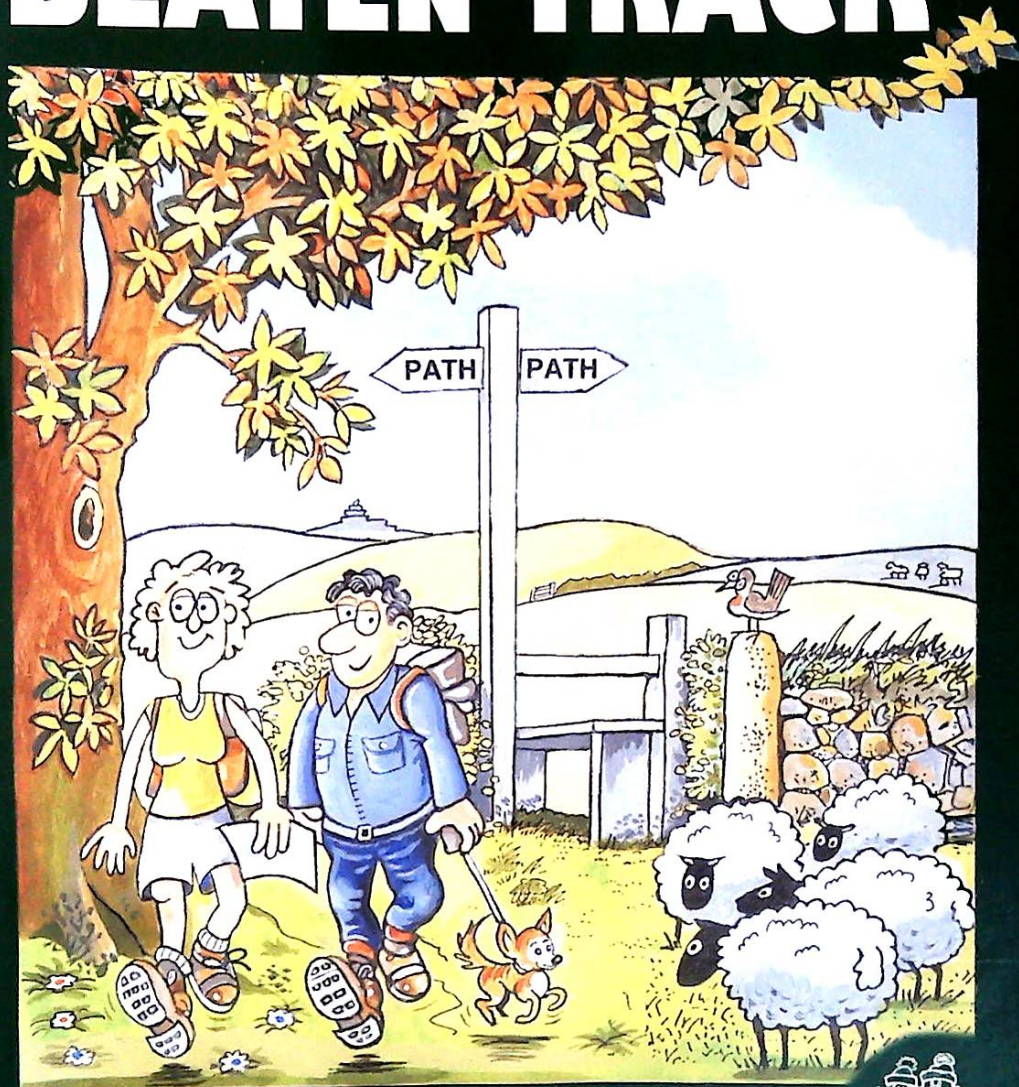


On the BEATEN TRACK



**A selection of 20 walks within 25 miles
of Plymouth. Compiled by Plym Ramblers**



Acknowledgements.

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WALKS	Members of the Plym Ramblers Club. Plymouth
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Whilst every effort has been made to ensure the accuracy of this publication, the publishers cannot accept responsibility for errors or omissions, or for changes in the details given. The countryside and moorland are always changing and fences, hedges, boundaries and even paths can change or be removed. The length of each walk in this book is given in miles and shorter distances in yards.

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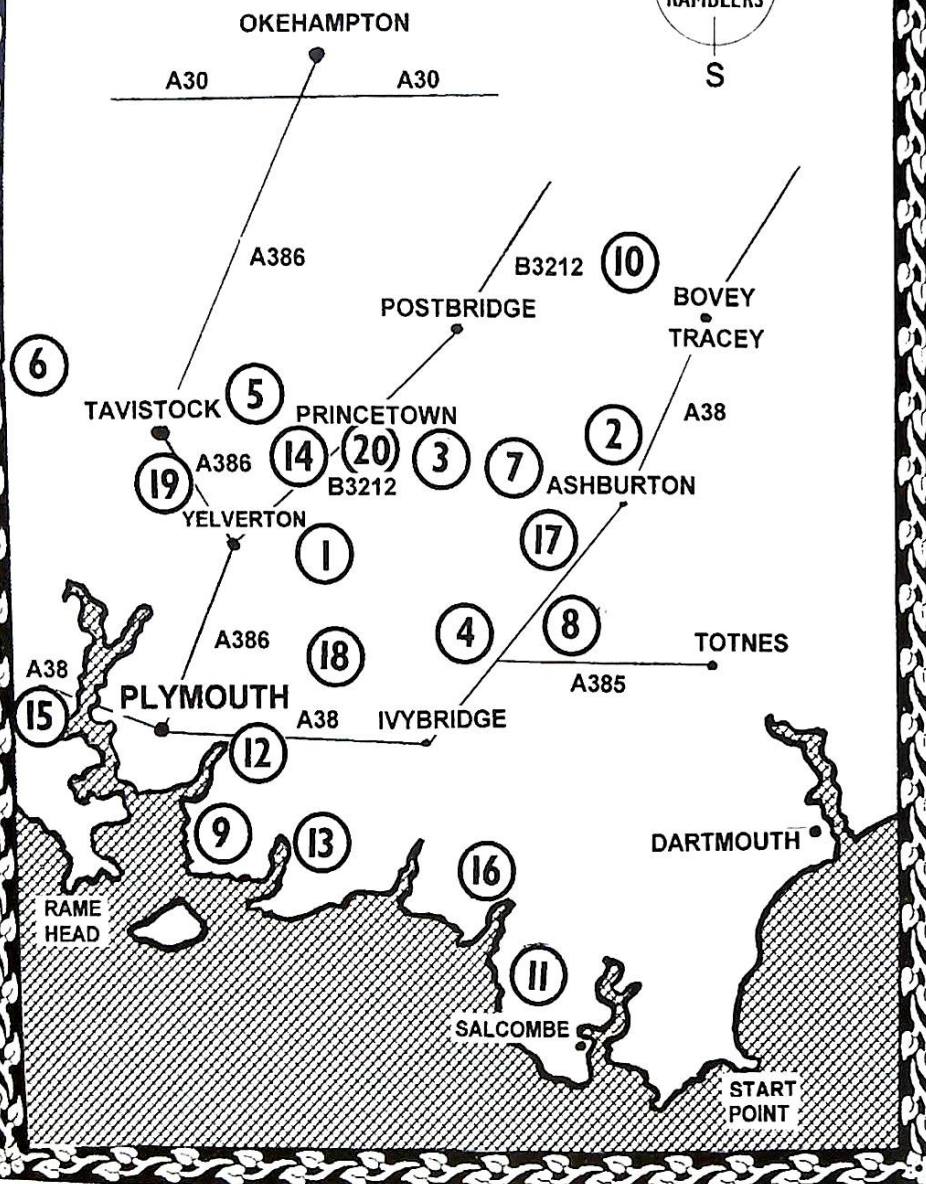
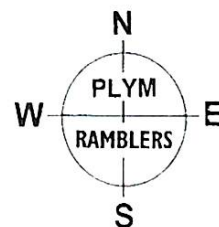
The title ON THE BEATEN TRACK was chosen for this book because it describes the need to conserve the countryside and moorland by keeping to the existing paths and tracks.

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WALK LOCATION MAP

The numbers indicate the start of the walks.



INTRODUCTION & USEFUL INFORMATION

The walks chosen for this book are some of our most popular ones and are within 25 miles of Plymouth. They are all circular and cover a selection of moorland, coastal and countryside areas ranging between 5 and 9 miles.

The description for each walk is accompanied by a sketch map and a points of interest commentary is found on page 46.

At the start of each walk we have given an idea of the conditions you are likely to encounter (e.g. muddy, steep, etc.), the distance involved, the time you are likely to take and the grade of the walk, which will be easy or moderate. There may be some more challenging bits but it is difficult to gauge as it depends on how fit you are and the state of the routes and tracks.

We could write several pages on safety, clothing and regulations but we've limited this to the following essential requirements.

The general guide for all those going out is:- use common sense and dress according to the conditions.

Clothing Wear clothes suitable for the time of year, In Winter waterproofs, jumper, stout shoes, boots or wellies and a hat. In Summer lighter clothes but you still need waterproofs and stout footwear.

Also remember those wearing shorts in the summer can encounter tracks surrounded by stinging nettles!

Food. Carry some food and drink (hot flask in Winter) and a bar of chocolate for energy. Add a small first aid kit and put these items in a day rucksack.

Map Although we provide a sketch map of each route you should also carry an Ordnance survey map. Landranger 201,202 and Outdoor Leisure 28 cover the walk areas.

Compass As some of the walk descriptions give a direction of travel, it is valuable to have a compass with you and essential if you are walking on the moor. It also helps if you know how to use it.

Whistle We don't anticipate people getting lost but if you are stranded in a remote spot, six blasts on a whistle followed by a minutes silence, then repeated, is the way to draw attention. You can also flash a torch at night, using the same sequence.

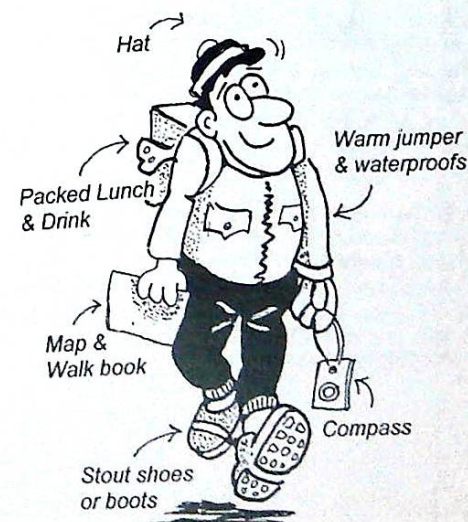
Lanes Some of the walks cover narrow lanes with hidden bends. Walk along these facing oncoming traffic on the right.

Paths Please keep to the paths and tracks indicated on the routes as you could be trespassing if you leave them.

Country Code It is always useful to remember this code and keep everyone safe including animals and wildlife.

- 1) Don't light fires.
- 2) Fasten gates. (animals will wander if they can)
- 3) Keep dogs under control (on a lead by livestock)
- 4) Take litter home.
- 5) Approach bulls and stallions with care!
- 6) Protect wildlife, plants, trees and avoid damage to fences, hedges and walls.

Finally, let someone know that you have gone walking and where, and give some idea of your expected return time.



BE PREPARED

NORSWORTHY BRIDGE/BLACK TOR

WALK No: 1

GRID REF: 568694

GRADE: Easy

TIME: 3 hours

DISTANCE: 4 1/2 miles

TOILETS:

REFRESHMENTS:

START: Norsworthy Bridge

GENERAL DESCRIPTION: An attractive short walk through the plantation on to the edge of the moor.

Take the uphill track from just beside the bridge. It is rough and stony but quickly improves. At the fork bear LEFT through a gate which is usually open, if not there is a stile into NORSWORTHY plantation. The track now runs alongside and above the RIVER MEAVY. (Tracks in the plantations have been fenced by South West Water but access has been provided to items which might be of interest - eg a stile on your left gives access to the remains of a tinner's blowing house which is indicated by marker posts. There is not much left but a few mortar stones may be found amongst the moss covered boulders.)

Continue as far as LEATHER TOR BRIDGE. (Beside the bridge is a ford used by forestry vehicles and the remains of a much older clapper bridge can be seen beneath the more recent top and parapets.)

Do not cross the bridge. Continue NORTHWARDS beside the river. At the next fork of the path keep LEFT by the river along the edge of RADDICK plantation. (On your right, a little off the track, you will see a large opening leading into an underground chamber. This is a potato cave and was used by farmers to store potatoes and root crops in the days before the reservoir was built. In the 19th century most of this area was given over to farming and mining. Remains of field walls can also be seen among the trees.)

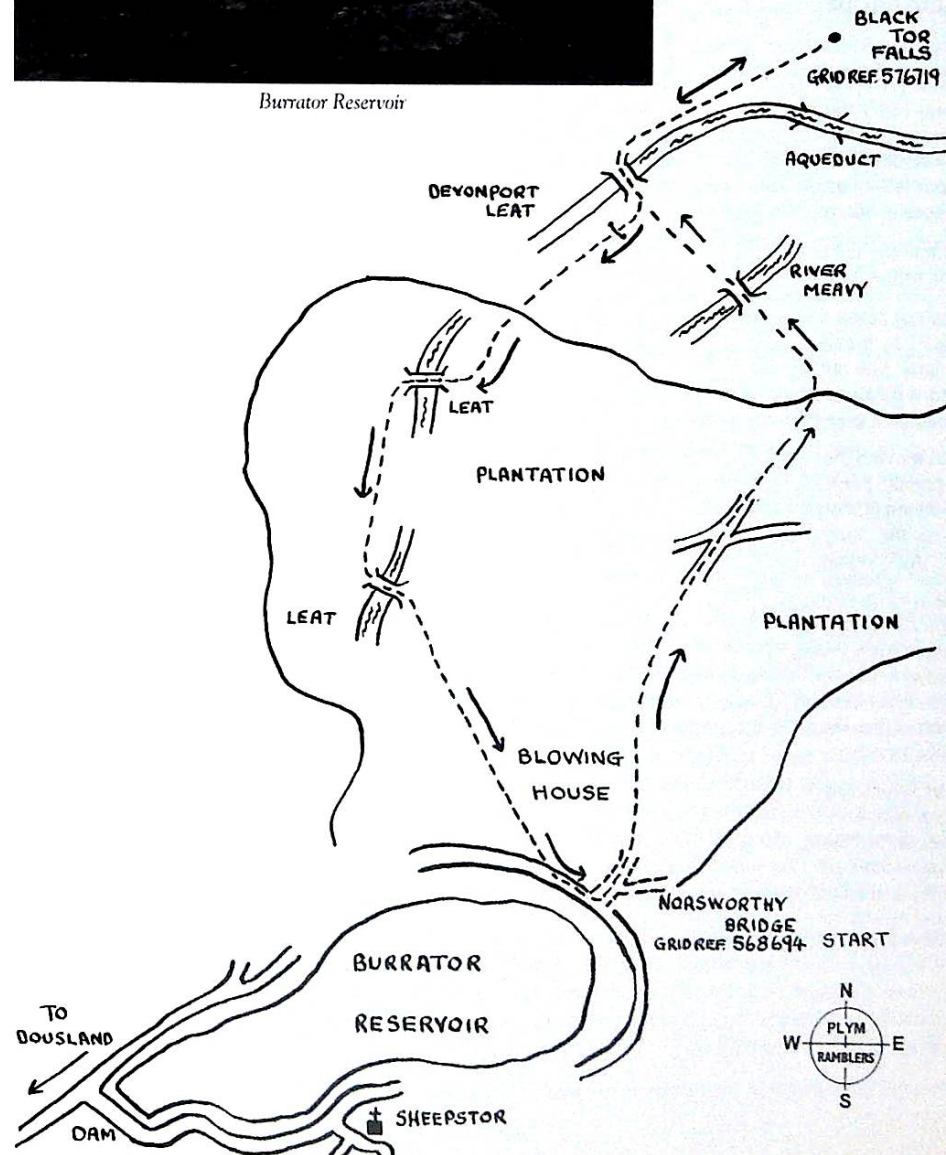
On leaving the plantation turn LEFT and cross the river (there is an improvised bridge) and climb up the opposite bank by the fence until you reach the DEVONPORT LEAT. Cross the leat and proceed upstream with the leat on your RIGHT. Soon you will see the leat cascading down RADDICK HILL into an aqueduct over the river. (Just before the aqueduct is a pipe bringing water from HART TOR BROOK and the MEAVY to join the leat which nowadays flows directly into the reservoir.)

Now carry straight on beyond the leat with the river on your RIGHT taking the grassy track a little above the river. After about 400 yards you will come to BLACK TOR FALLS, a local beauty spot and a good place for a picnic. (As you sit beside the river notice that on both sides of the falls are the remains of blowing houses where tin was smelted. The one opposite still has the door lintel in place with 13 carved into it. All blowing houses were numbered so that the source of any tin assayed would be known. In the bed of the river are mortar stones but these are often moved by visitors so exact location cannot be given.)

When you are ready, retrace your steps to where you joined the leat cross and turn RIGHT. In front of you is a gate and a stile. Climb the stile and enter STANLAKE plantation with the leat now on your RIGHT. Follow the leat downhill till you come to a broad, unpaved track crossing the leat. Cross the bridge and follow this track, the leat is now to your LEFT, until you come to a paved road crossing the leat at CROSS GATE. (Note the ancient cross on the far side of the leat.) Cross the leat turning sharp LEFT over the bridge and follow the metalled road downhill to join the lakeside road. Turn LEFT again to return to NORSWORTHY BRIDGE.



Burrator Reservoir



ASHBURTON / LOWER WHIDDON

WALK No: 2

GRID REF: 755 699

GRADE: Easy

TIME: 3 hours

DISTANCE: 5 miles

REFRESHMENTS:

TOILETS: In the town of Ashburton

START: Main car park off North Street, Ashburton

GENERAL DESCRIPTION: A pleasant walk along the river Ashburn which climbs through woodland to Whiddon Scrubbs and Owlacombe. Then a gentle descent along lanes and tracks providing excellent views of South Dartmoor. Muddy in parts during the winter.

WALK DIRECTIONS

Leave the main car park passing over the river Ashburn and turn LEFT up North Street passing the town hall. After 300 yds, take the public footpath on the RIGHT signposted Terrace walk. (A) this goes up a few steps and through a metal kissing gate. Follow the signpost route to Cuddyford Cross. This takes you along the lower edge of a field with the river Ashburn on the LEFT. Cross a dilapidated stile and continue by the river to a stone stile with a metal rail. At the end of the field veer 25yds to the RIGHT to cross another stone stile that drops down to a lane. (B) Cross over, climb steps opposite and follow the path through a metal kissing gate.

Bear LEFT along the track keeping the hedge on your LEFT. Cross the stile by the 5 bar gate and continue along the track keeping the hedge on the LEFT. Cross another stile and continue following an orange marker, on a tree. Cross a little wooden bridge (plank) and continue along the track, which skirts the lower edge of woodland, Whiddon Scrubbs. Climb another stile and follow the track to the LEFT, along the tree-lined riverbank.

Go through a metal kissing gate and keep ahead. Just before you reach a footbridge over the river and a lane beyond, turn RIGHT at the signpost to Owlacombe 3/4 mile.

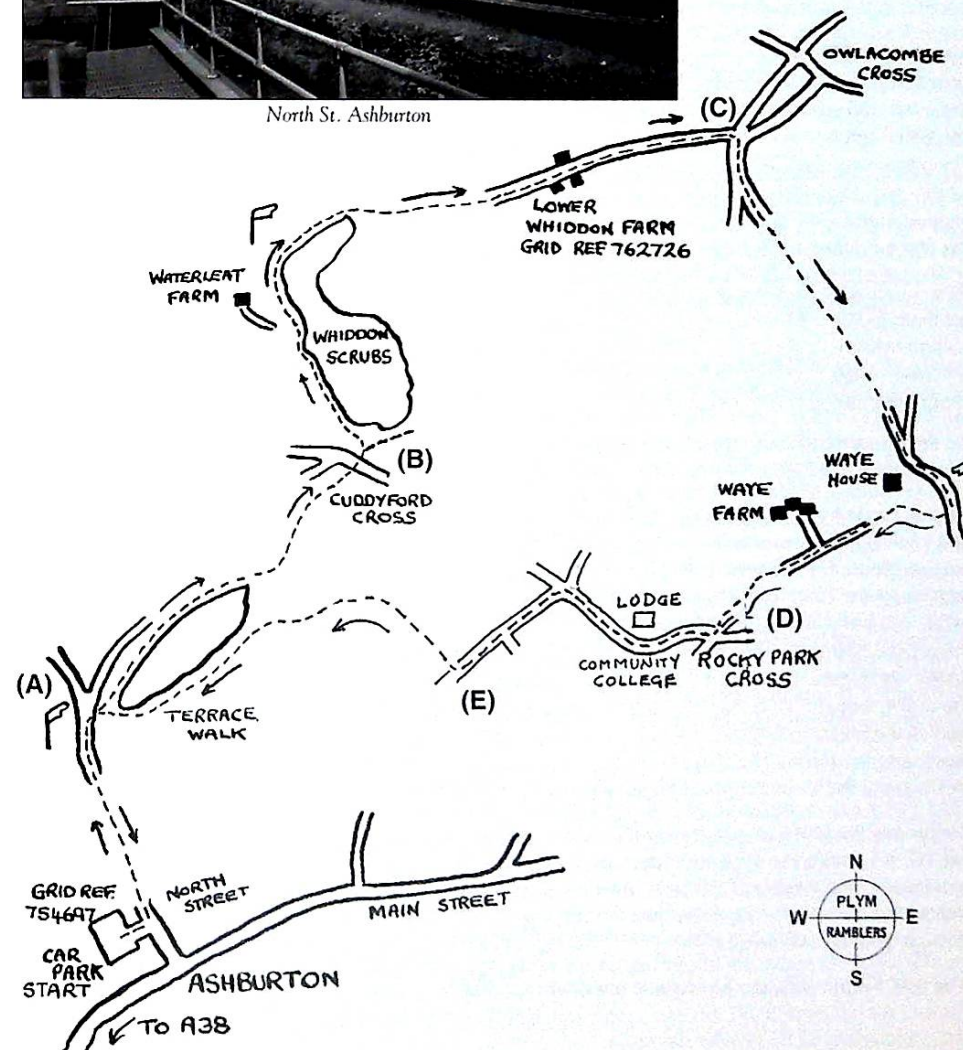
Take the wide track uphill through woodland and then a hedge enclosed track for 1/2 mile that emerges at a T junction by Lower Whiddon Farm. (C) Turn RIGHT on to a tarmac track which bends LEFT up to a lane at Owlacombe cross. Turn RIGHT and at a Y junction take the LEFT-HAND fork downhill. After 1/2 mile along the road follow the sign to the RIGHT marked Waye House. Head DOWNHILL through the estate to the House. Turn LEFT down the tarmac track in the direction of Waye Farm. Follow the signposted route DOWNHILL and at a fork take the LEFT-HAND tarmac track. The track flattens out and you soon go through a gate, (beside a broken stile) keep ahead until you reach a large house, bear LEFT following the public footpath sign past two large rocks to a kissing gate. Go through the gate and bear RIGHT in front of the house, along the LEFT side of a field to another kissing gate. Drop down some stone steps to reach a lane. (D) Turn RIGHT and after 30 yds turn RIGHT into Place Lane. Follow this lane around a LEFT and a RIGHT bend, past Place Lodge, to a crossroads, where you turn LEFT.

Follow this road for 500 yds, through a housing estate and turn RIGHT by a public footpath sign, on the RIGHT. (E) Follow the track with the wall on the RIGHT. This track continues uphill between high hedges to a kissing gate and out on to a field. You now enter the terraced walk overlooking the edges of Ashburton. Follow the contours of the hill to pass through a kissing gate and descend to rejoin the outward route through your first kissing gate!

You now simply retrace your steps to the start.



North St. Ashburton



DARTMEET (BADGERS HOLT)

WALK No: 3

GRID REF: 672732

GRADE: Moderate

TIME: 3 hours

DISTANCE: 5 miles

TOILETS: Badgers Holt

REFRESHMENTS: Badgers Holt/Brimpts Farm

START: Badgers Holt Car Park

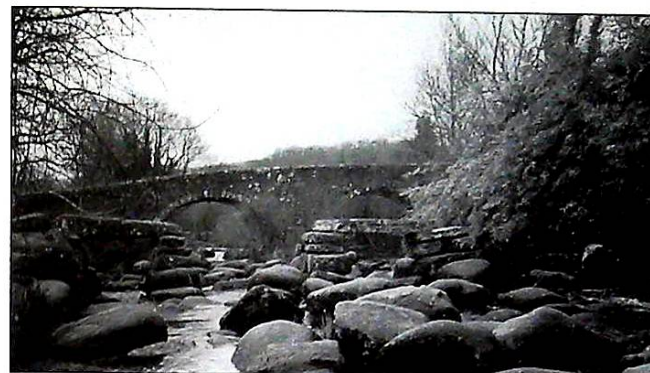
GENERAL DESCRIPTION: This walk has some beautiful views, two steep climbs and some stepping stones to negotiate.

Proceed to the rear of the car park and pass through a gate to the RIGHT of the main drive to Badgers Holt, it is signposted to CATOR GATE via SHERWELL. Keeping the river on your LEFT follow the river bank for approximately 1 mile and where the river veers sharply away to your LEFT turn RIGHT (A). Proceed up the hillside heading for a corner of a wall. Upon reaching the wall, keeping it on your LEFT, follow the wall around, still climbing steadily until you come to a gate and stile in the boundary wall (B) and YAR TOR is to your RIGHT.

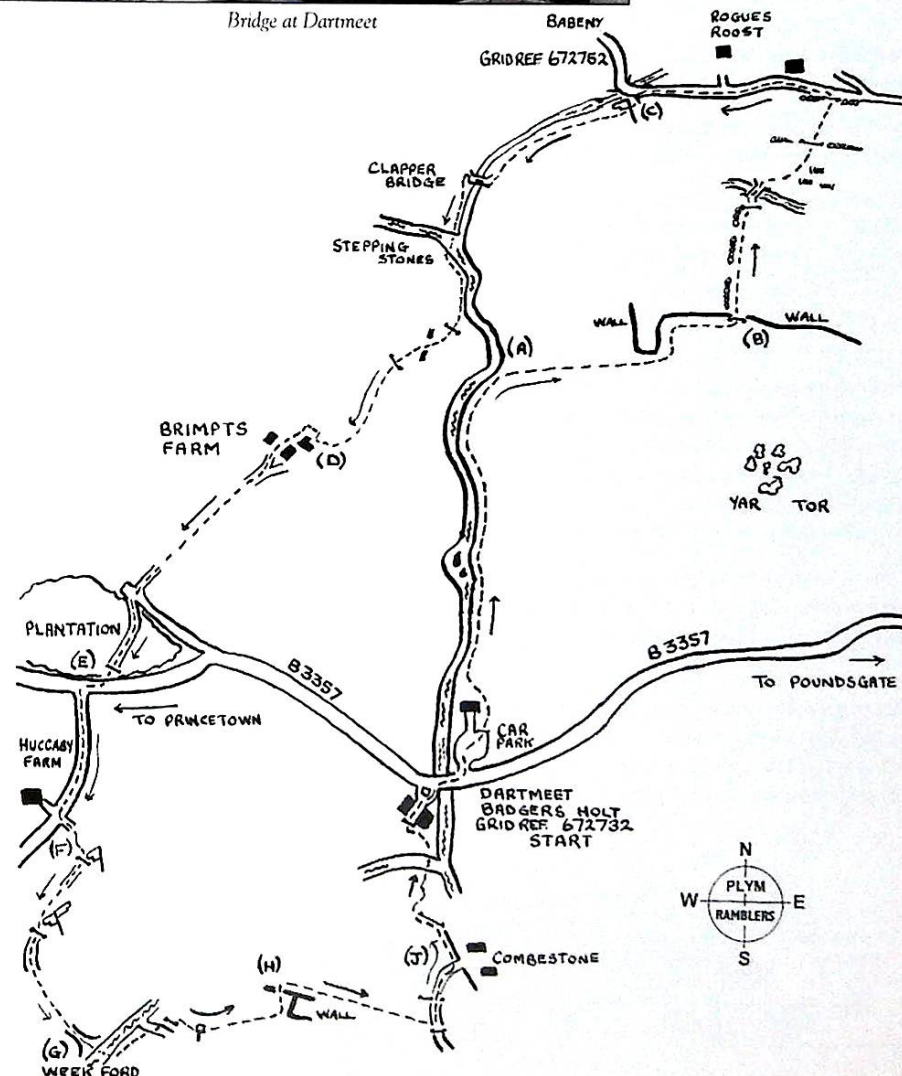
Turn LEFT over the stile and keeping the field boundary on your LEFT carry straight on down to the bottom where you will find a yellow spot waymarker on a post. Proceed through the gate over a wooden footbridge and bear slightly LEFT through a marshy area to another gate and cross the next field to a stile. Cross over the stile and turn SHARP LEFT, signposted to CATOR GATE. Passing a large grey farmhouse on your RIGHT carry on down past the entrance to ROGUES ROOST for approximately 500 yds to where the road goes SHARP RIGHT and a signpost indicates a bridlepath to your LEFT. Turn LEFT here (C).

Bearing slightly RIGHT, keep the stream close to your RIGHT HAND side, follow the grassy track until you come to a Clapper Bridge. Cross over the bridge, turn LEFT, follow path down to stepping stones on EAST DART RIVER. Cross the stepping stones and turn LEFT. Follow the path along the river's edge and then veer up through trees, through a gate, bearing RIGHT and through a gap in the wall. Head straight across to next gate and on to a farm track that is blue waymarked at intervals. Continue up hill heading towards BRIMPTS FARM. Upon reaching the farm you will see a fence in front of you (D). Turn SHARP RIGHT and immediately LEFT up hill for a few yards then turn LEFT and go through the farmyard. After a few yards bear RIGHT onto a concrete road. Follow this road steadily upwards till you come to a plantation, the road goes SHARP LEFT, but you go straight ahead through the plantation following the blue spots. When you reach a gate and cattle grid and then the main road (E) turn RIGHT and 20 yds along turn LEFT along a road signposted HEXWORTHY. 500 yds down this road is the entrance to HUCCABY FARM on the RIGHT. Opposite is the track which takes you to WEEK FORD (F). Walk in a few yards, bear RIGHT then slightly LEFT and on your RIGHT you will see a gate with a blue waymark. Go through this gate and follow the track, signposted along the top, through another gate and descend to the river and stepping stones at WEEK FORD (G).

Cross over the stones and turn LEFT. Cross another set of stones and go through the gate. Turn RIGHT and keeping the fence on your RIGHT walk up 10 yds until you see a concrete post by the fence. Turn HALF LEFT and proceed up hill in an EASTERLY direction, no clearly defined track. Above the tree line are some rocks with orange spots/arrows on. You will see a corner of a stone wall ahead of you. Head for this, mind the boggy ground, and when you reach the wall keep it on your RIGHT and head up for a gap in the wall (H). Go through the gap, turn RIGHT and with the wall on your RIGHT carry straight on until you meet a broad gravelly track. Turn SHARP LEFT, (signposted). Go through a gate/cattle grid, down hill on a metalled track and where it veers SHARP RIGHT over a cattle grid bear LEFT with the wall on your RIGHT. Proceed down hill, through gaps in the walls, until you come to a wire fenced plantation (J). Bear LEFT and follow the path down to the RIVER DART. Cross over the stepping stones and up the bank. At the top turn RIGHT through a gate and a few yards to the main road. Turn RIGHT over the bridge and immediately LEFT into the car park.



Bridge at Dartmeet



AVON VALLEY & SHIPLEY BRIDGE (Avon Dam Option)

WALK No: 4

GRID REF: 697603

GRADE: Easy

TIME: 3 or 5 hours

DISTANCE: 5 or 9 miles

TOILETS: Shipley Bridge

REFRESHMENTS:

GENERAL DESCRIPTION: This walk takes you alongside the river, through open country, to the edge of the moor with the option to visit the Avon Dam.

START: South Brent Railway Station Car Park. On entering South Brent from A38 take Plymouth Road to the centre of town then turn right into Station Road.

From the car park walk away from the town towards the railway bridge. Turn **LEFT** here then immediately **RIGHT** along a signposted path past **RIVERSIDE HOUSE**.

The path goes under a bridge and then follows the river on its **RIGHT HAND** bank through to **LYDIA BRIDGE**. Turn **LEFT** over the bridge past **ROCK COTTAGE** and within 100 yards look out for signposted track on the **RIGHT** to **AVON COTTAGE**. Go over the stile and follow the narrow walled path uphill. The obvious path takes you over fields and 3 stone stiles to a small plantation where you cross a wooden stile, moving uphill and bearing **LEFT**.

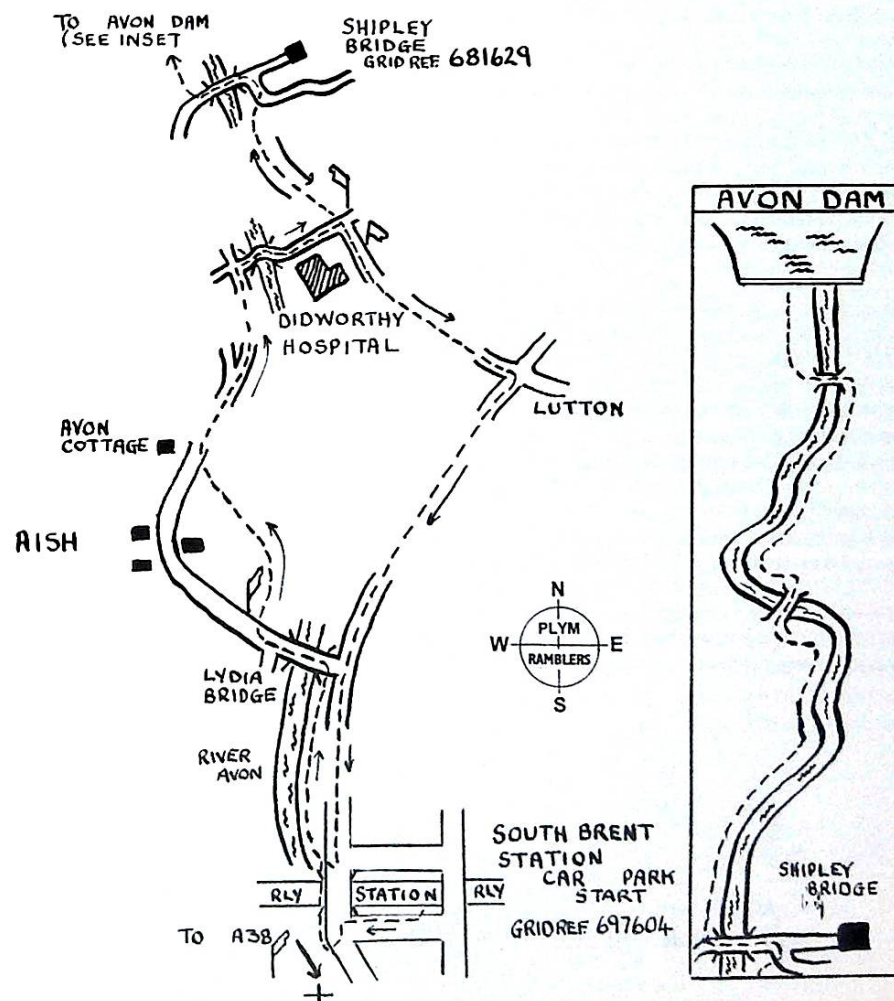
You soon reach another stile which enters a lane by **AVON COTTAGE**. Turn **RIGHT** and follow this lane for 3/4 mile, keeping the **RIVER AVON** on your **RIGHT**. When you reach the bottom of the hill turn **RIGHT** and cross the river and bear **RIGHT** past the old **DIDWORTHY HOSPITAL** and **DIDWORTHY HOUSE**. As you move uphill turn **LEFT** following the signpost to **SHIPLEY BRIDGE**. This track takes you alongside a farm behind the Hospital and through woodland for 1/2 mile to a wooden stile. A further 100 yards takes you through a gate on to a road. Turn **LEFT** and through another gate (past a cattle grid) and within 300 yards you arrive at **SHIPLEY BRIDGE**.

At this point you can extend your walk up river to visit **AVON DAM**. (This is a 4 mile round trip, but worth it on a good day). Enjoy your visit to **SHIPLEY BRIDGE** and retrace your steps back over the cattle grid and turn **RIGHT** following the waymarked route.

Continue the way you came until you drop down behind the Hospital to a lane. Cross over the lane following the signposted route to **LUTTON**. Carry on along this route for approximately 3/4 mile. Just before **LUTTON** you cross a small ford, then the track climbs steeply to enter **LUTTON**. Walk ahead past a letter box until you reach a T junction. Turn **RIGHT** here along **BRENT ROAD** and follow this for 3/4 mile until you cross the railway bridge at **SOUTH BRENT**. Turn **LEFT** and you are back where you started.



St. Petroc's Church, South Brent



COX TOR / PETER TAVY

WALK No: 5

GRID REF: 530752

GRADE: Easy

TIME: 3 1/2 hours

DISTANCE: 5 miles

TOILETS:

REFRESHMENTS:

GENERAL DESCRIPTION: The walk starts on the open moor and wanders through farmyard and fields to the quaint village of Peter Tavy. On the return journey a few lanes and fields return you to the moor with impressive views all around.

From the car park cross the B3357 and head slightly EAST OF NORTH crossing in front and to the RIGHT of dominant COX TOR along a broad bridleway (not very distinct). Proceed ahead for approximately 3/4 mile contouring around COX TOR and passing a pond on your RIGHT. You soon join a track coming in from the RIGHT. Continue along this track as it bears LEFT around COX TOR. The farm below and to the RIGHT is WEDLAKE and further down the hill to the LEFT is HIGHER GODSWORTHY FARM. Head for the gateway between the two firs at this farm and go down bearing LEFT through the farm. You then turn LEFT along a track which is walled on both sides. At the end of this walled track turn RIGHT through the gate and follow the path down to cross over the brook. Bear LEFT up the walled lane and follow the metalled road until just beyond the cattle grid. You shortly bear LEFT off this road to go through a gate waymarked 'The Combe 1/2 m'. Cross this field and continue on down with the stream on your LEFT to a further waymarked sign to PETER TAVY. The track emerges into a road past some cottages. After crossing the bridge you follow the bridleway on your RIGHT which leads past the village hall on your LEFT to the T junction.

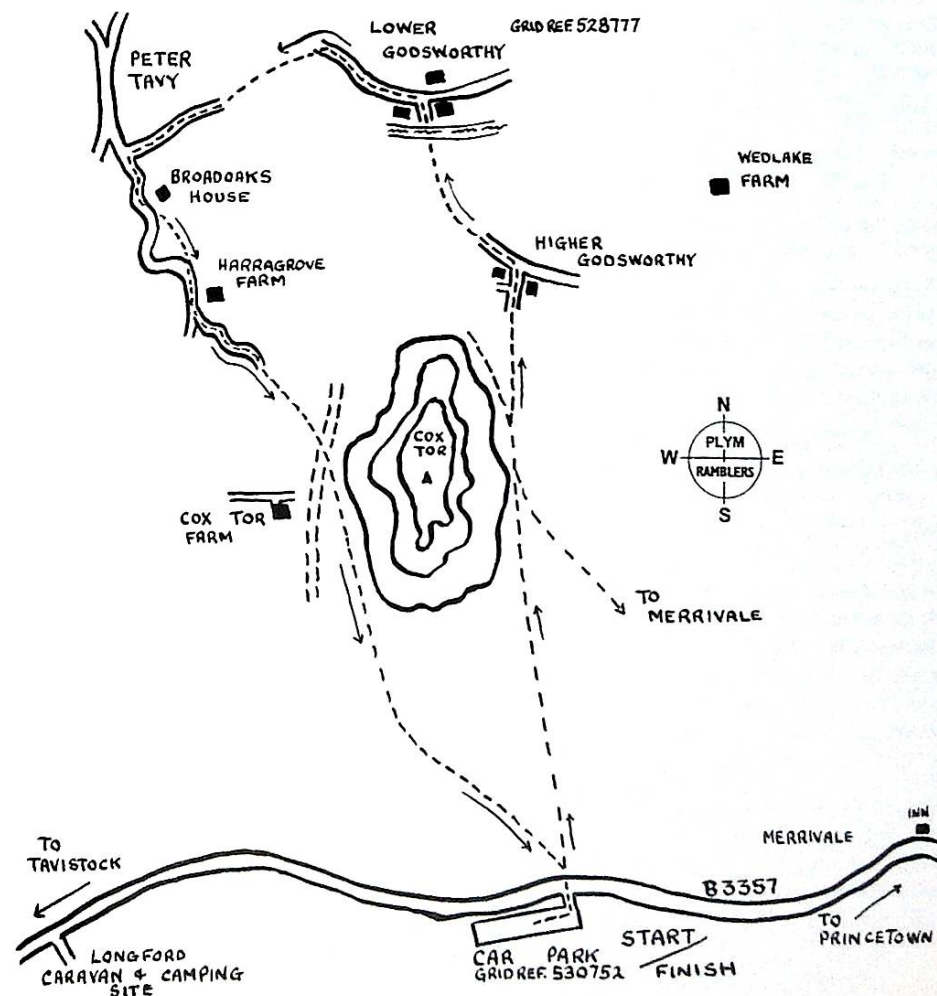
The walk continues from this point up the hill where the village hall is on your LEFT. However, you may like to pause for a while in the village to visit the church and/or the PETER TAVY INN by turning RIGHT at this T junction. You should then retrace your steps to the village hall and make your way uphill along a hedged lane. After passing BROADOAKS HOUSE look for some stone steps in the bank on the LEFT. These take you to a stile that enters a field. Cross over and continue uphill through 4 fields to emerge on to a lane. Turn LEFT along the lane to HARRAGROVE FARM. Past the farm turn LEFT into a lane which continues uphill for 1/2 mile to a gate. Go through the gate and on to the Moor. The path runs to the LEFT of a wall. When the wall bears to the RIGHT the route continues straight ahead. You soon reach a surfaced farm track. Cross over this road and continue heading in a SOUTH EASTERLY direction passing COX TOR FARM on your right. The track is not very clear here but if you continue following the contour of COX TOR on your LEFT for 1/2 mile you will eventually overlook the B3357. The car park is only a few hundred yards away.



Avoid difficult situations



Cox Tor



DOWNGATE / LUCKETT

WALK No: 6

GRID REF: 375723

GRADE: Moderate

TIME: 3 hours

DISTANCE: 5 1/2 miles

TOILETS:

REFRESHMENTS:

GENERAL DESCRIPTION: A delightful walk starting from the base of Kit Hill and descending into the valley of the River Tamar. The walk is along quiet lanes, tracks and footpaths. Views of both Dartmoor and Bodmin Moor. Can be muddy in wet weather.

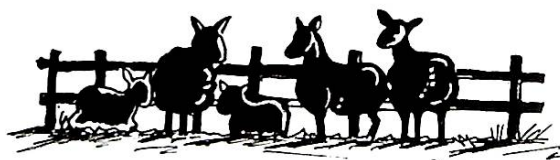
From the car park (A) cross the road and take the turning towards DOWNGATE. After about a 1/4 mile take the footpath signposted to the RIGHT opposite a lane joining on the LEFT. Follow the track for about 1/4 mile to a road. Cross the road and continue down the track for about 1/2 mile to the hamlet of OLD MILL. Turn RIGHT on the road and almost immediately RIGHT again on to a short grassy track to a gate. Go over the stile by the gate and follow the track through woodland keeping a stream on your LEFT. Pass a chimney (B) on your LEFT.

Eventually, after about 2/3 mile, you come to a gate with another stile at the side. Climb the stile and join the road. There is a ford across the road. You can either wade through or cross via a footbridge.

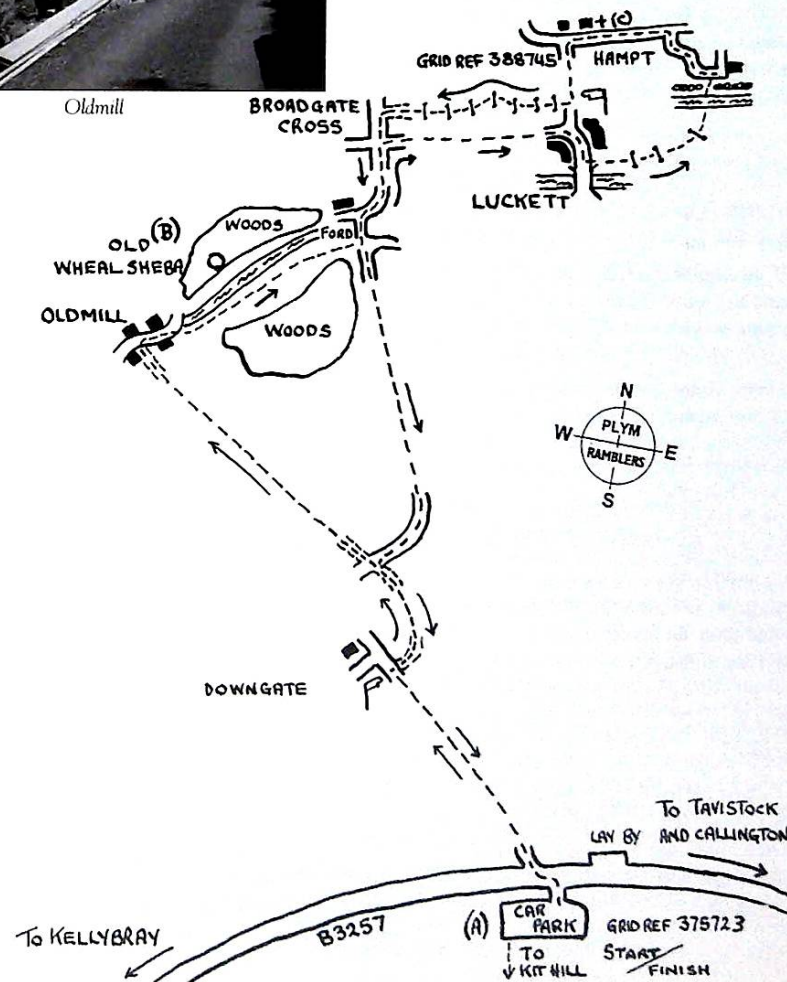
Turn LEFT over a bridge near NEW MILL COTTAGES and up the hill to BROADGATE crossroads. Turn RIGHT and follow the road to LUCKETT. In the village follow the road downhill to the RIGHT and turn LEFT on a public footpath just before the bridge. Follow the track to a gate. Go through the gate and carry straight through kissing gate into a large meadow. Turn LEFT and follow the LEFT HAND hedge to a stile by a gate in the far LEFT HAND corner of the meadow. Go over the stile and cross over a small stream, via a couple of stone slabs. Follow the track and after a short distance go LEFT through a gap into the next field. Follow the RIGHT HAND hedge of this field to a gate by a shed. Go through the gate and turn LEFT onto a lane.

After 1/4 mile turn LEFT along the road at the T junction. Follow this road past a restored chapel (C) and turn LEFT again towards LUCKETT at next junction. Follow road past the cemetery on the LEFT and just before entering the village of LUCKETT again, turn RIGHT through a gate into a field at a public footpath sign. Follow the LEFT HAND edge of this field to another gate. Go through this gate and continue in the same direction across the next field to a third gate. Go through this gate and immediately RIGHT to a fourth gate. Go through this gate and turn LEFT, following the LEFT HAND edge of the field, to yet another gate. Go through this gate and go directly across the next field to a stile. Go over the stile and, after a short distance, over a second stile onto a track leading to a gate. Go through the gate and at the lane turn LEFT downhill to return to BROADGATE crossroads. Retrace your steps downhill to the ford at NEW MILL COTTAGE. Take the RIGHT HAND road up the hill towards DOWNGATE with a stream on your LEFT.

After about 3/4 mile you arrive at the point where the track you took down to OLD MILL crosses the road. Turn LEFT up the track and retrace your steps to the car park.



Oldmill



BELTOR CORNER / CORNDON / JORDAN / PONSORTHY

WALK No: 7

GRID REF: 695732

GRADE: Moderate

TIME: 3 1/2 hours

DISTANCE: 6 miles

TOILETS:

REFRESHMENTS:

GENERAL DESCRIPTION: This walk starts on the lower moor and drops down to the attractive riverside of Shallowford and Jordan and returns through the lanes of Ponsworthy.

On leaving the car park turn **LEFT** and follow the grass verge towards DARTMEET for about 1/3 mile. Ahead is a line of trees which marks the boundary of a field system. Cross the road and take any of the obvious tracks running NW across SHERBERTON COMMON, making for the NW corner of the field system. Pass the corner and bear slightly **LEFT**. A few yards ahead is an unfenced minor road. Cross this road and take the track leading to the top of CORNDON TOR which is a good spot for a coffee stop, with excellent views. (Southwards can be seen SHARP TOR, VENFORD RESERVOIR and the DART valley. To the SE is BEL TOR to the left of the car park and MEL TOR to the right of the car park.)

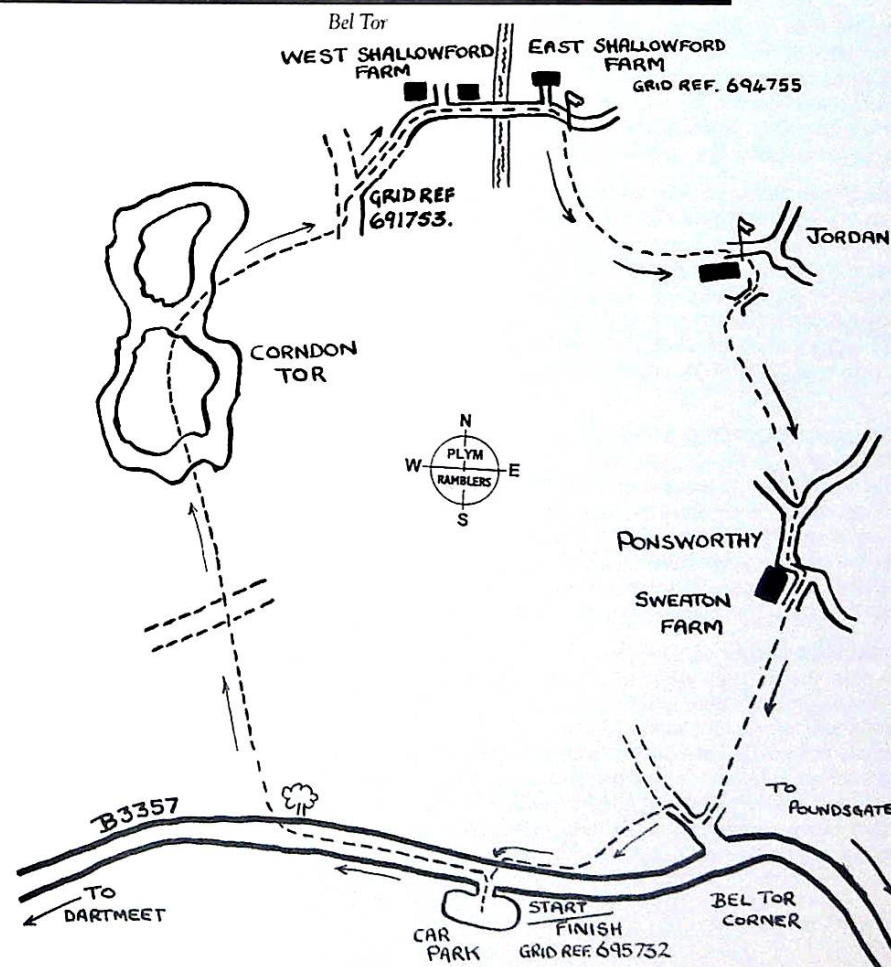
If you are interested in antiquities, after crossing the road make a short diversion as follows: bear **WEST** across the common until you reach another minor road which leads to SHERWELL. Turn **RIGHT** along this road. On the **LEFT**, and marked on the map, can be found a cairn and a kist just a little way off the road. Return to the road and continue until you see a cross on the slope of CORNDON TOR on your **RIGHT**. Climb up to the cross and read its inscription then continue to the top of the tor.

From the top of CORNDON TOR an obvious path runs along the ridge of CORNDON DOWN. Follow this, noting the excellent all round views and the large burial cairns on the north end of the down. The path passes between the cairns and immediately descends the steep **EAST** side of CORNDON DOWN to join an unfenced minor road at its junction with another minor road. Map reference 691753.

Cross the road and take the downhill road which leads first through WEST SHALLOWFORD FARM. Cross the WEST WEBBURN river and opposite EAST SHALLOWFORD FARM take the footpath on the **RIGHT** signposted to JORDAN. A little way along this track is a riverside area which is a good lunch spot, if so desired. (can be wet).

(The track to JORDAN follows the river and passes through an area of natural interest. Depending on the time of year there are good displays of bluebells (April), early spotted and other orchids (June) and in high summer scabious and many other flowers alive with butterflies.) At JORDAN pass through a gate into a short lane. At JORDAN MILL HOUSE, on your **RIGHT**, take a sharp **RIGHT HAND** turn onto the footpath signposted PONSORTHY which skirts the house and passes over a footbridge. (Look back at the mill complex which is now private residences but was once a corn mill driven by water power.) This track from JORDAN to PONSORTHY is part of the TWO MOORS WAY. Once again the track follows the river through pleasant woodlands and fields, ending at a small gate at PONSORTHY SPLASH. Pass over this shallow ford (there is a footbridge.) Turn **RIGHT** and walk uphill on the road to SWEATON FARM. Turn into the farm approach and you will find a clearly marked path which avoids the farmyard. Once past the farm the route passes through two gates (one ahead of you and the second immediately on your **RIGHT**.) At this point the diversion joins the ancient sunken track leading uphill to a gate. Pass through the gate and follow the hedge on your **LEFT** until you find a stile. Cross this and continue uphill with the hedge now on your **RIGHT**. In the corner of the field is a stile giving access to a minor road.

Turn **RIGHT** along the road until you reach an unfenced section and an obvious rough track bearing **LEFT**. Walk a few yards up this track then turn **LEFT** uphill across the heath. After crossing a working leat this last climb brings you onto the DARTMEET road. Turn **RIGHT** along the verge to return to the car park where, if you are lucky, the ice cream man may be waiting to welcome you.



TIGLEY / RATTERY / VELWELL / ALLERTON

WALK No: 8

GRID REF: 759606

GRADE: Moderate

TIME: 3 1/2 hours

DISTANCE: 6 miles

TOILETS:

REFRESHMENTS:

GENERAL DESCRIPTION: Walk is through typical Devon farm land. Some hills, short and fairly steep but not too strenuous. Good views of surrounding countryside. Can be muddy in places with some stony tracks. Some stiles, not always dog friendly! The route has mostly been newly signposted or route marked. Points of interest - Rattery Church and Velwell Orchard (off Brownston Lane).

START: St Barnabas, Brooking Church, Tigley off A385. Approx 3 miles from A38.

Commence walk by taking lane signposted COBBERTON by bus shelter. After farm take first turning LEFT to BROOKING (A). Cross BIDWELL BROOK by stone bridge, turn RIGHT past row of cottages. Follow public footpath ahead through wood (B) then turn RIGHT over stream through 5 bar gate. Follow track uphill passing through several metal gates. Where track levels out go diagonally LEFT (signposted) down to stream. Cross by wooden bridge into field. Keeping hedge on your left RATTERY CHURCH will be visible ahead and a farm below on RIGHT.

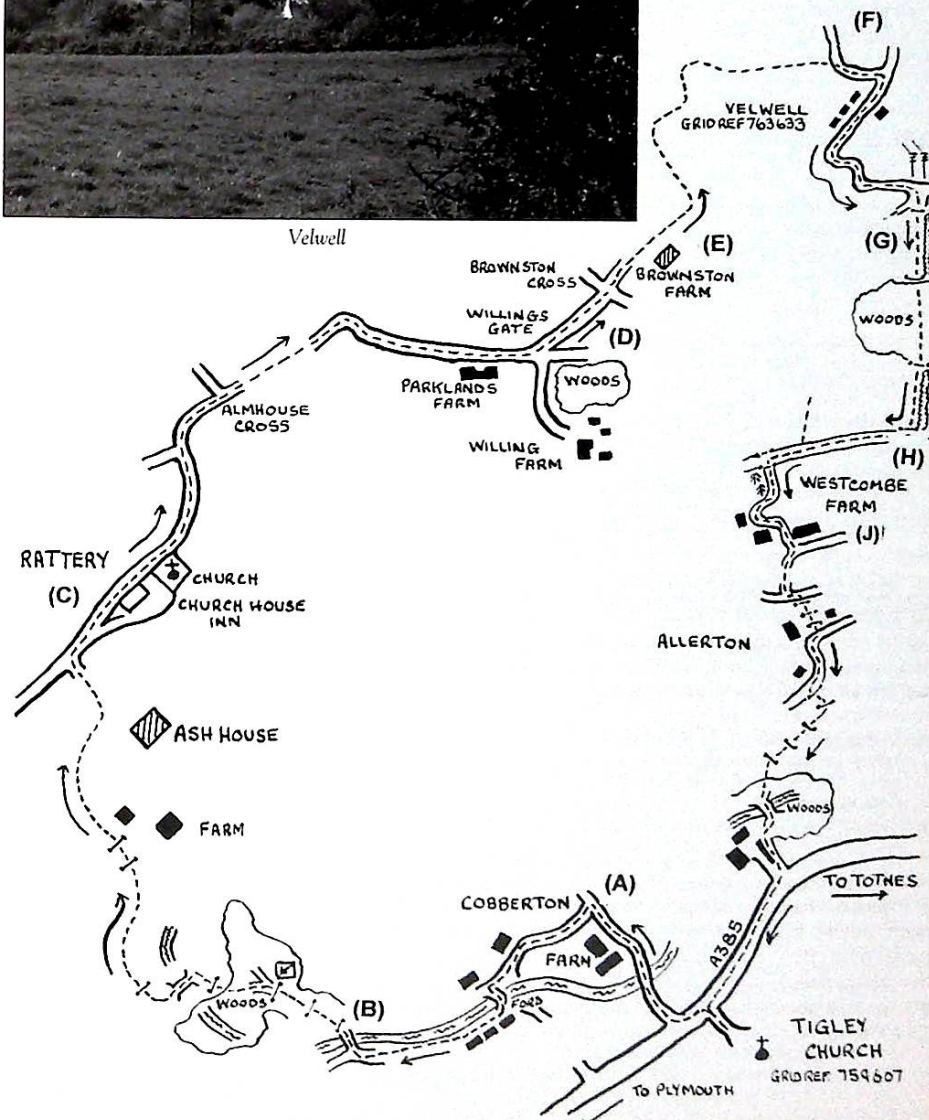
Go through two gateways and take track down to farm, passing a barn on the RIGHT, then follow farm track up towards RATTERY. Pass large Georgian house ("ASH HOUSE" - spot the name at entrance way) and at junction with road turn RIGHT into RATTERY VILLAGE (C). Church and the Church House Inn (dated 1028) will be on your RIGHT. Take road through village, passing the rear of the Inn, up short but steep hill to ALMHOUSE CROSS and go straight on signposted to STAVERTON and DARTINGTON. Immediately beyond entrance to WILLING FARM take LEFT turn along lane to BROWNSTON CROSS (D). Go straight on to BROWNSTON passing BROWNSTON FARM on RIGHT (E) and barn on your LEFT before BROWNSTON LANE. Lane can be rough underfoot and continues down hill for nearly a mile.

Pass VELWELL ORCHARD on the RIGHT and on reaching roadway keep RIGHT. At next junction turn RIGHT through LOWER VELWELL (F). After village, road continues uphill then down towards an electricity pylon where footpath is signposted (G). Go over stile and up the field keeping hedge on your LEFT to stile in top corner. Enter small wood and climb path to another stile opening on to another large field. Again keeping hedge on your LEFT make for gate in top corner to roadway. Turn RIGHT (H). This road passes the end of a public footpath which enters on the RIGHT and uphill from there go through a metal gate on the LEFT (opposite another opening on the RIGHT) and take a track downhill, with a hedge on the LEFT and new tree planting on the RIGHT, to WESTCOMBE FARM (J).

The route takes you through the yard, past the farmhouse on your LEFT to a tarmac road. Turn RIGHT. Follow road, at next junction turn LEFT and after a few yards climb steps up RIGHT back and over stone stile. Go straight across the field to stile in the hedge and pass a farm and corrugated iron barn on your LEFT to rejoin tarmac road at ALLERTON. Turn RIGHT. A short distance beyond village pass through a metal gate on the LEFT of road with another metal gate about 50 yards further on into a field. Path goes straight across to gate in hedge opposite. After gate, cross field with hedge on your RIGHT to pass through gate into third field and make for stile in hedge ahead. From there bear diagonally LEFT and down bank towards trees. Cross BIDWELL BROOK by footbridge and follow path up through trees past cottages to regain main road. Turn RIGHT, taking care as there is no footpath, for short distance back to TIGLEY CHURCH.



Velwell



RADFORD / BOVISAND COASTAL

WALK No: 9

GRID REF: 506525

GRADE: Moderate

TIME: 4 hours

DISTANCE: 6 Miles

REFRESHMENTS: Jennicliff Cafe (E)

TOILETS: Jennicliff car park,
Mountbatten, Bovisand.

START: Radford Centre car park, Mayers Way, Hooe Road, Plymstock, Plymouth.

GENERAL DESCRIPTION: This is a splendid walk travelling through a wooded estuary and following the South West coastal footpath which provides spectacular views of Plymouth Hoe and Plymouth Sound

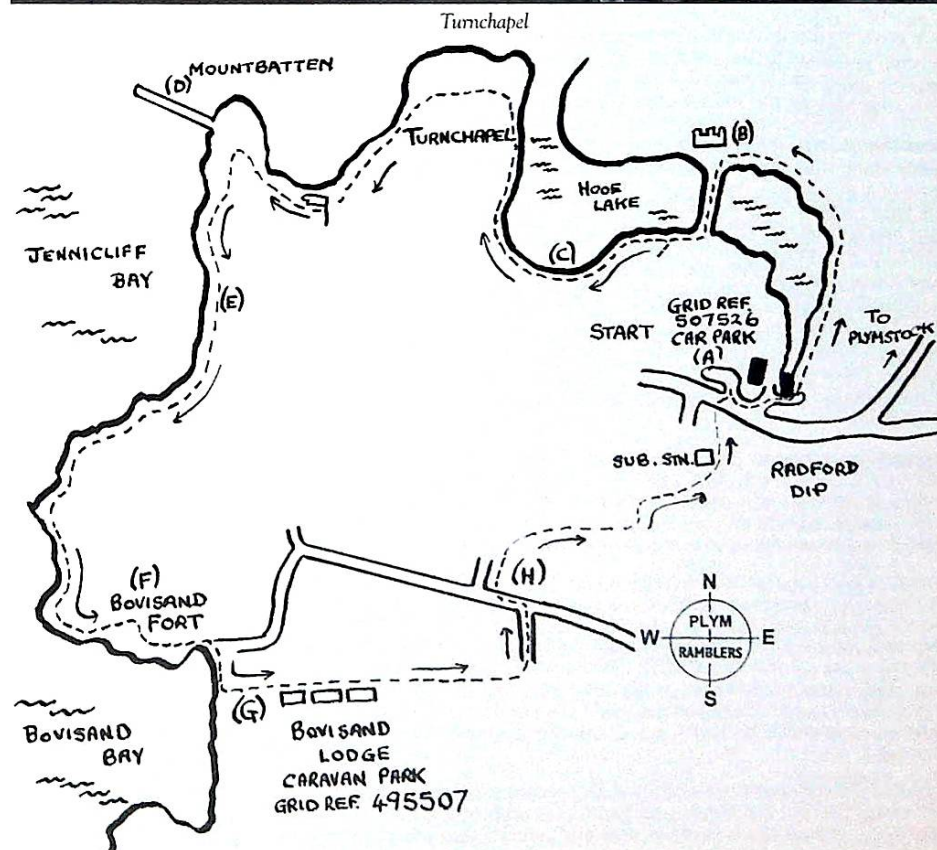
WALK DIRECTIONS: From the RADFORD CENTRE Car park (A) turn LEFT and enter RADFORD PARK via a metal kissing gate. Immediately follow the RIGHT HAND path, keeping the lake on your LEFT for a 1/4 mile. At RADFORD CASTLE (B) turn LEFT to cross the causeway. Follow the path uphill for 300yds. until path divides. Turn RIGHT and follow path for 1/2 mile to HOOE village, keeping HOOE LAKE on your RIGHT.

Cross the end of the estuary, (C) with the railings on the RIGHT and follow the lake road, still keeping the estuary on the RIGHT. Follow this road for 1/2 mile until you enter the village of TURNCHAPEL. Proceed out of the village up to the top of the hill. Bear RIGHT at the signpost to MOUNTBATTEN. Drop down to the waters edge and follow the pathway to MOUNTBATTEN FORT. (D) Turn LEFT here, heading SOUTH to pick up the SOUTH WEST coastal path and proceed up the hill for 1/2 mile to STADDON HEIGHTS and JENNICLIFF (E). Pass JENNICLIFF CAFE and keep on the coastal path climbing a series of steep wooden steps. After a mile you emerge overlooking BOVISAND FORT and Harbour. (F) After 500 yds take the steps down to the coast road at BOVISAND and turn LEFT. After 200 yds cross the road and follow the direction way marked BOVISAND BEACH. (G)

From the beach turn LEFT and follow the path that turns to the LEFT of the caravan park, continue up the valley along the hedge lined path with a small stream running alongside. After 1/2 mile emerge on the bend of a minor road. Turn LEFT and after 500 YDS turn LEFT again at the T junction. Almost opposite this junction follow the footpath sign and enter a field by a metal kissing gate. Follow the path across the field and go through another metal gate and turn RIGHT. Follow the path downhill with pigpens on the LEFT. At a path junction an ERME PLYM trail waymark directs you down through woods. Continue downhill on the clearly defined path. After 300yds the path crosses a little stream (could be dried up in summer) and bears LEFT, uphill to reach a Y junction. Take the RIGHT fork downhill signed ERME PLYM trail. After another 200 yds you reach a T junction bridlepath. Opposite is a wooden stile, climb over and follow the path that skirts to the RIGHT of the housing estate. Keep proceeding down the wooded hill, bearing LEFT and following the path until you come out in an open field area, at the bottom of the valley. It is now just a 30yd walk past an electricity sub station, on the LEFT, to the main PLYMSTOCK to HOOE ROAD. Cross the road and return to the car park where you started.

POINTS OF INTEREST

- (A) Before you start the walk, have a quick look at the notice boards located on the Radford building behind the car park. They provide a great deal of useful information about the local area. Particularly the local history of the Radford valley.
- (B) Radford Castle was built as a folly and estate workers home in the middle of the last century. It was a local tearoom in 1900 when people from Plymouth visited the Estate. (C) In the village of Hooe there is a large 12th. century barn (St. Anne's Chapel) with an ancient spring nearby. The area from the railings to the shops is reclaimed land. In 1898 a number of porpoises chased a large shoal of mackerel into this area. The tide was high and urged on by their big predators, the little fish jumped out of the water onto the gardens and road. The entire village turned out to gather up the spoils in pots and pans. The porpoises became stranded, and had to be towed out to sea the next day.
- (D) Mount Batten has a very early history, as a trading port in the 8th C. and a Roman base later on. It was more recently an RAF base until developed as a recreation and residential area.
- (E) Jennicliff provides what is probably the best view you could have of Plymouth Sound and Plymouth Hoe. On a clear day, 12 miles to the West, you can see the Eddystone lighthouse. On the Hoe to the North, is Smeatons Tower (originally on the Eddystone Rocks.)
- (F) Bovisand Fort was built in 1825 as part of the Plymouth defence system. It has served as a safe harbour over the years and is now a national diving training centre.
- (G) Bovisand beach is a popular holiday area in the summer with a cafe and facilities



MANATON – BOWERMANS NOSE

WALK No:10

GRID REF: 749 813

GRADE: Moderate

TIME: 4 1/2 hours

DISTANCE: 7 miles.

General Description: A combination of splendid views, countryside, moor and woodland make this walk a pleasant and healthy day out.

WALK DIRECTIONS: From MANATON CHURCH (St.Winifred's) car park, head towards the church and pass through the churchyard. Follow the signed footpath to 'LANGSTONE VIA MANATON ROCKS'. This path goes over several stiles until you reach a rocky outcrop on your RIGHT.(A) pass beyond this, until you reach another stile. Cross over and proceed down the hill. In the distance you have great views of HUNTERS TOR with LUSTLEIGH CLEEVE beyond.

The path bears to the RIGHT and after 400 yards you reach another signpost indicating 'COUNTY ROAD. NR. LANGSTONE FARM.' (B) Follow this sign to the LEFT and over the stile. The route is waymarked on the rocks ahead. Over another stile, you drop through the woods until you cross a small stream. (This can be a boggy area.)

At a path sign, cross over the stile and stream and strike diagonally across the field. 300 yards further on you go through a 5 bar gate to a metalled road. Turn RIGHT and drop down to LANGSTONE cottage (C) (where the gnomes may be out) and carry on for 600 yards until you reach a metal gate on your LEFT. This is waymarked (blue spot) public bridlepath. BARRACROFT VIA EASDON.

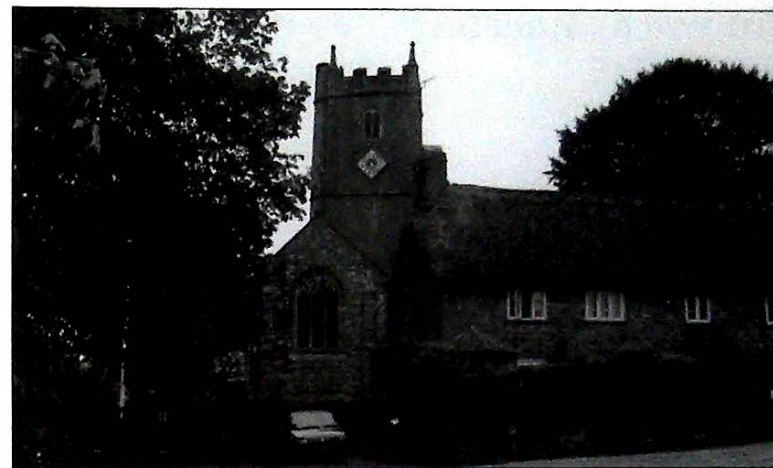
Carry on along this path until a bridlegate is reached, go through and turn RIGHT immediately up a steep bank and continue up the hill, through the woods. The gradient increases here and the path becomes indistinct. You need to keep the wall on your RIGHT and after about 500 yds the land opens out to the moor. Carry on up the hill towards the open moor. You soon see the track bearing LEFT up the hill towards the end of a line of conifers. Head for this point (D) (due south.) You soon reach the conifers and you will find a wall with the path running to the RIGHT of it. Ahead of you in the distance you can see the majestic HAYTOR and nearby, on your RIGHT, is FIGGY DANIEL ROCK.

After about 500 yards the path bears LEFT down the hill, following the wall. Go through a metal gate on the LEFT and carry on the track past BOODOWN FARM on the LEFT and then BARRACOTT FARM. (E) At the road junction turn RIGHT onto the B3344 and carry on until you get to the crossroads (HEATREE CROSS.) Go straight over and past HEATREE LODGE. (F) On up the hill and at the top follow the sign to HEATHERCOMBE. On your LEFT you will see a small granite post carved with 3 fishes and the notation "THINE IS THE POWER". The road drops down the hill through the trees and crosses a stream at the bottom. (G) Follow the sign PRIVATE RD. HEATHERCOMBE BREAK BRIDLEPATH. After 30 yards you come to the public footpath to NAILSWORTHY GATE. Go through the gate. (Notice the old granite support post called a slot & "L" gatepost.) Go across the meadow through another gate, over a stile and into the woods. Keep on the track, crossing a broad trail, following the yellow waymarks through the trees.

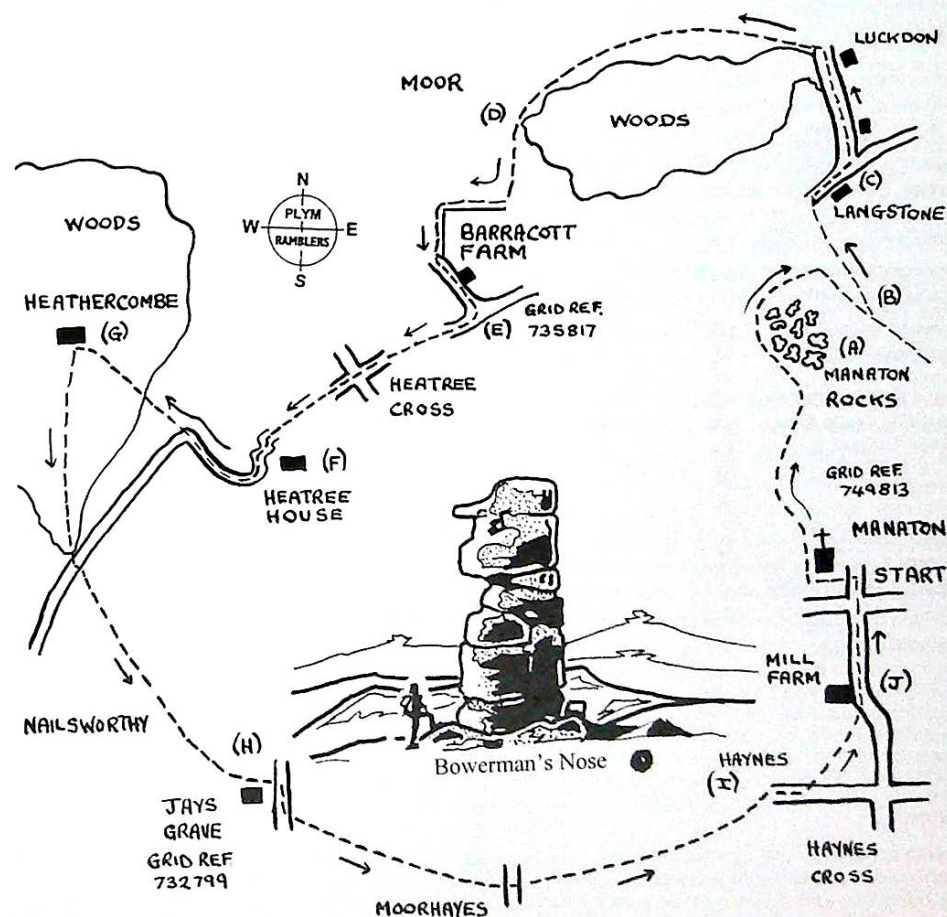
The track soon comes out on to the moor and you arrive at metalled road with a signpost indicating FIRTH BRIDGE 1 1/4 m. Turn LEFT onto the road, then immediately RIGHT, following the bridlepath to HAYNE DOWN. As you come over the hill you can see HOUND TOR and HAYTOR ROCKS straight ahead. Follow the wall on your RIGHT until you reach the road junction. This is where you will find JAYS GRAVE. (H) Cross the road to the Bridlepath opposite and travel over open grassland.

Straight ahead you can see HAYNE DOWN with BOWERMANS NOSE sticking out on the LEFT. Follow the track down the meadow to the wooden gate and out to the road. On your LEFT is a metal gate, go through this and head directly for BOWERMANS NOSE, which is about 600 yards up the hill (bearing 20° magnetic). Leave BOWERMANS NOSE and head back the way you came, bear LEFT over the tor and walk down the hill with the MANATON CHURCH clearly visible in the valley opposite. The path drops down the hill and meets a wall on the LEFT. Keep going down to a wooden gate then on through a small wood to HAYNE HOUSE (I) on the LEFT. Follow the track RIGHT to a narrow metalled road. After 400 yards go over a stile on LEFT and follow the direction of the arrow, across the meadow towards the church.

Go out to the metalled track and turn LEFT downhill and past MILL FARM. (J) The road crosses a brook then heads uphill to the crossroads. Cross over and you are back at the car park where you started. If you are doing this walk in the summer, look out for the "Cream Tea" notices pointing to the church hall. Well worth a visit.



St. Winifred's Church, Manaton



COASTAL WALK- MALBOROUGH / SOAR MILL COVE

WALK No:II

GRID REF: 709398

GRADE: Easy

TIME: 4 hours

DISTANCE: 7 miles

TOILETS: Adjacent to Church

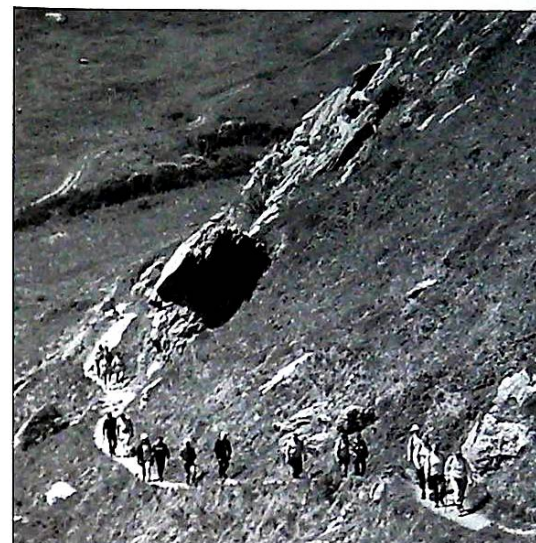
REFRESHMENTS: Port Light Inn

GENERAL DESCRIPTION: This walk provides you with splendid sea views travelling over open countryside and coastal footpaths. There are occasional gradients.

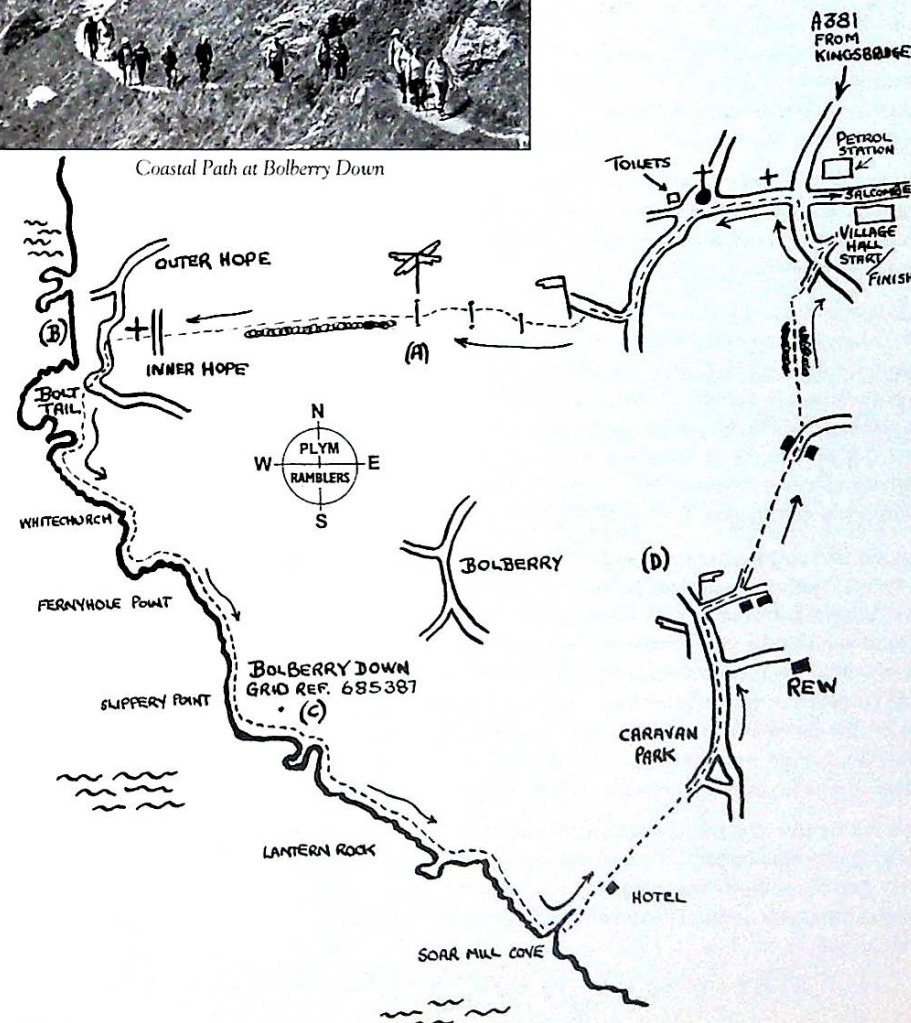
Leave the car park in a WESTERLY direction heading for the Malborough Church Spire, cross Colaton Road and walk down the main street (Higher Town) past the Church (toilets located here) and continue until you reach a fork in the road at Malborough Green. Take the RIGHT HAND fork signposted HOPE COVE. After 1/2 mile turn LEFT at Public Footpath sign and cross field to a metal gate then bear HALF RIGHT to a wooden gate. On entering this field turn RIGHT to skirt the field keeping in a WESTERLY direction.

You now go across a field towards a wooden gate, skirt field as appropriate. At the next wooden gate (a multi route way mark junction) take the route STRAIGHT AHEAD (WEST) up over wall steps (A). The route follows a ridge across the top of a field with a hedge running on the LEFT side. (for reference a small church and GALMPTON village can be seen from the path on the right. Note the path can be muddy). Continue across fields through a succession of gates ahead until the path drops down through a hedge enclosed path to a road just above INNER HOPE COVE. Cross the road and go down steps to the LEFT of St Clements Church. At T junction turn LEFT to follow the signposted coastal footpath (B). Keeping the beach on your RIGHT continue along the road then turn RIGHT up some steps by the old Lifeboat Station. The route is then clearly marked up and over to BOLBERRY DOWN for 2 miles (C). (refreshments PORT LIGHT INN). (2.25 hours walking point). Continue SE finally dropping down to SOAR MILL COVE.

Bear LEFT just before the beach to cross a wooden bridge and go through a wooden kissing gate following a well defined path inland signposted MALBOROUGH. Soon you pass SOAR MILL COVE HOTEL. Continue along the narrow lane past PIERCE COTTAGE on the RIGHT and continue uphill to swing RIGHT past a caravan park on the LEFT. Proceed past this and take the next route to your RIGHT signposted MALBOROUGH 1 mile (D). Follow the road to a cottage at which point swing LEFT into a broad track (waymarked left). (Rising up the broad track the Malborough Church Spire can be seen ahead). Follow the broad track down through a farm and join a road. Where the road turns SHARP RIGHT carry STRAIGHT on up a narrow enclosed path signposted MALBOROUGH. Join the road and continue up through the houses. At a T junction turn RIGHT - the MALBOROUGH Village Hall Car Park is ahead of you.



Coastal Path at Bolberry Down



SALTRAM QUAY & PLYMBRIDGE

GRID REF: 508552

TIME: 4 hours

REFRESHMENTS MacDonalds, Saltram House. **TOILETS** Coypool Rd & Saltram House.

STARTING PLACE Saltram Quay car park, The Ride, Chelston Plymouth


General Description: A great walk on the fringe of Plymouth running along the Plym estuary and following the River Plym to Plymbridge. It returns along the old rail track and visits the grounds of Saltram House.

WALK DIRECTIONS: Turn RIGHT out of the car park and pass the small beach on your LEFT prior to entering a track through a 5 bar gate. This track, which is part of the West Devon Way proceeds along the edge of the estuary. After 1/4 mile take a track on the LEFT through a kissing gate. This drops down to the waters edge and goes along a causeway. Halfway across you have to negotiate a small weir.(A) This is no problem but it can be slippery in winter.

At the end of the causeway go through a kissing gate and turn LEFT following the obvious track. After 100 yards the track becomes a tarmac path which runs alongside the A38 Marshmills flyover and then crosses the river Plym and the main rail line via a metal bridge. 200 yards further on, the path emerges on to the Plympton Road.

This is a double carrageway which needs to be crossed by the pedestrian crossing (50 yds. to your LEFT). After crossing to the other side of the road turn RIGHT past the MacDonalds, Comet & Currys outlets and turn next LEFT down Coypool Road. After 300 yds turn LEFT down a track which takes you behind the stores to Saltram Lodge. (B) Turn RIGHT here over the old metal railed bridge across the Plym and turn RIGHT, 50 yds on, go through a metal gate to the river bank keeping the river on your RIGHT. Continue along the river bank until you reach the Riverside Caravan Park. Take the track on the RIGHT still following the river, After 1/2 mile turn RIGHT over a wooden bridge which crosses the river and through a kissing gate. Turn HALF LEFT and follow the track across two fields to Plymbridge. (C)

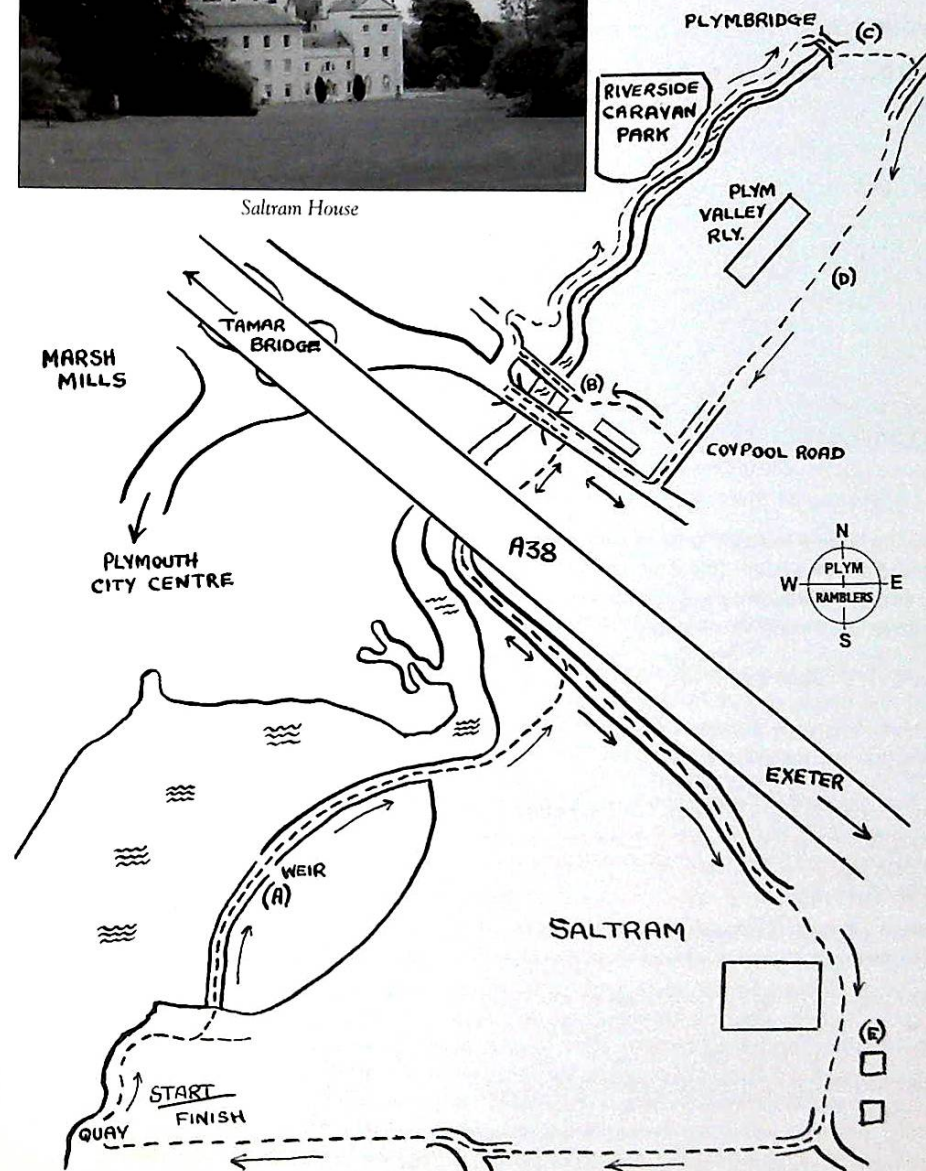
Leave the field by the kissing gate and turn RIGHT on to a lane. Proceed under the old rail bridge and turn RIGHT. This puts you on the old rail track which you follow for 1 mile keeping the river Plym on your RIGHT. Just past the Plym Valley Railway complex (D) you arrive back at Coypool Road. At the end of this road you retrace your steps via the pedestrian crossing, under the flyover to the causeway you visited earlier. Go past the causeway track on your RIGHT and keep on the tarmac road downhill towards Saltram House. Go through a wooden gate and after 200 yds another one, which takes you into the Saltram Estate.



Follow the road past the Saltram stables on your RIGHT (E) and as the road bears LEFT take the road on the RIGHT that drops down the valley. After 1/2 mile go through a metal gate and proceed another 200 yds back to the car park.



Always carry a drink

WALK No: 12

NOSS MAYO / STOKE COASTAL WALK

WALK No: 13

GRID REF: 546476

GRADE: Easy

TIME: 3 1/2 hours

DISTANCE: 7 Miles

REFRESHMENTS:

TOILETS: Noss Mayo

START: Enter Noss Mayo by passing St Peters Church on the RIGHT and taking the Revelstoke Road down the hill to the car park by the tennis courts.

SIMPLE DESCRIPTION: One of the most attractive and unspoilt coastal routes in Devon with spectacular views and easy to follow.

WALK DIRECTIONS: Leave the car park by the tennis courts and turn RIGHT along the road. Turn NEXT RIGHT and proceed up the hill passing Rock cottage. After 1/4 mile look for a flight of stone steps on the LEFT. Take this through a metal kissing gate, on to the wooded path.

The path becomes quite steep and emerges into a field. After 150 yards go through another metal kissing gate on to a lane at old rectory cross. Turn RIGHT following the road to Stoke beach. The road bears LEFT at three corners and continues for 1/2 mile passing Rowden court.

At the next junction, Stoke Cross, proceed ahead down towards Stoke beach. At the entrance of Revelstoke Park (a holiday park.) turn RIGHT and go through a wooden kissing gate just beyond the car park.

This is the coastal footpath to Noss Mayo. After 1/2 mile go through a wooden gate entering National Trust land at Stoke Point. This is a broad and easy route built by workers employed by Lord Revelstoke at the end of the 19th century. It runs for 4 miles over rolling headland with great sea views including the Eddystone Lighthouse 12 miles away on the horizon.

Just after Snelling Down you pass a disused coastguard station on the RIGHT and shortly after, at Blackstone point, you see the Mewstone rock come into view. Continue past Warren cottage and along the Warren until you reach Gara point.

Wembury can be seen across the Bay as the track swings inland at Mouthstone point. You now continue along the estuary track towards Newton and Noss passing the old coastguard cottages and Battery cottage on the RIGHT.

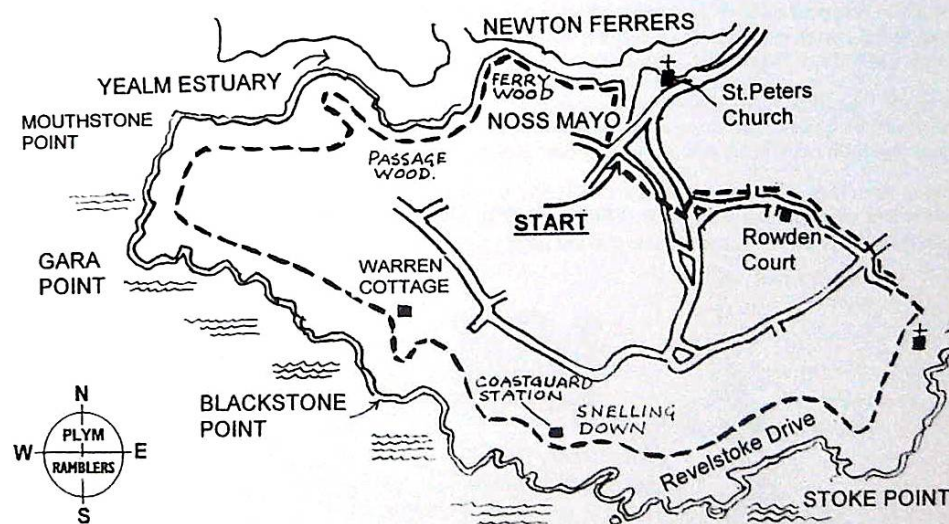
The track proceeds downwards along the estuary, passing by passage woods and ferry woods to emerge on to metalled road that leads to Noss Mayo. At this point it is worth mentioning that to avoid walking along this narrow lane you can take the woodland path on the RIGHT, that runs parallel to the lane. After 1/2 mile the road bends sharply to the RIGHT and drops down into the village by the side of the estuary with the Tilly institute building on the RIGHT. Continue ahead, uphill for 200 yards and where the road bends sharply to the LEFT up Revelstoke Road, go STRAIGHT AHEAD where you will find the car park where you started.



"Not **the** rambling Rose!"



Warren Cottage



WALKHAM VALLEY / VIXEN TOR / PEW TOR / HUCKEN TOR

WALK No: 14

GRID REF: 555750

DISTANCE: 6 miles

TIME: 4 Hours

REFRESHMENTS:

TOILETS:

START: Car park on the LEFT side of the Princetown to Tavistock Road B3357, 400 yards East of the Dartmoor Inn. Merrivale.

GENERAL DESCRIPTION: A walk with great variety over wild moorland and through wooded areas with some splendid tors to view.

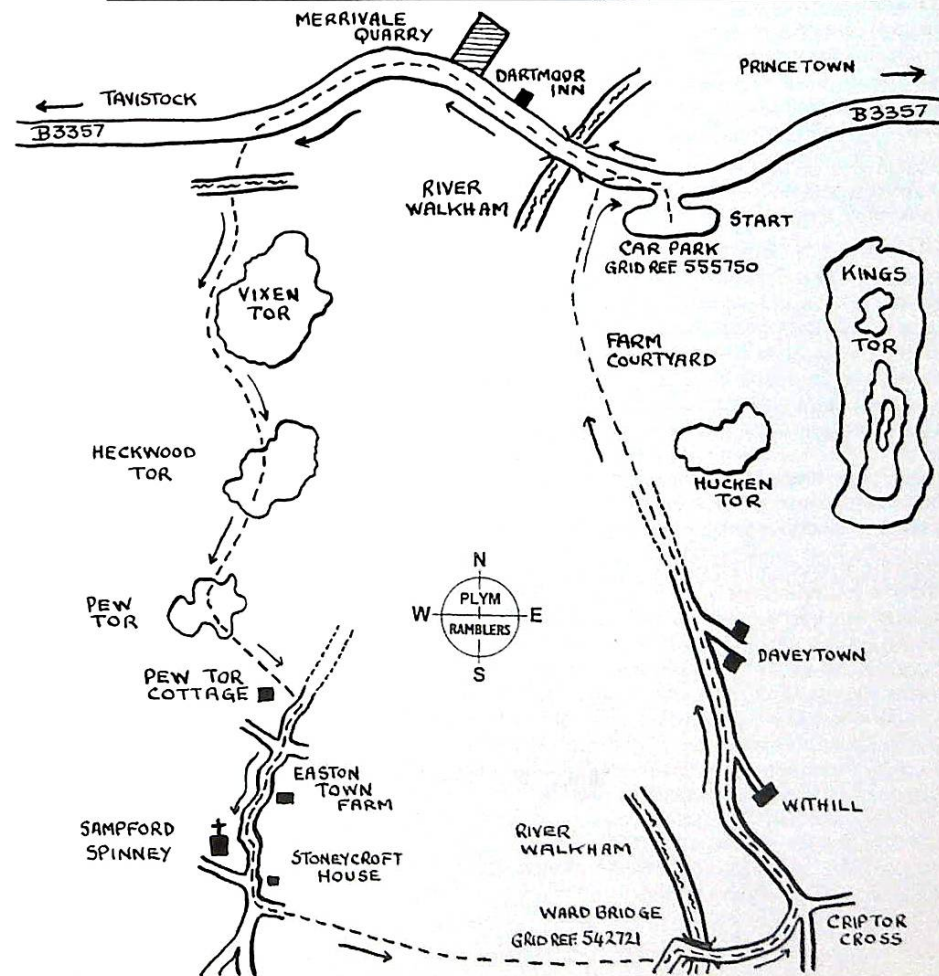
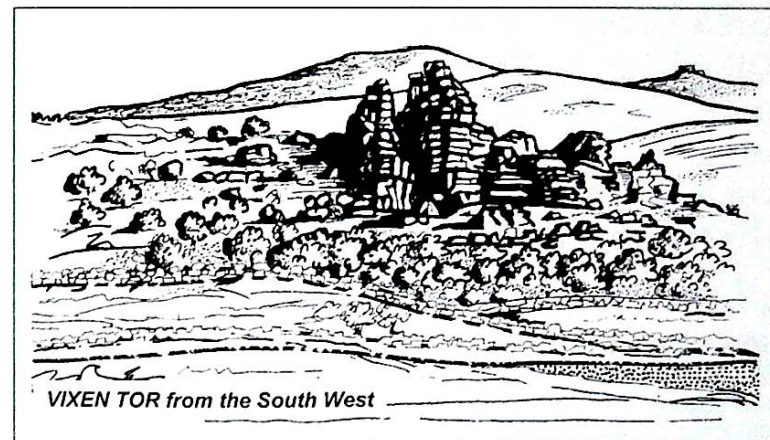
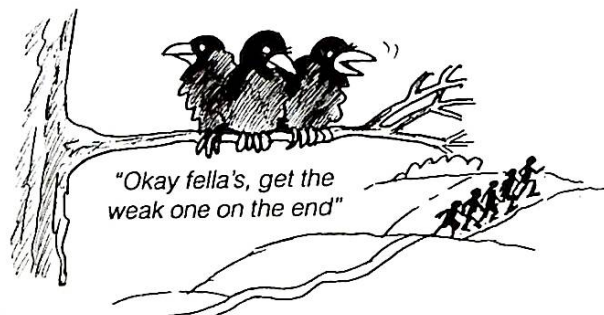
WALK DIRECTIONS: Leave the car park and turn LEFT down the road past the DARTMOOR INN. Proceed up the hill past MERRIVALE QUARRIES. On the LEFT you will see a wall which you follow veering LEFT towards the SOUTH. VIXEN TOR can be seen slightly LEFT ahead of you. The Tor is obvious because it stands tall (like two figures) and is worth a visit. Continue to follow the wall, keeping it on your LEFT, down to a stream. At a point where the wall changes direction to the SOUTH, cross the stream by some large stepping stones.

Follow the track up the hill ahead, until you reach an engraved boundary stone. At which point gradually bear off RIGHT making your way SOUTH WEST towards HECKWOOD TOR. Pass over and through HECKWOOD TOR. (do NOT follow the well worn track going South of the Tor.) From here it is easy to reach PEW TOR which lies 1/2 a mile to the SOUTH WEST.

From PEW TOR strike off towards PEWTOR COTTAGE which can be seen below you and to the SOUTH EAST. When a broad track on the corner of PEWTOR COTTAGE grounds is reached, follow this broad track which snakes downwards in a SOUTHERLY direction until you arrive at a T junction. Turn RIGHT then LEFT going past EASTONTOWN FARM on the LEFT, follow the road past SAMPFORD SPINEY CHURCH (on your RIGHT) carrying on until just past STONEYCROFT HOUSE turn LEFT down an unmade lane which comes out to a tarmac road. Continue down the hill and cross the the River WALKHAM at WARD BRIDGE. Now climb steeply to the crossroads. (Cripton Cross).

Turn LEFT and follow the lane through to ROCK PLANTATION, WITHILL and DAVEYTOWN at which point the tarmac road becomes a broad, slightly rough track. Continue ahead, passing through several gates and farm courtyards and past a wooded area near HUCKEN TOR on your RIGHT.

On the other side of the river (On your LEFT) you will see (once again) the impressive VIXEN TOR. After a short time you will emerge by the HILLSIDE RIDING CENTRE on to the B3357 main road at MERRIVALE. Turn RIGHT up the hill to get back to the car park.



SALTASH & LYNHER VALLEY

WALK No: 15

GRID REF: 430588

GRADE: Medium

TIME: 4 hours

DISTANCE: 7 miles

TOILETS: By St Stephens Church

REFRESHMENTS:

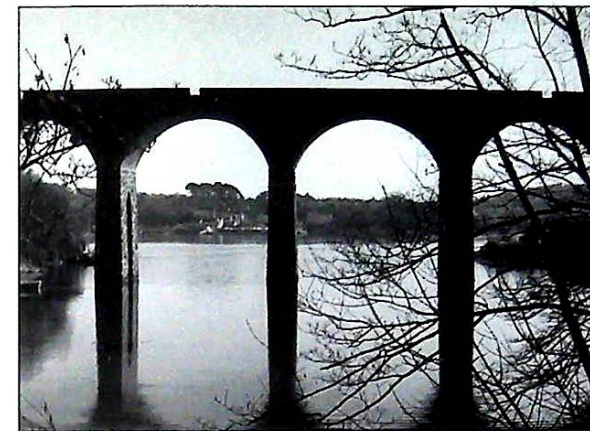
GENERAL DESCRIPTION: Delightful walk along creeks and through country lanes and fields (steep in parts).

START: Car Park by St Nicholas Church, Saltash.

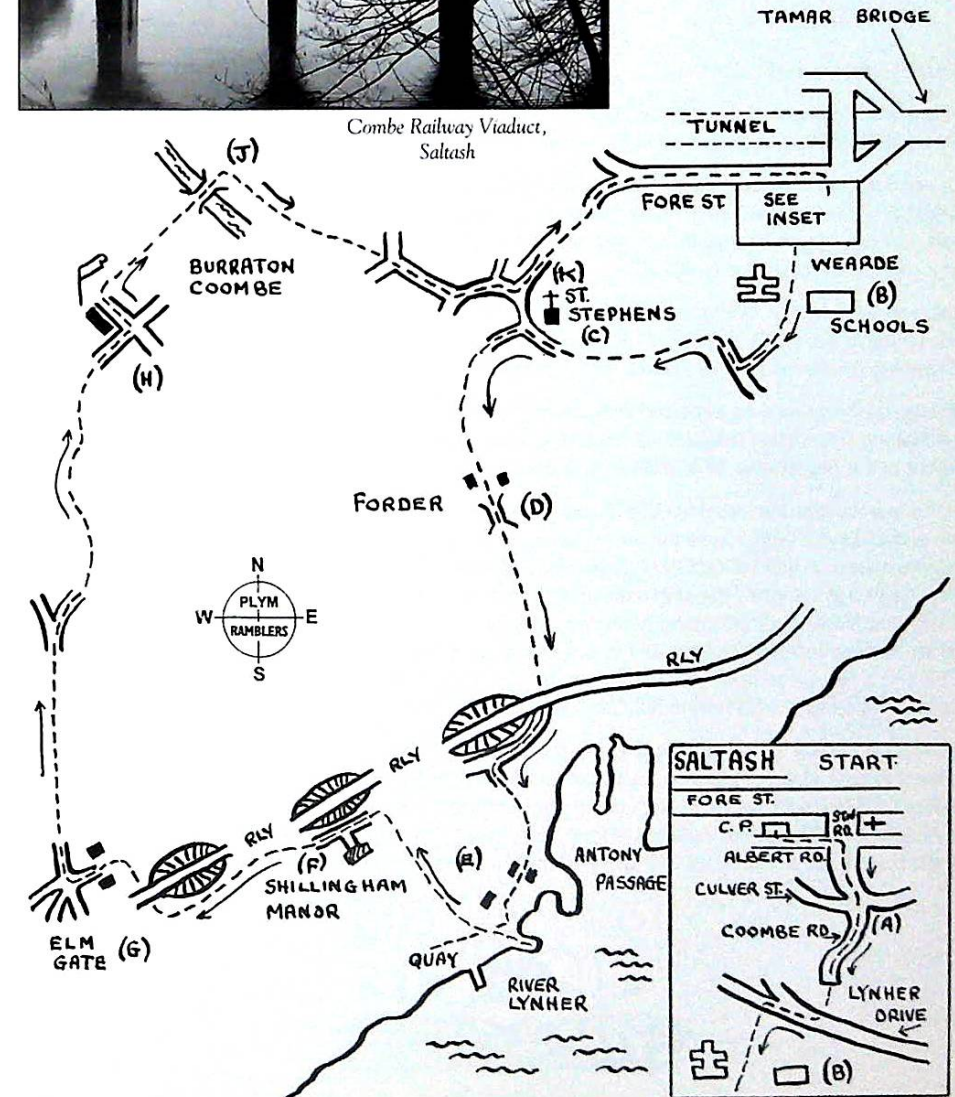
From the car park opposite St Nicholas Church cross Albert Road into Station Road. Then turn LEFT over the railway bridge and immediately RIGHT into Coombe Road (A). Follow this road to the bottom of the hill to cross a bridge at COOMBE CREEK. Bear LEFT up the hill then after 200 yds turn RIGHT up a steep lane which becomes a track and continues up several series of steps between the housing estate leading to Lynher Drive. Here you turn RIGHT and after 200 yds pass a primary school on your LEFT (B). Just past the school turn LEFT along a broad track which sweeps around to the RIGHT giving great views of the estuary. The track continues past the Saltash comprehensive school and becomes a road that leads to a T junction. Turn RIGHT and after 100 yds cross a stile on the LEFT into a field. Follow the path through two fields and pass to the RIGHT of a farm then passing the graveyard of St Stephens Church on the RIGHT (C). You now enter a lane with the CECIL ARMS PUB on the LEFT. Turn LEFT here down the steep hill. After 400 yds you arrive at the village of FORDER (D). Cross the bridge then take the LEFT lane on the RIGHT HAND side of the creek passing a row of cottages and an old chapel.

Continue along this lane passing under a viaduct and after 100 yds take the lane on the LEFT still following the creek. This brings you out opposite ANTONY PASSAGE on the RIVER LYNHER (B). Continue past the row of houses and follow the path which goes past the OLD JETTY and up steps into woodland. This track follows the river's edge and soon passes through a tunnel under the railway. After a few more steps enter a field by a wooden stile and turn LEFT along the edge of the field for 300 yds. Then strike up the field to the RIGHT. Ahead of you is SHILLINGHAM MANOR which is a farm but it still has a ruined chapel which is easily seen (F). Skirt to the RIGHT of the farm following a wall and continue to a gate at the end of the field. Pass through the gate into a lane and turn LEFT. After 200 yds, where the lane turns RIGHT, go straight ahead over a large metal stile (a very robust creation). The path now drops down past the railway line on the RIGHT to the bottom of a field. Pass through a waymarker gate on the RIGHT (there are two gates on the RIGHT, take the second one) over a small stream via a wooden plank and continue along the path through a plantation of trees. This path follows the tidal creek on the LEFT to the end of a field where it crosses an ancient bridge. Go over the bridge and continue up the track through woods until you emerge into a field with an estate wall on the LEFT, WIVELSCOMBE.

Follow the wall until you exit the field by a gate. Turn RIGHT on to a lane and continue ahead until you reach the HAMLET OF ELM GATE (G). Turn RIGHT and proceed along the lane. After 400 yds you reach a Y junction. Take the RIGHT fork and continue for 1/2 mile until you reach a cross roads (H). Turn LEFT and after 100 yds take a waymarker route on the RIGHT across open fields. This track crosses a stile and continues over a farm track and another stile. It then drops down a valley with a new housing estate opposite. Cross a small stream over a wooden bridge and then take the path to the RIGHT (J) which goes partly through the housing estate to emerge at BURRATON COOMBE. The route through the new housing estate might be indistinct so head in an EASTERLY direction towards the clearly visible ST STEPHENS CHURCH. Turn LEFT when you reach the road and pass by the Alms Houses showing the Buller Coat of Arms. You are now on the road back to ST STEPHENS CHURCH (K) up the steep hill and after a 'breather' at the church turn LEFT along St Stephens Road. This leads you back to Saltash Town and the car park where you started.



Combe Railway Viaduct,
Saltash



BIGBURY COASTAL WALK

WALK No: 16

GRID REF: 652442

TIME: 6/7 hours

TOILETS: Bigbury Car Park

GRADE: Medium with challenging bits

DISTANCE: 7 1/2 miles

REFRESHMENTS: Beach Cafe

GENERAL DESCRIPTION: This is a challenging walk but the rewards are beautiful countryside and spectacular coastal views. Due to the hilly nature of the terrain you need to pace yourself and it is not suitable for dogs.

START: Bigbury on Sea Car Park

Leaving the car park by the entrance TURN LEFT heading WEST and 100 yds along TURN RIGHT into an estate. Walk straight on to the top of the estate and climb the stile.

Still heading upwards pass through a gate and onwards until you come to a "footpath crossroads" (A). TURN LEFT here and as you go down the slope take the RIGHT HAND gate in front of you and carry on down. Go through another gate, up over another slope bearing slightly RIGHT as you do so until you come to a stone stile in the hedge (B).

Descend over this stile, taking care as it is steep on the road side, on to a metalled road. Turn RIGHT and walk 10 yds to two gates on your LEFT HAND side. Passing through the LEFT HAND gate descend the hill keeping the hedge on your RIGHT HAND side and cross a stream by a footbridge at the bottom.

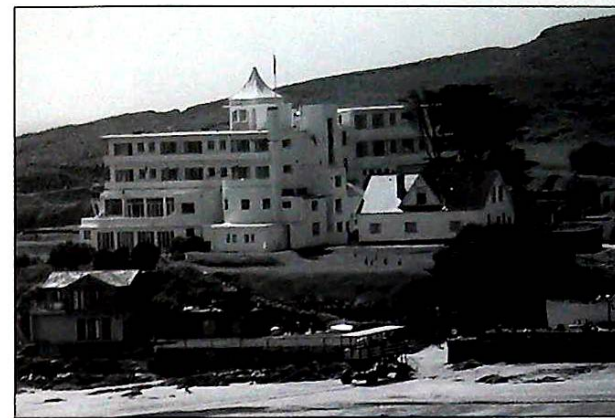
Climbing up the other side follow the footpath over two stiles until you reach a metalled lane. Follow this lane bearing RIGHT into RINGMORE VILLAGE to the crossroads. Go straight over keeping the Church on your LEFT. Ascend the hill and about 100 yds on your LEFT is a footpath sign (C).

Go through the gate and bearing RIGHT across the field you approach two gates. Take the LEFT HAND gate and follow the path across the field to where it descends into the valley. At the bottom bear RIGHT and follow the path past NODDON MILL through the plantation and passing OKENBURY on your RIGHT. At the far end of the valley the path rises up to a field. Bearing slightly RIGHT head up to the top. TURN RIGHT and follow the track along to the edge of the field. Here the footpath goes straight across the middle. At the other side TURN LEFT and you will find a stile on your RIGHT. Go over the stile TURN LEFT and a few yards down is another stile on your RIGHT. Cross over this and follow the path as it descends towards KINGSTON to (D) GRID REF.637476, cross the stream.

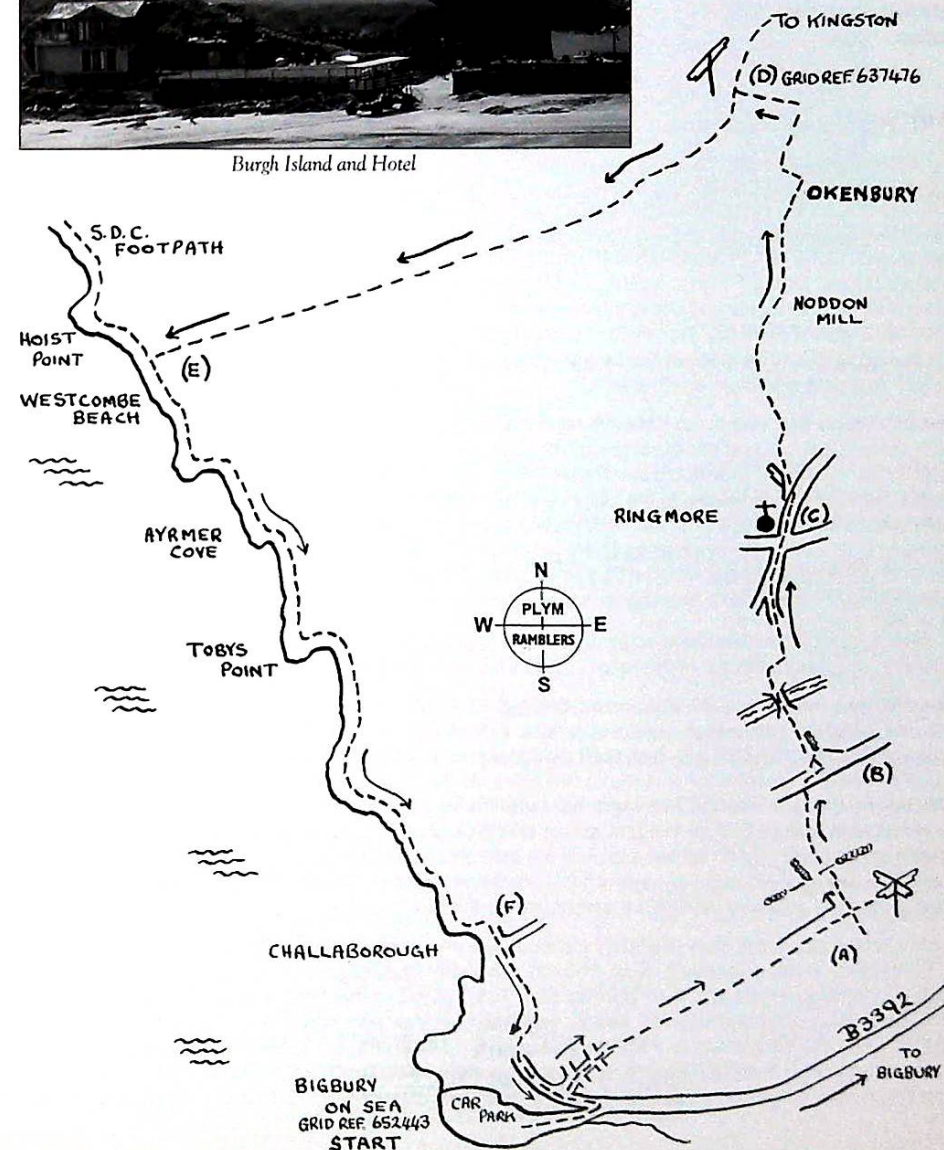
At this point (D) you TURN LEFT and follow the path down the valley keeping the stream on your LEFT. Follow this path until you come to the beach at WESTCOMBE, it is here you join the S.D.C. PATH (E). TURN LEFT, EASTWARDS, to follow the path via AYRMER COVER, TOBY'S POINT to CHALLABOROUGH. Crossing the sea front you pick up the path just behind the beach cafe, the path climbs steadily up to BIGBURY ON SEA and walk along the front back to the Car Park.



Take moor care!



Burgh Island and Hotel



BUCKFAST / CHALK FORD / LUD GATE

WALK No: 17

GRID REF: 740674

GRADE: Medium

TIME: 4 1/2 hours

DISTANCE: 8 miles

TOILETS:

REFRESHMENTS:

GENERAL DESCRIPTION: Starting at the Abbey this walk takes in Devon lanes and the lower slopes of Dartmoor.

START: Buckfast Abbey Car Park.

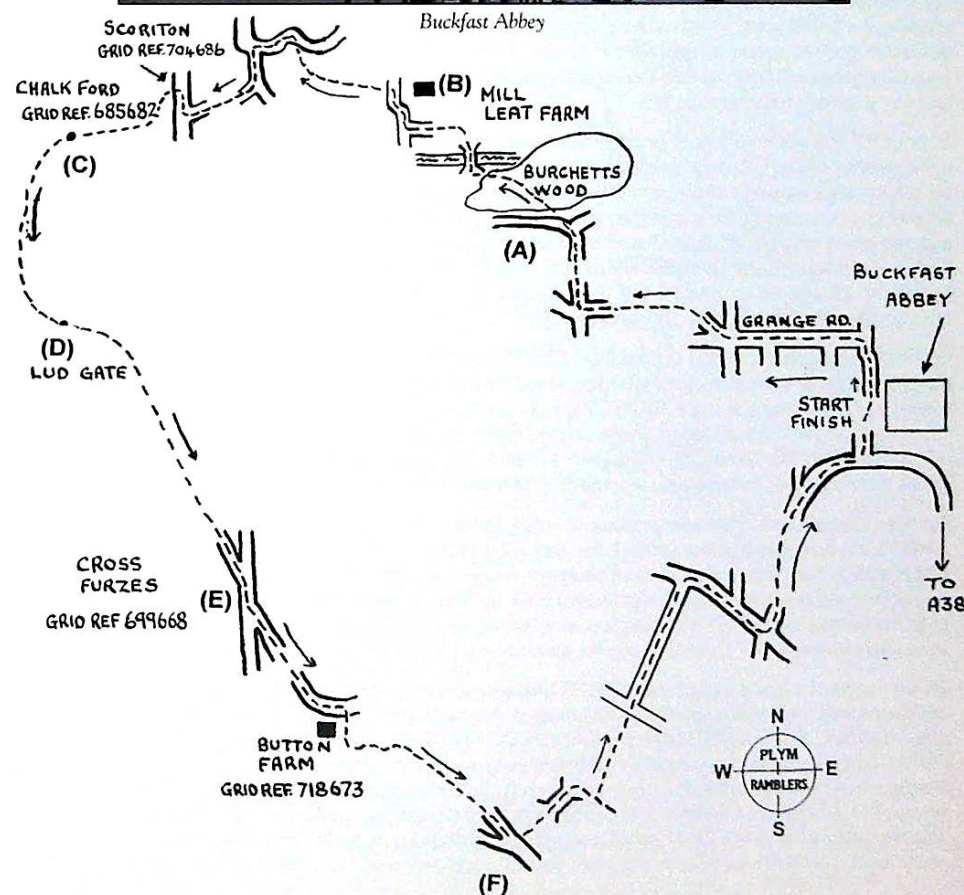
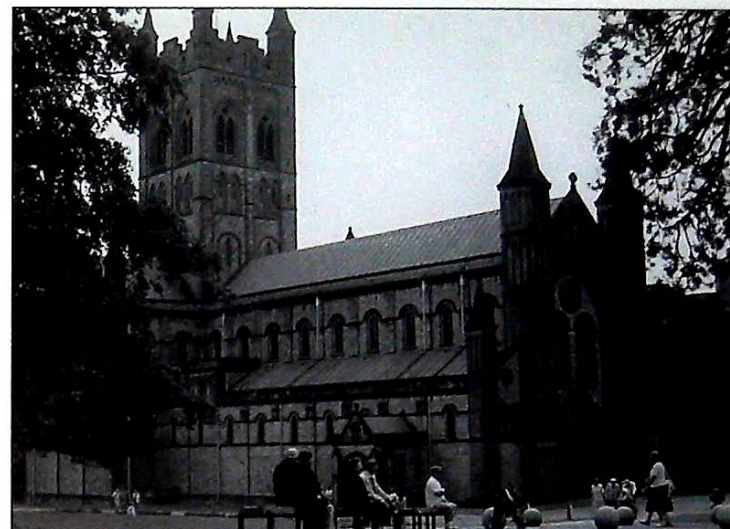
From the car park leave the Abbey grounds via an arch on the NORTH WEST side of the Abbey. This leads out of the town along Grange Road. After 800 yds turn RIGHT at the junction (Fritzes grave). After a few metres turn LEFT along a lane signposted SCORITON & HOLNE. At the next junction take the RIGHT HAND lane. After 500 yds, just before BURCHETTS LODGE bear RIGHT along a track with the lodge on your LEFT (A). Proceed uphill following the path through BURCHETTS WOOD. After 300 yds drop downhill and turn LEFT on to a path crossing the one you are on. Continue ahead to reach a stream on your RIGHT. Eventually you come to a wooden footbridge. Cross over the bridge end enter a small lane by MILL LEAT FARM (B). Turn RIGHT to pass through the farm and turn LEFT through a gate at the footpath sign to HOLNE and follow the path to a stile. Go over the stile and proceed past a line of trees on the LEFT to a gate and on to another lane.

Turn LEFT along this lane to go downhill. As it bends to the LEFT the lane goes past a track on the RIGHT, over a bridge and starts to go uphill, take another smaller lane on the RIGHT to arrive at SCORITON. At the T junction turn RIGHT and then immediately LEFT to take you on to a bridelway, signposted Bridleway, to the Moor via CHALK FORD. Continue uphill along this wide track for 1 mile, great views on the LEFT. Go through two gates, the second signposted Bridlepath, to CHALK FORD and LUD GATE. Continue ahead until you drop down to a wooden gate. Go through the gate and cross the river Mardle, via the wooden bridge, to CHALK FORD (C). Turn LEFT here and proceed uphill, bearing slightly to the RIGHT, heading for the open moor.

The track is indistinct at this stage so look out for a crossing track approximately 500 yds from CHALK FORD and well before the top of the moor. Turn LEFT here and after 400 yds arrive at LUD GATE (D).

Turn LEFT and enter the track signposted CROSS FURZES and FOOTPATH TO HIGHER COMBE. Follow an enclosed path which becomes a lane. Follow this lane for 3/4 mile until you arrive at a T junction at CROSS FURZES (E). Turn RIGHT, signposted BUCKFASTLEIGH, and take the first lane on the LEFT travelling downhill for a further 1 1/2 miles. At the bottom of the hill, at BUTTON FARM, turn RIGHT along the lane into the farmyard; the footpath sign is 10 yds along the lane. Go through the farmyard, round to the LEFT and RIGHT over a stile by a gate. Follow the LEFT HAND edge of the field to a stile in the LEFT HAND corner. Go over the stile and follow the path down through the wood to a second stile. Carry on ahead over several fields and stiles keeping to the RIGHT HAND edge of the fields until you enter an enclosed lane with a farmhouse on the LEFT.

Where a road feeds in from the RIGHT (T junction) turn immediately LEFT through a metal kissing gate (F). Drop down to the riverside and go through a wooden gate to cross the river Mardle by wooden bridge. Go through a gate and over another stile. Turn RIGHT up the hill and after 100 yds turn sharp LEFT, continuing uphill, skirting the woods. Emerge from the path at a T junction by KINGSWOOD HOUSE. Carry on straight across and down the lane. Turn RIGHT at the T junction and continue for 500 yds to a crossroads. Turn LEFT on to the main road signposted BUCKFAST. Cross over the road and follow the tarmac footpath alongside the road. At the bottom of the hill turn LEFT into the Abbey Grounds.



CROWNHILL DOWN/ HEMERDON MINE

WALK No: 18

GRID REF: 576616

GRADE: Moderate

TIME: 4 hours

DISTANCE: 8 miles

TOILETS:

REFRESHMENTS:

GENERAL DESCRIPTION: From Plympton head for Lee Moor and a prominent T junction on the Cornwood/Wotter road, turn right towards Cornwood. Car park is about 400 yards on the right, unmarked, although enclosed by large stones. The walk has a lot of stiles (unsuitable for large dogs).

START: Car Park near Tolchmoor Gate, Lee Moor.

Turn RIGHT out of the car park and walk along till you come to TOLCHMOOR GATE (A). Go through the gate and follow the path to the gate at (B), a brake drum is part of the gate fittings. Go through the gate and turn RIGHT to follow the path towards CROWNHILL TOR. After 150 yds a barbed wire fence meets the wall. Here climb over a stile (C). Pass through a break in the wall bearing LEFT around the Tor and keeping the aerial mast, which can be seen across the valley, on your RIGHT. Dropping slowly downhill, still bearing LEFT, head towards a conifer plantation, by bearing slightly RIGHT, about 1/2 mile away. Soon the gorse will thin out and reveal a stone wall 400 yds ahead. On reaching the wall turn LEFT (D) and carry on down to the road (E).

Turn LEFT and walk 10 yds to entrance in fence back on to the moor. Take the defined track and walk uphill bearing RIGHT. Approximately 1/2 mile on a mine chimney can be seen above the trees. Continue on, under the overhead wires, towards a small copse on the horizon. When you reach the fence turn RIGHT till you come to an opening by a stone wall. Pass through the opening, walk along for 150 yds to a broad white track. Turn RIGHT and on your LEFT is a small lake (F). Continue downhill crossing the bridge of a ford to reach DRAKELANDS (C). Turn RIGHT, passing a trout lake on your RIGHT, and look for a footpath sign on your LEFT (H). Turn up this path, over a stile and into HEMERDON MINE. Follow the concrete road, turning RIGHT and then LEFT and at a T junction turn RIGHT (J).

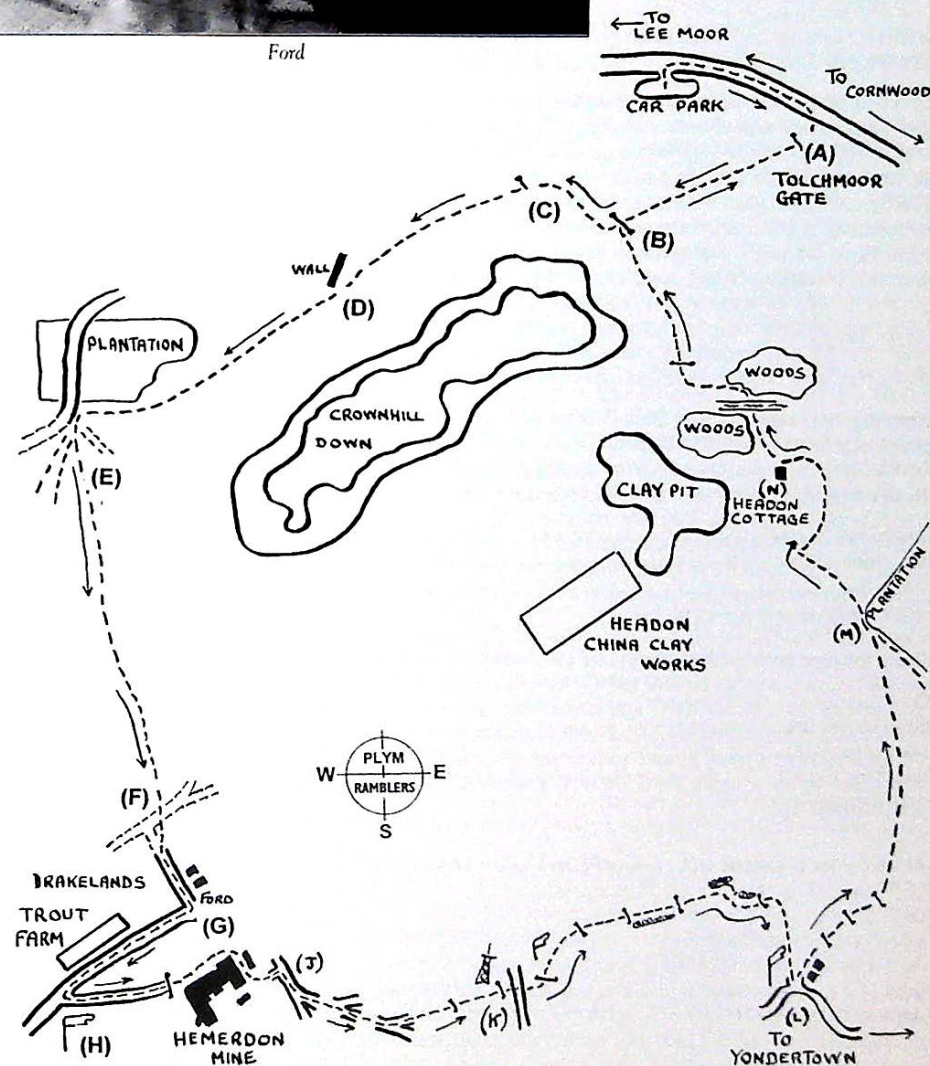
Where the concrete road splits take the LEFT HAND fork and turn LEFT at the next track junction by a concrete structure. As the concrete road stops take the LEFT HAND track heading towards an aerial tower, then take the first track RIGHT. After 30 yds take a narrow track off to the LEFT and 40 yds on cross over a stile in a wire fence. In the fenced field head towards aerial, over a stile to a second stile by a wood building (K). Cross the road, over the stile, follow LEFT footpath sign and over a second stile. Cross the next field, over stile by waymark, cross next field over a stile, keeping hedge on your RIGHT.

Go over the next stile onto open moorland. Walk ahead, hedge of trees on RIGHT, to a corner. DO NOT CROSS the first stile but the second one just around the corner, on the RIGHT. Walk ahead to corner, pass through the gate and follow the hedge to a stile and cross over. Turn RIGHT downhill to a gate to reach the road (L). The footpath sign points back up hill. Follow path past cottages on RIGHT. At second gate footpath to the RIGHT between two wire fences. Over the stile with the bank on the RIGHT. As gorse thins, head slightly LEFT uphill to conifer plantation which as you reach it will be on your RIGHT (M).

At the corner of a stone wall on your RIGHT follow it round to join broad track. At the track crossroads turn LEFT towards a grassed over china clay mound. At the base turn RIGHT following it round and, with the ditch on your LEFT HAND, towards HEADON COTTAGE (N). Cross the road to a raised gravel track, marsh to LEFT and lower fields to RIGHT. Follow the path through small woods and over narrow stream. As the wire fence bears RIGHT from route turn RIGHT towards a stile alongside a tree covered bank on your LEFT. Cross over the stile and proceed straight ahead. Go into next field, through gap in bank, to another field. Bear HALF LEFT uphill towards a post and wire fence from RIGHT. A gate on your RIGHT point (B). Go through the gate and retrace your steps to the road. Turn LEFT and go back to the car park.



Ford



HORRABRIDGE / SAMPFORD SPINEY / PEW TOR

WALK No: 19

GRID REF: 514699

GRADE: Easy

TIME: 4 hours

DISTANCE: 8 miles

TOILETS:

REFRESHMENTS:

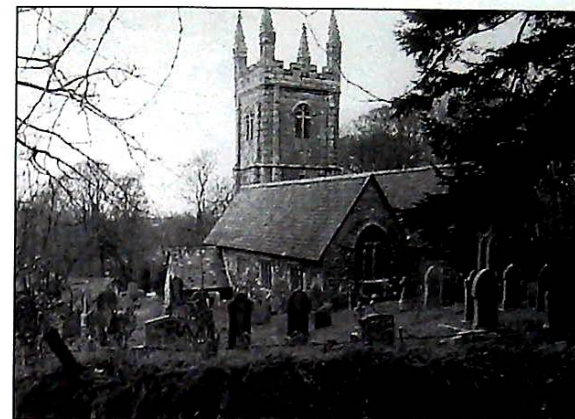
GENERAL DESCRIPTION: An easy walk which visits the quaint village of Sampford Spiney and takes in Pew Tor.

START: Horrabridge Village (parking is limited so choose a side road). The village lies just off the A386 Yelverton to Tavistock Road.

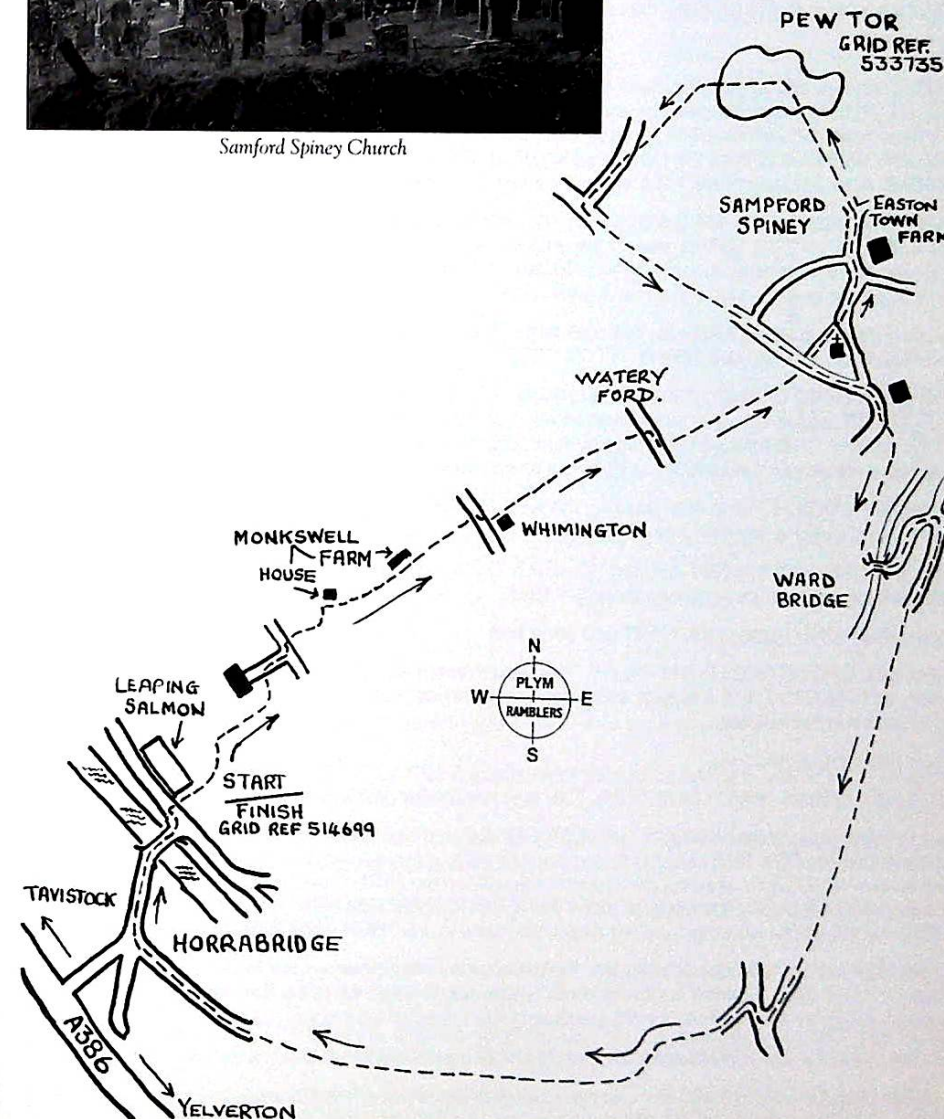
Cross to the NORTH side of the bridge and take signposted route to the RIGHT of the "Leaping Salmon Inn". This narrow and often muddy track soon enters a field. Cross the field and go over a stile. Keep the hedge on your LEFT and continue along the field until you reach a gate. Cross the field and turn RIGHT along a track which leads to a road. Turn LEFT and proceed ahead for 25 yds and cross the stile on the RIGHT. Cross the field and turn LEFT along the broad track and turn LEFT when you reach the barn. Go through a gate and immediately turn RIGHT, following the path signs. Shortly you will pass MONKSWELL HOUSE on the LEFT and proceed into a field. With the hedge on your LEFT enter a lane and continue past MONKSWELL FARM. Keep on the track alongside the hedge to the top of the field. You now drop down to a road. Cross over and proceed over a stile. This leads to WHIMINGTON. Go to the LEFT of the house and proceed down a lane which comes out, via a stile, into the top of a steep field. Keep the hedge on your LEFT and go down to a stream and stile. Cross over and after a short climb up, the track widens. At the next gate (Watery Ford) go over the road and enter a track through a metal gate with a ladder stile.

Keeping the hedge on your RIGHT pass through another gate and continue across the field, through another gate into SAMPFORD SPINEY VILLAGE GREEN. (It is largely an open rocky area with a manor house, old school and church). Walk up the track to the LEFT of the church and turn LEFT along the road heading NORTH. After 400 yds you pass EASTONTOWN FARM on the RIGHT (with a small clapper bridge over the stream). You now come out on to the open moor and proceed NORTH towards PEW TOR COTTAGE. At the cottage continue for a further 400 yds along the track and where it divides take the LEFT track up to PEW TOR. From the top come down the track heading WEST and join a lane. Turn LEFT down this lane until you come to a T junction. Turn LEFT here and after 3/4 mile you will arrive back at SAMPFORD SPINEY CHURCH.

Continue past the church and turn LEFT just past the house called "STONEYCROFT" and proceed down the hill to cross over the RIVER WAKEHAM at WARD BRIDGE. Once over the bridge climb the steep hill to the crossroads. Turn RIGHT and follow this road for about 1 1/2 miles until you reach a T junction. Turn RIGHT (signposted SAMPFORD SPINEY) and after 100 yds turn LEFT along a lane. Follow this lane for 1/2 mile to cross a small stream with stepping stones. Follow the path to the LEFT of some trees where it comes out to a road. Turn RIGHT down the road which after 3/4 mile brings you back into HORRABRIDGE.



Sampford Spiney Church



WHITEWORKS/NINE CROSSES

WALK No: 20

GRID REF: 613711

GRADE: Challenging

TIME: 6 hours

DISTANCE: 9 miles

TOILETS: Princetown

REFRESHMENTS: Princetown

GENERAL DESCRIPTION: This is a fascinating walk taking you into the depths of the southern part of the moor visiting the 9 crosses. (This can be hazardous in poor weather conditions). For this walk it is advisable to use the O.S. Outdoor Leisure 28 Map of Dartmoor. The crosses on this walk are all of different kinds and date from early 13th century to very late 20th century.

START: The walk starts from the road a few hundred yards west of WHITEWORKS where we head **SOUTHWARDS** to follow the leat for about 1/2 a mile. There is a metal girder bridge to enable you to cross from right bank to left bank. Shortly after this bridge we see the boundary wall starting **EASTWARDS** so we descend from the leat, cross a stream and continue **EASTWARDS** keeping the wall on our **RIGHT**. After approximately 1/2 a mile we can see our first cross to the **NORTH OF EAST**.

1. This is **GOLDSMITH'S CROSS 616702 (A)**. It is situated in an area known as **WHEALAM BOTTOM** on the **SOUTH** of **FOX TOR MIRES** and on the ancient monastery route from **BUCKFAST** to **BUCKLAND**. The cross was rediscovered in 1903 by a Lt. Goldsmith RN and re-erected. The head and shaft are joined by an iron clamp and the cross is set in a fairly large boulder.

We now continue **EASTWARDS** for 3/4 mile to the second cross. The terrain is probably easier if you veer towards the wall on your **RIGHT**.

2. This is **CHILDE'S TOMB 626703 (B)**. This cross is also situated on the monastery route from **BUCKFAST** to **BUCKLAND**, as are the next three crosses we visit. The tomb is reputed to be on the site of where in the 14th century Childe the Hunter met his death due to adverse weather. He is said to have killed his horse and climbed into the belly for shelter, but to no avail.

We continue **EASTERLY** and after passing the ruins of **FOX TOR FARM** on our **LEFT** we climb towards an old gateway where our next cross is found.

3. This is on **MOUNT MISERY 636706 (C)** which is not mentioned on the OS maps. The cross was recumbent for many years and reappeared in 1885.

We continue further uphill to the **EAST** and soon find

4. **TEN HILL CROSS (WEST) 641706 (U)**. This was erected as recently as 1994 and dedicated to the memory of **TOM GANT**. It is a replica of the old original cross which was removed to the High Moorland Visitor Centre in Princetown.

A short distance further on is

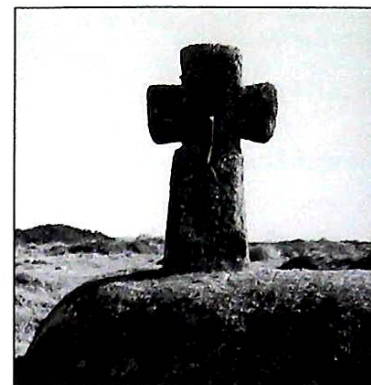
5. **TER HILL CROSS (EAST) 642707 (H)**. This was restored in 1885 and remains virtually undamaged.

We now retrace our steps to **MOUNT MISERY CROSS** and bear **LEFT** in a direction **SOUTH** of **WEST** and head towards **FOX TOR** keeping the wall on our right until we reach the workings at the bottom. Our route is now **WESTERLY** keeping parallel with the wall on our **RIGHT**, over which **CHILDE'S TOMB** can be seen. After continuing for about 2 miles we are **SOUTH** of **GOLDSMITH CROSS**. We are now at **WHEALAM BOTTOM** workings and we negotiate these in a **SOUTH WESTERLY** direction to find

6. **THE HEADLESS CROSS 613695 (F)**. This has an incised cross on the **NORTH WEST** face. It is thought to have been situated originally some way to the west of this spot. Both reappeared here as a boundary stone for the south and west quarters of the Forest of Dartmoor.

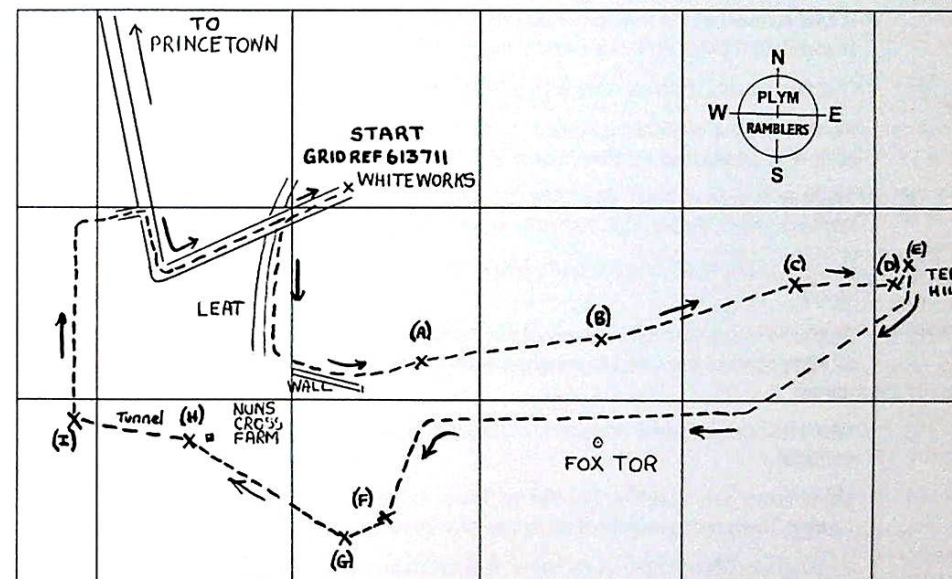
We now head due **SOUTH** for some 250 yards to find probably the smallest cross on the moor.

7. **HAND HILL CROSS 613693 (G)**. This is a small brass cross a few inches high fixed to the top of a boulder. It first appeared in 1982 and is also known as **NORTHMORE'S CROSS**.



Goldsmith's Cross

		GRID REF
(A)	GOLDSMITHS CROSS	617701
(B)	CHILDES TOMB	626703
(C)	MOUNT MISERY	636706
(D)	TER HILL	641706
(E)	TER HILL	642706
(F)	HEADLESS CROSS	615695
(G)	HANDHILL CROSS	613693
(H)	NUNS CROSS	605699
(I)	HUTCHINSONS CROSS	599699



We now proceed more or less **NORTH WEST** towards **NUN'S CROSS FARM** to the **NORTH** of which is one of the largest and oldest crosses on the moor.

8. **NUN'S CROSS 605699 (H)**. It is also known as **SIWARD'S CROSS** and is late Saxon or early Medieval and was mentioned as being a boundary mark in 1240.

The words '**BOC LOND**' are on the western face and are thought to be a derivation of **BUCKLAND**. The cross was broken and repaired in 1846.

We now head **WEST** and fairly soon find the leat coming out from a tunnel. Follow the leat until our last cross on the walk appears on the **RIGHT HAND** bank.

9. This is known as **HUTCHINSON'S CROSS 599699 (J)**. It is inscribed '**S.L.H.1887 - 1966**' and was erected in 1968 as a memorial to his mother by a Lt. Cdr. Hutchinson RN.

Continue following the leat until **OLDER BRIDGE** is reached when we turn **RIGHT** and follow the track up to the **WHITEWORKS ROAD** again.

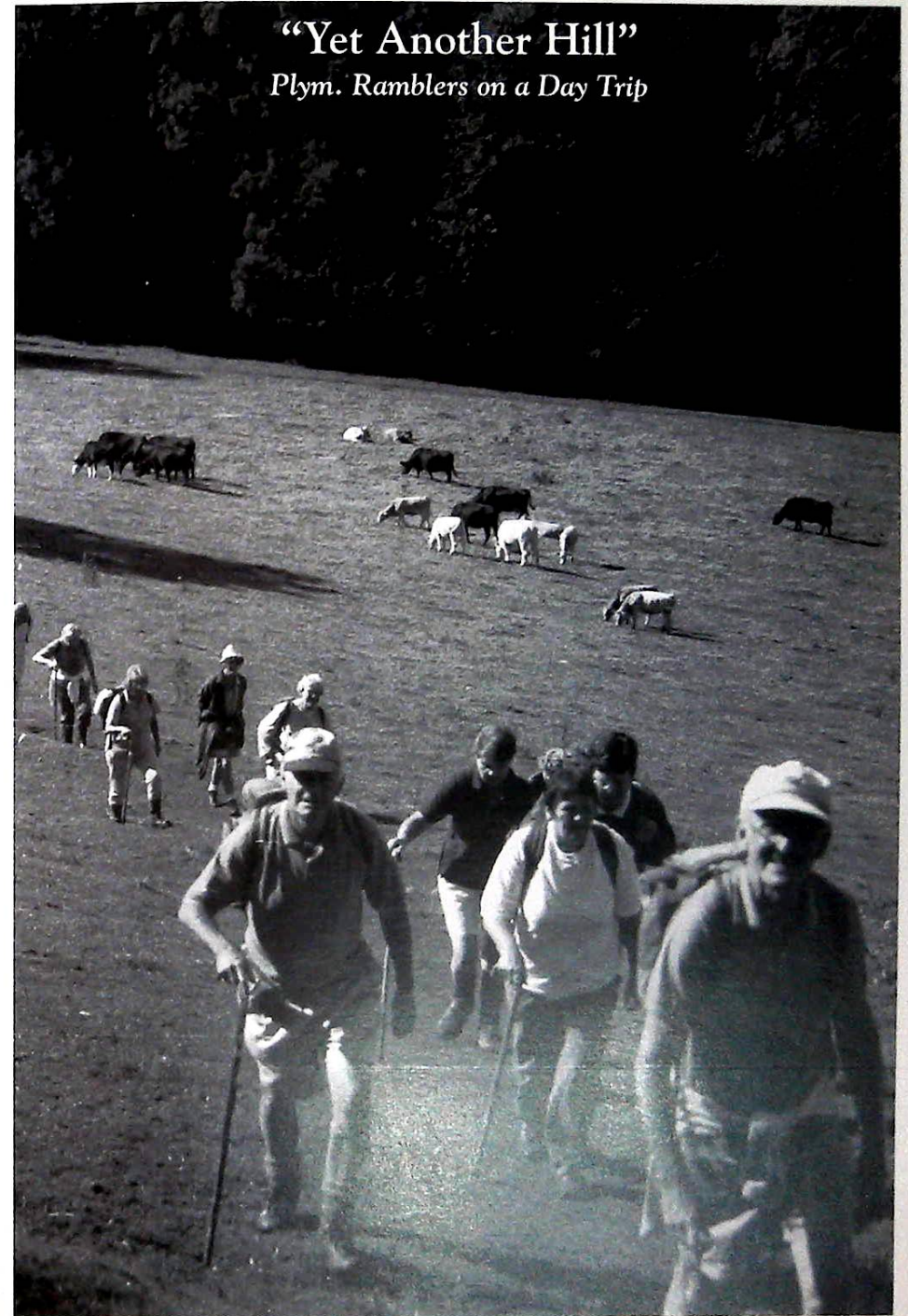
FEATURES OF INTEREST FOR EACH WALK.
Please do NOT trespass on private property.

Notes

Walk No.

1. Tinnars Blowing house & Mortar stone Potato cave at GR 569699.
Raddick aqueduct and Devonport Leat.
2. Architecturally interesting buildings in Ashburton - ancient Stannary town.
3. Clapper bridge and stepping stones. A coffin stone (about 500 yds from the car park, up the hill towards Poundsgate).
4. Clay settling ponds and former Naptha works just off the car park at Shipley Bridge GR 681629.
5. Merrivale Quarry (near by) opened in 1875.
6. The village of Luckett and its environs present a unique history of past mine working (copper, gold, arsenic, silver, tin, iron and wolfram).
7. A Cist (known as 'Money pit') 500 yds S.W. of Corndon tor summit. Disused triangulation pillar on Bel tor and a logan stone.
8. Rattery church, 13th century with a Norman font.
9. Some remains of Radford House. Norman tower at Mountbatten (former RAF seaplane base) and Fort Bovisand, a Palmerstone "folly".
10. The Ash house at Ford, GR 733812, used to store domestic ashes to be used as fertiliser. Jay's Grave, GR 732799, grave of Kitty Jay, "forced" to commit suicide.
11. Superb scenery on coastal path. Marlborough church, 15th century arcades of beer stone.
12. Saltram House, Georgian home of the Parker family (NT). Railway bridge, GR 521568, part of the Lee Moor horse drawn railway. Plym Valley Railway restoration group.
13. Warren cottage (rabbit breeders' cottage) and Battery Cottage (lookout keepers cottage).
14. Merrivale quarry supplied granite for Tower Bridge and Falklands memorial etc. Easton Town farm, excellent example of a Dartmoor farm house, 17th century.
15. Shillingham Manor chapel-remains. A short detour brings you to Trematon Castle remains, (GR41 1580).
16. Burgh Island & Hotel - Agatha Christie connection. Ringmoor Church and village, well worth a visit.
17. Buckfast Abbey, consecrated 1932 and noted for Brother Adam's valuable contribution to the world of bee keeping
18. The China clay industry. Note the "sea level" stone in the wall at GR 576586 and Hemerdon tungsten mine, now disused.
19. Find the granite quarrying boundary marker stone (cross in a circle) GR 533753, Sampford Spiney church yard, early 17th century granite tombstone. The church used to belong to Plympton priory.
20. Whiteworks tin mine dates from the mid 18th century, little remains, GR 613711. Nun' Cross mine, again tin, documented in 1343, even less remains. Devonport leat tunnel circa 1795, 648 yds long.

"Yet Another Hill"
Plym. Ramblers on a Day Trip



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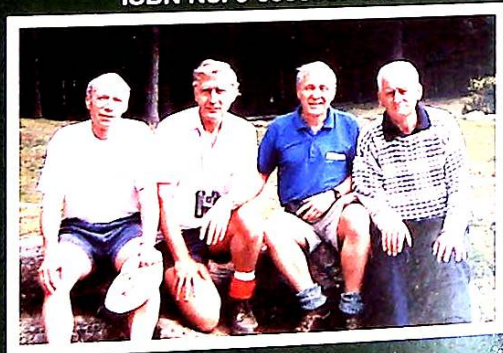


Dartmoor Rescue Group.
(Plymouth/Ashburton.)



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