside a ruined house. Close by (on the left) is the Devonport Leat, which emerges from an underground tunnel. At this point follow the Leat away from the tunnel, bearing off to the right in a westerly direction. On reaching a small cross (with markings 1887/1966-SLH) continue to follow the leat northwards to Older bridge, which is ½ mile away, ignoring a small footbridge across the Leat on the way.



Dartmoor Prison



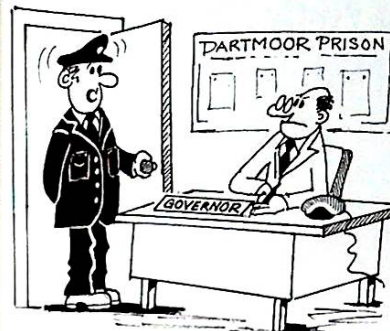
Siward's Cross or Nun's Cross

At Older bridge **B** join the broad track over the bridge and continue to follow the Leat, keeping it on your right hand side. You now stay on the left hand bank of the leat for ½ mile travelling in a westerly direction. On a high point of the track Sheep's Tor can be seen ahead on the left, Leather Tor and Sharpitor on the right with Burrator Reservoir in between. The leat bears off to the right, in a northwesterly direction. At some convenient spot, cross the leat by one of the several granite bridges. Continue ahead keeping the leat on your left hand side. To the north can be seen North Hessary Mast. Shortly the leat reaches a point where it drops down a very steep rocky incline. At this point take extra care when descending this steep slope, especially in adverse conditions. The leat crosses a metal aqueduct over the River Meavy.



Devonport Leat Tunnel

**C** At the bottom of the incline a prominent tor outcrop can be seen to the right (due north.) This is Black Tor. Turn RIGHT to follow the track up to and over Black Tor. Continue and head towards the North Hessary Tor mast. After 500 yards you reach the main road. Cross the road and follow an indistinct track for ½ mile over grassland, heading towards the mast and a bridge of a dismantled



"It's Jones again Sir, he wants to start a rambling club!"

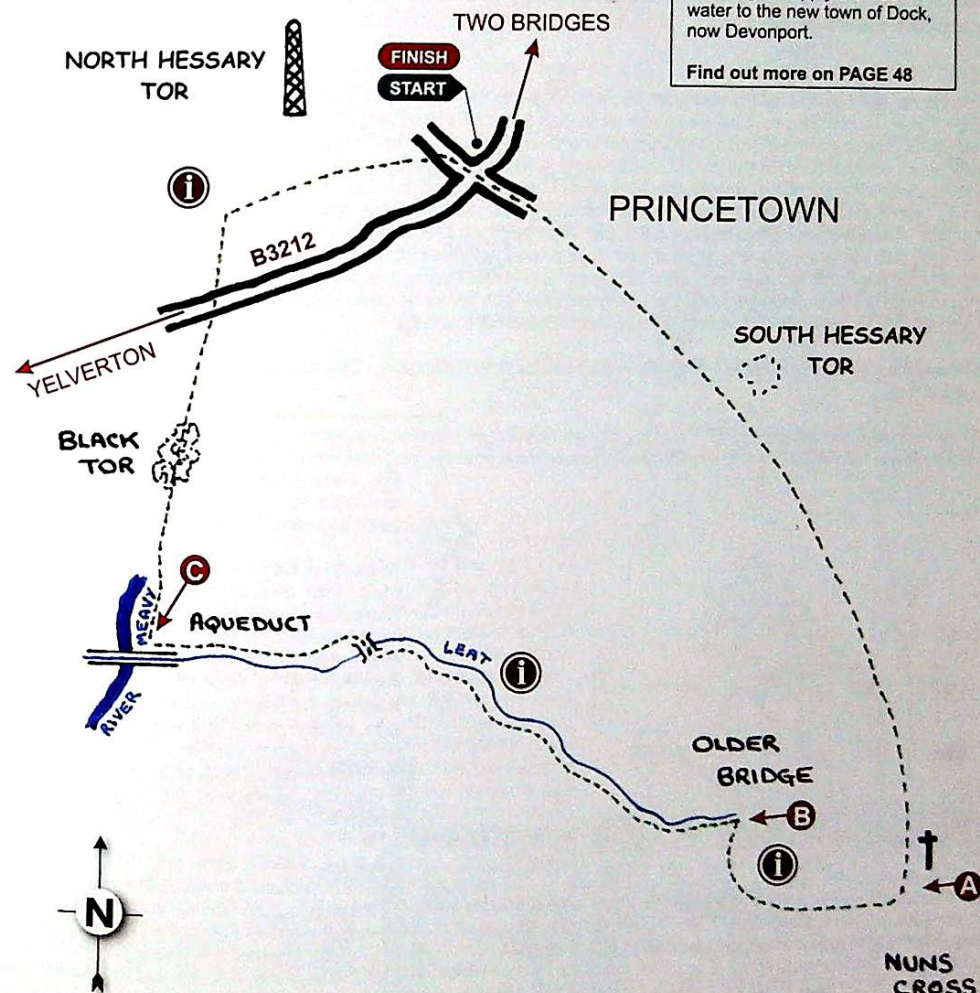
railway bridge. (In winter avoid the grassland and turn RIGHT following the road back to Princetown).

On reaching the disused rail track, turn RIGHT and follow the rail track to the outskirts of the town. When the track splits take the LEFT hand fork. After 300 yards alongside a fenced off paddock on the left, you arrive at a Fire Station building on the right. 100 yards further on you return to the car park starting point.

#### POINTS OF INTEREST

It was necessary to build the Devonport Leat, in 1793, because Plymouth town was unwilling to supply the fresh water to the new town of Dock, now Devonport.

Find out more on PAGE 48





# Callington and Kelly Bray

GRID REF: 359695

DISTANCE: 7, 5, 3 miles

TOILETS: Callington

GRADE: Moderate

DURATION: 3 hours

REFRESHMENTS: Callington

START FROM Callington Car Park

Callington Town

There is a choice of three separate walks within one walk on this tour around Callington. The town is also well worth visiting, particularly, look out for many attractive murals on the walls throughout the town. Also the walk passes close to Kit Hill, which affords some excellent views of the area

Exit the car park by the toilets and walk 20 yards down to the main road. Turn LEFT, walk 20 yards and then turn RIGHT into Church Street. Half way down on the left turn LEFT into Zaggy Lane. Proceed along the lane for about 300 yards (at this point the lane goes sharp left) you carry straight on into the cul-de-sac, passing Willoughby Place bungalows on your right. In the top left hand corner is a signpost to Haye. Follow this path to a stile. Once over the stile proceed straight ahead across the field to another stile, cross over this one and 20 yards on, you come to the road. Turn RIGHT here and follow the road for 400 yards, past Haye Farm on your right and West Haye Farm on your left. Carry on downhill to Bearland Bridge. At this point, leave the road and follow the signpost on your RIGHT. The next 200 yards are on private land, with right of way (Please observe the request that is clearly signposted). Passing through the far gate and after 25 yards turn RIGHT along waymarked path. The path climbs uphill for approximately 1 mile. After passing through two gates, with barns on your right, you come to the road, Haye Lane. Turn LEFT here and walk up to the "T" junction with South Hill Road **A**

At this point you can turn RIGHT and follow the road back to Callington. **This is the short walk** approximately 3.3 miles in total.

To carry on with the walk turn LEFT at this point and walk uphill, until you come to a turning on your right, signposted to Kelly Bray. Turn RIGHT here, into Redmoor Road and follow the road until you come to the main road at Kelly Bray

**B** Here you can turn RIGHT and follow the road back to Callington. **This is the medium walk**, approximately 4.9 miles in total.

To carry on with the walk, cross over the main road into Florence Road, and almost immediately you will see a signpost on your right. Cross over the road, into an industrial estate and follow the road to the top, where you will find a post to indicate the path. Keeping the hedge close to your right hand side, climb over the stile and proceed steadily uphill, through a gate and continue upwards for approximately 300 yards, until you come to a footpath crossroads with a gate and stile combined.

**C** Turn RIGHT here and follow the path downhill, around a water grid, until you come to the road. Turn RIGHT and follow the road for approximately 300 yards until you come to a junction on your left, Florence Hill. Turn LEFT down the hill, for approximately 150 yards to a public byway sign on your left at

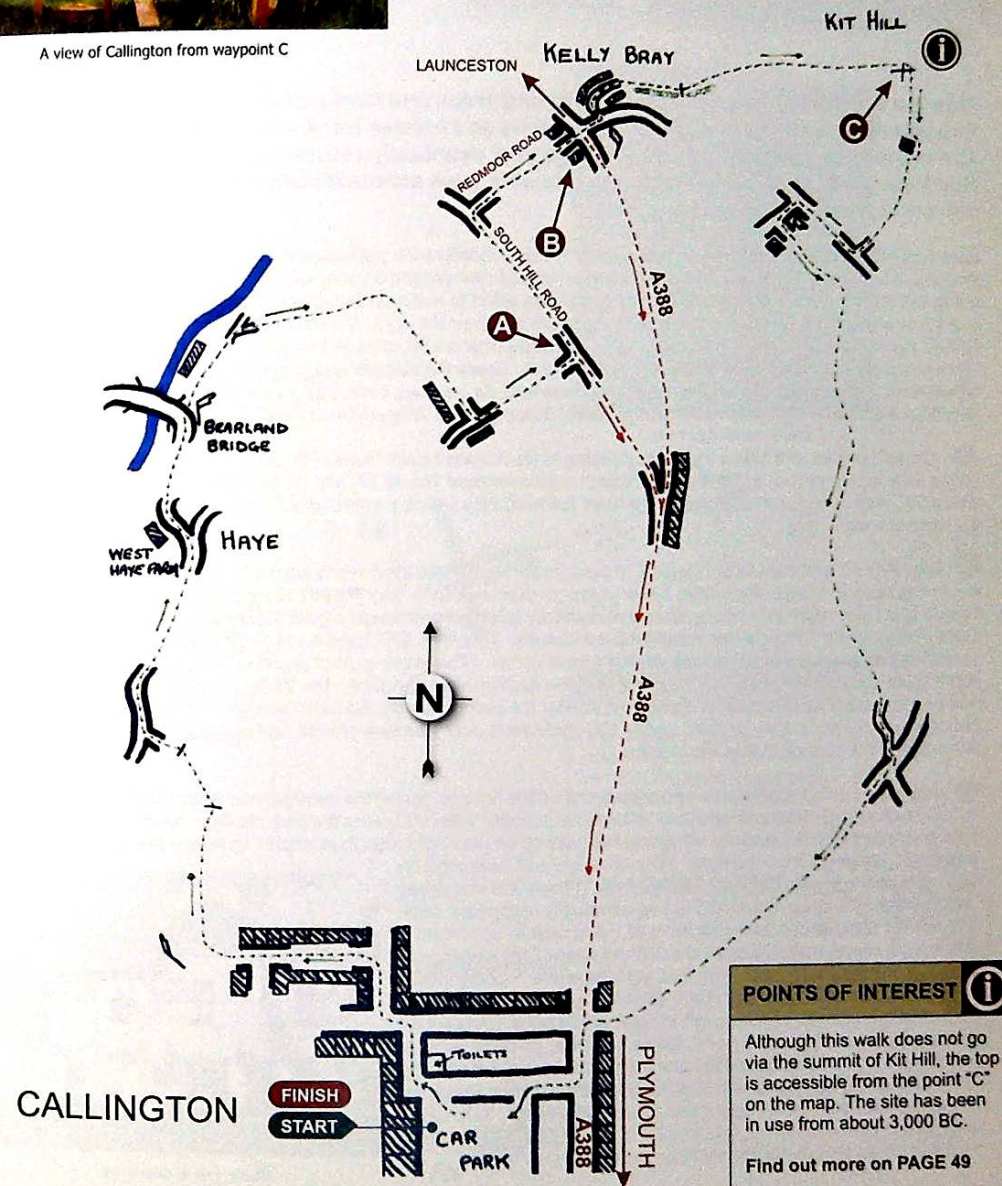


"OK, I admit we're lost! Now this is where we rely on your amazing homing instinct!"



A view of Callington from waypoint C

Pengelly Lane. Turn LEFT onto the path and follow it down, until you come to the main road. Turn RIGHT and cross over the road and follow it back to the traffic lights. Turn LEFT and almost immediately RIGHT into New Road and you are back at the start.



## POINTS OF INTEREST **i**

Although this walk does not go via the summit of Kit Hill, the top is accessible from the point "C" on the map. The site has been in use from about 3,000 BC.

Find out more on PAGE 49



# Yelverton and Cadover

GRID REF:	521679	GRADE:	Medium
DISTANCE:	8 miles	DURATION:	4 ½ hours
TOILETS:	Yelverton & Clearbrook	REFRESHMENTS:	Skylark Pub & Yelverton

**START FROM** St Pauls Church Car Park, Yelverton

Cadover Bridge

This is a walk of variety, winding over mining areas and along disused rail tracks. It passes through the wooded areas of the Dewerstone and follows tracks alongside the river Meavy. The route runs close to Cadover bridge and eventually returns over moorland, to reach Hoo Meavy and back to Yelverton. As this walk goes across moorland, a compass, map and correct clothing are necessary.

Leaving St Pauls Church car park turn towards Plymouth to follow the path parallel to the Plymouth road, alongside the leat. After about 200 yards pass the Yelverton cricket club ground on your left. Go through a gate and continue along this track to a road and then take the middle track with the leat on your right and follow signs for Clearbrook. At a junction of the track, go straight on, passing the golf course on the right. Continue ahead for 50 yards then take the RIGHT track, passing a post box on your left. Continue over a stile, later crossing twin stiles, one wooden and the other granite. The path bears left down hill to the leat. Cross the clapper bridge on your left and follow the path to Clearbrook, keeping the wall and wire fence on your left. At the road, turn LEFT passing the "Skylark Pub" on your left and continue to a sign outside the village hall, indicating 'Plym Valley cycle route 27'.

**A** Cross the road and follow this path, passing in front of the house Gussy Park on your left. Continue down hill with a wire fence on your left and pass through a gate marked 'Route 27' and on to a disused railway track. After about 600 yards you reach a bridge over a road, followed very soon by a gate on your RIGHT. Pass through the gate and onto the road.

**B** Turn RIGHT, and then RIGHT again, to pass under the bridge, the route is signed to Goodameavy. Cross over the hump backed bridge and within a few yards go over a stile on your RIGHT alongside a cattle grid. The river Meavy is on your right. Continue ahead and shortly after going through a gate you pass the Dewerstone Scout Centre on your left. Within a few yards the track divides. Take the LEFT hand route and continue ahead. About 200 yards later on your left there is a track doubling back up hill. (This is the route of an old inclined cable driven railway). Walk to the top where you will see the remains of the engine-winding house. The track now doubles back to the right and passes two small quarries, on the left. Just after the second quarry, the path narrows and bears uphill, to the left becoming rocky and poorly defined. After 100 yards pass over a broken granite wall and continue up the hill to the top, which is the summit of the Dewerstone.

**C** Now head northeast, towards a rocky outcrop on the horizon, taking the centre broad grassy track. The outcrop is 500 yards away to the northeast with some trees beyond. After 200 yards the path divides. Keep to the right hand track towards the rocky outcrop. Passing the outcrop on your right, continue ahead, to where the path converges with a wall, coming in from the right. Now follow the wall, keeping it on your right and following the well-defined track. Where the wall drops down to the right, keep ahead as the wall eventually reappears, back up from the right. Keep following the wall. Just over to your right, a mile or so away, you should see the extensive China Clay workings at Cadover. As the wall comes to an end, you arrive at a restored cross (close to Cadover Bridge) **D** Turn LEFT here and after about 200 yards, you meet a ditch running left to right, with a pond, just beyond it. Keeping to the left of the pond, follow the ditch, passing another pond on the right. Keep ahead to meet a wire fence in front of you and turn LEFT uphill, with the fence on your right. At the corner, follow the fence round to the RIGHT and down to meet the road. Turn LEFT alongside the road and when you reach a crossroads, **E** keep ahead where the road sign reads "Hoo Meavy and Clearbrook".



Skylark Pub at Clearbrook



Dried out leat near Clearbrook

**E** At the bottom of the hill, after approximately ¼ mile, cross the bridge and follow the road, round to the right. At the bend in the road a few yards later, take the track on the RIGHT signed "Public Footpath, Yelverton" **F**

Following the river Meavy on your right, the path soon runs alongside the now dismantled, Plymouth to Tavistock railway, which is on the left, at the top of the embankment. On reaching "Yeoland House", the track goes to the left and through a gate and then continues to a metal kissing gate. Here turn LEFT, up the metallated track and under the bridge. Continue ahead, then turn RIGHT to follow the broad track that leads to the car park, at Yelverton.

HORRABRIDGE PRINCETOWN



Cross near Cadover Bridge

## POINTS OF INTEREST

The Skylark Pub was first mentioned in the census return of 1861, though it is rumoured that it was open long before that. It is believed to be the only Skylark in the country.

Find out more on PAGE 49

CADOVER BRIDGE





## POINTS OF INTEREST



## WALK 1

In the 19th century there were two beer houses in Milton Combe and each owner applied for a pub licence. By 1860 the owner of the Welcome Inn, after a considerable delay, and much to his surprise, finally received his licence. He stood outside and shouted "Who'd have thought it?" which gave him the idea for the new name of his pub. The other pub, The First and Last, became the Post Office and finally closed in 1986.

Buckland Abbey, once owned by Sir Francis Drake, was once a small Cistercian abbey. Now owned by the National Trust, the building contains many valuable artefacts, including the historic Drake's Drum, which, legend says, will sound in England's hour of need.

## WALK 2

St Dunstan, 909-988. May 19th is St Dunstan's Day. St. Dunstan was the son of a West Saxon noble, named Heorstan. He was born in AD 909 at Baltonborough, Somerset and received his early education from the Irish monks who had settled at Glastonbury. After living for a time at the Court of King Aethelstan, he became a monk at Glastonbury and devoted himself to the study of the Scriptures and to prayer. At the same time, he became skilled in the arts of painting and music and metalworking, particularly the making church bells and organs. He gained fame for the many stories told about his cunning in dealing with the Devil.

*St Dunstan, as the story goes, once pull'd the devil by the nose,  
with red-hot tongs, which made him roar, that he was heard three miles or more.*

Another story relates how Dunstan nailed a horseshoe to the Devil's hoof when he was asked to re-shoe the Devil's horse. The Devil was only allowed to go once he had promised never to enter a place where a horseshoe is over the door. This is claimed as the origin of the lucky horseshoe. By the year 961 he'd been appointed Archbishop of Canterbury. He brought about monastic and ecclesiastical reform in England.

## WALK 3

The name Aveton Gifford derives partly from the name of the river and partly from Walter Giffard, who was given the manor in 1100.

Loddiswell is named after Lod's Well which dates back to Saxon times.

St Andrews Church in Aveton Gifford was built in the style of Early English architecture, prevalent during the time of Henry III. It is said to be one of the finest churches in Devon.



"You see, this big bull was just laying down, and Bill says, do you suppose it's dead or just asleep!"

## WALK 4

Edgcombe House was built between 1547 and 1553 by Sir Richard Edgcombe. It was bombed during the last war and restored between 1958 and 1964.

The grounds contain some interesting features and gardens. The domed "Milton's Temple" and Picklecombe Seat were 19th century viewing and resting points, as they are today. The "ruined" Folly was constructed in 1747 using stone from derelict Stonehouse churches.

The Cremyll Ferry dates from about 1204 and has been an important crossing point from medieval times to the present day.



## WALK 5

Stephens grave commemorates George Stephens who lived and died in Peter Tavy, the dates unknown. His name, however, lives on. He committed suicide as a result of unfaithfulness by his girlfriend, to whom he was engaged.

The swimming pool is a natural indentation, filled by the Colly Brook, and used by local youngsters during the 1920s, perhaps even earlier. It was modernised in 1932 but is now out of use for Health and Safety reasons

## WALK 6

Traine Road is not the name of the road leading to a railway station as it goes back to the Domesday Period. The land was owned by John Trewin and, over time, the pronunciation has become as we know it today.

Cofflette Creek has a small double arched bridge located at the top of the tidal limit on the River Yealm.



## WALK 7

Calstock Viaduct was built in 1900 and enabled minerals to be distributed more easily by rail than by ship. Mining traffic was also starting to clog up the roads as a wagon and 20 horses needed a lot of road.

Cotehele Quay used to handle a lot of mineral traffic where the ore was loaded on to ships for export. From an industrial past there is now a scene of tranquillity.

## WALK 8

The Friary Road to Plymouth branch line opened in 1892 and was extended to Yealmpton in 1898. Passenger services reopened during the Second World War years to enable Plymothians to evacuate the city during Nazi air raids. The line finally closed in 1960.

The Parish Church of Brixton is St Mary's. The present building dates from the middle of the 15th century. There is a legend that says the Parliamentarian "Roundheads" used the church as a stable after their victory in the Battle of Modbury in 1642.



## WALK 9

The Tavistock Canal was opened in 1817 and connected the rivers Tavy and Tamar. It enabled mineral ores, including copper, tin, lead, silver and uranium, to be transported to Morwellham Quay for export. Almost half of the canal runs underground and nowadays supplies water for the hydroelectric plant at Morwellham Quay.



## WALK 10

Sortridge Mine was formerly known as West Wheel Robert and opened during the 1850s. By 1853 the owners had struck lucky just a few feet below ground and a few months later copper ore to the value of £3,200 was sold. Work stopped in 1868 having produced over 7,000 tons of ore and in 1902 work finally ceased.

## WALK 11

Burgh Island Hotel, built in 1929, just off Bigbury beach has been visited by the rich and famous. Guests have included Noel Coward, the Duke of Windsor and Mrs Simpson and Agatha Christie, who wrote six books whilst staying there, and, more recently, the Beatles. At high tide the island is cut off from the main land and visitors ride across in an elevated cabin driven through the shallow sea.

The church at Bigbury, St Lawrence, is mainly 14th century, although it was almost completely rebuilt during 1872/3. Parts of the building are said to have been added by the daughters of Sir William de Bigbury, circa 1400.



## WALK 12

The Abbot's Way began as a monastical communications route between Buckfast Abbey and Buckland Abbey. The route is sometimes known as the Jobber's Path, possibly from the wool traders who travelled between the abbeys as part of their wider trading circles.

Huntingdon Cross is located on the lower slopes of Huntingdon Warren where the Western Walla Brook joins the River Avon. It is believed that the cross was originally used as a route marker on the Abbot's Way.

The water wheel pit at Grid Reference 665664 was used by Wheel Devon Vor to drive their machinery. The mine closed in 1815. In 1866 it reopened as Huntingdon Mine but lasted only a short while.

The chapel dedicated to the Rev Keble Martin was constructed during the summer of 1909 near a site that he and his brother Arthur had earlier used for camping. Keble Martin went on to become a famous botanist with the publication of his book "The Concise British Flora in Colour".

## WALK 13

The viaduct is known as Slade Viaduct, built during the 1840's for the South Devon Railway. It has twelve openings and is 103 feet high. Slade House.

The first house on this site was built by Walter de la Slade in 1212. The site included a fishpond, a warren, mills, a trout stream and a Great Barn. The great hall is the only remaining medieval part of the building.

## WALK 14

The Warren House Inn, formerly known as the New House, dates from 1845. Standing at 1,425 feet, it is claimed to be the second highest pub in Britain. In 1113 monks journeyed between Bodmin and Exeter on a busy route which passed the inn. Many a miner from the nearby Golden Dagger and Vitifer mines quenched their thirst at the Warren House where, it is reputed, the fire in the grate has never been allowed to go out.

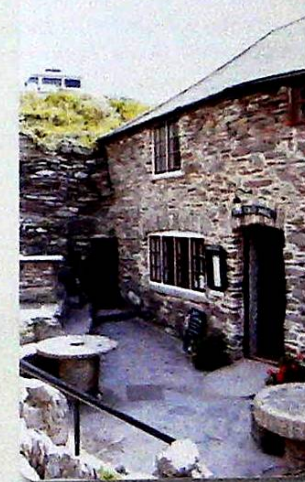
It is likely that Bennett's Cross was positioned to mark the route across the moor to the west. It also marks the parish boundary between North Bovey and Chagford.

Grimspound is a bronze age walled village containing more than 20 hut circles being the dwellings of people living here 3000 years ago.

## WALK 15

On the beach at Wembury can be found the Old Mill, now a café. The mill was driven by an overshot waterwheel and water was supplied via a wooden launder. In 1981 a Conservation Area was set up and it is now home to many rare and protected species. The Marine Centre runs activity courses and further information may be obtained by telephoning 01752 862538.

Langdon Court was a small manor house at the time of the Domesday Book, belonging to Plympton Priory. The building has changed hands many times. Later, King Henry VIII gave it to Catherine Parr and then, in 1577, Queen Elizabeth gave it to Vincent Calmady. It has since become a successful hotel. Brixton Church is St Mary's. The present building dates from the middle of the 15th century. There is a legend that says the Parliamentarian "Roundheads" used the church as a stable after their victory in the Battle of Modbury in 1642.





## WALK 16

During Elizabethan times a corn mill occupied the site of the present Stowford Mill. The mill was built by William Dunsterville in 1787. In 1914 the mill was rebuilt after serious fire damage. Amongst other fine products, security paper is an important part of their market.

The Tramway, which ran from Bittaford to Red Lake China Clay works, was built by Richard Hansford Worth in 1911. The route is only six miles long and the railway lasted only 20 years.

## WALK 17

Haytor is well known for its solid granite railway track, which can still be seen. The granite quarries were started by George Templer, who also built Stover House. The first railway in Devon was built to transport quarried stone to the Stover Canal eight miles away at Teigngrace. London Bridge, now in the U.S.A., was built using Haytor granite.

Houndtor medieval village, known as Hundatona, was held by Tavistock Abbey in the times of the Domesday Book. Used as an area of summer pasture the simple rustic shelters became, over the next 500 years, a granite built village, the remains of which can still be seen. It is probable that the Black Death was the cause of the village being abandoned which, of course, led to its decay.



Fireplace at the medieval village of Hundatona

## WALK 18



Devonport Leat tunnel near Siwards Cross 1851

It was necessary to build the Devonport Leat, in 1793, because Plymouth town was unwilling to supply the fresh water to the new town of Dock, now Devonport. Three rivers supplied the leat and nowadays the water is fed into Burrator Reservoir.

S.L.H. Cross, also known as the Devonport Leat Cross, was set up in 1968 by Lt Cdr B. Hutchinson, RN. to commemorate the life of his mother, Mrs S.L. Hutchinson. Grid Reference 599699.

The disused railway track was part of the Princetown branch line from Yelverton. The previous mineral line became part of the G.W.R. In 1922 The 10 ½ mile track terminated at Princetown and, at the time, was the highest station in England at 1,373 feet above sea level.

## WALK 19

Although this walk does not go via the summit of Kit Hill, the top is accessible from the point "C" on the map. The site has been in use from about 3,000 BC. Mechanised mining came in from about 1830 and included a windmill driven pump to drain the lower levels of the mine. Later, a beam engine was installed and by 1860 the mine was down to 60 fathoms (360 feet). In 1864 mining ceased due to a cracked engine cylinder. Work finally came to an end in 1920.

## WALK 20

The Skylark Pub was first mentioned in the census return of 1861, though it is rumoured that it was open long before that. It is believed to be the only Skylark in the country.

The Dewerstone Quarry railway system was designed to join up with the South Devon Railway line, opened in 1859, via a granite embankment and bridge over the River Meavy. The landowner refused to give permission for the railway to cross his land. The present day Scout Centre buildings were once offices and a blacksmith's shop for the nearby inclined plain railway.

The quarries were closed by about 1870, having earlier been very busy.



Cadover Bridge does not cross the river "Cad" but the River Plym. As far back as 1291 the river was known as the Plymma. The bridge was badly damaged by floods in 1823 and it had to be completely rebuilt. The site of an earlier ford can still be seen.



"This must be the green dotted line on the map!"



"Is this what they call foul weather?"



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Bennet's Cross  
Wembury Coastal Tour  
Ivybridge, Erme Valley and  
Western Beacon  
Haytor, Hound Tor, Top Tor  
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